user

id	name	email
1	Michael Hartl	mhartl@example.com

user.followed_users

relationships

follower_id	followed_id
1	2
1	7
3	1
7	2
1	10
2	1
1	8
9	1

through

has_many

user

id	name	email
2	...	...

user

id	name	email
7	...	...

user

id	name	email
10	...	...

user

id	name	email
8	...	...

```
User has_many :followed_users, through: :relationships,
                               source:  :followed
```