

TUG OF WAR

GENERAL DESCRIPTION: A group event wherein teams will pull on a rope until one of the teams will succeed at pulling the majority of the rope over to their side.

TYPE: TEAM EVENT

TEAM SPECIFICATION: Maximum 7 participants per team with minimum of 2 girls per team or total weight 500kg whichever reaches first.

RULES:

1. General tug of war rules are applicable.
2. Participants are requested to get their own kit.
3. No gloves or spiked shoes allowed.
4. Judges decision will be final and binding.
5. Any misbehaviour by the players will not be tolerated and will lead to disqualification of the team.