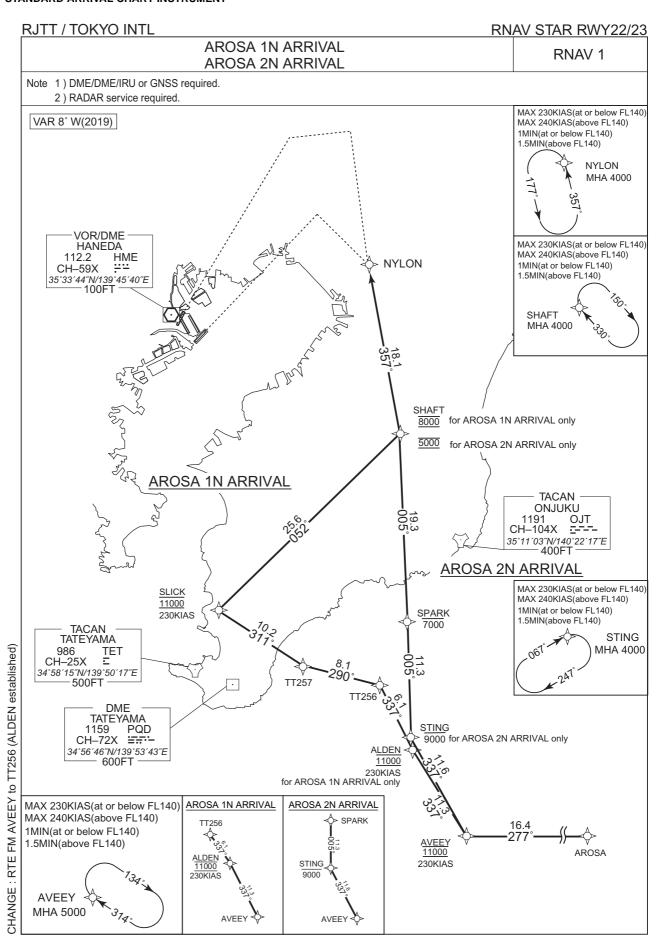
STANDARD ARRIVAL CHART-INSTRUMENT



STANDARD ARRIVAL CHART-INSTRUMENT

RJTT / TOKYO INTL

RNAV STAR RWY22/23

AROSA 1N ARRIVAL

From AROSA, to AVEEY at 11000FT, to ALDEN at 11000FT, to TT256, to TT257, to SLICK at 11000FT, to SHAFT at 8000FT, to NYLON.

Critical DME	-
DME GAP	_
Inappropriate Navaids	See AD1.1.6.10.3. Inappropriate NAVAIDs for RNAV1

Serial Number	Path Descriptor	Waypoint Identifier	Fly Over	Course °M(°T)	Magnetic Variation	Distance (NM)	Turn Direction	Altitude (FT)	Speed (KIAS)	Vertical Angle	Navigation Specification
001	IF	AROSA	_	_	-7.5	_	_	_	_	_	RNAV1
002	TF	AVEEY	_	277 (269.8)	-7.5	16.4	_	11000	230	_	RNAV1
003	TF	ALDEN	_	337 (330.0)	-7.5	11.3	_	11000	230	_	RNAV1
004	TF	TT256	_	337 (329.9)	-7.5	6.1	_	_	_	_	RNAV1
005	TF	TT257	_	290 (282.4)	-7.5	8.1	_	_	_	_	RNAV1
006	TF	SLICK	_	311 (303.1)	-7.5	10.2	_	11000	230	_	RNAV1
007	TF	SHAFT	_	052 (044.3)	-7.5	25.6	_	8000	_	_	RNAV1
008	TF	NYLON	_	357 (350.0)	-7.5	18.1	_	_	_	_	RNAV1

Path	Waypoint Identifier	Inbound Course M(T)	Magnetic Variation	Outbound Time (MIN)	Outbound Distance (NM)	i iuiii	Altitude	Maximum Altitude (FT)	Opeeu	Navigation Specification
Hold	AVEEY	314 (306.1)	-7.5	1.0(-14000) 1.5(+14001)	_	R	5000	_	-230(-14000) -240(+14001)	RNAV1
Hold	SHAFT	330 (322.4)	-7.5	1.0(-14000) 1.5(+14001)	_	R	4000	_	-230(-14000) -240(+14001)	RNAV1
Hold	NYLON	357 (350.0)	-7.5	1.0(-14000) 1.5(+14001)	_	L	4000	-	-230(-14000) -240(+14001)	RNAV1

STANDARD ARRIVAL CHART-INSTRUMENT

RJTT / TOKYO INTL

RNAV STAR RWY22/23

AROSA 2N ARRIVAL

From AROSA, to AVEEY at 11000FT, to STING at or below 9000FT, to SPARK at or below 7000FT, to SHAFT at 5000FT, to NYLON.

Critical DME	_
DME GAP	_
Inappropriate Navaids	See AD1.1.6.10.3. Inappropriate NAVAIDs for RNAV1

Serial Number	Path Descriptor	Waypoint Identifier	Fly Over	Course °M(°T)	Magnetic Variation	Distance (NM)	Turn Direction	Altitude (FT)	Speed (KIAS)	Vertical Angle	Navigation Specification
001	IF	AROSA	_	_	-7.5	_	_	_	_	_	RNAV1
002	TF	AVEEY	_	277 (269.8)	-7.5	16.4	_	11000	230	_	RNAV1
003	TF	STING	_	337 (330.0)	-7.5	11.6	_	-9000	_	_	RNAV1
004	TF	SPARK	_	005 (357.4)	-7.5	11.3	_	-7000	_	_	RNAV1
005	TF	SHAFT	_	005 (357.4)	-7.5	19.3	_	5000	_	_	RNAV1
006	TF	NYLON	_	357 (350.0)	-7.5	18.1	_	_	_	_	RNAV1

Path	Waypoint Identifier	Inbound Course 'M('T)	Magnetic Variation	Outbound Time (MIN)	Outbound Distance (NM)	Turn Direction	Altitude	Maximum Altitude (FT)	Speed (KIAS)	Navigation Specification
Hold	AVEEY	314 (306.1)	-7.5	1.0(-14000) 1.5(+14001)	_	R	5000	_	-230(-14000) -240(+14001)	RNAV1
Hold	STING	067 (059.6)	-7.5	1.0(-14000) 1.5(+14001)	_	R	4000	_	-230(-14000) -240(+14001)	
Hold	SHAFT	330 (322.4)	-7.5	1.0(-14000) 1.5(+14001)	_	R	4000	_	-230(-14000) -240(+14001)	RNAV1
Hold	NYLON	357 (350.0)	-7.5	1.0(-14000) 1.5(+14001)	_	L	4000	_	-230(-14000) -240(+14001)	

Waypoint Coordinates

Waypoint Identifier	Waypoint Identifier Coordinates		Coordinates	
ALDEN	345141.1N / 1401505.3E	SLICK	350412.7N / 1395120.0E	
AROSA	344201.7N / 1404157.3E	SPARK	350312.0N / 1401416.7E	
AVEEY	344155.9N / 1402158.0E	STING	345157.9N / 1401453.4E	
NYLON	354018.5N / 1400919.9E	TT256	345655.4N / 1401122.9E	
SHAFT	352227.4N / 1401313.3E	TT257	345838.5N / 1400146.6E	