

# **IoT BASED SAFE SPHERE**

## **MAJOR PROJECT REPORT**

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## **Abstract**

Safe Sphere is an innovative IoT-based women safety system designed to address the growing concern of personal security for women in both public and private spaces. With increasing incidents of harassment, assault, and violence, there is a pressing need for a technology-driven solution that can ensure rapid response and continuous monitoring. Safe Sphere offers a smart and efficient approach to personal safety by integrating wearable IoT devices, real-time tracking, and automated alert mechanisms.

The system consists of a compact, device embedded with critical sensors including a GPS module for real-time location tracking. Once triggered, the device immediately sends an emergency alert containing the user's live location, time, and a predefined SOS message to a set of emergency contacts.

Communication is established using GSM or Wi-Fi modules, allowing the data to be transmitted quickly and reliably. The alert system is supported by a mobile application, which not only enables real-time tracking of the user but also provides status updates and logs of previous alerts. Additionally, the system can be integrated with cloud services for secure data storage and continuous accessibility.

By combining hardware with smart connectivity and responsive software, Safe Sphere aims to create a protective digital environment for women. It enhances the user's ability to seek help instantly and ensures that trusted contacts are notified without delay. With real-time monitoring, fast response capabilities, and ease of use, Safe Sphere represents a meaningful step forward in leveraging IoT technology for social good and women empowerment.

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# **CHAPTER 1-INTRODUCTION**

## **1.1 INTRODUCTION TO PROJECT**

Women's safety and security has become a matter of international urgency. With increasing instances of attacks, harassment and unsafe spaces in the urban and rural context both, the need of the hour are smart technology led safety solutions that can react fast and efficiently when confronted by an emergency. Although cell phones and distress lines are available, they are not always an option (for example, due to inability to access phones during a crisis, or physical restriction).

It is matter of great importance to ensure safety to women in today's society. As technology and society have progressed, women continue to be subjected to a number of threats on the street and in the home. This challenge can only be addressed by novel solution building on new technology. Women's safety has taken over as a priority global issue with an increasing number of cases of harassment and other forms of violence. Although there are safety mechanisms and laws in force, some women continue to feel threatened, particularly in public spaces or alone in transit. Classical safety practices, such as emergency contact numbers, self-defence, and mobile applications, do not frequently work in realtime emergencies due to the time lag and the unavailability during emergency. If case like these, tech-based solutions can be key to improving women's safety. With the rapidly growing Internet of Things (IoT), an intelligent safety system can be designed, which will keep track of real-time monitoring and will also have instant alerts and automatic distress responses for women in unsafe scenarios.

Inspired by this, we introduce "Safe Sphere", a smart IoT-based women safety system designed to offer immediate assistance, real-time tracking, and peace of mind.

Safe Sphere is an Internet of Things (IoT)-based safety device designed to empower women by providing real-time protection and support during emergencies. By integrating smart sensors,

GPS tracking, real-time communication, and automated alerts into a compact device, Safe Sphere acts as a personal security shield. Safe Sphere is a compact, safety device that allows women to send emergency alerts to predefined contacts with just a single press of a button. With just a simple gesture, the device can instantly alert trusted contacts and nearby authorities, sharing the user's live location and situation details. The goal of Safe Sphere is not only to provide immediate assistance during dangerous situations but also to create a stronger sense of independence and confidence for women everywhere. Through the power of IoT, Safe Sphere stands as a cutting-edge, reliable companion in the mission to make the world a safer place for women.

## **1.2 Project Category**

The Safe Sphere device, though designed for individual use, is categorized under the industrial segment of IoT applications because it involves large-scale system integration, manufacturing, cloud services, data analytics, and real-time communication infrastructure. In the industrial context, IoT isn't just about personal gadgets—it includes complex ecosystems where devices, platforms, and services work together. Safe Sphere combines hardware (sensors, communication modules), software (apps, servers, emergency response systems), and networks (4G/5G, Wi-Fi) to create a comprehensive safety solution. This level of technological integration, production, and deployment places it firmly in the industrial domain of IoT.

The manufacturing and development of Safe Sphere involve industrial-grade design and testing standards to ensure the device's reliability, durability, and security. Producing these devices on a large scale demands coordination between hardware manufacturers, sensor suppliers, firmware developers, and quality assurance teams. Each unit must be thoroughly tested to meet strict industrial safety and performance standards, especially because the device is meant to function in critical, life-threatening situations. Thus, Safe Sphere represents a blend of industrial IoT product development, smart manufacturing, and secure device management.

From a service and data management perspective, Safe Sphere also relies on industrial IoT solutions to store and analyze user data securely. Emergency alert systems, geolocation services, user authentication, all operate through robust infrastructure typically associated with industrial-grade IoT solutions. Real-time monitoring, big data analytics for incident patterns, and predictive safety measures (like identifying high-risk areas) can also be incorporated. These capabilities transform Safe Sphere from just a device into an entire service ecosystem, similar to other industrial IoT solutions used in sectors like healthcare, smart cities, and security.

Moreover, integration with public safety networks and authorities requires industrial collaboration and regulatory compliance. Safe Sphere can be linked with police networks, and emergency apps. Such integration demands standardized protocols and partnership with government or private safety agencies, again reflecting the industrial nature of its operation. Mass deployment in cities, universities, corporate campuses, and public transportation hubs further highlights its application at a large, industrial scale rather than just individual usage.

In summary, even though Safe Sphere is worn by an individual, it is supported by a broad industrial ecosystem comprising hardware production, software platforms, cloud data services, cybersecurity measures, and emergency management systems. It stands as a perfect example of how industrial IoT can be leveraged to tackle important societal issues like women's safety, using smart technology to deliver critical services in real-time.

### **1.3 PROBLEM FORMULATION**

Despite growing awareness about women's safety, the lack of efficient, real-time security mechanisms continues to leave women vulnerable in critical situations. Conventional safety tools like mobile phones, self-defense gadgets, or emergency helplines often prove inadequate during actual moments of danger due to panic, inaccessibility, or delay in response.



There exists a significant gap between threat detection and alert response, especially in environments where immediate assistance is not available. The inability to send distress signals quickly—either due to physical limitations or network dependency—puts lives at risk. There is also a growing need for automated systems that can intelligently detect distress without relying on manual input. In today's society, women often face various safety threats while commuting, working late hours, traveling alone, or even within familiar environments. Despite the existence of numerous mobile applications and traditional safety tools like alarms and pepper sprays, many solutions are reactive, limited by manual activation, delayed communication, or lack of real-time location tracking. In critical situations, every second matters, and the inability to quickly notify emergency contacts or authorities can lead to serious consequences. There is a pressing need for a proactive, intelligent, and highly responsive safety system that can assist women instantly and discreetly during emergencies.

The problem lies in the absence of a reliable, real-time, and easily accessible system that can automatically detect danger, share live location, alert multiple stakeholders simultaneously, and offer continuous tracking until help arrives. Current solutions are either too dependent on user intervention (opening an app, making a call) or lack integration with broader emergency response systems. Moreover, many devices are bulky, complicated to operate, or not connected to a larger network that can ensure fast, coordinated help.

Thus, the formulated problem for this project is:

"To design and develop a compact, IoT-based safety device (Safe Sphere) that enables women to instantly communicate emergencies by automatically or manually triggering alerts, sharing real-time location data, and connecting to pre-configured contacts and emergency services with minimal user effort.

The solution must ensure reliability, quick response, easy usability, data privacy, and efficient integration with smartphones and cloud services.

To address these challenges, we aim to develop a real-time, IoT-based smart safety system named "Safe Sphere" that can:

1. **Detect emergency situations** either through manual triggers (e.g., SOS button).
2. **Instantly transmit alert messages** containing real-time location data to pre-configured emergency contacts using GSM or internet connectivity.
3. **Remain portable, low-cost, and energy-efficient**, allowing women to carry the device effortlessly in daily life.
4. Provide **consistent and accurate monitoring** using reliable system, microcontrollers, and communication modules.

The core problem is to design and implement a system that bridges the time-sensitive gap between danger detection and emergency communication, without relying heavily on the user's intervention or mobile application access. In solving the above-stated problem, Safe Sphere must overcome several technical and functional challenges:

- Ensuring accuracy in diverse environmental and physical conditions.
- Managing power consumption to allow for prolonged use without frequent recharging.
- Handling network connectivity issues (e.g., areas with poor GSM signal).
- Avoiding false triggers from accidental motion or pulse fluctuations.
- Designing an intuitive and comfortable form factor for real-world usability.

The goal is to provide a smart, responsive, and dependable women safety system that is capable of detecting danger and alerting help without delay, thus reducing the risk of harm and improving the chances of timely intervention.

By integrating modern IoT technologies in a practical and user-friendly way, Safe Sphere aims to deliver not just a device, but a layer of protection and empowerment for women everywhere.

## **1.4 IDENTIFICATION/RECOGNITION OF NEED**

In recent years, concerns over the safety and well-being of women have grown significantly, especially with the increasing number of cases involving harassment, assault, and other forms of gender-based violence. While government bodies, law enforcement agencies, and social organizations are working toward building safer environments, the reality is that women often find themselves alone or in vulnerable situations without immediate access to help.

Women's safety has become an increasingly critical issue across the world, with rising reports of harassment, assault, and violence both in public spaces and private environments. While social awareness and legal frameworks have improved, they are often reactive rather than preventive. Many women still feel vulnerable when traveling alone, especially during late hours, in unfamiliar areas, or in situations where help is not readily available. Traditional safety measures such as carrying pepper sprays, whistles, or relying solely on mobile applications often fall short in real-time, high-risk scenarios where immediate action is crucial.

The need for a reliable, smart, and easily accessible safety device arises from the limitations of existing solutions. Women require a tool that can act quickly, operate discreetly, and communicate emergencies automatically without needing complex manual steps, especially when panic or physical constraints may prevent active phone use. Furthermore, an effective solution must ensure continuous connectivity, accurate real-time location tracking, and the ability to alert multiple trusted contacts and authorities simultaneously.

Recognizing this urgent need, Safe Sphere is proposed as a compact, IoT-based wearable device designed specifically for women's safety. It addresses the gap between traditional self-defense tools and modern communication technologies by offering an intelligent, always-connected solution. By providing instant SOS signaling, location sharing, health monitoring, and integration with emergency services, Safe Sphere empowers women to feel safer and more

confident in their daily lives. Traditional safety mechanisms such as carrying mobile phones, pepper sprays, or relying on public emergency numbers have limitations:

- Mobile phones may not be accessible during physical struggle.
- Emergency apps require internet access or multiple steps to activate.
- Manual tools like whistles or sprays are ineffective when the attacker is overpowering.
- Victims often do not have time to unlock a phone, dial numbers, or explain their situation.

This highlights a critical gap in existing safety systems—a need for instant, intelligent, and unobtrusive alert systems that can work with minimal user effort and maximum efficiency. The need for a solution like Safe Sphere arises from the following societal and technical observations:

1. **Delayed Emergency Response:** A few seconds can determine the difference between safety and danger. Victims need a way to raise an alarm instantly.
2. **Accessibility in Crisis:** In a panic situation, motor control is often compromised. A device that can be triggered with a single action can overcome this limitation.
3. **Real-Time Location Tracking:** One of the most vital pieces of information in emergencies is the victim's real-time location. Safe Sphere ensures this is captured and communicated immediately.
4. **Independence from Smartphones:** Not all women carry smartphones all the time, and phones may run out of charge or be difficult to operate quickly. A dedicated, low-power device solves this problem.
5. **Affordability and Portability:** There is a clear need for a cost-effective, portable, and easy-to-use safety system that can be used by students, working women, travelers, and women in remote areas.

## 1.5 EXISTING SYSTEM

In recent years, growing awareness around women's safety has led to the development of several technology-based solutions intended to offer assistance in emergency situations. These existing systems include mobile-based safety applications, SMS alert systems, wearable panic devices, and emergency helpline numbers. While these tools offer a layer of protection, they fall short in several critical ways, especially during real-life high-stress or panic situations where a quick and effortless response is essential. Most popular safety applications like bSafe, Raksha, VithU, Smart24x7, and CitizenCop are mobile-based and depend heavily on internet connectivity, GPS functionality, and manual interaction. These apps typically offer features such as SOS buttons, live location sharing, fake call triggers, and audio or video capture. However, they rely on the user unlocking their phone, opening the app, and activating the alert function, which can be difficult or impossible in moments of extreme danger, physical struggle, or unconsciousness. Furthermore, the requirement for internet connectivity restricts their effectiveness in remote or network-poor regions.

SMS-based alert systems attempt to reduce this dependency by enabling users to send emergency texts to pre-defined contacts with or without location data. Although such systems can work without internet, they still require manual effort, such as typing or selecting contacts, which again can be hindered during distress. These systems also lack multimedia capabilities like voice, video, or real-time tracking, which are crucial for responders to assess the situation accurately. Some wearable safety devices have been introduced in the market in the form of smart bands, keychains, pendants, or rings. These devices are often embedded with panic buttons, GPS modules, or Bluetooth connectivity to smartphones. Products like Leaf Wearables' SAFER, Revolar, and Invi Bracelet represent attempts to offer portability and convenience. These devices are generally discreet and can alert emergency contacts when pressed. However, they are typically expensive, need to stay connected with a smartphone via Bluetooth, and offer

limited automation. This dependence on another device again introduces the same weaknesses of battery limitations, phone accessibility, and user action.

Another widely known method is the use of emergency helpline numbers such as 112 or 181 in India, 911 in the United States, and 999 in the United Kingdom. These numbers provide direct access to emergency services but require the user to make a call, speak clearly, and explain their location—actions that may not be possible under threat or duress. These systems often suffer from response delays and are not equipped to track real-time location unless assisted by the caller. Additionally, community-based alert systems like Safetipin and Circle of 6 attempt to offer crowd-sourced safety monitoring and support networks. While these platforms allow users to build a trusted circle for help and share locations, they still depend on internet connectivity and user interaction to be effective. They are not designed for automatic distress detection or real-time sensor-based monitoring.

Across all these existing systems, several limitations become clear. First, most are heavily dependent on smartphones, either for triggering alerts or for maintaining connections with wearable devices. Second, many require manual intervention, which can fail under pressure or in physically restrictive situations. Third, most current solutions offer limited or no automatic detection features, such as pulse monitoring or fall detection, which can play a vital role in understanding if a person is in danger without requiring them to act. Finally, affordability, battery life, ease of use, and reliability remain key concerns. This makes these systems either impractical for long-term daily use or ineffective in critical scenarios.

Given these shortcomings, it is evident that there is a pressing need for a more intelligent, automated, and independent system that can detect distress and respond rapidly without relying solely on the victim's actions. This recognition of gaps in existing systems has led to the conceptualization of "Safe Sphere", an IoT-based women safety solution that integrates multiple technologies to address the real challenges faced by women in crisis situations. Unlike existing tools, Safe Sphere is envisioned as a compact, low-power, wearable device equipped

with sensors to monitor pulse rate, fall or sudden movement, and a manual SOS button, all integrated with a GSM module to send real-time location and alert messages to predefined emergency contacts. The goal is to minimize the time between detection and response, even if the victim is unconscious or unable to speak or act. Furthermore, since the device works independently of a smartphone and does not require internet connectivity, it remains reliable and functional in a wide range of environments and situations. Safe Sphere addresses the affordability and usability issues by focusing on energy-efficient components and an easy-to-wear design, making it practical for students, working women, travelers, and individuals in remote areas.

In conclusion, while many systems exist today that attempt to solve the problem of women's safety using mobile apps, wearables, or emergency services, none provide a complete, reliable, and real-time safety solution that is both automated and independent of smartphones. By studying these existing systems and their limitations, the need for Safe Sphere becomes clear. This project aims to fill that void by offering a more comprehensive, sensor-driven, and user-friendly approach to ensure that women have a trustworthy safety mechanism that works when they need it the most—quietly, instantly, and effectively.

Examples of IoT-based women safety systems include smart bands, safety pendants, and panic button keychains that connect to smartphones or independent GSM networks. When a woman feels threatened, she can press an emergency button, which immediately triggers the device to send her live location coordinates (GPS) and a distress message to her saved contacts via GSM/SMS or internet/cloud platforms. Some advanced devices also include fall detection sensors or heartbeat sensors to automatically trigger an alert if abnormal conditions (such as a sudden fall or panic state) are detected.

Projects like the IoT-based Smart Wearable Safety Device often involve components like: Microcontrollers (e.g., Arduino, ESP32), GPS modules for real-time location, Panic buttons

for manual triggering, Cloud servers for real-time tracking and remote monitoring. However, existing IoT systems still face certain limitations, such as:

- Dependence on stable mobile networks (GSM signal failures can occur)
- Limited battery life due to continuous sensor and communication usage
- Basic alert systems without AI-based threat detection
- Lack of integration with public emergency systems (like police response units)
- Bulky device size or uncomfortable designs making them less convenient for daily wear.

Thus, while the existing IoT-based safety devices have shown great potential, there is a strong need for more compact, intelligent, energy-efficient, and fully integrated IoT solutions to provide seamless and automatic assistance to women in distress.

## 1.6 OBJECTIVES

The objectives of this IOT based safe sphere are:

**1. To create a compact hardware system equipped with GPS and communication modules to enable women to send real-time alerts during emergencies.**

The primary goal of this project is to develop a small, portable, and power-efficient hardware system that allows women to send emergency alerts instantly during critical situations. To achieve this, the device will integrate GPS and communication modules, ensuring real-time location tracking and alert transmission. The GPS module, such as NEO-6M or u-blox, will continuously fetch the user's geographical coordinates with high accuracy. This is crucial for tracking movement and providing precise location data in emergencies. In addition to GPS, the system will include a communication module, such as GSM (SIM800L, SIM900), Wi-Fi (ESP8266, ESP32), or LoRa, to establish a reliable connection for sending alerts. GSM modules will enable SMS or voice call alerts, while Wi-Fi and LoRa can provide cloud-based notifications for internet-based tracking. A microcontroller, like ESP32, Arduino, or Raspberry Pi, will serve as the processing unit, coordinating data from the GPS and communication



modules. It will handle user inputs, manage power consumption, and trigger emergency alerts when needed. A crucial aspect of this system is the SOS activation mechanism, which can be either a physical button or sensor-based triggers such as fall detection (accelerometer/gyroscope) or voice activation. This ensures multiple ways of activating the distress signal, making the device adaptable to different emergency scenarios. By combining these elements, the hardware system ensures instant communication and real-time location tracking, significantly improving safety by connecting the user with emergency contacts and authorities.

**2. To implement a screen within the system to display real-time alert messages, providing immediate visual feedback during critical situations.**

To enhance user interaction and usability, the system will include a display screen that provides immediate visual feedback during emergency situations. This feature is critical, as it reassures the user that the distress signal has been successfully triggered and helps them stay informed about the device's status. The screen can be an OLED, LCD, or e-paper display, depending on power efficiency and visibility requirements. OLED screens are preferred for their low power consumption and high contrast, making them ideal for portable battery-powered devices. The screen will serve multiple purposes. First, it will display alert messages confirming that the emergency signal has been sent, reducing panic and uncertainty. Second, it will show system status indicators such as battery level, network signal strength, and GPS connectivity to ensure the device is functioning correctly. Third, it can provide instructions or feedback messages, guiding the user on what steps to take during an emergency. For example, if the device detects that the message failed to send, it can prompt the user to move to an area with better network coverage.

This feature plays a crucial role in making the system more user-friendly and intuitive, as real-time feedback ensures the user knows their request for help has been acknowledged. The

presence of a screen also makes the device more reliable, as users can verify whether the system is active and functioning properly. In emergency situations, quick and clear communication is essential, and a display screen enhances this aspect by providing real-time updates and confirmations.

### **3. To develop a platform, for live location sharing with emergency contacts and authorities.**

One of the most important aspects of this project is the development of a real-time location-sharing platform that allows trusted contacts and law enforcement authorities to track the user's movement during an emergency. This platform will act as a centralized monitoring system, ensuring that help reaches the user as quickly as possible. The core functionality of this system involves continuously updating the user's location and sharing it through SMS or any platform developed. The system will be built using services such as Arduino, which will securely handle the storage and transmission of GPS coordinates.

The alert system will also have notifications, meaning that as soon as the SOS button is pressed, the system will send SMS alerts or web messages containing the user's live GPS coordinates. The platform can also be designed to automatically contact law enforcement in case of an emergency, providing them with continuous location updates until the user is safe. Additionally, an auto-tracking mode can be enabled, where the system shares location updates at regular intervals, allowing emergency responders to track movements in real-time. By integrating a live tracking platform, the project ensures that the emergency response is fast, accurate, and reliable. Instead of relying on delayed or manual location updates, authorities and emergency contacts will have real-time access to the user's position, significantly improving the chances of timely intervention and assistance.

## 1.7 PROPOSED SYSTEM

The proposed system, Safe Sphere, is an advanced IoT-based wearable device designed specifically to enhance women's safety through real-time communication, location tracking, and emergency alert mechanisms. Unlike traditional safety tools or basic mobile apps, Safe Sphere combines smart sensing technologies, wireless communication, and cloud services to create an intelligent, fully connected safety network.

Safe Sphere will be a compact, lightweight wearable device (such as a band, pendant, or keychain) embedded with a GPS module for accurate location tracking, a GSM module for communication via mobile networks, and sensors such as an accelerometer to detect sudden movements like falls or physical distress. In an emergency, the user can manually press a discreet panic button or, if unable to do so, the device can automatically detect abnormal events (e.g., a fall) and send an SOS alert. This alert will immediately share the user's live location and situation details to pre-configured emergency contacts and potentially nearby authorities.

The system will also include WIFI Module connectivity to link with a mobile app, offering additional features like live tracking, battery status monitoring, geofencing alerts, and history logs. The data will be securely uploaded to a cloud server, enabling real-time updates and faster response times.

The proposed Safe Sphere aims to solve the major limitations of existing systems by ensuring:

- Automatic and manual emergency alert triggering
- Continuous real-time location tracking
- System based data and monitoring
- Low power consumption with extended battery life
- Compact, user-friendly, and discreet design

By creating a smart, proactive, and highly reliable safety system, Safe Sphere offers women not just emergency support but a constant sense of protection and confidence in their daily lives.

## **1.8 UNIQUE FEATURES OF THE PROPOSED SYSTEM**

The "Safe Sphere" project stands out as a comprehensive and innovative solution in the field of women safety by integrating intelligent sensing, real-time communication, and IoT-based automation in a compact, wearable device. Unlike existing safety applications and tools that require the user to actively operate a mobile phone or press multiple buttons to send alerts, Safe Sphere introduces a seamless, intelligent, and rapid-response mechanism that ensures immediate assistance even in extreme or unconscious situations. The uniqueness of this project lies not just in its components, but in the thoughtful integration of technology to solve real-world problems women face when threatened or under attack.

The proposed Safe Sphere system introduces several unique features that make it more effective, reliable, and user-friendly compared to existing women safety solutions. These features are specifically designed to overcome the limitations of current systems and ensure maximum protection during emergencies:

- **Real-Time Location Tracking:**

Safe Sphere uses a high-accuracy GPS module to continuously monitor and share the user's real-time location with trusted contacts and authorities during an emergency, ensuring faster and more efficient rescue operations.

- **Multi-Mode Alert System:**

Users can trigger an alert manually by pressing a panic button. This multi-mode alert system ensures help is requested even when the user presses a button.

- **Direct GSM Communication:**

Unlike solutions that rely solely on Bluetooth or internet connectivity, Safe Sphere integrates a GSM module (like SIM800L) to directly send SMS alerts over mobile networks, ensuring communication even without internet access.

- Integration for Monitoring and Storage:

All emergency events and tracking data are secure. This allows real-time monitoring by guardians or security teams and maintains a log for future analysis or evidence if needed.

- Low Power and Long Battery Life:

The device is optimized for minimal power consumption, offering extended battery backup to ensure it remains operational for long periods without frequent recharging.

Another major innovation in Safe Sphere is its independence from smartphones and internet connectivity. Unlike many safety apps and wearable devices that rely on Bluetooth or mobile apps to function, Safe Sphere comes with an inbuilt GSM module and GPS tracker, which allow the device to send alerts along with the exact GPS location of the user directly to emergency contacts. This not only ensures faster response times but also removes the dependency on mobile phones, which may be out of battery, unreachable, or destroyed during an incident. The GSM and GPS integration gives the device standalone capability, making it reliable in remote areas, low-network zones, or crowded locations where mobile networks might be slow. The device is powered by a rechargeable battery with long operational life, making it suitable for daily wear without frequent charging—enhancing its practicality for regular use.

Safe Sphere is also unique in its customizability and integration potential. The device can be integrated with cloud platforms for long-term data storage, analysis, and response tracking. It can be configured to alert not just personal emergency contacts, but also nearby police stations, NGOs, or local security systems using IoT cloud services. This opens up possibilities for community-driven safety models and centralized monitoring in schools, colleges, or workplaces. The project can be expanded further with voice activation, camera modules, or

machine learning algorithms to improve detection accuracy. Its scalable architecture allows it to grow and adapt to new safety needs as technology and threats evolve.

What truly makes Safe Sphere exceptional is its focus on empowerment through technology. The system is not designed merely as a reactive tool but as a preventive and protective ecosystem. By ensuring that help is just one heartbeat or one movement away, the project redefines how women can safeguard themselves, especially in high-risk environments or during travel. It provides psychological comfort and a sense of security, which are just as important as physical protection.

In conclusion, Safe Sphere is a unique blend of automation, accessibility, portability, and reliability that addresses the real gaps left by existing women safety systems. Its automatic emergency detection, standalone communication capabilities, wearable stealth design, and dual-mode alert system distinguish it as a pioneering effort in the use of IoT for human safety. By combining practical design with intelligent engineering, Safe Sphere not only meets but exceeds the expectations from a modern-day safety solution, offering a lifeline when it is needed the most.

# CHAPTER 2-REQUIREMENT ANALYSIS AND SYSTEM SPECIFICATIONS

## 2.1 FEASIBILITY STUDY

### **Technical Feasibility:**

The development of Safe Sphere is technically feasible with the current advancements in IoT hardware, wireless communication, and cloud computing technologies. The essential components such as microcontrollers (like Arduino/ESP32), GPS modules, GSM modules, Bluetooth Low Energy (BLE), accelerometers, and panic buttons are readily available in the market. Integration with mobile apps via Bluetooth and cloud services for real-time location tracking and alert management is technically achievable using established protocols like MQTT, HTTP. Moreover, designing a compact device with low power consumption is possible with modern hardware optimization techniques. Therefore, there are no major technical barriers to building and deploying Safe Sphere effectively.

### **Economical Feasibility:**

The Safe Sphere system is economically feasible as the cost of the required components has significantly decreased due to mass production and technological advancements. Key components like GPS and GSM modules, microcontrollers, sensors, and batteries are available at affordable prices. Initial development costs, including prototyping, app development, and setup, are manageable, especially for pilot projects. In mass production, the cost per device will be further reduced, making Safe Sphere accessible to a larger section of the population. Considering the increasing demand for women's safety devices, the investment into Safe Sphere is likely to offer high social value and potential commercial viability in the future.

### **Operational Feasibility:**

Safe Sphere is designed to be highly user-friendly and operationally practical. The device requires minimal user interaction — a simple press of a panic button for alert activation ensures

quick communication in emergencies. Battery charging cycles are extended with power-efficient hardware, ensuring the device is functional over long periods without daily maintenance. Operationally, deploying the device in real-world conditions (cities, college campuses, public transportation systems) is highly feasible with basic smartphone integration and GSM network coverage, ensuring Safe Sphere remains functional in diverse environments.

### **Legal Feasibility:**

The legal feasibility analyzes whether there are any legal restrictions, data privacy issues, or compliance concerns related to implementing Safe Sphere. Since the system collects and transmits location and biometric data (like heart rate), legal considerations such as data protection, consent, and secure data handling must be addressed. The device is designed to store minimal data and does not transmit it to any cloud or server unless explicitly configured, reducing exposure to privacy risks. In India, there is no restriction on using personal GSM or GPS-enabled devices for safety purposes. However, any cloud storage or app integration in future iterations must comply with the Information Technology Act, 2000, and any future personal data protection regulations. Additionally, sending SMS alerts to emergency contacts does not require any legal permission as long as the users provide consent during setup. From a compliance standpoint, Safe Sphere is legally feasible and ethically responsible in its current scope. The system prioritizes user privacy and limits data exposure while delivering safety benefits.

### **Schedule Feasibility:**

The schedule feasibility evaluates whether the system can be developed within the time available for the project. Based on planning and prototype testing, the Safe Sphere project is completely feasible within a 3 to 4-month development cycle. This includes stages such as component selection, circuit design, code development, testing, UI integration (if any), and deployment. A Gantt chart prepared during the project planning phase shows that each task has been broken down into weekly milestones, ensuring that the project progresses efficiently.



Prototype development can be completed within the first month, software logic in the second, testing and optimization in the third, and documentation plus final integration in the last month. In academic or institutional project settings, this timeline is entirely practical. Given the simplicity of the modules and availability of development tools, there are no significant risks that could delay the schedule, especially since most components and code libraries are open-source.

## **2.2 SOFTWARE REQUIREMENT SPECIFICATIONS**

Software requirement analysis is a critical phase in the development of any embedded or IoT-based system, especially in a safety-sensitive project like *Safe Sphere*. This process involves identifying and documenting the software functionalities, performance expectations, interactions with hardware components, and user interface behavior required to deliver a reliable and responsive women safety solution. Since *Safe Sphere* combines real-time sensing, communication, and alert mechanisms, its software must be designed to operate with precision, speed, and minimal user interaction. This analysis serves as the foundation upon which the firmware, mobile interface (if any), and data-handling routines are developed.

At its core, the Safe Sphere system runs on an embedded microcontroller—such as an Arduino Uno, ESP32, or similar board—responsible for executing the main logic of the device. Therefore, the first and foremost software requirement is real-time integration. The microcontroller needs to continuously read data from the heart rate sensor, accelerometer, and any panic button input. This requires software routines that initialize the system modules, configure the appropriate communication protocols and fetch data at regular intervals. This introduces the requirement for interrupt-driven or loop-based real-time monitoring, which must be efficient and power-aware.

Another vital requirement is the communication logic using GSM and GPS modules. The software must interface with the SIM800L module via UART (Serial) communication to send S alerts when a threat is detected. It must also interact with the GPS module to retrieve the user's live coordinates and embed them in the emergency message. This means the software should include AT command handlers for both GSM and GPS, with response-parsing logic to ensure data is correctly received and used.

The third critical area of the software requirement is emergency detection logic. Safe Sphere's value lies in its ability to automatically recognize distress based on physiological and physical indicators. In addition to automated detection, the software should also handle manual SOS activation via a button. This input must be polled or interrupt-based, depending on the microcontroller used. Pressing the button should immediately override other conditions and initiate the alert sequence, demonstrating priority handling in the code. This also includes software flags and control flow management to ensure one alert is sent at a time, and duplicate messages are avoided.

To enhance the user experience, another important software requirement is user feedback management. The device may use Screen indicators or vibrations to show that the device is powered on, modules are working, or a message has been sent. For long-term maintainability and testing, the software must include modular code design. Hardware Components, alert handling, GPS location fetching, and message sending should all be encapsulated into separate functions or libraries. This will make debugging easier and allow for future upgrades, such as adding Bluetooth or cloud connectivity. The code should be commented, version-controlled, and structured following standard embedded programming practices.

If a mobile interface or cloud integration is added in the future, additional requirements such as HTTP request handling, authentication, database interaction, and UI synchronization would be

necessary. However, for the base version, the software's scope remains primarily on embedded firmware and real-time hardware control.

In terms of development tools and environments, the software must be compatible with Arduino IDE, depending on the microcontroller chosen. These platforms provide the necessary libraries and board support packages to work with GSM, GPS, and sensor modules. The code must be tested using serial monitor outputs and debugging tools to simulate real-time use cases and refine performance. Software testing should cover edge cases such as low battery, weak GPS signal, GSM errors, and rapid changes to ensure system robustness.

Finally, the system must be designed with power optimization in mind. Unnecessary delays, excessive polling, or LED indicators should be minimized to conserve battery life. The stepwise approach can be explained as follows:

#### **Data Requirements:**

The system must capture and store real-time location data, emergency alerts. Data collected from wearable IoT devices should be efficiently transmitted to a platform. Historical data should be securely archived for incident analysis, and minimal personal data should be collected to respect user privacy.

#### **Functional Requirements:**

The IoT-based Safe Sphere must allow users to trigger an emergency alert manually when in distress. It should send the user's live location to selected guardians.

#### **Performance Requirements:**

The system must deliver real-time alerts with minimal latency (preferably under 2 seconds). The wearable IoT device should maintain a stable Bluetooth/Wi-Fi/cellular connection with mobile devices or network nodes. It must function smoothly even in low-bandwidth environments and support quick recovery from temporary network outages.

**Dependability Requirements:**

The Safe Sphere must be highly reliable and available 24/7. Emergency alerts should be guaranteed to reach designated contacts even if the primary server fails (using backup servers or alternative communication methods). The system must ensure high fault tolerance and redundancy to prevent system downtime during critical moments.

**Maintainability Requirements:**

The software must be modular and easy to update with new features or bug fixes without interrupting the service. Remote updates to firmware of devices and patches should be possible with minimal user intervention. Clear documentation must be provided to support maintenance and troubleshooting.

**Look and Feel Requirements:**

The Safe Sphere application and wearable device interfaces must be intuitive, user-friendly, and quick to operate under stress. The system should have a minimalistic design with high-contrast buttons for emergency features, while the device must be discrete yet stylish to encourage daily use. Notifications and alerts must be visually and audibly distinct but non-intrusive under normal conditions.

In conclusion, the software for *Safe Sphere* forms the brain of the system. It ensures seamless communication between all modules, accurate emergency detection, and rapid response generation. A reliable, efficient, and optimized software solution is what enables Safe Sphere to transform from a hardware prototype into a life-saving real-world safety tool for women. The software requirement analysis thus plays a foundational role in ensuring the project meets its goal of proactive, autonomous, and trustworthy personal safety.

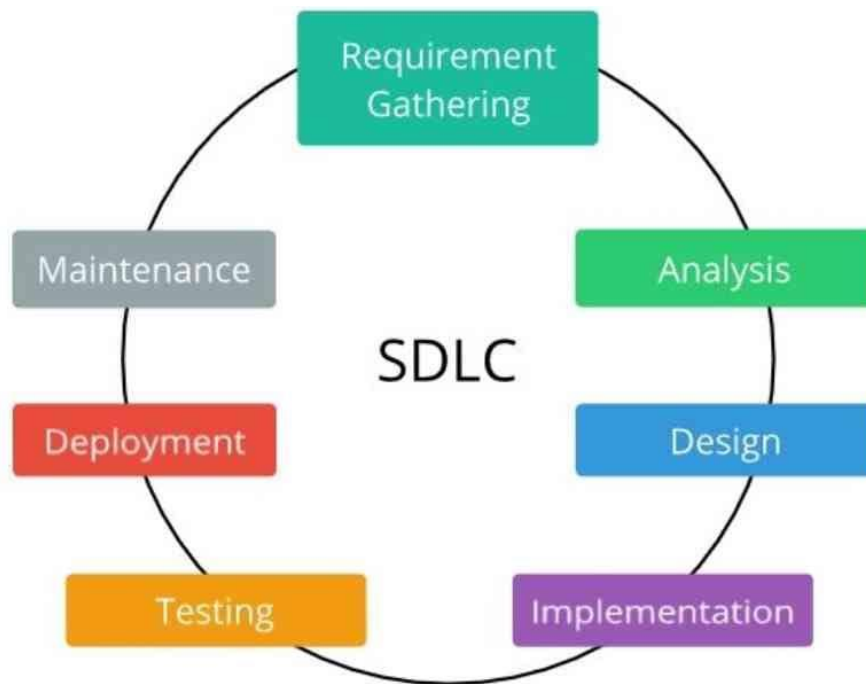
## **2.3 SDLC MODEL TO BE USED**

The Software Development Life Cycle (SDLC) is a structured process followed by software engineering teams to design, develop, test, deploy, and maintain high-quality software systems. It provides a systematic approach to problem-solving and project execution, ensuring that each phase of development is well-planned and executed. By breaking the project into manageable stages, SDLC improves efficiency, reduces risks, and facilitates better resource management throughout the development lifecycle.

In the context of the IoT-Based Women Safety System, the SDLC model is particularly useful because it helps in managing the complexity of integrating hardware and software components such as GPS, GSM modules, and microcontrollers. The model enables the team to clearly define functional and technical requirements, plan hardware integration, design alert and tracking mechanisms, and ensure the device operates reliably under real-world conditions. Each stage of SDLC contributes to ensuring the device responds promptly to emergencies and communicates accurately with designated contacts.

The SDLC typically includes the following phases: Requirement Analysis, System Design, Implementation (Development), Integration & Testing, Deployment, and Maintenance. Each phase has defined goals and deliverables. For instance, in the requirement analysis phase, the team gathers user needs such as emergency alerting and location tracking. In the design phase, system architecture and object-oriented structures are created. During implementation, the code and hardware setup are built, followed by rigorous testing and eventual deployment in real scenarios.

Applying the SDLC model ensures that the development of the Women Safety System is not only technically sound but also user-focused and scalable. It provides a clear roadmap for building a system that is responsive, secure, and easy to maintain. With growing concerns over personal safety, especially for women, using a disciplined approach like SDLC enhances the reliability and trustworthiness of such critical safety solutions.



*Fig 2.1 SDLC Model*

### **Requirement Analysis**

The Requirement Analysis phase in the SDLC focuses on understanding the user's needs and defining the core functionalities of the system. For the IoT-Based Women Safety System, this includes features such as emergency detection through an SOS button, real-time location tracking using GPS, and alert message transmission via GSM or Wi-Fi to pre-registered contacts. Continuous location updates until the emergency is resolved or the system is manually stopped are also essential. Key stakeholders involved in this phase include end users (such as women relying on the device for safety), developers, and hardware engineers. The main deliverables of this phase are the Requirements Specification Document, which outlines detailed functional and non-functional requirements, and use case scenarios, which describe how users will interact with the system in various situations.

### **System Design**

The System Design phase aims to create a comprehensive blueprint for the system's architecture and its individual components, serving as the foundation for development. In the Functional Design, the system is broken down into key operations such as device initialization, user input

monitoring, emergency detection, GPS-based location fetching, and alert message transmission. Complementing this, the Object-Oriented Design (OOD) structures the system into logical classes such as DeviceController, HardwareSystem, AlertManager, and LocationTracker, each with defined attributes and methods to encapsulate specific behaviors. Additionally, Hardware Design focuses on the physical integration of components like the GPS, GSM modules, and microcontroller, typically represented through detailed circuit diagrams. The main deliverables of this phase include the System Architecture Diagram, Class Diagrams, and Module Interface Specifications, all of which guide the implementation process.

### **Implementation(Development)**

The Implementation phase involves building the system according to the design specifications developed in the previous stage. This includes programming the microcontroller or Arduino to handle core functionalities such as device initialization, SOS button input, and communication with sensors and modules. During this phase, the GPS and GSM modules are integrated with the microcontroller to enable real-time location tracking and message transmission. Logic is developed to detect emergencies triggered by the SOS button and to automatically fetch the user's current location. Additionally, the system is programmed to format alert messages by embedding GPS coordinates, ensuring that emergency contacts receive accurate and timely information. This phase results in a functional prototype capable of performing its intended safety operations.

### **Integration and testing**

The Testing phase ensures that all components of the system function correctly both individually and collectively, meeting the defined requirements. It begins with Unit Testing, where individual modules such as GPS data fetching, GSM message sending, and SOS detection are tested in isolation. This is followed by Integration Testing, which evaluates the system's overall behavior, ensuring that triggering the SOS button initiates a seamless sequence from location capture to message dispatch. Performance Testing assesses critical aspects such

as the response time of alerts and the accuracy of GPS coordinates. Finally, User Acceptance Testing (UAT) involves real users interacting with the device to validate its usability and reliability in real-life scenarios. Key deliverables from this phase include a comprehensive Test Plan, detailed Test Cases, and documented Bug Reports and Fix Logs to track and resolve any issues encountered during testing.

### **Deployment**

The Deployment phase involves launching the IoT-Based Women Safety System in a real-world setting to validate its functionality under actual operating conditions. Initially, the prototype is deployed in controlled environments such as schools, offices, or public spaces to ensure safe testing while observing real-time behavior. Comprehensive documentation, including a User Manual, is provided to guide end users and operators on how to properly use and maintain the device. During this phase, the system is closely monitored to identify any unexpected behavior or performance issues that were not detected during testing. The key deliverables are the fully deployed device and the accompanying User Manual, ensuring the system is ready for practical use and user adoption.

### **Maintenance**

The Maintenance phase ensures the long-term reliability and performance of the IoT-Based Women Safety System after deployment. During this stage, any issues reported by users or observed during real-world use are addressed promptly, with bug fixes and optimizations applied as needed. Firmware updates may be implemented to introduce new features, such as enhanced alert options or improved contact management. Additionally, the system's connectivity components, including SIM cards and Wi-Fi settings, are regularly checked and updated to maintain consistent communication capabilities. Key features of this phase include detailed Update Logs, documenting all changes made to the system, and a Maintenance Schedule outlining regular checkups, software upgrades, and hardware servicing activities to ensure the device continues to function effectively over time.



## **CHAPTER 3-SYSTEM DESIGN**

### **3.1 DESIGN APPROACH**

#### **Function Oriented**

##### **1.Device Initialization**

- Power up the device.
- Boot/stabilize all attached hardware modules (GPS, GSM, Microcontroller, Arduino)

##### **i)Monitor User Inputs**

- SOS button pressed in a loop
- Emergency Detection is activated.
- If the SOS button is pressed manually, check if emergency occurs.

##### **ii) Location Fetching**

- Turn the GPS on when an emergency occurs.
- Get current latitude and longitude coordinates.

##### **iii)Alert Message Preparation**

- Write alert text with emergency information.
- Include GPS location.

##### **iv)Alert Communication or Wi-Fi module**

- Transmit the alert message with the GSM

- Alarm pre-saved emergency contacts via SMS or web based message.

#### **v)Real-Time Location Tracking**

Once you have sent the first alert, continue sending with updated location at regular intervals.

### **Object Oriented:**

#### **1.Device Controller Module**

- Status, Battery Level.
- Characteristics: Device.

#### **2.Hardware Manager Module**

Attributes: Gps Data.

#### **3.Emergency Detector Module**

Properties: Is Button Pressed.

#### **4.Alert Manager Module**

Characteristics: In case of Emergency, messages content.

#### **5.Location Tracker Module**

Features: Fetching place where user is currently present.

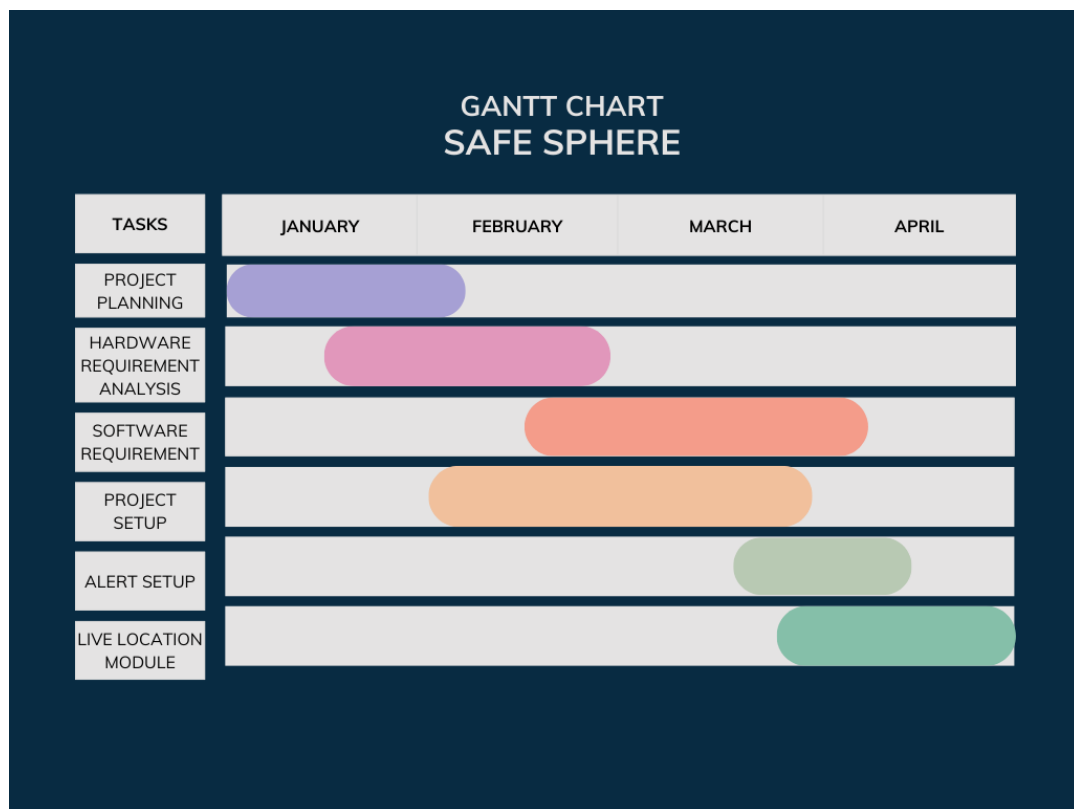
#### **6.Network Manager Module**

Properties: Is In Network, Is Connected Profile.

## 3.2 DETAIL DESIGN

### GANTT CHART

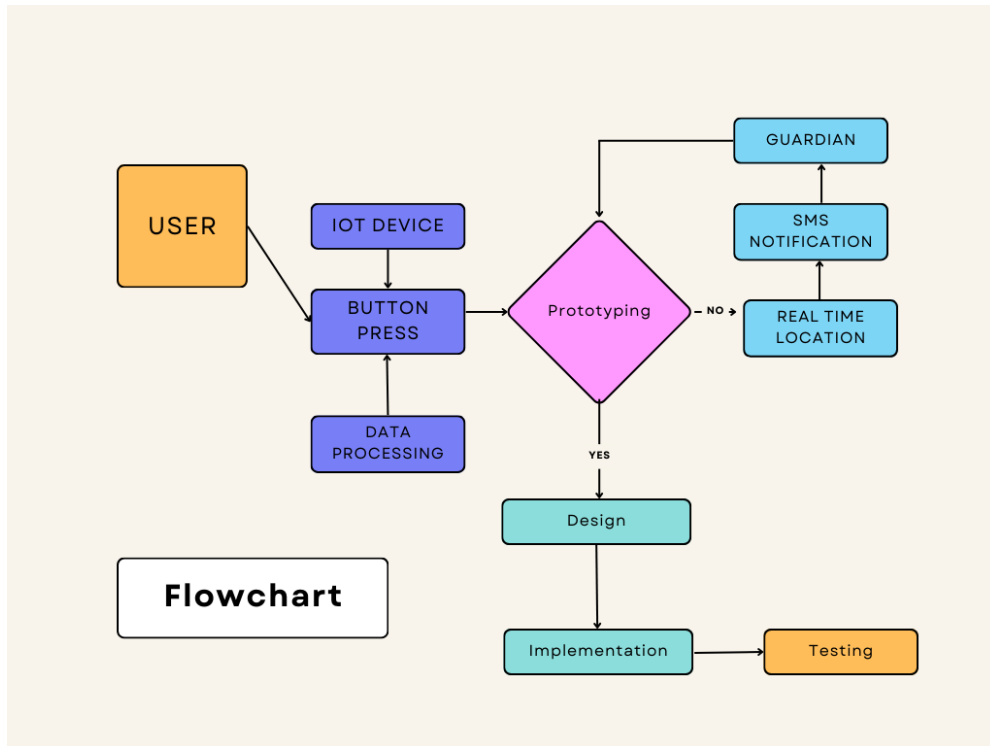
A **Gantt chart** is a visual project planning tool that outlines the timeline of various tasks and activities across the development lifecycle of a project. For the IoT-Based Women Safety System, the Gantt chart helps in scheduling, tracking progress, and ensuring that each phase of the project is completed on time. It represents tasks along a horizontal time axis, showing when each task starts and ends, how long it lasts, and how tasks depend on each other.



### FLOWCHART

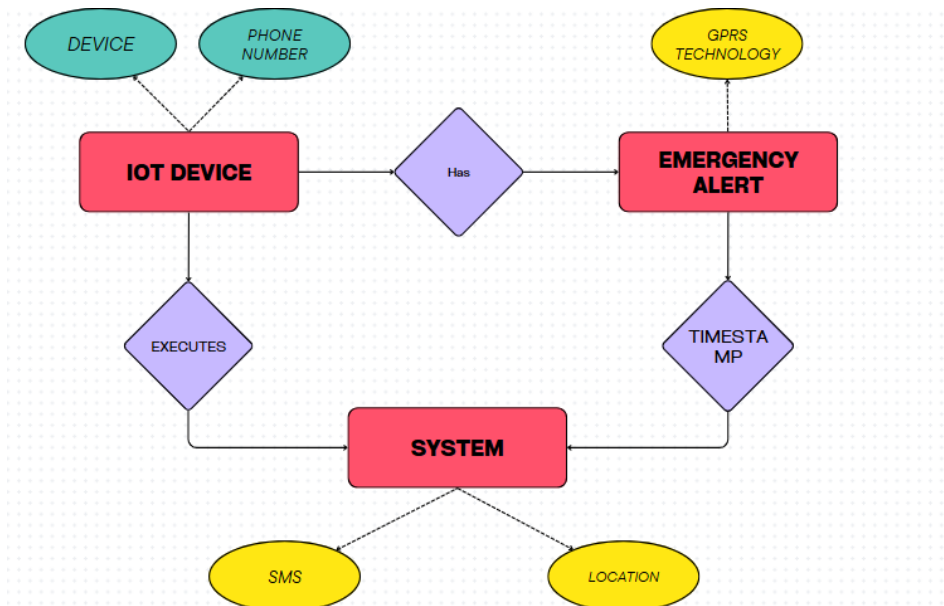
A **flow chart** is a diagrammatic representation of the logical flow of operations in a system. For the IoT-Based Women Safety Project, a flow chart helps visualize how the system behaves

from start to finish, especially in emergency situations. It outlines the step-by-step flow of control, decision-making points, and the interactions between sensors, processing units, and communication modules.



## E-R DIAGRAM

An **Entity-Relationship (ER) Diagram** is a conceptual blueprint that visually maps out the data structure of a system. In the context of the IoT-Based Women Safety Project, the ER diagram shows the relationship between the key entities involved—such as the user, device, emergency contact, and alert records—and how data flows and interacts within the system. This diagram is especially helpful when integrating an application for alert processing, and tracking information.



### 3.3 USER INTERFACE DESIGN

The User Interface (UI) / Hardware Design of the IoT-Based Women Safety Project plays a crucial role in ensuring ease of use, quick access to emergency features, and clear visibility of critical information. Since the system is intended to operate in emergency scenarios, the hardware implementation must be intuitive, fast, and highly responsive to user actions.

#### Key Elements of the UI Design:

##### 1. Hardware Setup

- Displays a large, prominent SOS button that can be pressed quickly in an emergency.
- Shows current device status (e.g., connected/disconnected, battery level).

##### 2. Live Location Tracker

- A map view that shows the user's current GPS location.
- Useful for real-time tracking by family or emergency responders.

- Optionally shows the movement path if tracking is ongoing.

### **3. Alert Screen**

- Displays triggered emergency alerts.

### **4. Emergency Contact Management**

- Notifies the messages to emergency contact numbers.
- These contacts receive SMS or platform based alerts during emergencies.

## **3.4 METHODOLOGY**

The methodology for developing the IoT- Based Women Safety System involves a methodical approach combining tackle integration, monitoring, and wireless communication to descry extremities and detector cautions. The process begins with demand analysis, where stoner needs and safety scripts are linked. Grounded on this, applicable factors similar as GPS for position shadowing, GSM/ Wi- Fi for communication, and a microcontroller( like Arduino or ESP32) are named.

Next, the tackle factors are integrated on a single platform, icing real- time data collection from the system. The system is programmed to continuously cover inputs( e.g., button press). Upon detecting a implicit trouble, it automatically fetches the stoner's GPS position and sends exigency cautions via SMS or the platform developed to predefined connections.

The software development includes bedded programming for the device to cover and configurate. After integration, the system undergoes testing and confirmation to insure dependable discovery, accurate data transmission, and stoner-friendly operation. The final step is deployment and attestation, icing the system is ready for practical use in real- life safety scripts.

The development of the IoT- Based Women Safety System follows a structured methodology that ensures the system is dependable, responsive, and suitable for real- world safety operations. The entire process is divided into the following crucial phases

### **1. Demand Analysis**

- Identify the core problem related to women's safety.
- Determine the essential features demanded similar as position shadowing, exigency waking.

### **2. Element Selection**

Choose applicable modules:

- GPS Module – for real- time position shadowing.
- GSM Module/ Wi- Fi Module – for transferring exigency cautions.
- Microcontroller( e.g., Arduino Uno, NodeMCU, or ESP32) – to reuse and control inputs labors.
- Push Button – for homemade SOS triggering.
- Ensure comity between named factors.

### **3. System Design and Architecture**

- Design the logical inflow of the system using flowcharts and block plates.
- Define the armature that includes:
- Input from tackle system.
- Processing sense in the microcontroller.

- Affair through communication modules.

#### **4. Tackle Integration**

- Connect all named tackle factors on a breadboard or PCB.
- Test individual modules( e.g., GPS cinch delicacy, GSM signal strength).
- Integrate all modules with the microcontroller and power force.

#### **5. Software Development**

- Write bedded C/ C++ ( or Arduino IDE law) to
- Describe exigency conditions( SOS press).
- Cost GPS position and detector alert functions.
- Displaying cautions and position.
- Managing exigency connections.
- Apply data formatting( e.g., exigency communication templates with position links).

#### **6. Testing and confirmation**

- Perform unit testing for each module( communication, waking).
- Conduct integration testing of the full system.
- Pretend colorful real- life scripts( e.g., homemade SOS press).
- Validate system delicacy, responsiveness, and trustability under different conditions.



## **7. Deployment and Optimization**

- Finalize the physical setup.
- Ensure stable power force and portability.
- Optimize the law for real- time response and low power operation.
- Emplace the prototype for real- world testing and feedback collection.

## **8. Attestation and Reporting**

- Document the complete system design, tackle connections, and codebase.
- Prepare stoner primers or operation instructions. The development of the IoT-Based Women Safety System follows a structured methodology that ensures the system is reliable, responsive, and suitable for real-world safety applications.

## **CHAPTER 4-IMPLEMENTATION AND TESTING**

### **4.1 INTRODUCTION TO LANGUAGES, IDE'S, TOOLS AND TECHNOLOGIES USED FOR PROJECT WORK**

The development of the IoT- Based Women Safety Project involves a combination of programming languages, software development surroundings( IDEs), tools, and tackle technologies. Each element plays a vital part in enforcing, programming, testing, and planting the design efficiently.

#### **1. Programming Languages**

- **C++**

Used for writing firmware that runs on the microcontroller( e.g., Arduino or ESP32). It controls system reading, decision- making sense, and communication modules like GSM and GPS.

#### **2. IDEs( Integrated Development surroundings)**

- **Arduino IDE**

The primary development terrain for jotting, collecting, and uploading law to Arduino or analogous microcontrollers. It supports C/ C syntax and offers easy- to- use libraries for detector and module interfacing.

- Arduino is an open- source microcontroller platform that provides a simple yet important way to develop IoT- grounded systems. It includes both tackle( Arduino boards) and software( Arduino IDE and libraries), making it easier to affiliate with colorful detectors, communication modules, and external bias. In an IoT- grounded women safety design, Arduino is used as the central control unit, responsible for handling inputs from detectors( similar as an SOS button or stir sensor), processing GPS data, and managing wireless communication. It interacts with factors like GSM modules, Wi- Fi modules, and GPS

receivers to shoot cautions and share position data. The Arduino IDE is used to write and upload law to microcontrollers like Arduino Uno, ESP8266, or ESP32. Some key features of Arduino in this project:

- Collects sensor data (SOS button, etc.)
- Reads GPS coordinates from a GPS module.
- Controls communication modules (Wi-Fi, GSM, ESP-NOW.)
- Processes emergency alerts and location sharing.
- Since Arduino is lightweight and efficient, it is ideal for low-power IoT applications like a portable women safety device.

### **3. Tools and Libraries**

- **Arduino Libraries** (WiFi.h, ESP-NOW, TinyGPS++, HTTPCLIENT.h)

Pre-built libraries that simplify interaction with modules.

#### **1.WiFi.h :**

The WiFi.h library is essential for enabling Wi- Fi communication in ESP8266 and ESP32-grounded IoT systems. It allows the microcontroller to connect to Wi- Fi networks, shoot and admit data over the internet, and interact with pall services. In an IoT- grounded safety design, WiFi.h plays a critical part in transferring real- time cautions over the internet via pall-grounded messaging services. Enabling live GPS shadowing by transferring position data. For illustration, when an SOS button is pressed, the ESP32 uses WiFi.h to connect to a Wi- Fi network and shoot an alert( including GPS equals) to predefined exigency contacts.However, indispensable communication protocols like GSM or ESP- NOW can be used as backups, If the network is unapproachable.

#### **2. ESP-NOW:**

ESP- NOW is a low- power, peer- to- peer wireless communication protocol developed by Espressif( the company behind ESP32 and ESP8266). Unlike Wi- Fi, ESP- NOW does n't bear

an internet connection or a route; rather, it allows direct communication between ESP chips. In an IoT- grounded women safety design, ESP- NOW can be used in situations where Wi- Fi or GSM networks are unapproachable.

It allows multiple ESP32/ ESP8266 chips to communicate directly, making it ideal for

- Offline exigency alert systems, where one device can shoot an SOS signal to another device without internet access.
- Low- power communication, insuring that the device remains functional for long ages on battery power.
- Short- range connectivity, useful for original networks within a safety zone( e.g., waking family members). ESP- NOW is largely effective for real- time exigency communication in areas with poor network connectivity, insuring that cautions can still be transmitted without counting on Wi- Fi or GSM.

### **3. TinyGPS:**

TinyGPS is a important and featherlight C library used to parse and reuse GPS data from periodical- grounded GPS modules like NEO-6M and u-blox. It excerpts critical position data, similar as latitude, longitude, altitude, speed, and time, from raw GPS signals entered via the UART( periodical) interface.

In an IoT- grounded women safety design, TinyGPS is used to

- Prize real- time GPS coordinates from the GPS module.
- Convert raw GPS data into readable format for shadowing.
- Filter and ameliorate delicacy of position updates.
- Format GPS data before transferring it over GSM, Wi- Fi, or ESP- NOW.
- For illustration, when an exigency occurs, the microcontroller reads GPS data using TinyGPS, processes it, and also sends it via Wi- Fi or GSM to exigency connections. TinyGPS ensures that the position data is accurate and dependable, which is critical for real- time shadowing and fast response.

#### **4.HttpClient.h:**

The HttpClient.h library is used in ESP32 or ESP8266- grounded microcontroller systems to enable HTTP communication over Wi- Fi. In the IoT- Based Women Safety Project, this library can be used to shoot data( like GPS position or alert dispatches) from the device to a remote garçon, web dashboard, or pall platform using HTTP POST or GET requests. For illustration, when an exigency is detected, the microcontroller can use HttpClient.h to shoot an HTTP POST request containing the stoner's position, timestamp, and exigency type to a web garçon or an online database. This makes it possible to log cautions, track the stoner in real- time, or notify family members through integrations.

Periodical Examiner/ Plotter:

Used for debugging and real- time data visualization from the tackle system.

#### **4. Hardware and Technologies**

**GPS module for real- time shadowing:** The GPS module is a pivotal element of the IoT- Grounded safe-deposit box Sphere for Women, enabling real- time shadowing during extremities. It continuously captures the stoner's latitude and longitude equals and transmits them to a pall platform or exigency connections using GSM, Wi- Fi, or Bluetooth communication. Modules like Neo-6M, u-blox, or SIM808( GPS GSM) insure accurate position shadowing, indeed in remote areas. When a torture situation is detected either through biometric detectors( heart rate, stir discovery) or a homemade SOS detector — the device incontinently sends the victim's live position to pre-registered connections and law enforcement agencies. This real- time shadowing ensures a briskly response time, allowing authorities or trusted individualities to detect and help the person in peril. also, geo- fencing features can be enforced to descry if the stoner moves outside a safe zone, driving an automatic alert. By integrating GPS with pall storehouse, the Safe Sphere can continuously cover movement

patterns and help prognosticate or help implicit pitfalls, making it a visionary and effective women's safety result.

**Microcontroller:** The microcontroller or microprocessor is the heart of the IoT- Grounded safe-deposit box Sphere for Women, as it's responsible for recycling inputs from colorful detectors, executing decision- making algorithms, and controlling the overall operation of the device. These factors are chosen grounded on their capability to handle the complexity of real-time torture discovery, GPS shadowing, communication protocols, and detector data processing.

Communication modules for transferring cautions:

Power force and rechargeable batteries for movable operation, torture discovery, GPS shadowing, communication protocols, and detector data processing.

**Boost Converter :** A boost motor is a DC- DC power motor used to step up the voltage from a lower position to a advanced position. In an IoT- grounded women safety device, the boost motor ensures that low- voltage power sources( similar as batteries) can give the necessary voltage to different factors, including GPS modules, GSM modules, and microcontrollers.

- Ensures harmonious power force to IoT modules.
- Enhances battery life by optimizing power operation.
- Essential for bias running on small, movable batteries like Li- ion or Li- Po.

**Level Converter :** IoT bias frequently involve communication between factors operating at different voltage situations. A position motor is used to shift voltage situations safely between microcontrollers, detectors, and communication modules.

- Converts 3.3 V( ESP8266, ESP32, or detectors) to 5V( Arduino, GSM, GPS modules) and vice versa.
- Prevents damage to sensitive factors due to voltage mismatches.
- Ensures stable and accurate data transmission between modules.

**Antenna:** An antenna is an essential element for wireless communication in an IoT- grounded women safety system, where real- time cautions and position shadowing are critical.

The antenna is used for

- Enhancing signal strength for GSM/ GPS modules to insure dependable shadowing and communication.
- Enabling Wi- Fi or LoRa- grounded connectivity for real- time data transmission to pall waiters or mobile operations.
- Improving range and delicacy of position- grounded services, especially in exigency situations.

**Circuit Charging System:** Since IoT- grounded safety bias are designed for portability, a circuit charging system is needed to manage power efficiently.

This system includes

Battery Management System( BMS) Ensures safe charging and prevents fleecing/ discharging of the battery.

## **Conclusion**

These tackle factors play a pivotal part in icing the effectiveness, trustability, and portability of an IoT- grounded women safety device. The boost motor and circuit charging system help manage power efficiently, the position motor ensures proper communication between different voltage factors, and the antenna enables real time communication for exigency cautions. Integrating these factors optimally enhances the effectiveness of the safety system.

## 4.2 Algorithm/Pseudo Code Used

The core algorithm of the IoT-Based Women Safety Project is designed to monitor emergency conditions and take immediate action by sending alerts. It handles inputs from sensors (pulse, accelerometer), checks for button presses, fetches the user's location, and sends that information to emergency contacts or a server.

### Algorithm (Step-by-Step)

1. Start the system
2. Initialize all modules (GPS, GSM/Wi-Fi, button)
3. Continuously monitor:
  - SOS button status
  - Alert Screen
4. If SOS button is pressed:
  - Fetch current GPS location
  - Prepare an emergency message
  - Send the message via GSM or HTTP (depending on communication module used)
5. Log the alert.
6. Return to monitoring state.



## **Pseudocode**

BEGIN

Initialize GPS, GSM/Wi-Fi, Arduino, Microcontroller and SOS Button

LOOP:

Read SOS\_Button

Read Alert\_Screen

Read GPS Coordinates

IF (SOS\_Button is Pressed , Detected) THEN

Get GPS\_Location

Prepare Emergency\_Message with Location

Send Emergency\_Message via GSM or HTTP

Log the alert (optional)

ENDIF

REPEAT LOOP END

## **4.3 TESTING TECHNIQUES**

To ensure the reliability and security of the IoT-based safe sphere, the following testing techniques are used.

### **1.1 Unit Testing**

- Focuses on individual components like the SOS button, and alert system.
- Ensures each module functions independently without errors.
- Example: Testing if the SOS button correctly sends an alert.

### **1.2 Integration Testing**

- Verifies the interaction between hardware (IoT device) and software (notification system).
- Ensures data flows smoothly from the IoT device to the emergency contacts.
- Example: Testing whether pressing the SOS button triggers an alert.

### **1.3 System Testing**

- Tests the entire system end-to-end, ensuring all modules work together as expected.
- Validates real-time tracking and notification delivery.
- Example: Simulating an emergency scenario and verifying if all notifications are sent correctly.

### **1.4 Usability Testing**

- Ensures the system is user-friendly and easy to operate in emergencies.
- Example: Checking if users can quickly find and press the emergency button.

## 1.5 Performance Testing

- Evaluates the system's response time in different network conditions.
- Ensures real-time tracking updates are received without delays.
- Example: Checking how fast an SOS alert reaches emergency contacts.

## 2.List of Relevant Test Cases

Test Case ID	Test Case Description	Expected Result
TC-01	Press the SOS button on the IoT device.	Alert is triggered.
TC-02	Notifications sent to emergency contacts.	Contacts receive an SMS.
TC-03	Test response time of the system.	Alert is sent within 3 seconds.

This testing approach ensures the IoT-based women safety system is efficient, reliable, and secure. By covering functionality, performance, usability, and security, the system can be trusted to work effectively in real-world emergency scenarios.

## 4.4 Test Cases Designed for the Project

In the development of the IoT-Based Women Safety System, testing plays a critical role to ensure that all components function reliably and the system responds accurately during emergency situations. The test cases are designed to validate the behavior of each functional module, including communication, GPS tracking, and power management.

The primary objective of these tests is to verify the system's ability to detect danger (manually or automatically), respond appropriately, and deliver alerts in real time. Each test case is built around specific inputs, expected outputs, and measurable results.

## Key Test Cases Designed

### 1. SOS Button Functionality Test

- **Purpose:** To check if pressing the button sends an emergency alert.
- **Input:** Manual button press.
- **Expected Output:** Alert message with location is sent to emergency contacts.

### 2. GPS Accuracy Test

- **Purpose:** To verify location tracking functionality.
- **Input:** Request or trigger GPS module.
- **Expected Output:** Accurate latitude and longitude data is returned within a few seconds.

### 3. GSM/HTTP Communication Test

- **Purpose:** To confirm the alert is delivered through SMS or web.
- **Input:** Trigger event (SOS press or sensor detection).
- **Expected Output:** Message is delivered successfully to the configured recipient.

### 4. Battery and Power Test

- **Purpose:** To test system operation on battery power.
- **Input:** Run device on battery.
- **Expected Output:** Device remains operational for expected time without malfunction.

### 5. System Reboot/Reset Test

- **Purpose:** To check system recovery and reinitialization.

- **Input:** Reset or power cycle the microcontroller.
- **Expected Output:** All modules restart and resume monitoring automatically.

## **6. Module Integration Test**

- **Purpose:** To verify if multiple modules work simultaneously.
- **Input:** Trigger SOS.
- **Expected Output:** A single comprehensive alert is sent without conflict.

# CHAPTER 5 RESULTS AND DISCUSSIONS

## 5.1 User Interface Representation

User Interface (UI) design plays a vital role in bridging the gap between human users and technological systems. In the context of Safe Sphere, an IoT-based women safety device, the user interface is not merely visual — it includes tactile, auditory, and haptic feedback elements that allow users to interact with and receive confirmation from the system. Since the device is meant to be used in emergencies, where a victim may have limited time or visibility, the interface has to be extremely intuitive, responsive, and minimalistic. It must enable quick activation of emergency functions and offer instant feedback without the need for screens or complex interactions.

### 1. Physical User Interface Design

The primary user interface for Safe Sphere is hardware-based, as the device is designed to be wearable and self-sufficient without relying on external devices during emergencies. The main interface components include:

**SOS Button:** A clearly distinguishable, tactile push-button is the core input element of the user interface. It is designed to be easily reachable and operable with minimal pressure. The button allows users to manually activate an emergency alert at any time. The hardware layout ensures that accidental presses are avoided, but it is sensitive enough to respond in a real emergency. Its location is ergonomically chosen, often on the front face of the wearable module or pendant.

**Alert Screen:** One or more Screens are used as visual feedback components. For instance, a might blink when the device is powered on and monitoring, could light up when an alert is

successfully sent. If GPS coordinates are not acquired or GSM fails to connect, an amber or blinking might indicate a failure. These serve as status indicators and reduce user uncertainty.

These physical elements together form a responsive, low-complexity interface that keeps the user informed about the device's status without requiring digital literacy or screen interactions.

## **2. Visual/User Interaction Flow**

The user interaction flow is designed to be simple and quick, involving minimal steps to initiate and confirm emergency assistance. Below is the sequence of user interaction:

1. Power On: The device is switched on, that the device is ready.
2. Monitoring Phase: The device enters passive monitoring mode, constantly checking hardware components.

## **3. Emergency Detection:**

If boot button is pressed, the device displays to show alert and is being prepared.

After acquiring GPS data, the GSM module sends a message.

Immediate vibration confirms input, and the alert is sent in similar fashion.

## **4. Failure Feedback (if any):**

If the GPS or GSM fails to connect, a distinct pattern or signal alerts the user to check the system.

This simplified flow avoids all forms of digital complexity, focusing instead on clear cause-effect behavior. The hardware design follows a zero-screen philosophy, where each user action leads to a distinct physical response.

## **5. Live Location:**

Live Location: If paired via Bluetooth or Wi-Fi, the device can send periodic GPS updates to the designated platform.

Settings and Contacts: Allows the user to predefine emergency contact numbers.

Battery Monitor: If hardware supports it, the app may show battery status to avoid unexpected shutdowns.

## **6. Design Philosophy:**

The user interface of Safe Sphere is built around the principles of:

Simplicity: The design ensures that even a user with no technical background can operate it in an emergency.

Speed: Time to trigger and receive feedback is kept under a few seconds.

Minimalism: No reliance on displays or complex hardware layers.

These principles were guided by real-user feedback during testing phases and optimized for high-stress usability.

## **7. Future Enhancements:**

As Safe Sphere evolves, future versions may include:

Touch-sensitive casing: Instead of buttons, soft-touch gestures could replace physical buttons.

Voice Feedback: Audio messages indicating status or guidance during alerts.



Wearable App Compatibility: Integration with smartwatches or fitness bands for direct interaction.

## **Conclusion**

In summary, the user interface of Safe Sphere is a robust combination of hardware-based tactile and visual elements designed for speed, reliability, and ease of use. It eliminates the need for complex interfaces by relying on intuitive Alert Screen, and button mechanisms. This UI strategy ensures the device remains accessible to users in all conditions, reinforcing Safe Sphere's mission of providing real-time, dependable safety support for women in critical situations.

## **5.2 User Interface Representation – Safe Sphere: Description of Various Modules**

The user interface of safe sphere, an IoT-based women safety system, is not confined to a screen or digital dashboard but is an integration of various hardware and software modules that collectively ensure quick and effective interaction between the user and the safety mechanism. Each module is crafted with the primary goal of usability, reliability, and responsiveness, especially during high-stress emergency situations. Given that the system may be used in conditions of panic, low visibility, or physical constraint, its user interface has been designed to be intuitive, minimal, and accessible. The interface is spread across several functional modules, each serving a specific role while contributing to the overall seamless user experience.

At the heart of the user interface lies the SOS Trigger Module, a crucial component that enables the user to initiate an emergency alert manually. This module consists of a tactile push-button that is strategically placed on the wearable unit. The button is designed to be large enough to be easily located by touch, making it suitable for emergency situations when the user might not be

able to visually inspect the device. Upon pressing the SOS button, the system responds immediately by activating a short vibration pulse and blinking an alert screen, reassuring the user that the system has acknowledged the input and has begun the alert sequence. This immediate feedback is critical in high-pressure situations, as it provides the user with confidence that help is being summoned without the need for further action.

The GPS Module plays a key role in enabling the system to gather real-time location data. While this module does not involve direct user interaction, it contributes significantly to the feedback loop. When an alert is triggered, the GPS module begins acquiring coordinates. Once a successful location fix is achieved, the system uses the feedback module to inform the user — typically through an alert screen pattern. This indirect interaction ensures that the user is always aware of the system's status, which builds trust in its functioning. The GPS module thus acts as a silent but essential part of the interface, bridging the gap between the hardware and the remote responder who will receive the alert.

Following location acquisition, the GSM Communication Module is responsible for transmitting the emergency message containing the user's location to a set of pre-configured emergency contacts. This module also interacts with the user interface in a passive but informative way. When the message is successfully dispatched, the system provides a second layer of feedback another short vibration confirming to the user that their distress message has reached the designated recipients. If, however, the message fails due to signal issues, the system may indicate the failure through a the setup or a distinct vibration pattern, signaling that action is needed. This transparent communication between the system and the user ensures that the individual is never left in doubt about the status of their alert.

When the device is triggered, a single vibration pulse is used to confirm input, and a second pulse confirms alert dispatch. The screen provides visual feedback. These signals are carefully

designed to be distinct and easily interpretable by the user, avoiding confusion. An advanced but optional layer of the user interface is provided through the Interface Module. While the physical device is designed to be self-sufficient. It allows users to switch between manual and automatic alert modes and customize thresholds for modules. The UI of the app is kept simple, with large buttons, intuitive icons, and high-contrast visuals, ensuring accessibility to users of all backgrounds. In an emergency, it may also serve as an additional communication bridge by allowing the user to cancel a false alarm or track rescue efforts. While not essential for primary alert functions, the app enriches the overall user experience and control.

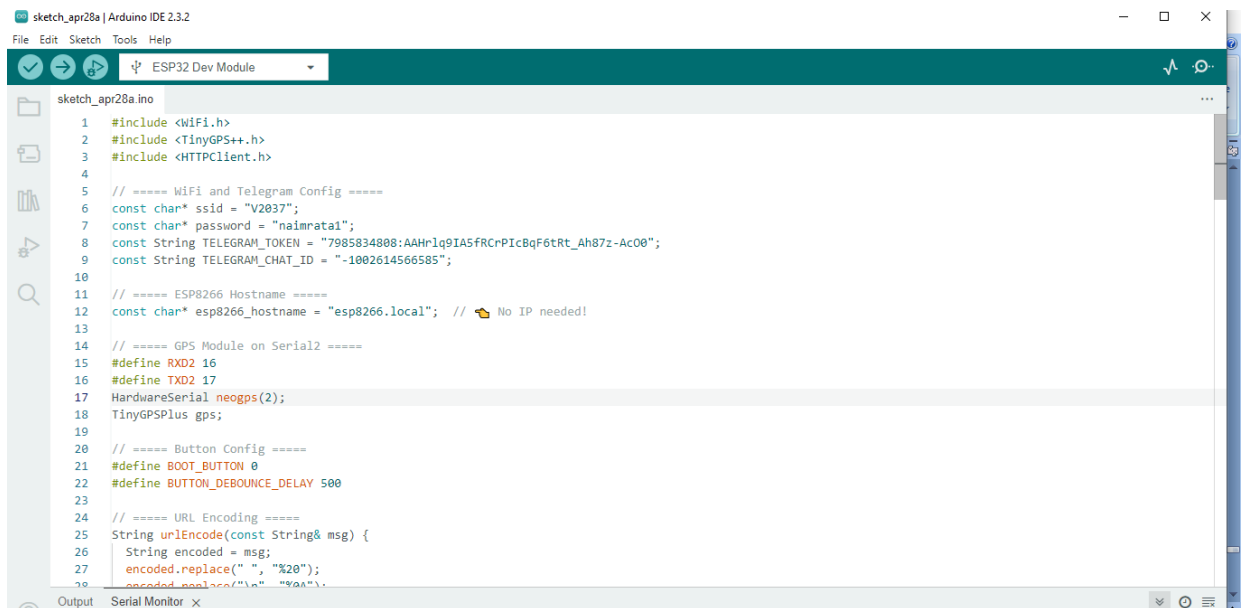
Another silent yet critical module is the Power Management Module, which indirectly contributes to the user interface by ensuring reliable performance. It manages battery charging and power distribution across the system. The user may receive battery alerts through the LED (e.g., yellow for low battery), ensuring they are not caught off guard by power loss. In future versions, the mobile app may also display exact battery percentages. Ensuring that the user is informed about the power status adds to the overall usability and dependability of the system, making it more trustworthy in emergency scenarios.

Together, these modules form a modular user interface that balances hardware simplicity with intelligent automation. The SOS module gives the user manual control; and communication modules provide automated monitoring and response; the feedback module closes the loop with clear, timely signals. Importantly, all these modules are designed with minimal reliance on complex screens or smartphone interactions, making Safe Sphere accessible to users regardless of their age, education level, or familiarity with technology.

The thoughtful integration of these modules into the user interface ensures that Safe Sphere functions effectively in real-world environments. Whether it's a quiet alley at night, a moving bus, or a remote area with weak signal strength, the user interface is designed to provide rapid

input and instant, understandable feedback. The simplicity and efficiency of this interface reinforce user confidence, reduce hesitation in emergency activation, and maximize the effectiveness of the device in fulfilling its core mission protecting women and providing timely assistance in moments of distress.

## 5.3 Snapshots



```
sketch_apr28a.ino
1  #include <WiFi.h>
2  #include <TinyGPS++.h>
3  #include <HTTPClient.h>
4
5  // ===== WiFi and Telegram Config =====
6  const char* ssid = "V2037";
7  const char* password = "naimrata1";
8  const String TELEGRAM_TOKEN = "7985834808:AAHr1q9IA5fRCrP1cBqF6tRt_Ah87z-Ac00";
9  const String TELEGRAM_CHAT_ID = "-1002614566585";
10
11 // ===== ESP8266 Hostname =====
12 const char* esp8266_hostname = "esp8266.local"; // 🐞 No IP needed!
13
14 // ===== GPS Module on Serial2 =====
15 #define RXD2 16
16 #define TXD2 17
17 HardwareSerial neogps(2);
18 TinyGPSPlus gps;
19
20 // ===== Button Config =====
21 #define BOOT_BUTTON 0
22 #define BUTTON_DEBOUNCE_DELAY 500
23
24 // ===== URL Encoding =====
25 String urlEncode(const String& msg) {
26   String encoded = msg;
27   encoded.replace(" ", "%20");
28   encoded.replace("&", "%26");
29   encoded.replace("'", "%27");
30   encoded.replace(":", "%3A");
31   encoded.replace(";", "%3B");
32   encoded.replace("=", "%3D");
33   encoded.replace("?", "%3F");
34   encoded.replace("@", "%40");
35   encoded.replace("#", "%23");
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99   encoded.replace("<", "%26");
100  encoded.replace(">", "%26");
101  return encoded;
102 }
```

## Arduino Interface

In the "Safe Sphere" project, which is an IoT-based women safety system, the Arduino microcontroller serves as the central processing unit—the brain that connects, controls, and coordinates all components of the system. The Arduino platform was chosen for this project due to its flexibility, ease of programming, open-source nature, and rich ecosystem of compatible hardware system and modules, which are essential for developing a compact and reliable real-time safety device.

The Arduino Uno or Nano, typically used in such applications, acts as the interface between the hardware components (such as buttons, GPS, GSM modules, and feedback devices like alert screens) and the user. It processes the data, detects emergencies, and triggers alerts accordingly.

Its ability to read real-time inputs and make decisions based on programmed logic allows the Safe Sphere device to function intelligently and autonomously.

### **1.Emergency Button Handling**

An essential feature of the Arduino interface is its connection to a manual emergency trigger, usually a push-button. When the button is pressed, Arduino detects this as a digital HIGH signal on the assigned pin. The code logic immediately executes the emergency protocol, which includes sending location data and notifying emergency contacts.

### **2.GPS and GSM Modules**

The Arduino board interfaces with GPS (e.g., NEO-6M) and GSM (e.g., SIM800L) modules via serial communication (TX/RX). The GPS module fetches the real-time location, and the Arduino parses the coordinates. Then, using the GSM module, the Arduino sends this information via SMS to pre-configured contacts. This seamless communication, controlled by Arduino's software logic, is crucial for ensuring the victim's location is accurately and quickly transmitted during emergencies.

### **3.Output Devices for Feedback**

To provide real-time feedback to the user, the Arduino also controls output devices such as alert screen and hardware components. These components are activated to notify the user about the system status—such as alert sent.

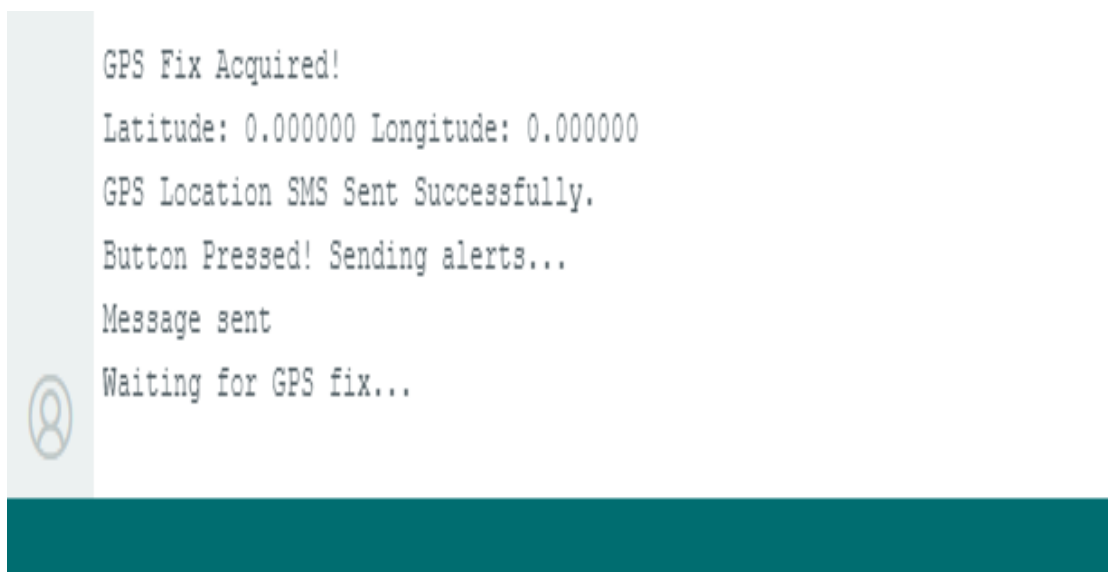
### **4.Power Management**

Arduino monitors the power status (if connected with battery-level sensors or voltage dividers) and can issue low-battery warnings through visual or haptic feedback. This ensures that the device remains functional and alerts the user well in advance when recharging is required.

## 5. Programming Environment

The Arduino IDE is used to write and upload code to the Arduino board. The logic for sensor thresholds, SMS formatting, GPS data parsing, and emergency condition detection is written in C/C++, using libraries like HttpClient.h, TinyGPS++, Wifi.h etc. This programmable flexibility is one of the core strengths that make Arduino suitable for such a smart safety system.

## 2. GPS Setup



In the Safe Sphere project, the Global Positioning System (GPS) plays a pivotal role in enabling location tracking—a critical component of ensuring the safety of women in distress. The GPS setup allows the system to pinpoint the exact geographical location of the user and share it instantly with trusted contacts or emergency services. This real-time location-sharing capability is central to the system’s goal of enabling quick rescue and response.

### 1. Purpose of GPS in Safe Sphere

The primary function of the GPS setup is to fetch real-time coordinates (latitude and longitude) of the user during an emergency. Once the device detects a distress signal—either manually

through the SOS button or automatically through sensor input—the GPS module is activated. It retrieves the user’s location and sends it via SMS through the GSM module to pre-configured emergency contacts. This ensures that the victim can be traced and helped even if they are unable to speak or describe their surroundings.

## **2. GPS Module Used**

The NEO-6M GPS module is typically used in the Safe Sphere system. It is a widely used GPS receiver module that communicates with the microcontroller (e.g., Arduino Uno or Nano) via serial communication. The NEO-6M module includes a ceramic antenna and EEPROM for storing configuration data, and it is capable of providing accurate location data after acquiring satellite signals.

## **3. Hardware Connection and Configuration**

- VCC of the GPS module is connected to the 5V pin of the Arduino.
- GND is connected to GND of the Arduino.
- TX (Transmit) of the GPS module is connected to the RX (Receive) pin of the Arduino.
- RX (Receive) is typically left unused, as only one-way communication is needed (GPS → Arduino).

A SoftwareSerial port is often created in the Arduino code to read data from the GPS module without conflicting with the default serial monitor. This allows for simultaneous debugging and GPS data reading.

## **4. Software Setup and Data Parsing**

The Arduino program uses libraries such as TinyGPS++ to parse raw GPS data (NMEA sentences) received from the GPS module. These libraries extract clean latitude and longitude

values from the GPS data stream. Once valid location data is acquired, it is formatted into a Google Maps link and sent via SMS using the GSM module. For example:

<https://maps.google.com/?q=28.6139,77.2090>

This message format allows the recipient to simply click the link and open the victim's live location on Google Maps.

## **5. GPS Lock and User Feedback**

When the GPS module powers up, it may take a few seconds to acquire satellite signals, especially in indoor or obstructed environments. The Arduino interface monitors whether a GPS lock is obtained. Once a valid fix is confirmed, the system notifies the user through output signal. If no lock is acquired within a timeout period, an error message or alert is triggered.

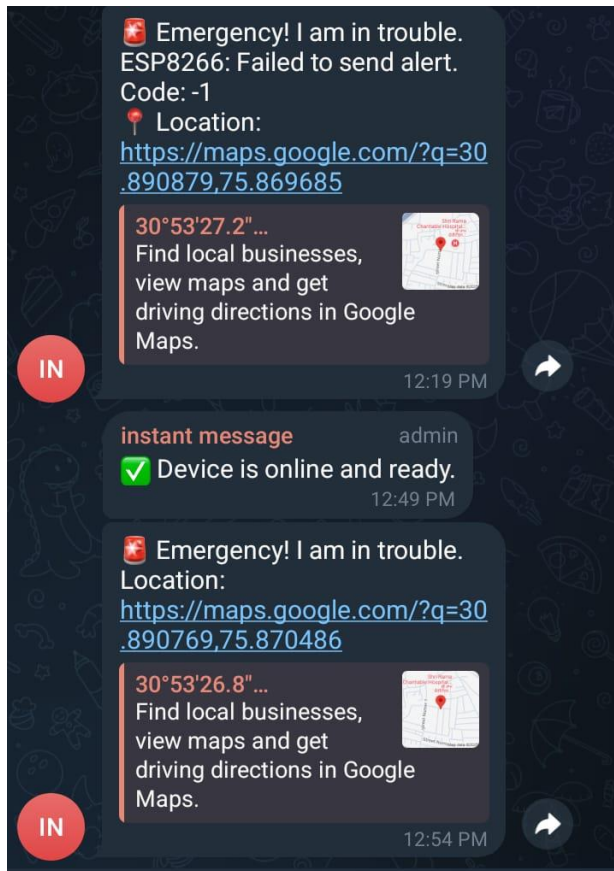
## **6. Power and Performance Considerations**

GPS modules consume a moderate amount of power, so the Safe Sphere system ensures that the GPS is only activated during emergencies to conserve battery life. Some systems also use a small backup battery for the GPS module to maintain a warm start capability, reducing the time required to get a location fix.

The GPS setup in Safe Sphere forms the backbone of the location-based safety alert system. By enabling precise and timely location tracking, it empowers emergency responders or contacts to find and help the user rapidly. With smart integration into the Arduino system and careful power management, the GPS setup enhances both the functionality and reliability of the Safe Sphere device—making it a critical part of this IoT-based women safety solution.



### 3.Alert Message



In the Safe Sphere project, the alert message is one of the most vital features. It serves as the primary communication channel between the victim and her trusted contacts or emergency services in case of danger. The purpose of this message is to instantly inform the recipients that the individual is in distress and to share her real-time location so that help can be provided as quickly as possible. The system is designed to ensure that the alert is reliable, quick, and automatic, requiring little to no effort from the user during an emergency situation.

#### 1. Purpose and Importance

The alert message acts as an emergency distress signal. It is crucial because in real-life danger scenarios—such as stalking, assault, kidnapping, or medical emergencies—the victim may not

be able to make a phone call or explain her location. The Safe Sphere system automates this process so that with just one press of a button , the alert is triggered and sent immediately.

## **2. Contents of the Alert Message**

The alert message typically contains the following elements:

- A predefined SOS message, such as:  
"Emergency! I need help. This is my current location:"
- A **Google Maps link** with GPS coordinates fetched from the GPS module, such as:  
<https://maps.google.com/?q=28.6139,77.2090>

This format allows the recipient to simply tap the link and see the user's live location, enabling quick response and tracking.

## **3. Technology Behind Message Delivery**

The Arduino microcontroller is programmed to send the alert message using the GSM module (e.g., SIM800L). The GSM module communicates over a mobile network to send an SMS or a web based platform to pre-stored phone numbers, which may include family members, police stations, or emergency contacts.

When the alert is triggered the following process occurs:

1. The GPS module fetches the real-time coordinates.
2. Arduino formats the message using this data.
3. The GSM module sends the message as an web based platform to all saved contacts.

This happens within seconds, making the system suitable for real-time emergency response.

## 4. Trigger Mechanisms

There are multiple ways the alert message can be triggered:

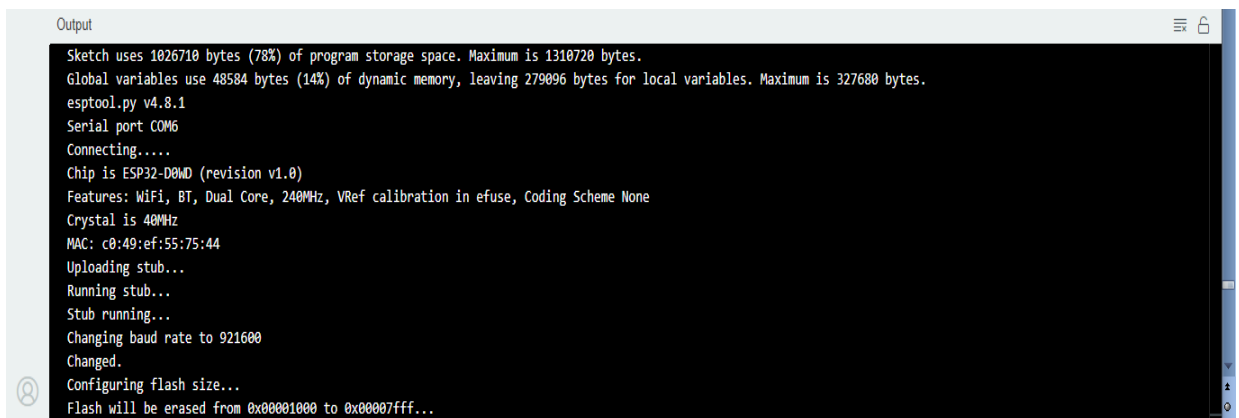
- **Manual Trigger:** The user presses the emergency push button.

## 5. Customization and Security

- The message format and recipient numbers can be customized based on user needs.
- Data privacy is maintained by keeping all contacts stored in the microcontroller memory.
- In future versions, encryption or cloud-based logging could be added for enhanced security.

The alert message system in Safe Sphere is the heart of its safety mechanism. By automatically sending real-time location information to trusted contacts during an emergency, it ensures that help can reach the victim quickly and efficiently. Built using simple yet effective technologies like GPS and GSM and a web based platform, and controlled by an Arduino, the alert system is reliable, low-cost, and highly effective in enhancing personal safety for women.

## 4.Initializing Setup:



```
Output
Sketch uses 1026710 bytes (78%) of program storage space. Maximum is 1310720 bytes.
Global variables use 48584 bytes (14%) of dynamic memory, leaving 279096 bytes for local variables. Maximum is 327680 bytes.
esptool.py v4.8.1
Serial port COM6
Connecting.....
Chip is ESP32-D0WD (revision v1.0)
Features: WiFi, BT, Dual Core, 240MHz, VRef calibration in efuse, Coding Scheme None
Crystal is 40MHz
MAC: c8:49:ef:55:75:44
Uploading stub...
Running stub...
Stub running...
Changing baud rate to 921600
Changed.
Configuring flash size...
Flash will be erased from 0x00001000 to 0x00007fff...
```

The initializing setup in the Safe Sphere project refers to the process of powering on and configuring all the connected components to ensure they are ready for operation. This setup is crucial because it lays the foundation for proper device functionality—ensuring that the sensors, communication modules, and alert mechanisms are all synchronized and ready to respond effectively in an emergency. The system’s reliability, speed, and performance during a distress situation all depend heavily on a well-structured initialization phase.

### **Purpose of Initialization**

The initialization phase ensures that:

- All hardware components are properly connected and powered.
- Communication between modules (like GPS, GSM) is established.
- Variables, system thresholds, and system states are reset or configured.
- The user is notified that the system is active and ready.

This setup happens every time the device is turned on or reset, and it’s typically handled through the code uploaded to the Arduino microcontroller.

### **Initialization Steps in Brief**

#### **1. Power On the System**

- Supply power to Arduino and all connected modules (usually via battery or USB).

#### **2. Begin Serial Communication**

- Initialize hardware serial for debugging.
- Initialize software serial ports for GPS and GSM.

### **3. Configure I/O Pins**

- Define which pins are inputs (for button) and which are outputs (for alert screen).

### **4. Check Module Status**

- Wait for GPS to acquire a fix.
- Check GSM network connectivity.
- Confirm all sensors are responsive.

### **5. System Ready Indication**

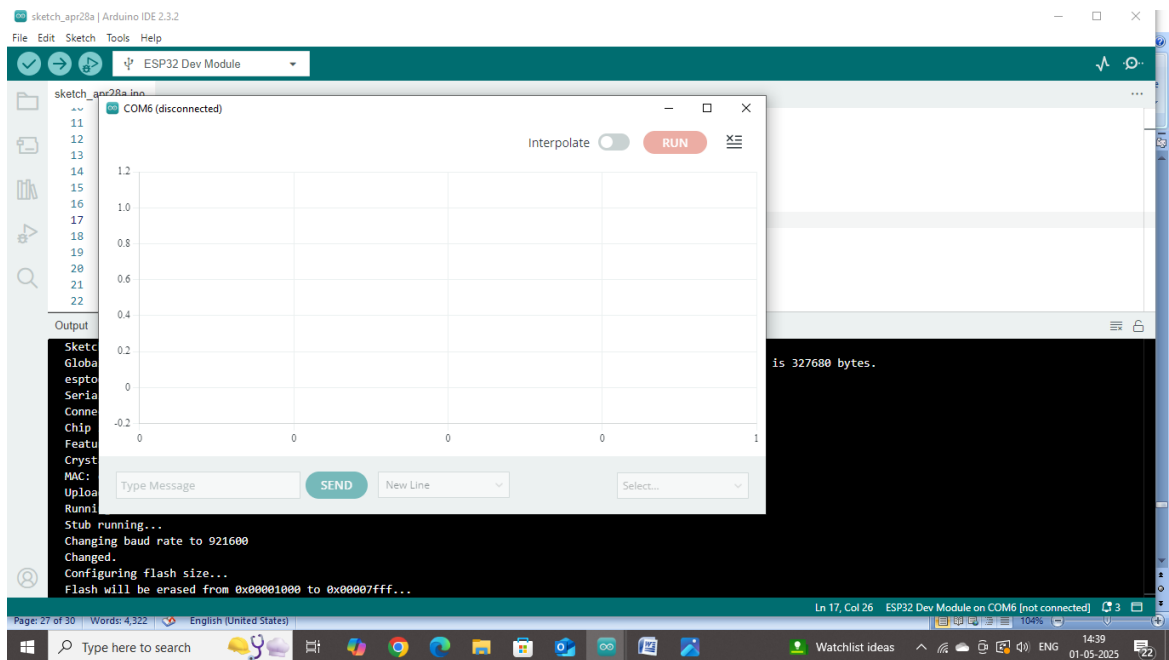
- It gives signal that the system is fully operational.

### **6. Start Monitoring Loop**

- Once initialization is complete, the system enters the main loop to monitor for emergencies continuously.

The initializing setup in the Safe Sphere project is a vital phase that ensures the safety system is prepared to detect emergencies and respond instantly. This setup guarantees that all modules—GPS, GSM, sensors, and interface components—are correctly configured and functional before entering regular operation. A successful initialization provides the user with confidence that the system is ready to protect and alert in times of danger.

## 5.Serial Monitoring:



In the Safe Sphere project, the Serial Monitor in the Arduino IDE plays a crucial role during both the development and testing phases. It acts as a real-time communication window between the user and the Arduino microcontroller, allowing developers to monitor sensor data, module status, and the overall behavior of the system. This makes it easier to debug, verify system inputs, and track communication with components like the GPS and GSM modules.

The Serial Monitor is a tool built into the Arduino Integrated Development Environment (IDE). It allows users to send and receive messages from the Arduino board via a USB cable. By using functions like `Serial.begin()` and `Serial.print()`, developers can print messages or variable values to the monitor for inspection.

### Benefits of Using Serial Monitor

- **Real-time Observation:** See live data and system responses.
- **Troubleshooting:** Easily identify faulty sensors or modules.
- **Performance Tuning:** Adjust sensor thresholds based on observed values.

- **Status Reporting:** Get immediate feedback during emergencies or module failures.

In the Safe Sphere project, the Serial Monitor is an essential tool that enhances the development experience by offering visibility into the system's inner workings. From testing GPS data to confirming alert message delivery, it provides developers with the insight needed to build a robust, reliable, and responsive women safety device. Though it doesn't operate in the final deployed version, it ensures that every component functions correctly before deployment.

## 6.Alert Screen



In the Safe Sphere project, the Alert Screen is a critical component of the user interface (UI) that provides real-time visual feedback during an emergency situation. Its main function is to confirm that the alert process has been successfully triggered and that help is on the way. This screen serves as both a reassurance for the user and a summary of vital information for emergency responders or bystanders.

## **CHAPTER 6-CONCLUSION AND FUTURE SCOPE**

The IoT-based Safe Sphere device is designed as a compact, user-friendly wearable aimed at addressing the growing concern of women's safety in public and private spaces. The device integrates core IoT components such as GPS (Global Positioning System) for real-time location tracking, GSM (Global System for Mobile Communications) for sending SMS and calls, and various sensors that detect sudden movement, panic gestures, or unsafe environmental conditions. When a user activates the device in a distress situation—either manually through a panic button or automatically via sensor triggers—it initiates an immediate alert that includes the user's location. This alert is sent to preconfigured emergency contacts, providing them with precise coordinates and enabling them to take swift action. The device's lightweight and wearable nature (e.g., as a wristband or pendant) ensures it can be worn daily without inconvenience, offering a sense of constant security.

A key enhancement in this project is the development of a live location sharing feature via the Telegram platform, which forms the third core objective of the Safe Sphere system. A dedicated Telegram bot or channel was created, allowing the device to push real-time location updates directly into the app. This approach provides an intuitive, widely used communication channel that does not require users or responders to install any proprietary software. The live tracking feature ensures that the user's movements can be monitored continuously once the alert is triggered, which is crucial in emergencies where every second counts. Moreover, integrating with Telegram allows group communication, enabling not only individual guardians but also community responders or police to act promptly. This feature elevates the system from a basic alert mechanism to a dynamic safety network supported by real-time intelligence.



## **Future Scope of Safe Sphere – An IoT-Based Women Safety System**

The Safe Sphere project addresses one of the most urgent societal concerns—ensuring the safety of women through real-time monitoring and alert systems. While the current implementation includes core safety features such as GPS tracking, emergency SMS alerts, and wearable activation, the potential for expanding and enhancing this system is vast. As technology continues to evolve, Safe Sphere can grow into a more advanced, intelligent, and comprehensive personal safety ecosystem.

### **1. Integration with Smart Wearables**

In the future, the device can be fully integrated into smart jewelry, watches, or clothing, making it more discreet and convenient for users. These smart wearables can house miniature sensors, vibration motors, and flexible circuit boards without compromising comfort or aesthetics.

### **2. Artificial Intelligence and Machine Learning**

Using AI/ML, the device can:

- **Predict danger** based on previous user behavior or environmental data (e.g., entering high-risk zones).
- Detect **abnormal patterns** in movement or vitals using machine learning algorithms.
- Use voice recognition and sentiment analysis to detect fear or distress in the user's voice.

### **3. Integration with Government and Law Enforcement Agencies**

Future versions can be linked directly to local police departments or emergency services. When an alert is triggered:

- The system can automatically notify nearby police patrols.

- GPS coordinates can be forwarded to law enforcement in real time.
- Integration with **smart city infrastructure** could enable faster response.

#### 4. Panic Detection via Voice and Gesture

Apart from button-based activation, future enhancements could include:

- **Voice-activated SOS commands** like “Help me!”
- **Gesture-based detection** using accelerometers to recognize patterns like rapid shaking or freefall indicating distress.

#### 5. Health Monitoring Capabilities

Since the device is already equipped with heartbeat sensors, it can evolve into a health-and-safety dual-purpose wearable **by**:

- Monitoring heart rate variability and stress levels.
- Alerting family in case of fainting, heart issues, or falls.
- Helping women track fitness and menstrual health.

#### 6. Multilingual Support and Accessibility

The alert system and app can support multiple languages to cater to users from different regions. Accessibility features such as screen readers, vibration feedback, or large text modes can improve usability for people with disabilities.

#### 7. Solar Charging and Energy Efficiency

To enhance usability and reduce dependence on charging, the device can be equipped with:

- **Solar panels** for renewable power.

- **Low-energy communication protocols** like LoRa or NB-IoT to extend battery life.

The Safe Sphere project has tremendous potential to evolve from a basic safety alert device to an intelligent, integrated, and proactive safety platform for women. With advancements in IoT, AI, wearable tech, and cloud systems, the future versions can offer far greater functionality, coverage, and reliability. This not only ensures improved personal safety but also contributes toward building safer communities and cities, making technology a true guardian for women everywhere.

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