



KANGROW HEALTH

Shwedhyaa Ventures LLP ®

'SMART HEALTH STARTS YOUNG'







ID No : KH025

Institutes/ Industries Health Check-Up Report

Institutes / Industries Name	:	Shwedhyaa Institutes
Check-up Date	:	25-07-2025
Full Name	:	Vidhya C G
Date of Birth (DDMMYY)	:	04-04-1991
Age	:	34 years
Contact No.	:	9686857788
Place	:	Mysore

Specific Findings (Adults)

Parameters	Value	Interpretation	Normal Range
Height	162 cm	NA	NA
Weight	65kg	NA	NA
BMI	24.46 kg /m ²	Normal	18.5 To 24.9
Waist/Height Raio	0.53	High	0.46 To 0.49 F 0.46 To 0.53 M
Blood Pressure (BP)	100/60	Normal	Systolic: 9-120 mmHg, Diastolic: 60-90 mmHg
Body Temperature	37.1°C	Normal	36.1°C to 37.9°C
Oxygen saturation SPO2	98%	Normal	93–100%
Pulse Rate (PR)	76bpm	Normal	50–100 beats per minute
Respiration	14	Normal	9–20 breaths per minute

	Ears: Normal	Hearing: Normal
	Eyes: Normal	Vision: Normal Right Eye: 6/6 Left Eye: 6/6
	Dental & Oral Cavity: No Abnormalities detected	Caries: 62
	General Physical Exam:	Normal
	Systemic Examination:	Normal
	Nutrition Assessment:	Normal

Lab Findings (Blood & Urine Analysis):

Elevated TSH

Recommendations:

1. Recommend Physician Follow up for elevated TSH.

Head, Medical Team:

DR MANOJ C
CHIEF MEDICAL ADVISOR
KANGROW HEALTH



General recommendations:

1. Six monthly visits to a Dentist for Dental Examination
2. Annual Vision Examination for children between 3–12 years
3. Regular Assessment of Growth Parameters (Height, Weight, and BMI)
4. If your child is diagnosed with a Chronic Medical Condition, follow up on a regular basis with a doctor

Disclaimer*

We are not responsible for accuracy or inaccuracy of health examination and lab data or findings and/or recommendations based on the above findings. You are requested to kindly consult first with your Physician/Paediatrician for further inputs/investigations and or advice.