# Regularization Justin Pounders

#### **Objectives**

- Define and describe regularization for regression models
- Write the regularized loss function
- Describe how regularization affects regression coefficients
- Describe the differences between the Lasso, Ridge, and ElasticNet models
- Implement and visualize the penalties using sklearn

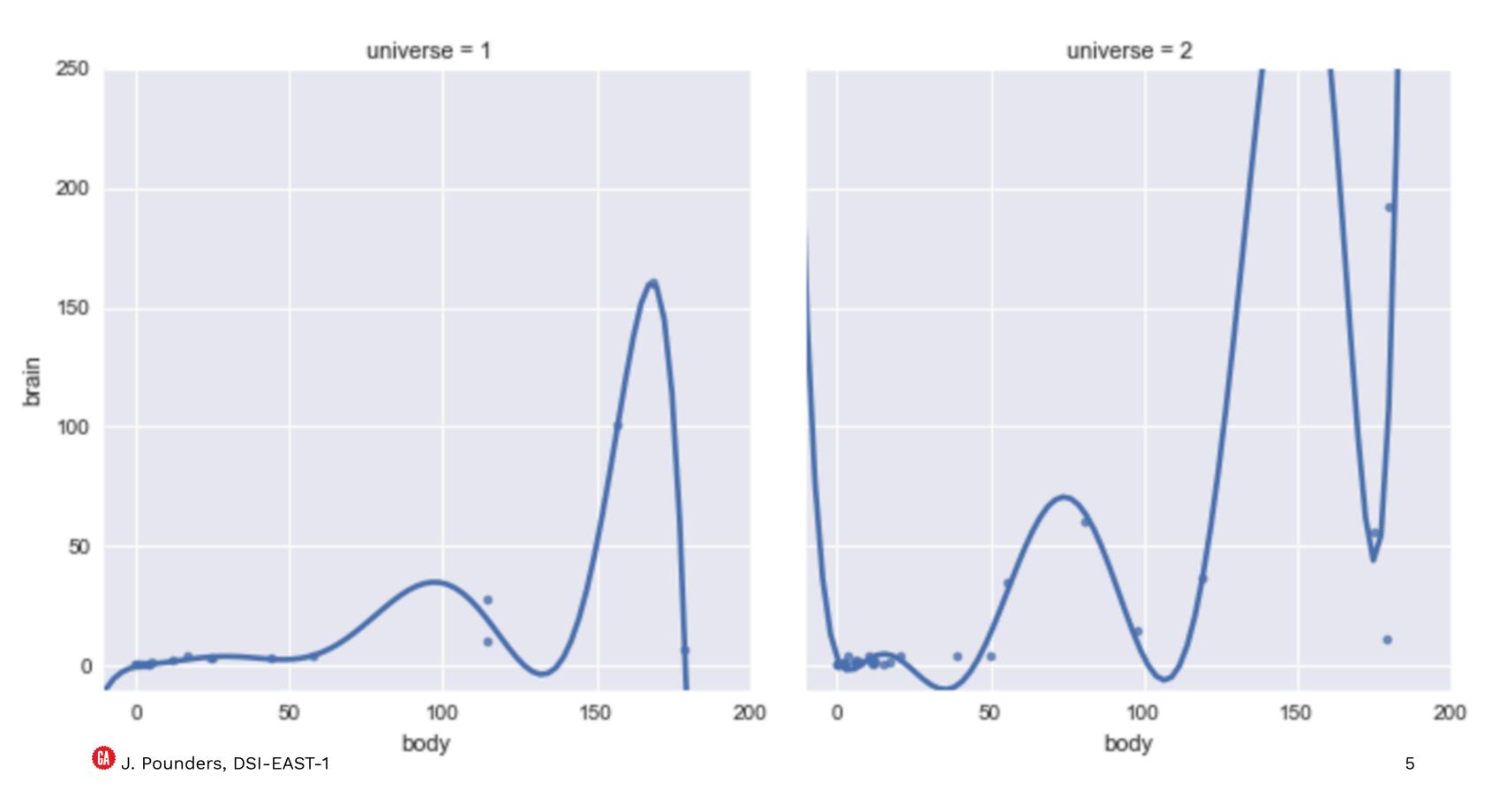
# Warmup

With a partner, describe what overfitting is and how it occurs. What is the impact of overfitting?

#### **Overfitting**

Overfitting means building a model that matches the training data "too closely." The model ends up training on noise rather than signal.

- Usually cause by model that is too complex
- Overfit model does not generalize
- Low bias/high variance models



## Do I need to worry about overfitting with Linear Regression?

#### "Good" properties

- Low complexity
- High bias/low variance
- Does not tend to overfit

### Do I need to worry about overfitting with Linear Regression?

#### **Danger zone**

- Including irrelevant features (signal v noise)
- p (number of features) is close to n (number of observations)
- Correlated inputs
- Numerically large coefficients

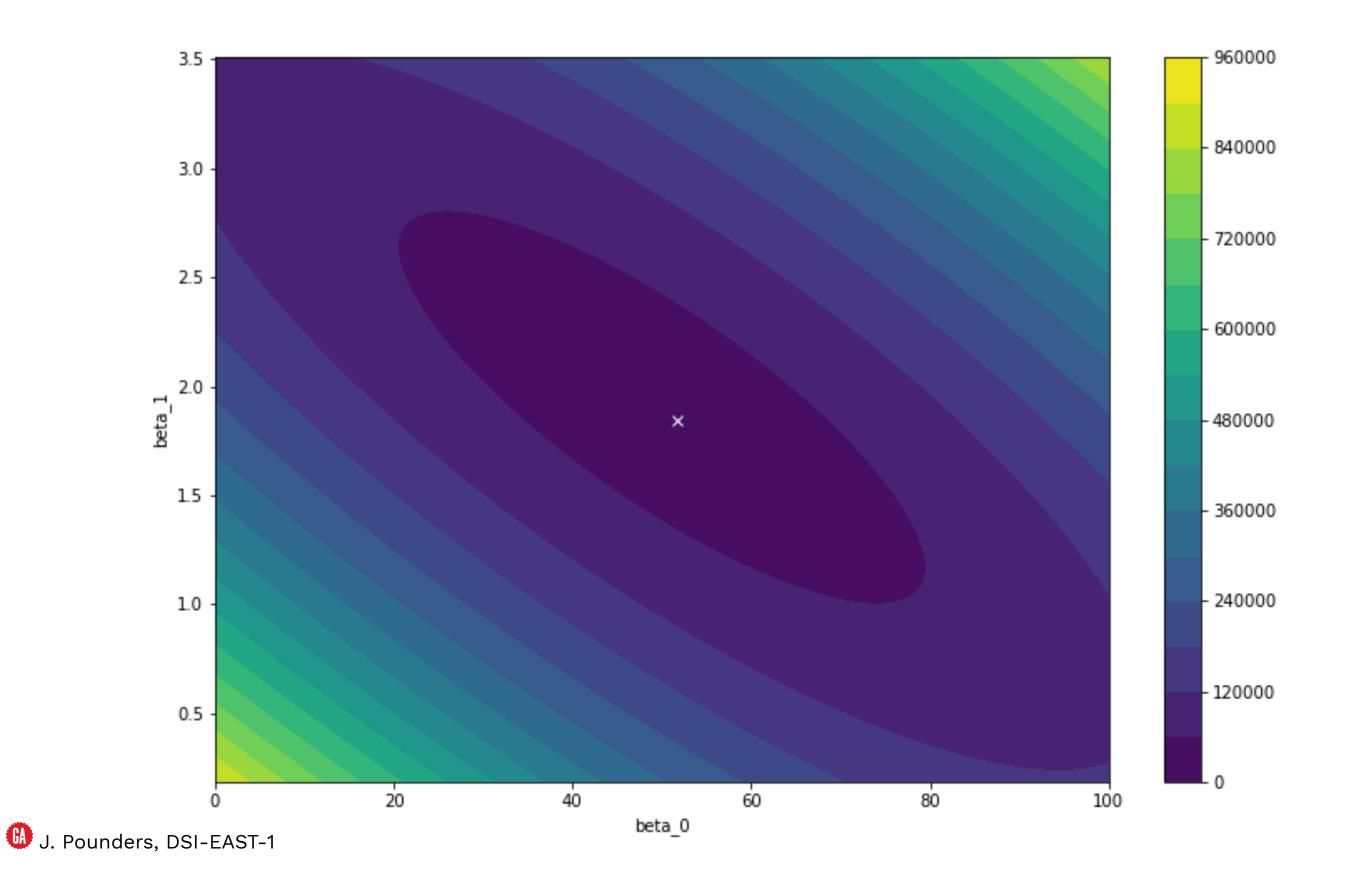


#### **Error and the Loss Function**

$$egin{aligned} RSS(eta_0,eta_1) &= \sum_{i=1}^n \left(y_i - \hat{y}_i
ight)^2 \ &= \sum_{i=1}^n \left(\hat{y}_i - eta_0 - eta_1 x_i
ight)^2 \end{aligned}$$

The goal of training is to minimize  $RSS(\beta_0, \beta_1)$ , i.e.

$$\beta_0, \beta_1 = rg \min RSS(\beta_0, \beta_1)$$



#### **Ridge Regression**

(a.k.a. Tikhonov regularization, weight decay,  $L_2$  regularization)

$$J(eta_0,eta_1)=RSS(eta_0,eta_1)+lphaeta_1^2$$

Ridge regression penalizes the model for having large coefficients. As lpha increases,  $eta_1$  will decay.

lpha acts as a "tuning" parameter.

#### Ridge Regression (general case)

$$J(eta_0,eta_1,\ldots,eta_p)=RSS(eta_0,eta_1,\ldots,eta_p)+lpha\sum_{i=1}^peta_i^2$$

Ridge shrinks the regression coefficients.

#### **Ridge Regression**

Get ready to roll (down the loss function!)

**Check**: Find the sklearn documentation on Ridge Regression. Locate the model description (inputs, outputs, parameters, methods), and the discussion of the theory with examples.

- 1. How do you set the regularization strength?
- 2. How can you get the values of the regularized regression coefficients?

#### **Lasso Regression**

#### a.k.a. $L_1$ regularization

$$J(eta_0,eta_1)=RSS(eta_0,eta_1)+lpha\left|eta_1
ight|$$

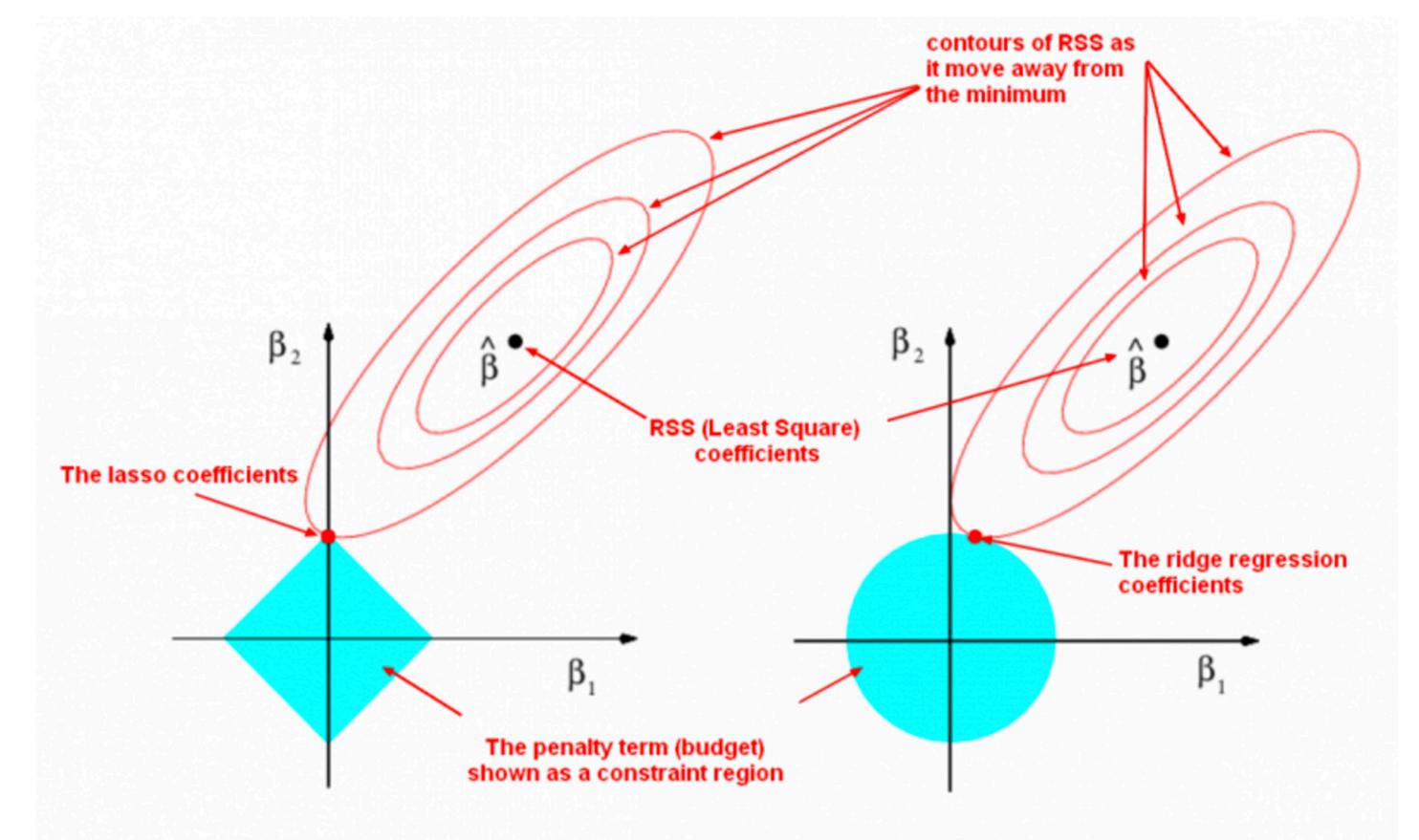
Lasso regression penalizes the model for having large coefficients. As lpha increases,  $eta_1$  will decrease, even to the point of zero

 $\alpha$  acts as a "tuning" parameter.

#### Lasso Regression (general case)

$$J(eta_0,eta_1,\ldots,eta_p) = RSS(eta_0,eta_1,\ldots,eta_p) + lpha \sum_{i=1}^p |eta_i|$$

Ridge shrinks the regression coefficients, and may "zero-out" unimportant features.



#### Tuning Bias vs Variance with Regularization

Alert!! Key takeaway!

- Increase  $\alpha$  (turn **up** regularization)
  - Increase bias
  - Decrease variance
- Decrease  $\alpha$  (turn **down** regularization)
  - Decrease bias
  - Increase variance

#### **Additional Considerations**

- Features (inputs) should be standardized in regularized models
  - Why?
- Ridge vs Lasso?
  - Maybe have irrelevant features? **Lasso**
  - Just want the best prediction? Try both
  - Want to use both? ElasticNet

#### **Elastic Net Regression**

$$J(eta_0,eta_1)=RSS(eta_0,eta_1)+lpha_1\left|eta_1
ight|+lpha_2eta_1^2$$

Elastic net combines Ridge and Lasso penalties

 $lpha_1$  and  $lpha_2$  both act as "tuning" parameters

#### **Elastic Net Regression**

#### A second (equivalent formulation) used by sklearn

$$J(eta_0,eta_1)=RSS(eta_0,eta_1)+lpha
ho\left|eta_1
ight|+rac{lpha(1-
ho)}{2}eta_1^2$$

Elastic net combines Ridge and Lasso penalties

- $-\alpha$  = penalty strength
- ho= Lasso  $(L_1)$  ratio

#### **Elastic Net Regression**

A second (equivalent formulation) used by sklearn

$$J(eta_0,eta_1)=RSS(eta_0,eta_1)+lpha
ho\left|eta_1
ight|+rac{lpha(1-
ho)}{2}eta_1^2$$

Elastic net combines Ridge and Lasso penalties

**Check**: what values of  $\rho$  lead to (a) Ridge and (b) Lasso regression?

#### Elastic Net Regression (general case)

$$J(eta_0,eta_1,\ldots,eta_p) = RSS(eta_0,eta_1,\ldots,eta_p) + lpha
ho\sum_{i=1}^p |eta_i| + rac{lpha(1-
ho)}{2}\sum_{i=1}^p eta_i^2$$

[Elastic Net] allows for learning a sparse model where few of the weights are non-zero like Lasso, while still maintaining the regularization properties of Ridge.

— sklearn docs

#### **Turn and Talk**

With a partner, discuss and summarize...

- 1. What is Ridge regularization?
- 2. What is Lasso regularization?
- 3. What is Elastic Net regularization?

After 4 minutes, I will call on volunteers to summarize one of these responses.

## Python Time