

user		
id	name	email
1	Michael Hartl	mhartl@example.com

user.followers

reverse_relationships	
followed_id	follower_id
2	1
7	1
1	3
2	7
10	1
1	2
8	1
1	9

through

has_many

has_many

has_many

user		
id	name	email
3

user		
id	name	email
2

user		
id	name	email
9

```
User has_many :followers, :through => :reverse_relationships,
  :source => "follower_id"
```