Report - as_hr_02

Session ID: session_001
Generated: 23/9/2025, 2:57:51 pm

Key Body Vitals

Overall Health Score: 80

Heart Rate: 75

BP Systolic: 124

BP Diastolic: 82

BMI: 33.145 (Obese)

Body Fat Percentage:

Muscle Mass:

Hydration Level:

Fitness Levels

Jog Test Time: 61

Repetitions:

Calories Burned:

Recovery Heart Rate: