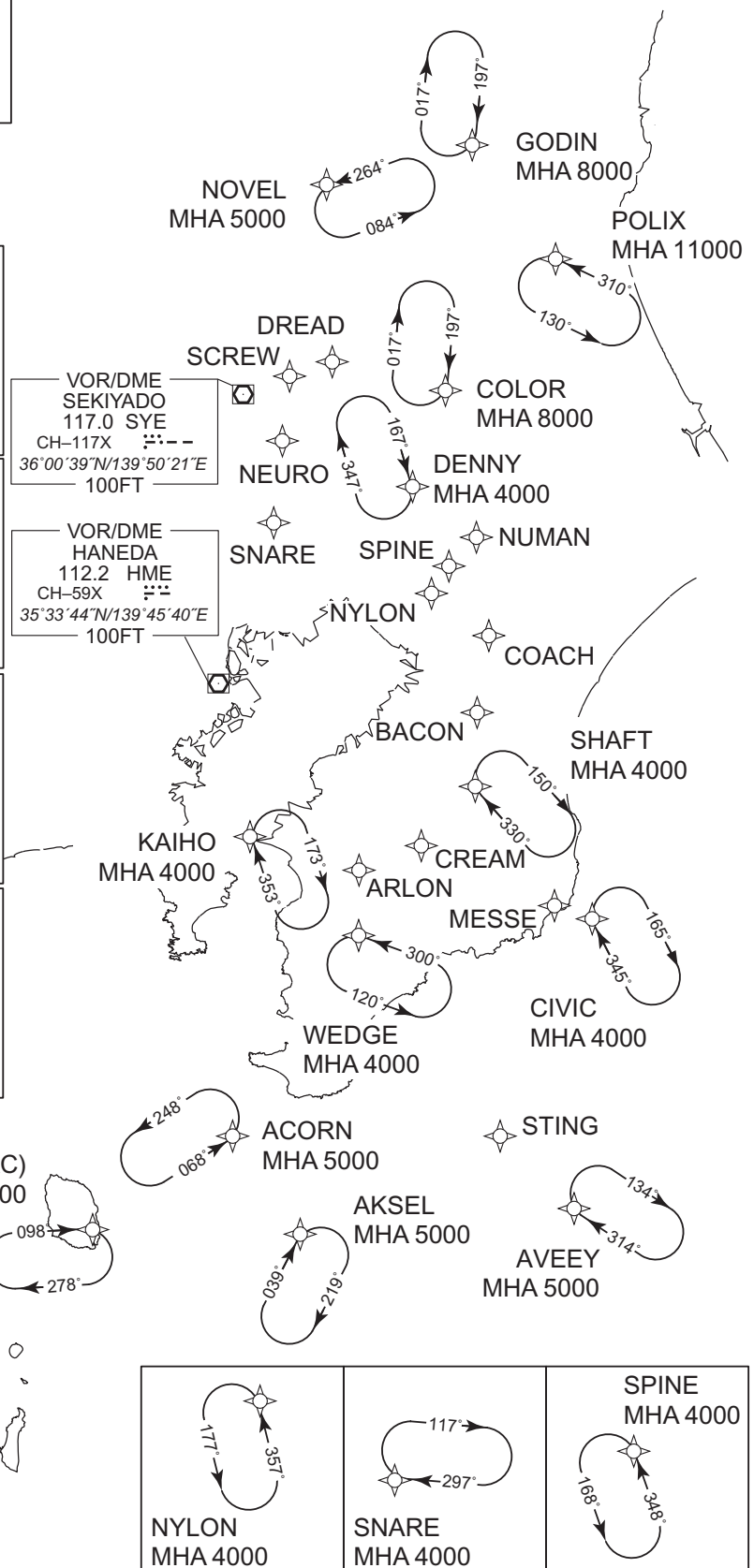


RNAV HLDG PATTERN

RNAV 1

<p>ARLON MHA 4000</p>	<p>BACON MHA 4000</p>
<p>COACH MHA 4000</p>	<p>CREAM MHA 4000</p>
<p>DREAD MHA 5000</p>	<p>MESSE MHA 6000</p>
<p>SCREW MHA 4000</p>	<p>STING MHA 4000</p>
<p>NUMAN MHA 4000</p>	<p>OSHIMA(XA) MHA 50</p>
<p>NEURO MHA 4000</p>	



CHANGE : NEURO, NUMAN, SNARE, SPINE established

RJTT / TOKYO INTL

RNAV HLDG PATTERN

Path	Waypoint Identifier	Inbound Course 'M('T)	Magnetic Variation	Outbound Time (MIN)	Outbound Distance (NM)	Turn Direction	Minimum Altitude (FT)	Maximum Altitude (FT)	Speed (KIAS)	Navigation Specification
Hold	ACORN	068 (060.8)	-7.5	1.0(-14000) 1.5(+14001)	—	L	5000	—	-230(-14000) -240(+14001)	RNAV1
Hold	AKSEL	039 (031.2)	-7.5	1.0(-14000) 1.5(+14001)	—	R	5000	—	-230(-14000) -240(+14001)	RNAV1
Hold	ARLON	009 (001.6)	-7.5	1.0(-14000) 1.5(+14001)	—	L	4000	—	-230(-14000) -240(+14001)	RNAV1
Hold	AVEEY	314 (306.1)	-7.5	1.0(-14000) 1.5(+14001)	—	R	5000	—	-230(-14000) -240(+14001)	RNAV1
Hold	BACON	003 (355.2)	-7.5	1.0(-14000) 1.5(+14001)	—	L	4000	—	-230(-14000) -240(+14001)	RNAV1
Hold	CIVIC	345 (337.7)	-7.5	1.0(-14000) 1.5(+14001)	—	R	4000	—	-230(-14000) -240(+14001)	RNAV1
Hold	COACH	185 (177.8)	-7.5	1.0(-14000) 1.5(+14001)	—	R	4000	—	-230(-14000) -240(+14001)	RNAV1
Hold	COLOR	197 (189.1)	-7.5	1.0(-14000) 1.5(+14001)	—	R	8000	—	-230(-14000) -240(+14001)	RNAV1
Hold	CREAM	291 (283.1)	-7.5	1.0(-14000) 1.5(+14001)	—	R	4000	—	-230(-14000) -240(+14001)	RNAV1
Hold	DENNY	167 (159.9)	-7.5	1.0(-14000) 1.5(+14001)	—	R	4000	—	-230(-14000) -240(+14001)	RNAV1
Hold	DREAD	191 (183.1)	-7.5	1.0(-14000) 1.5(+14001)	—	R	5000	—	-230(-14000) -240(+14001)	RNAV1
Hold	GODIN	197 (189.2)	-7.5	1.0(-14000) 1.5(+14001)	—	R	8000	—	-230(-14000) -240(+14001)	RNAV1
Hold	KAIHO	353 (345.5)	-7.5	1.0(-14000) 1.5(+14001)	—	R	4000	—	-230(-14000) -240(+14001)	RNAV1
Hold	MESSE	246 (238.8)	-7.5	1.0(-14000) 1.5(+14001)	—	L	6000	—	-230(-14000) -240(+14001)	RNAV1
Hold	NEURO	290 (282.9)	-7.5	1.0(-14000) 1.5(+14001)	—	R	4000	—	-230(-14000) -240(+14001)	RNAV1
Hold	NOVEL	264 (256.4)	-7.5	1.0(-14000) 1.5(+14001)	—	L	5000	—	-230(-14000) -240(+14001)	RNAV1
Hold	NUMAN	360 (352.5)	-7.5	1.0(-14000) 1.5(+14001)	—	L	4000	—	-230(-14000) -240(+14001)	RNAV1
Hold	NYLON	357 (350.0)	-7.5	1.0(-14000) 1.5(+14001)	—	L	4000	—	-230(-14000) -240(+14001)	RNAV1
Hold	POLIX	310 (302.3)	-7.5	1.0(-14000) 1.5(+14001)	—	L	11000	—	-230(-14000) -240(+14001)	RNAV1
Hold	SCREW	203 (195.2)	-7.5	1.0(-14000) 1.5(+14001)	—	L	4000	—	-230(-14000) -240(+14001)	RNAV1
Hold	SHAFT	330 (322.4)	-7.5	1.0(-14000) 1.5(+14001)	—	R	4000	—	-230(-14000) -240(+14001)	RNAV1
Hold	SNARE	297 (289.1)	-7.5	1.0(-14000) 1.5(+14001)	—	R	4000	—	-230(-14000) -240(+14001)	RNAV1
Hold	SPINE	348 (340.6)	-7.5	1.0(-14000) 1.5(+14001)	—	L	4000	—	-230(-14000) -240(+14001)	RNAV1
Hold	STING	067 (059.6)	-7.5	1.0(-14000) 1.5(+14001)	—	R	4000	—	-230(-14000) -240(+14001)	RNAV1
Hold	WEDGE	300 (292.4)	-7.5	1.0(-14000) 1.5(+14001)	—	L	4000	—	-230(-14000) -240(+14001)	RNAV1
Hold	XAC	098 (090.3)	-7.5	1.0(-14000) 1.5(+14001)	—	R	5000	—	-230(-14000) -240(+14001)	RNAV1

CHANGE : NEURO, NUMAN, SNARE, SPINE established

RJTT / TOKYO INTL

RNAV HLDG PATTERN

Waypoint Coordinates

Waypoint Identifier	Coordinates	Waypoint Identifier	Coordinates
ACORN	345028.8N / 1394146.7E	MESSE	351100.8N / 1402214.7E
AKSEL	344039.5N / 1395126.9E	NEURO	355727.6N / 1395441.3E
ARLON	351525.3N / 1395859.8E	NOVEL	362106.9N / 1400004.9E
AVEEY	344155.9N / 1402158.0E	NUMAN	354714.4N / 1401204.9E
BACON	353155.0N / 1401215.1E	NYLON	354018.5N / 1400919.9E
CIVIC	350840.6N / 1402552.1E	POLIX	361237.1N / 1402622.5E
COACH	353736.0N / 1401231.5E	SCREW	360301.2N / 1395400.4E
COLOR	360116.3N / 1401219.8E	SHAFT	352227.4N / 1401313.3E
CREAM	351743.4N / 1400612.4E	SNARE	354731.1N / 1395238.1E
DENNY	354828.8N / 1400556.4E	SPINE	354213.5N / 1401125.8E
DREAD	360359.2N / 1395856.9E	STING	345157.9N / 1401453.4E
GODIN	362425.3N / 1401655.9E	WEDGE	350900.4N / 1395846.5E
KAIHO	351857.8N / 1394642.4E	XAC	344244.1N / 1392450.5E

CHANGE : NEURO, NUMAN, SNARE, SPINE established