An Empathetic Companion Chatbot for Alzheimer's Patients

Name: Nairit Das

Overview

This code is a Streamlit app that creates a chatbot designed as a gentle companion for Alzheimer's patients. It uses Google's Generative AI model to generate empathetic responses and has a fun, visually appealing design. The whole experience is built to feel friendly and supportive!

import streamlit as st

import google.generativeai as genai

from datetime import datetime

from streamlit.components.v1 import html

Setup your Generative AI model

genai.configure(api_key="AlzaSyCeT_4AUEEzRY0D7HvOvhzkSSB9Ky-UaKg") # Replace with your real API key

```
model = genai.GenerativeModel(
```

```
model_name="gemini-1.5-pro",
```

```
# safety_settings=[
```

- # {"category": "HARM_CATEGORY_HARASSMENT", "threshold": "BLOCK_NONE"},
- # {"category": "HARM_CATEGORY_HATE_SPEECH", "threshold": "BLOCK_NONE"},
- # {"category": "HARM_CATEGORY_SEXUALLY_EXPLICIT", "threshold": "BLOCK_NONE"},

```
# {"category": "HARM_CATEGORY_DANGEROUS_CONTENT", "threshold":
"BLOCK_NONE"},
 #]
)
# Set up the main page configuration
today_date = datetime.now().strftime("%A, %B %d, %Y")
st.set_page_config(
 page_title="Alzheimers Patient Chatbot ,",
 page_icon="\bigotimes",
 layout="wide"
)
# Updated CSS with a new title color (bright teal)
st.markdown("""
 <style>
   /* Page background with a soft gradient */
   body {
     background: linear-gradient(135deg, #FFFBFF, #C8E6C9);
     font-family: 'Helvetica Neue', Helvetica, Arial, sans-serif;
   }
   /* Title styling with new color */
   .app-title {
```

```
text-align: center;
 font-size: 3rem;
 font-weight: 700;
 color: #008080;
 margin-top: 1rem;
}
/* Chat section container */
.chat-box {
 background-color: #FFFFF;
 padding: 2rem;
 border-radius: 25px;
 box-shadow: 0px 8px 15px rgba(0,0,0,0.1);
 max-height: 70vh;
 overflow-y: auto;
}
/* Chat bubbles for the user */
.chat-bubble.user {
 background: #B3E5FC;
 color: #01579B;
 padding: 15px 20px;
 border-radius: 20px 20px 0 20px;
 margin: 1rem 0 1rem auto;
 max-width: 65%;
```

```
}
/* Chat bubbles for the bot */
.chat-bubble.bot {
 background: #F1F8E9;
 color: #33691E;
 padding: 15px 20px;
 border-radius: 20px 20px 20px 0;
 margin: 1rem auto 1rem 0;
 max-width: 65%;
}
/* Input box styling */
.stTextInput > div > div > input {
 background-color: #FFF;
 color: #333;
 padding: 16px 20px;
 border-radius: 30px;
 border: 2px solid #B0BEC5;
 font-size: 1rem;
}
/* Water reminder box in the sidebar */
.water-reminder {
 background: #BBDEFB;
 border-radius: 15px;
```

```
padding: 1.2rem;
     text-align: center;
     margin-top: 1rem;
     font-size: 1.1rem;
     font-weight: 600;
     color: #0D47A1;
     box-shadow: 0px 4px 10px rgba(0,0,0,0.1);
   }
   /* Scrollbar styling for chat area */
   .chat-box::-webkit-scrollbar {
     width: 10px;
   }
   .chat-box::-webkit-scrollbar-track {
     background: #f0f0f0;
     border-radius: 10px;
   }
   .chat-box::-webkit-scrollbar-thumb {
     background: #ccc;
     border-radius: 10px;
   }
  </style>
""", unsafe_allow_html=True)
```

```
# Sidebar water reminder
with st.sidebar:
 st.markdown('<div class="water-reminder">  Stay Hydrated! Drink a glass of water
now.</div>', unsafe_allow_html=True)
 st.write("")
 st.markdown("<h4 style='text-align: center; color: #3E4E50;'>Alzheimers Patient
Chatbot </h4>", unsafe_allow_html=True)
 st.write("A gentle companion to help you remember the little things.")
# Title and Date on the main page
st.markdown(f'<div class="app-title"> in Alzheimers Patient Chatbot <a></div></div></
unsafe_allow_html=True)
st.markdown(f"""
  <div style="text-align:center; font-size: 1.3rem; margin-bottom: 2rem; color: #555;">
   Today's date: {today_date}
  </div>
""", unsafe allow html=True)
# Initialize session state variables if not already set
if "chat_history" not in st.session_state:
 st.session_state.chat_history = []
if "personal_details" not in st.session_state:
 st.session_state.personal_details = {}
```

```
# Set up the conversation context prompt
context_prompt = f"""
You are a gentle, patient companion for individuals with Alzheimers disease.
Today is {today date}. Your responses should be:
1. EMPATHETIC: Respond kindly and reassuringly.
2. PERSONAL: Remember key details about the person's life.
3. CONCISE: Keep responses brief (1-2 sentences).
4. SUPPORTIVE: Avoid corrections or arguments, gently remind and care.
5. CURRENT: For any time questions, say "Today is {today_date}.
6. STRAIGHT FORWARD: Always mention the term alzheimers as and when required."
Personal details to remember (if mentioned):
{st.session_state.personal_details}
.....
# Chat display container with delete options per message
with st.container():
 chat_placeholder = st.empty()
 with chat_placeholder.container():
   st.markdown('<div class="chat-box">', unsafe_allow_html=True)
   # Use index to allow deletion of individual messages
   for idx, (speaker, message) in enumerate(st.session_state.chat_history):
```

```
cols = st.columns([0.9, 0.1])
     with cols[0]:
       if speaker == "You":
        st.markdown(f'<div class="chat-bubble user"><strong>You:</strong>
{message}</div>', unsafe_allow_html=True)
       else:
        st.markdown(f'<div class="chat-bubble bot"><strong>Companion:</strong>
{message}</div>', unsafe_allow_html=True)
     with cols[1]:
       if st.button("Delete", key=f"delete_{idx}"):
        # Remove the message at index idx and re-run the script to update display
        st.session_state.chat_history.pop(idx)
        # Use experimental_rerun if available, or rely on natural re-run.
        try:
          st.experimental_rerun()
        except AttributeError:
          pass # If experimental_rerun is not available, it will update automatically.
   st.markdown('</div>', unsafe_allow_html=True)
# User input area
with st.form("chat_input", clear_on_submit=True):
 user_input = st.text_input(
   "Your message:",
```

```
placeholder="Talk to your companion...",
   key="input",
   label_visibility="collapsed"
 submitted = st.form submit button("Send")
if submitted and user_input:
 # Append user message to chat history
 st.session_state.chat_history.append(("You", user_input))
 # If any relationship words are mentioned, extract names (simple heuristic)
 relationships = ["husband", "wife", "son", "daughter", "child", "friend", "brother", "sister",
"partner", "doctor", "nurse", "caregiver"]
 for term in relationships:
   if term in user input.lower():
     name_parts = [word for word in user_input.replace(",", " ").split() if word[0].isupper()]
     if name_parts:
       st.session_state.personal_details[term] = name_parts[-1]
 # Build conversation context with the latest messages
 conversation_context = context_prompt + "\n\nRecent conversation:\n"
 for speaker, message in st.session_state.chat_history[-6:]:
   conversation_context += f"{speaker}: {message}\n"
```

```
# Generate the companion's reply
 try:
   response = model.generate_content(conversation_context)
   bot_reply = response.text.strip()
   # Extra empathy for memory-related queries
   memory_triggers = ["forgot", "confused", "remember", "who is", "what is", "where is",
"when did"]
   if any(trigger in user_input.lower() for trigger in memory_triggers):
     bot_reply = f"I understand it can be hard to recall at times. {bot_reply}"
   # For date/time questions, ensure consistency
   if any(time_word in user_input.lower() for time_word in ["date", "day", "today", "time"]):
     bot_reply = f"Today is {today_date}."
 except Exception as e:
   bot_reply = "I'm having a little trouble right now. Could you try asking again in a
moment?"
 # Append the bot's reply to the chat history
 st.session_state.chat_history.append(("Companion", bot_reply))
 try:
   st.experimental_rerun()
```

```
except AttributeError:
   pass
# Auto scroll to bottom (using JavaScript)
html("""
<script>
 window.onload = function() {
   var chatBox = document.querySelector('.chat-box');
   if(chatBox){ chatBox.scrollTop = chatBox.scrollHeight; }
 }
 window.addEventListener('load', function() {
   var chatBox = document.querySelector('.chat-box');
   if(chatBox){ chatBox.scrollTop = chatBox.scrollHeight; }
 });
</script>
""")
```

Key Components Explained

1. Importing Libraries & Setup

• Streamlit & Others:

The app uses Streamlit for the web interface, along with Google's generative AI for creating responses. Additionally, standard libraries like datetime help display the

current date, and Streamlit's html component is used to insert custom JavaScript and CSS.

• Generative AI Configuration:

The code configures the AI model (gemini-1.5-pro) using an API key. This key would normally be secured in an environment variable or other secret management system (something to consider for future improvements).

2. Page Design and Styling

• Custom CSS Styling:

The CSS block adds a soft gradient background, modern typography, and colorful chat bubbles. This design creates a soothing and attractive interface for users.

• Responsive Layout:

With a wide layout and styled components, the app is designed to be both visually pleasing and mobile-friendly.

3. Sidebar with a Water Reminder

• Encouraging Self-care:

A light-hearted yet caring reminder is included in the sidebar ("Drink a glass of water now") to promote good habits. This is great for Alzheimer's patients who might benefit from gentle nudges to take care of themselves.

4. Session State Management

• Chat History and Personal Details:

The chatbot stores the conversation history and extracts any key personal details. It uses these details later to personalize conversations—crucial for a supportive, empathetic assistant.

5. Building the Conversation Context

• Context Prompt:

A pre-defined prompt is built into the chat engine to keep the chatbot's responses

empathetic, personal, concise, and supportive.

- **Key Instructions:** The assistant is reminded to always include the current date and ensure any references to "alzheimers" are clearly mentioned.
- **Personal Details:** Previous details mentioned in the conversation are appended, so the bot can remember "important stuff" like relationships if they come up.

6. Handling User Input & Generating Responses

• User Input Collection:

Users type in their messages in a clean input box. Once submitted, the text is appended to the session state chat history.

• Generating AI Responses:

The chat context (including the most recent messages) is sent to the AI model.

- Error Handling: If the AI call fails (maybe it's having a bad day), there's a gentle error message.
- **Triggering Empathy:** The code looks out for keywords (like "forgot" or "confused") and bumps up the empathy in the reply.
- **Time Reassurance:** When the user asks about the time or date, the response is set to always mention today's date!

• Message Deletion Option:

Each message on the chat can be deleted with a "Delete" button, allowing the user to clear out conversation history if needed.

7. Auto-Scrolling Mechanism

• Smooth Chat Experience:

With a bit of JavaScript injected via an HTML component, the chat automatically scrolls to the bottom. This way, new messages are always visible without manual scrolling.

Step-by-Step Methodology

1. Initialization:

- o **Import Libraries:** Load Streamlit, Google Generative AI library, and datetime.
- Configure the AI Model: Set up your API key and choose the model.

2. Design and Layout Setup:

- Page Setup: Configure page title, icon, and layout.
- **Inject CSS/JS:** Define custom styles for the title, chat bubbles, input boxes, and sidebar reminders.

3. Sidebar Setup:

- Water Reminder: Display a friendly water reminder.
- **App Description:** Provide the app's purpose using a brief description.

4. Main Content:

- Title and Date: Display the current date and a welcoming app title.
- Session State: Initialize chat history and personal details if not already set.

5. Conversation Context:

- **Context Prompt:** Create the base prompt that directs the AI's behavior.
- **Append Recent Conversation:** Include the last few chat messages to keep the context relevant.

6. Chat Interaction:

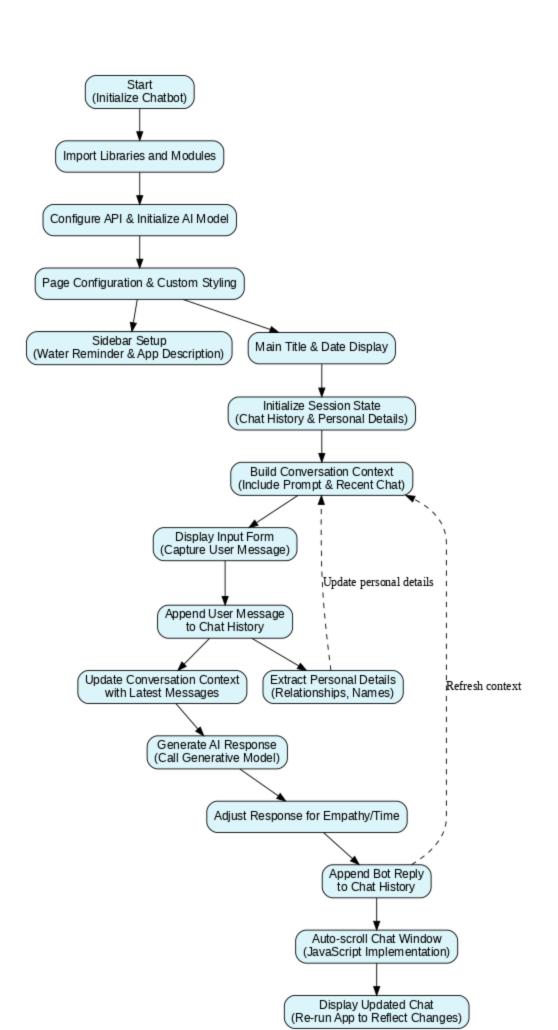
 Display Messages: Loop through the chat history to display user and bot messages. • **Handle Message Deletion:** Allow deletion of individual messages using buttons tied to session state.

7. User Input and AI Response:

- Collect User Message: Get the input from the text box.
- **Update History:** Append the new message.
- Extract Relationships: Use simple heuristics (capitalized names) to remember personal details.
- **Generate Context and AI Response:** Formulate a context prompt with recent conversation snippets and get a response from the AI model.
- Enhance Response for Empathy/Time Queries: Adjust replies based on keywords for a caring tone.
- **Update Chat:** Append the response and refresh the display.

8. Scrolling:

• **Auto-scroll Chat Box:** Use JavaScript to ensure the chat box scrolls down to the latest message.



Future Scopes and Improvements

• API Key Management:

Secure the API key (avoid hardcoding) by using environment variables or a secret management system.

• Enhanced Personalization:

Use better natural language processing (NLP) techniques to extract and manage personal details. This could also include sentiment analysis to adjust the bot's tone dynamically.

• Rich Interaction Elements:

- **Voice Input/Output:** Consider integrating speech-to-text and text-to-speech functionality for users who may have difficulties typing.
- **Multimedia Support:** Add support for images or videos to make the interactions even richer.

• Accessibility Features:

Improve accessibility with features like larger text options, high-contrast themes, or even simplified language settings.

• More Detailed Memory Management:

Allow the chatbot to store and recall more detailed personal histories over multiple sessions while ensuring privacy and data protection.

• Error Handling and Robustness:

Enhance error messaging, perhaps even logging errors for further improvement, ensuring the bot remains responsive even during downtime.

• User Feedback Loop:

Implement feedback buttons so users can report if a response was especially helpful or if it needs tweaking. This could help fine-tune the model over time.

Step By Step Explanation of the Code

Below is a casual yet detailed explanation of some of the most important code snippets in your Streamlit chatbot app for Alzheimer's patients. Each snippet is broken down with a friendly explanation of what it does and why it's key to the overall functionality.

1. Library Imports and Model Configuration

import streamlit as st import google.generativeai as genai from datetime import datetime from streamlit.components.v1 import html

What It Does:

This section imports the libraries needed for your application.

- **Streamlit:** Powers the web app UI.
- **Google Generative AI:** Provides the generative model to create responses.
- **Datetime:** Used to get and format the current date.
- **HTML Component:** Enables embedding custom CSS and JavaScript for styling and functionality.

2. API Key & Generative Model Setup

```
genai.configure(api_key="AIzaSyCeT_4AUEEzRY0D7HvOvhzkSSB9Ky-UaKg") # Replace with your
real API key
model = genai.GenerativeModel(
    model_name="gemini-1.5-pro",
)
```

What It Does:

• **API Key Configuration:** Sets up the connection to Google's Generative AI service using your API key.

• **Model Initialization:** Chooses the specific model (here, gemini-1.5-pro) that will generate the chatbot responses.

Why It's Important:

This snippet is critical because it connects your app to the AI backend, making the chatbot's dynamic response generation possible.

3. Page Configuration and Custom Styling

Page Config Setup

```
today_date = datetime.now().strftime("%A, %B %d, %Y")
st.set_page_config(
   page_title="Alzheimers Patient Chatbot\right\right\right\right\right\right\right\right\right\right\right\right\right\right\right\right\right\right\right\right\right\right\right\right\right\right\right\right\right\right\right\right\right\right\right\right\right\right\right\right\right\right\right\right\right\right\right\right\right\right\right\right\right\right\right\right\right\right\right\right\right\right\right\right\right\right\right\right\right\right\right\right\right\right\right\right\right\right\right\right\right\right\right\right\right\right\right\right\right\right\right\right\right\right\right\right\right\right\right\right\right\right\right\right\right\right\right\right\right\right\right\right\right\right\right\right\right\right\right\right\right\right\right\right\right\right\right\right\right\right\right\right\right\right\right\right\right\right\right\right\right\right\right\right\right\right\right\right\right\right\right\right\right\right\right\right\right\right\right\right\right\right\right\right\right\right\right\right\right\right\right\right\right\right\right\right\right\right\right\right\right\right\right\right\right\right\right\right\right\right\right\right\right\right\right\right\right\right\right\right\right\right\right\right\right\right\right\right\right\right\right\right\right\right\right\right\right\right\right\right\right\right\right\right\right\right\right\right\right\right\right\right\right\right\right\right\right\right\right\right\right\right\right\right\right\right\right\right\right\right\right\right\right\right\right\right\right\right\right\right\right\right\right\right\right\right\right\right\right\right\right\right\right\right\right\right\right\right\right\right\right\right\right\right\right\right\right\right\right\right\right\right\right\right\right\right\right\right\right\right\right\right\right\right\right\right\right\right\right\right\right\right\right\right\right\right\right\right\right\right\right
```

What It Does:

- **Getting the Date:** Formats today's date in a friendly format.
- Setting Page Config: Customizes the app's title, icon, and layout to enhance the user experience.

Injecting Custom CSS

```
st.markdown("""

<style>
body {
background: linear-gradient(135deg, #FFFBFF, #C8E6C9);
font-family: 'Helvetica Neue', Helvetica, Arial, sans-serif;
}
.app-title {
text-align: center;
font-size: 3rem;
font-weight: 700;
color: #008080;
margin-top: 1rem;
}
/* additional CSS for chat bubbles, input box, sidebar, etc. */
</style>
```

```
""", unsafe allow html=True)
```

What It Does:

• **Custom CSS Styling:** This block defines the visual style of your application, from the background gradient to the styling of chat bubbles and the input text field.

Why It's Important:

Visually, this code snippet makes the app inviting and comfortable for users, which is especially important for your target audience.

4. Sidebar and Main Title

Sidebar Water Reminder

```
with st.sidebar:
st.markdown('<div class="water-reminder">  Stay Hydrated! Drink a glass of water now.</div>',
unsafe_allow_html=True)
st.markdown("<h4 style='text-align: center; color: #3E4E50;'>Alzheimers Patient Chatbot <-/h4>",
unsafe_allow_html=True)
st.write("A gentle companion to help you remember the little things.")
```

What It Does:

- **Friendly Reminder:** Encourages the user to stay hydrated—a simple way to remind users about self-care.
- **Sidebar Title and Description:** Reiterates the app's purpose in the sidebar, making navigation intuitive.

Main Title and Date

What It Does:

Displays a large, friendly title and the current date prominently on the main page, reinforcing context and ensuring the app feels up-to-date.

5. Session State Management for Chat History and Details

```
if "chat_history" not in st.session_state:
    st.session_state.chat_history = []
if "personal_details" not in st.session_state:
    st.session_state.personal_details = {}
```

What It Does:

• **Session State Initialization:** Ensures that conversation history and personal details are stored persistently across user interactions.

Why It's Important:

This makes sure that even as users interact and the page refreshes, the conversation remains intact and personal details can be remembered for a personalized experience.

6. Constructing the Conversation Context Prompt

```
context prompt = f"""
```

You are a gentle, patient companion for individuals with Alzheimers disease.

Today is {today date}. Your responses should be:

- 1. EMPATHETIC: Respond kindly and reassuringly.
- 2. PERSONAL: Remember key details about the person's life.
- 3. CONCISE: Keep responses brief (1-2 sentences).
- 4. SUPPORTIVE: Avoid corrections or arguments, gently remind and care.
- 5. CURRENT: For any time questions, say "Today is {today_date}.
- 6. STRAIGHT FORWARD: Always mention the term alzheimers as and when required."

Personal details to remember (if mentioned): {st.session_state.personal_details}

What It Does:

• **Building Context:** Sets out a clear prompt for the AI model that instructs it on the tone, style, and content to ensure that its responses are suitable for the target audience.

Why It's Important:

This context is essential to guide the AI in generating thoughtful and supportive responses, keeping the conversation consistent and appropriate for Alzheimer's patients.

7. Handling User Input and Chatbot Responses

Capturing User Input and Appending to Chat History

```
with st.form("chat_input", clear_on_submit=True):
    user_input = st.text_input(
        "Your message:",
        placeholder="Talk to your companion...",
        key="input",
        label_visibility="collapsed"
    )
    submitted = st.form_submit_button("Send")

if submitted and user_input:
    st.session_state.chat_history.append(("You", user_input))
```

What It Does:

- **Input Form:** Displays a text box for the user to type their message.
- **Updating History:** Once the user hits "Send," the message is added to the conversation history.

Extracting Personal Details from Input

```
relationships = ["husband", "wife", "son", "daughter", "child", "friend", "brother", "sister", "partner",
"doctor", "nurse", "caregiver"]
for term in relationships:
    if term in user_input.lower():
        name_parts = [word for word in user_input.replace(",", " ").split() if word[0].isupper()]
    if name_parts:
        st.session_state.personal_details[term] = name_parts[-1]
```

What It Does:

- **Heuristic Extraction:** Scans the input for keywords related to relationships.
- Recording Details: If it finds a match, it extracts a name (assuming it's capitalized) and stores it
 in personal_details.

Why It's Important:

Helps the chatbot personalize further interactions by remembering who's who—important for building a rapport with the user.

Generating the AI Response

```
conversation_context = context_prompt + "\n\nRecent conversation:\n"
for speaker, message in st.session_state.chat_history[-6:]:
    conversation_context += f"{speaker}: {message}\n"

try:
    response = model.generate_content(conversation_context)
    bot_reply = response.text.strip()
    # Special tweaks for memory and time keywords...
except Exception as e:
    bot_reply = "I'm having a little trouble right now. Could you try asking again in a moment?"
```

What It Does:

- **Building Context:** Concatenates the base context with the most recent messages (up to six) to maintain relevance.
- Calling the Model: Sends this context to the AI model and fetches a response.
- Error Handling and Adjustments: If there's an error or if memory/time keywords are detected, the code adjusts the reply accordingly.

Why It's Important:

This is where the magic happens—the chatbot crafts its friendly response based on your guided context and conversation, ensuring every reply is empathetic and context-aware.

8. Auto-Scrolling the Chat Window

```
html("""
<script>
  window.onload = function() {
```

```
var chatBox = document.querySelector('.chat-box');
  if(chatBox){ chatBox.scrollTop = chatBox.scrollHeight; }
}
window.addEventListener('load', function() {
  var chatBox = document.querySelector('.chat-box');
  if(chatBox){ chatBox.scrollTop = chatBox.scrollHeight; }
});
</script>
""")
```

What It Does:

• **JavaScript Execution:** This code ensures that whenever a new message is added, the chat window automatically scrolls down so users always see the latest message.

Why It's Important:

This small snippet greatly improves the user experience, avoiding manual scrolling and keeping the conversation flow smooth.