



KANGROW HEALTH

Shwedhyaa Ventures LLP ®

'SMART HEALTH STARTS YOUNG'







ID No : KH026

Institutes/ Industries Health Check-Up Report

Institutes / Industries Name	:	Shwedhyaa Institutes
Check-up Date	:	25-07-2025
Full Name	:	Prashanth J N
Date of Birth (DDMMYY)	:	27-02-1982
Age	:	43 years
Contact No.	:	7975038071
Place	:	Mysore

Specific Findings (Adults)

Parameters	Value	Interpretation	Normal Range
Height	178 cm	NA	NA
Weight	69kg	NA	NA
BMI	21.30 kg /m ²	Normal	18.5 To 24.9
Waist/Height Raio	0.52	Normal	0.46 To 0.49 F 0.46 To 0.53 M
Blood Pressure (BP)	120/90	Normal	Systolic: 9-120 mmHg, Diastolic: 60-90 mmHg
Body Temperature	37.3°C	Normal	36.1°C to 37.9°C
Oxygen saturation SPO2	98%	Normal	93–100%
Pulse Rate (PR)	88bpm	Normal	50–100 beats per minute
Respiration	16	Normal	9–20 breaths per minute

	Ears: Wax+	Hearing: Normal
	Eyes: Normal	Vision: Normal Right Eye: 6/9 Left Eye: 6/9
	Dental & Oral Cavity: No Abnormalities detected	Caries: 74,84
	General Physical Exam:	Normal
	Systemic Examination:	Normal
	Nutrition Assessment:	Normal

Lab Findings (Blood & Urine Analysis):

Normal

Recommendations:

1. Low visual Acuity. Recommend evaluation from your ophthalmologist
2. Caries Tooth. Recommend Dental hygiene and a visit to your dentist

Head, Medical Team:

DR MANOJ C
CHIEF MEDICAL ADVISOR
KANGROW HEALTH



General recommendations:

1. Six monthly visits to a Dentist for Dental Examination
2. Annual Vision Examination for children between 3–12 years
3. Regular Assessment of Growth Parameters (Height, Weight, and BMI)
4. If your child is diagnosed with a Chronic Medical Condition, follow up on a regular basis with a doctor

Disclaimer*

We are not responsible for accuracy or inaccuracy of health examination and lab data or findings and/or recommendations based on the above findings. You are requested to kindly consult first with your Physician/Paediatrician for further inputs/investigations and or advice.