



# KANGROW HEALTH

Shwedhyaa Ventures LLP ®

'SMART HEALTH STARTS YOUNG'







ID No:KH030

## School Health Check-Up Report

School Name	:	Kangrow School
Health Check-Up Date	:	27-07-2025
Full Name	:	Aarav M Shetty
Class	:	5 B
Date of Birth (DDMMYY)	:	21-11-2014
Age	:	11
Parents Name	:	Dr Manoj C, Vidhya CG
Contact No.	:	9008074236
Place	:	Mysore

## Specific Findings (Children)

Parameters	Value	Interpretation	Normal Range
Height	134.6 cm	Normal	130 – 150 cm
Weight	27.3 kg	NA	NA
BMI	15 kg /m <sup>2</sup>	Normal	5 to 85 Percentile
Waist/Height Raio	0.44	Low	0.46 to 0.53
Blood Pressure (BP)	90/50	Normal	3-5Yrs: 95-107S, 60-71 D 6-9 yrs: 95-110S, 60-73 D 12-15 yrs: 110-124S, 70-79 D
Body Temperature	37.3°C	Normal	36.1°C to 37.9°C
Oxygen saturation SPO2	98%	Normal	93–100%
Pulse Rate (PR)	86bpm	Normal	50–100 beats per minute
Respiration	16	Normal	9–20 breaths per minute

	<b>Ears:</b> Wax +	<b>Hearing:</b> Normal
	<b>Eyes:</b> Normal	<b>Vision:</b> With Spectacles <b>Right Eye:</b> 6/9 <b>Left Eye:</b> 6/9
	<b>Dental &amp; Oral Cavity:</b> No Abnormalities detected	<b>Caries:</b> 74, 84
	<b>General Physical Exam:</b>	Normal
	<b>Systemic Examination:</b>	Normal
	<b>Nutrition Assessment:</b>	Normal

### Lab Findings (Blood & Urine Analysis):

Mildly Elevated TSH (5.61)

### Recommendations:

1. Low visual Acuity. Recommend evaluation from your ophthalmologist
2. Recommend paediatricians consultation for mildly elevated TSH
3. Caries Tooth. Recommend Dental hygiene and a visit to your dentist

### Head, Medical Team:

DR MANOJ C  
CHIEF MEDICAL ADVISOR  
KANGROW HEALTH



### General recommendations:

1. Six monthly visit to a Dentist for Dental Examination
2. Annual Vision Examination for children between 3–12 years
3. Regular Assessment of Growth Parameters (Height, Weight, and BMI)
4. If your child is diagnosed with a Chronic Medical Condition, follow up on a regular basis with a doctor

### Disclaimer\*

We are not responsible for accuracy or inaccuracy of health examination and lab data or findings and/or recommendations based on the above findings. You are requested to kindly consult first with your Physician/Paediatrician for further inputs/investigations and or advice.