

BINGE EATING

GENERAL DESCRIPTION : Timed eating competition

TYPE : Solo

RULES :

1. Timed eating competition . (1 minute time limit)
2. All contestants must be college students. Faculties and staff not allowed.
3. Food cannot be touched or manipulated by eaters prior to start. Food cannot be mashed or balled.
4. All reasonable efforts must be taken to keep food intact
5. Eaters can drink as much room temperature (or colder) water while eating.
6. Eaters must finish one full food item prior to starting another one.
7. Any reversal (i.e. vomiting, spitting, etc.) during the 1 minute eating will result in immediate disqualification.
8. Eaters must show an empty mouth at the end of 1 minute.If food remains in the mouth, a penalty will be assessed (deduction of one food item from what has been consumed).
9. Number of rounds will depend on the number of participants at the day of event .
10. Food items will be revealed prior to the start of the event.
11. All participants will have to sign an undertaking before the start of the competition.
12. All judges' decisions are final.