



# KANGROW HEALTH

Shwedhyaa Ventures LLP ®

'SMART HEALTH STARTS YOUNG'







ID No : KH024

## Institutes/ Industries Health Check-Up Report

Institutes / Industries Name	:	Shwedhyaa Institutes
Check-up Date	:	25-07-2025
Full Name	:	Shwetha T S
Date of Birth (DDMMYY)	:	02-07-1990
Age	:	35 years
Contact No.	:	7975167816
Place	:	Mysore

## Specific Findings (Adults)

Parameters	Value	Interpretation	Normal Range
Height	152 cm	NA	NA
Weight	65kg	NA	NA
BMI	28.13 kg /m <sup>2</sup>	High	18.5 To 24.9
Waist/Height Raio	0.61	High	0.46 To 0.49 F 0.46 To 0.53 M
Blood Pressure (BP)	100/60	Normal	Systolic: 9-120 mmHg, Diastolic: 60-90 mmHg
Body Temperature	37.1°C	Normal	36.1°C to 37.9°C
Oxygen saturation SPO2	98%	Normal	93–100%
Pulse Rate (PR)	92bpm	Normal	50–100 beats per minute
Respiration	16	Normal	9–20 breaths per minute

	<b>Ears:</b> Normal	<b>Hearing:</b> Normal
	<b>Eyes:</b> Normal	<b>Vision:</b> Normal <b>Right Eye:</b> 6/6 <b>Left Eye:</b> 6/6
	<b>Dental &amp; Oral Cavity:</b> No Abnormalities detected	<b>Caries:</b> Nil
	<b>General Physical Exam:</b>	Normal
	<b>Systemic Examination:</b>	Normal
	<b>Nutrition Assessment:</b>	Normal

### Lab Findings (Blood & Urine Analysis):

Low HB level

### Recommendations:

1. Recommend evaluation and treatment of Anemia. Consult your Physician.

### Head, Medical Team:

DR MANOJ C  
CHIEF MEDICAL ADVISOR  
KANGROW HEALTH



### General recommendations:

1. Six monthly visits to a Dentist for Dental Examination
2. Annual Vision Examination for children between 3–12 years
3. Regular Assessment of Growth Parameters (Height, Weight, and BMI)
4. If your child is diagnosed with a Chronic Medical Condition, follow up on a regular basis with a doctor

### Disclaimer\*

We are not responsible for accuracy or inaccuracy of health examination and lab data or findings and/or recommendations based on the above findings. You are requested to kindly consult first with your Physician/Paediatrician for further inputs/investigations and or advice.