

# **COMPUTER SCIENCES**

# Database Management-1

# <u>Project report for</u> <u>Gym System</u>

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# **Project Category:**

O **A**-Desktop Application/Information System **OB**-Web Application/Web Application based Information System **O C**- Smartphone Application

#### **Abstract:**

This project "Gym Management System" is solution fitness centers to manage the customers in an easier and more convenient way. The administrator can view all the members of fitness center as well as their details. The basic structure of the system as follows. This project is a webbased program and it manages the gym members, and equipment's. This system also maintains the client details, to provide the valuable reports regarding the progress of the gym member. Increasing efficiency and effectiveness, automation, accuracy, user-friendly interface, information availability, communication capacity, maintenance, cost reduction makes our system smarter than the existing system. We integrate some new and prominent features along with all the necessary features.

#### 1. Introduction

This project is designed to facilitate a gym fitness center to automate its operations of keeping records and store them in the form of a large and user-friendly database. Further facilitating easy access to the personnel. This web is capable enough to allow the concerned person to store and retrieve any type of record with just a single click of mouse. The software allows Interactive, Self-describing Graphic User Interface environment where even standalone users can work very comfortably and easily.

# What problem does your software solve?

Existing system was manual. Time consuming as data entry which include calculations took lot of time. Searching was very complex as there could be 100's of entry every year. The proposed system is expected to be faster than the existing system. The project was made in order to effectively and efficiently cater requirements of the Gym fitness center. The person who generally holds the tasks to manage the center needs to keep records of all the payment. Generally, in order to structure these tasks Separate registers are maintained. Moreover, any data entered mistakenly can brings serious results. Data Redundancy is no more the problem now. The data modified from one data entry form will reflect the modifications at the other related forms too. This has thus reduced the chances of data inconsistency in our data storage.

There is no need to manage bulky registers now as data stored in the backend database can be readily retrieved either from the frontend form itself or directly from the database.

#### **Skills:**

This project will help you gain practical knowledge. Following skills can be developed:

- Member Management
- Employee Management
- Financial Management
- Data Management

# 2. Advantages/Benefits of Proposed System

- New proposed system allows to user to save record in database where as existing system keep records in form of files.
- Fast and ease of use, i.e. user friendly interface.
- > Reduces the staff requirements.
- > Saves administration time.
- Reliable.
- > It is easy to use a click lets you access what you want whereas in existing system it will be difficult view information by reading pages.
- > It reduces overheads, i.e. you have employed fewer staff.
- Efficiently manage members (i.e. trainers and users).

## 3. Scope

A gym management system is a system that can be installed in a computer of a working gym as it assists the gym manager in keeping a track of information of all the people involved in a gym (trainers, members, administrators). Keeping physical records may be a hectic task so the online gym management system provides a quick and easy access to all the information that is required at any time. This system can be used by the administrator to manage the information of trainers and members of the gym. The administer will be able to easily keep track of important information like checking if the member has paid the membership fee or checking if the trainer has been paid his/ her monthly salary. This system can be used by admin to keep all the records about the nutrition products and gym equipment's and view information and edit different workout plans. Admin can generate reports. It can also be used by members of the gym if they want to add/ delete a trainer or add/ delete an exercise. Instead of talking to the administrator, a member can easily modify his information using this system. Trainers may also use it to access and modify their personal details like address, contact number etc. Trainers will also be able to view all the members that they are training at the same time. This system can be used by any Gym across the globe as it works in the universal language, English.

#### 4. Modules

# **Module 1: Login**

In this module, admin, trainer and users can login the system by using their usernames and passwords.

## **Module 2: Manage trainers**

In this module admin can register, edit information and can cancel registration of the trainers and can also view trainers information.

# **Module 3: Register users**

In this module admin can register the new users or users can register themself.

## **Module 4: Register Trainers**

In this module admin can register trainer or trainers can register themself.

## Module 5: Manage packages

In this module the admin can add different gym packages and remove gym packages that are available with or without trainer.

# Module 6: Manage gym equipment's

In this module, the admin can add, delete the records about the gym machines.

#### Module 7: Manage records

In this module, admin can view, reset all records or a specific record set.

## Module 8: Manage member information

In this module admin can edit information and can cancel registration of the users and can also view users' information.

#### Module 9: Manage payments

In this module admin can view that is the salary is paid to the trainer's and user pay the fee or not. (**New innovation**)

## Module 10: Manage workout plan information

In this module admin can add, view, modify and delete the workout plans and workout plan information.

# Module 11: Generate user report

In this module, the admin can generate the user reports about his/her health.(New innovation)

# 5. System Limitations/Constraints

- > Errors are high.
- > In case of lack of internet system will not respond.

# 6. Tools and Technologies

To build the gym system we use different tools and technologies that are following

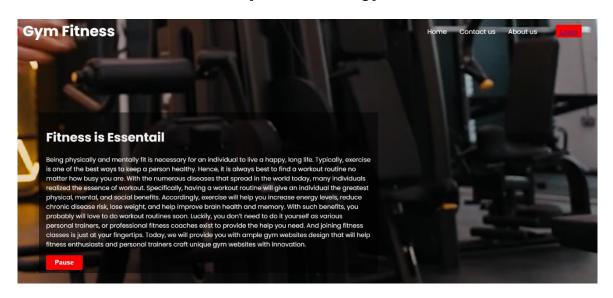
Table 1 Tools and Technologies for Proposed Project

	Tools	Version	Rationale
Tools And Technologi es	Visual Studio Code	2022	IDE
	MS SQL Server,Mongo	2022	DBMS
	DB		
	Php	CSC 6	Design Work
	MS Word	2022	Documentation
	Technology	Version	Rationale
	Php	8.0	Programming
			language
	My SQL	2022	Query Language
	Html	5	Web Development

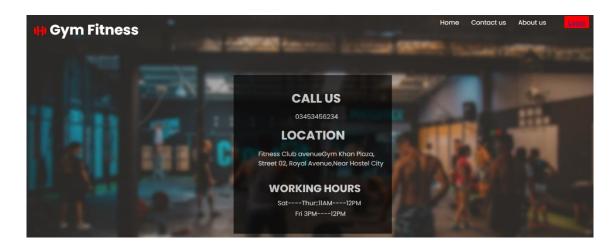
#### 7. Interfaces:

#### 7.1. Home interface:

This interface enables provide an info about the gym Fitness. A menu bar that contains the Home button, Contact us and About us. By few clicks the web users can view the details about the gym Fitness and also how they contact the gym Fitness.

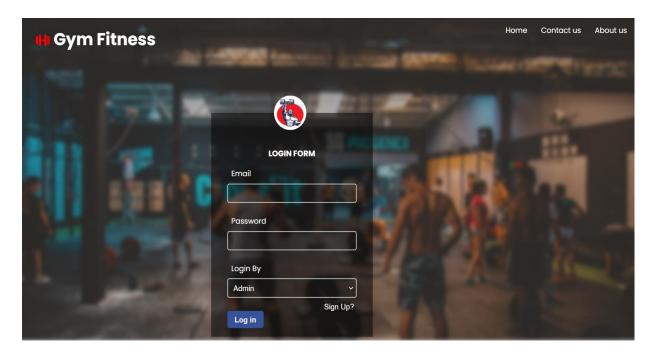


#### User view contact info:



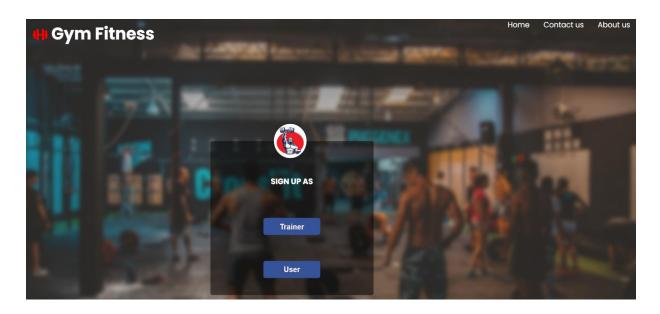
# 7.2. Login interface:

This interface enables admin, user and trainer to login the gym Fitness by entering email and password. User and trainer can register themselves by signup the gym Fitness.

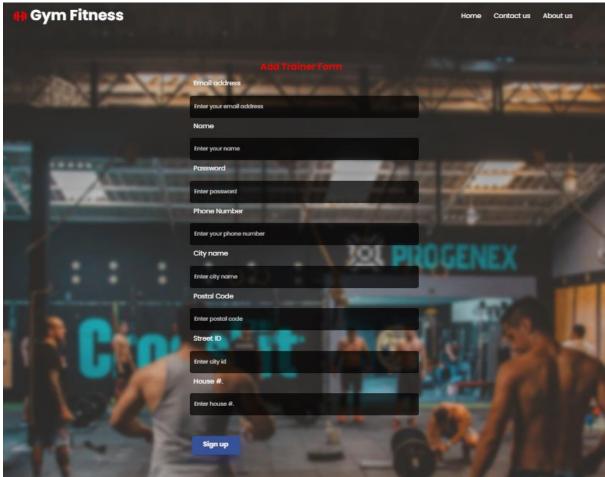


# 7.2.1. Signup interface

In this interface user and trainer can register themselves by providing personal information on signup form and then login to Gym Fitness from the login interface by entering email and password.

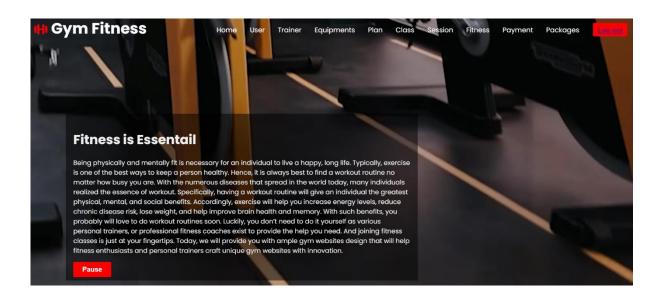


# Trainer signup form

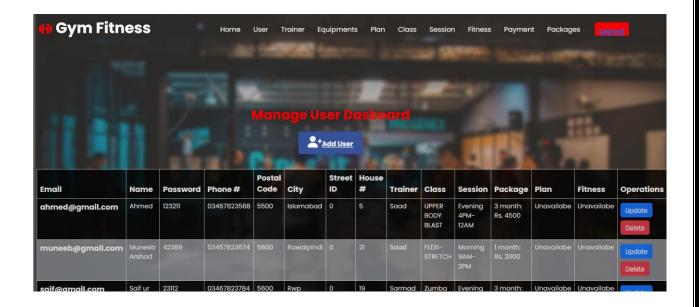


#### 7.3. Admin interface

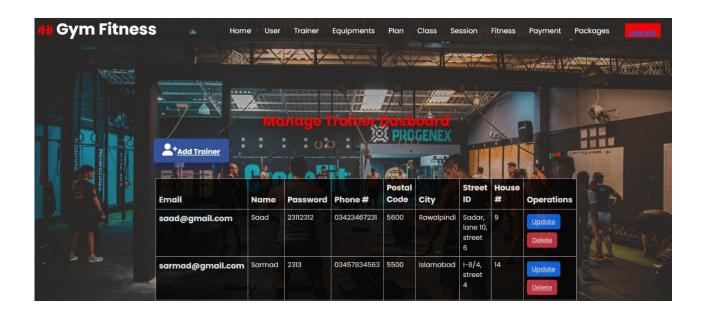
In this interface the admin have a grip on overall the gym Fitness. It provides a menu bar by which admin can go manage all the things i.e. mange users, trainers, equipment's, plans, classes, sessions, fitness, payment, packages along with a logout button.



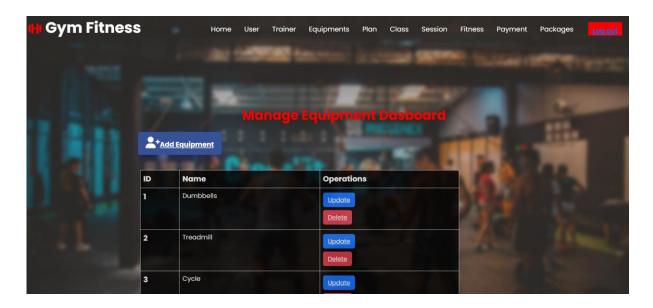
Admin can manage what he/she wants by click on the appropriate button. If he/she click on users then admin can view all the user records along with add, update, delete buttons. By clicking on these buttons admin can add new user and update, delete the specific user.



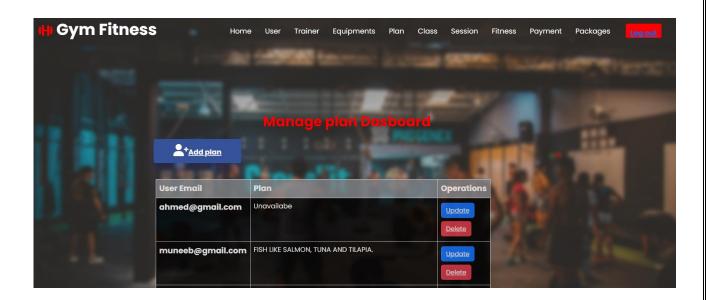
If admin click on trainer then admin can view all the trainer records along with add, update, delete buttons. By clicking on these buttons admin can add new trainer and update, delete the specific trainer.



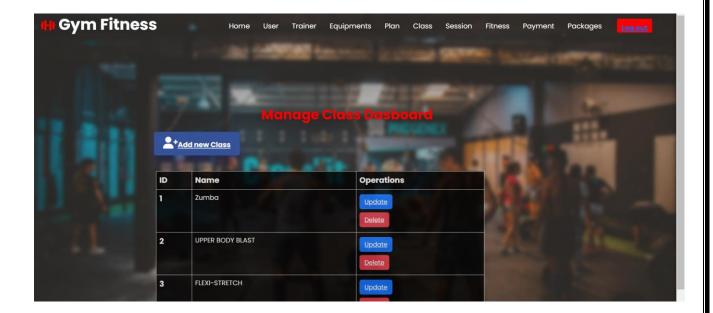
If admin click on equipment's then admin can view all the equipment's records along with add, update, delete buttons. By clicking on these buttons admin can add new equipment and update, delete the specific equipment.



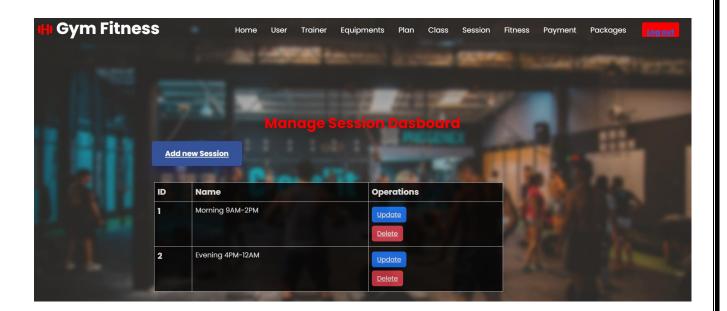
If admin click on plan then admin can view all the plan records along with add, update, delete buttons. By clicking on these buttons admin can add new plan and update, delete the specific plan.



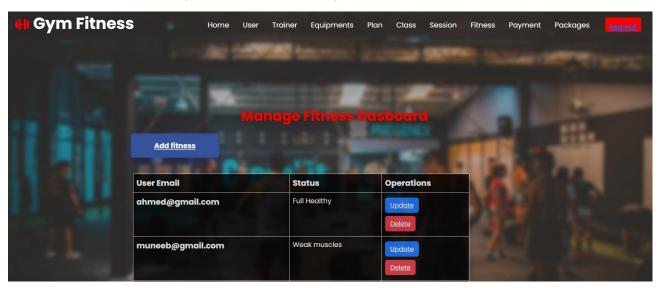
If admin click on class then admin can view all the class records along with add, update, delete buttons. By clicking on these buttons admin can add new class and update, delete the specific class.



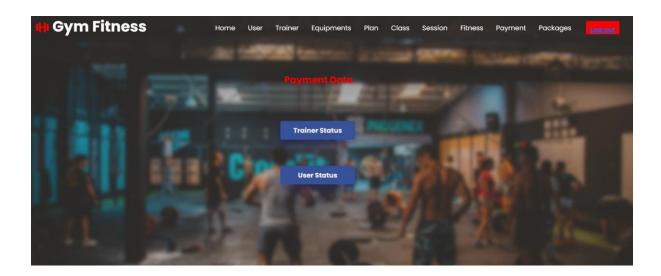
If admin click on session then admin can view all the session records along with add, update, delete buttons. By clicking on these buttons admin can add new session and update, delete the specific session.



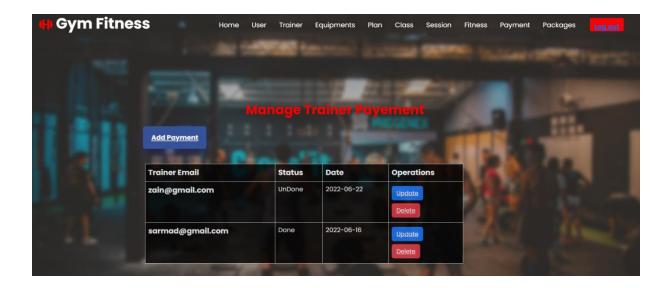
If admin click on fitness then admin can view all the fitness records along with add, update, delete buttons. By clicking on these buttons admin can add new fitness and update, delete the specific fitness.



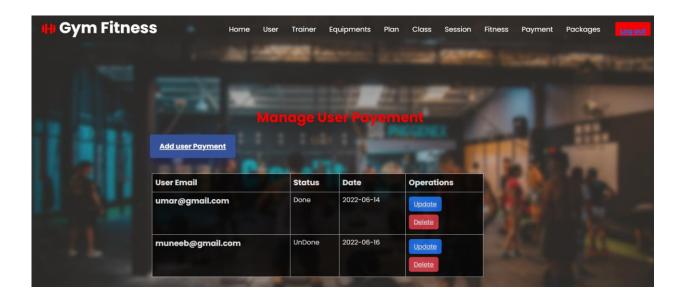
If admin click on payment then admin can view two buttons trainer and user payment.



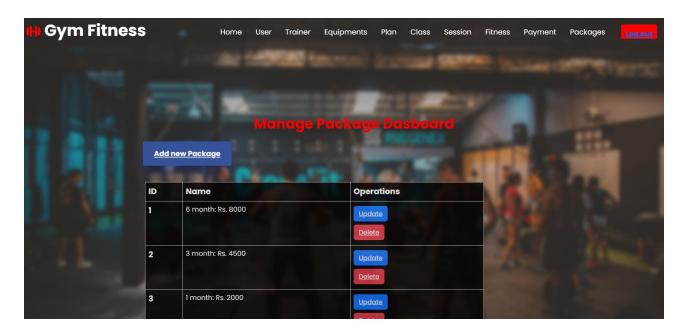
If admin click on trainer then admin can view payment and also payment add, update, delete buttons. By clicking on these buttons admin can update, delete the specific trainer payment.



If admin click on user then admin can view payment and also payment add, update, delete buttons. By clicking on these buttons admin can update, delete the specific user payment.

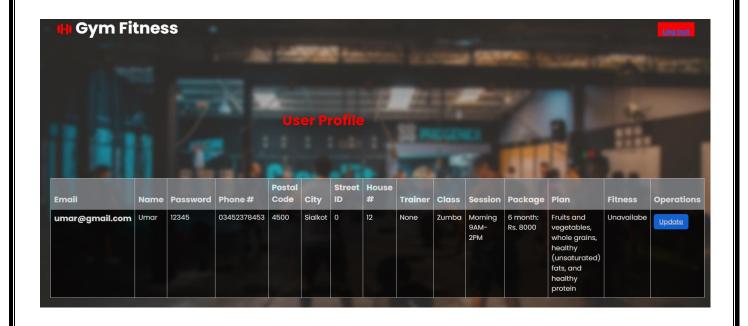


If admin click on package then admin can view all the package records along with add, update, delete buttons. By clicking on these buttons admin can add new package and update, delete the specific package.



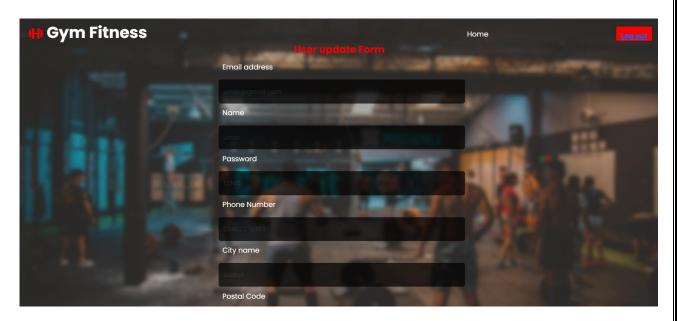
#### 7.4. User interface

When user login he/she view the home interface where is his/her data is shown and user can update his/her own profile only by click on update button.



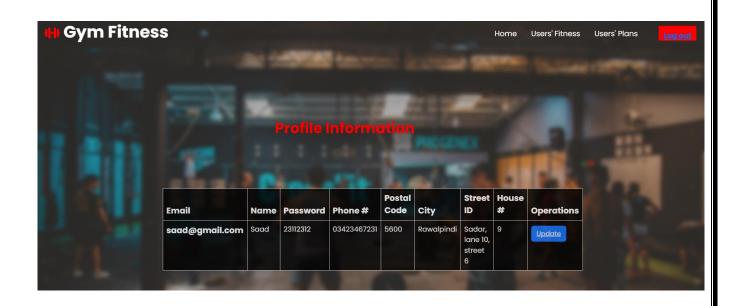
# 7.4.1. User update form:

By entering the all info into required fields user update his/her own profile.



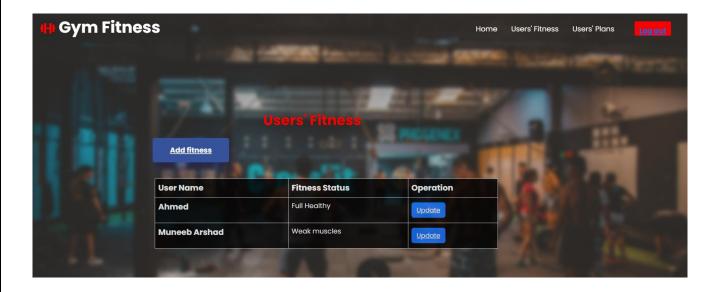
# 7.5. Trainer interface

When user login he/she view the home interface where is his/her data is shown and trainer can update his/her own profile only by click on update button. And also a menu bar having options of user's fitness and plan along with a trainer home button and a logout button. By clicking on logout button trainer can logout.



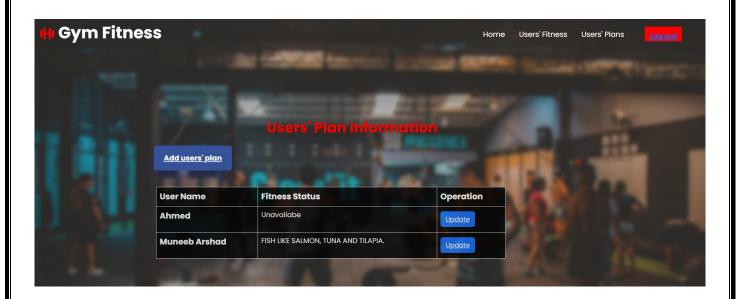
#### 7.5.1. User's Fitness interface:

Trainer can view, add and update only those users fitness status which users get training from that trainer.

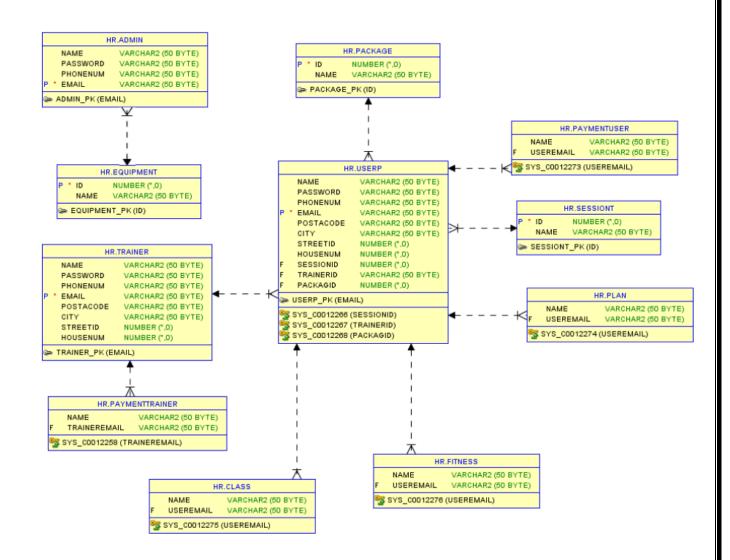


#### 7.5.2. User's Plan interface:

Trainer can view, add and update only those users diet plan which users get training from that trainer.



# 8. ERD Diagram



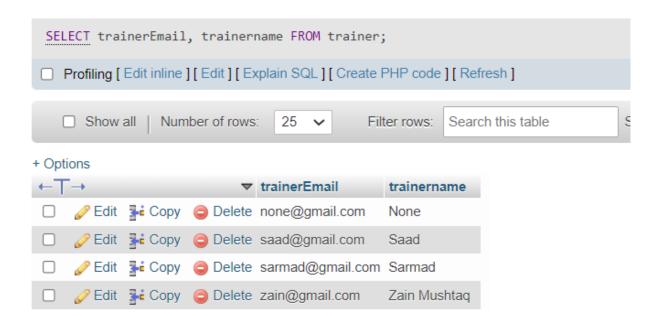
# 9. Relation part:

#### 9.1. Tables:



# 9.2. SQL Queries:

# 1. Get trainers using select:



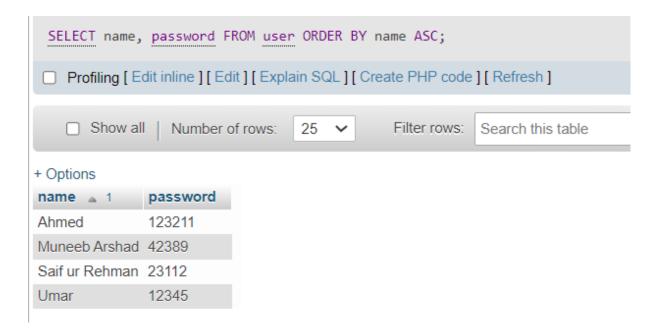
# 2. Get equipment using where:



# 3. Get equipment's using or clause:



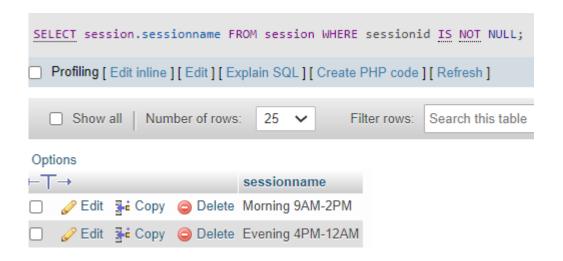
# 4. Get name and password of all users from user Using ASC/DESC:



#### 5. Insert data in trainer:

✓ 1 row inserted. (Query took 0.0129 seconds.)
insert into trainer(traineremail, trainername, password, phoneNum, postacode, city, streetID, houseNum) values('zaid@gmail.com', 'Zaid Khan', 'zaid123', '03452367345', '7800', 'Muree', '76', '23');

6. Get payment where column is not null:



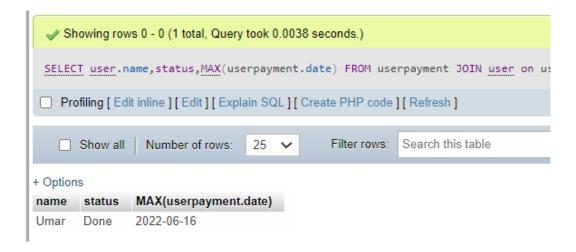
7. Update trainer Saad password and phone number:

8. Delete trainer whose email is <u>zaid@gmail.com</u> from trainer table:

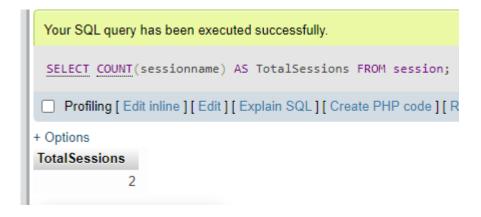
Get class id and class name from class table upto id 2 using LIMIT:



10. Find username, payment status and payment date who pay fee late then all other user using MAX:



11. Using COUNT AND AS get total sessions from session table:



# 12. Get trainer names who contain 'd' character in their names from trainer table using LIKE:



13. Using IN find saif ur rehman and muneeb are in table user.



# 14. Using BETWEEN 2 and 3 class id find class id and class name:



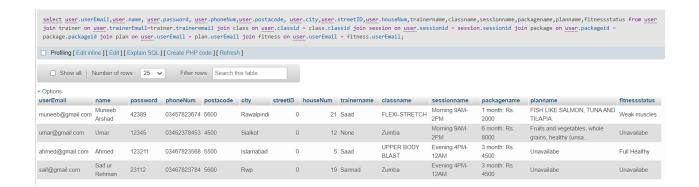
# 15. Using GROUP BY ORDER BY find which trainerEmail appears in user and times of appearence:



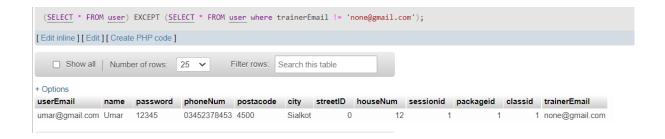
# 16. Using AGGREGATION and get total counts of session id ..:



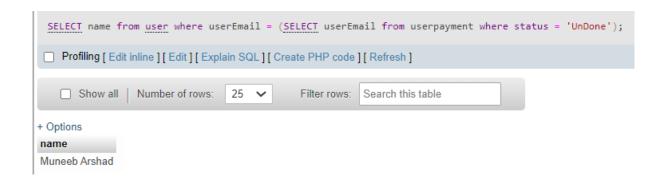
# 17. Get all user data using JOIN:



# 18. Users that have no trainer using set operator EXCEPT:



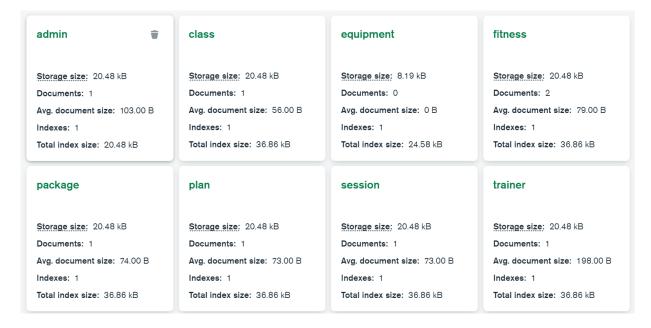
# 19. Users that do not pay the fee:



# 10. Non-Relational part:

#### 1.1. Collections:

All collections are shown below:



#### trainerpayment

user

userpayment

Storage size: 20.48 kB

Documents: 1

Avg. document size: 108.00 B

Indexes: 1

Total index size: 36.86 kB

Storage size: 20.48 kB

Documents: 2

Avg. document size: 328.00 B

Indexes: 1

Total index size: 36.86 kB

Storage size: 20.48 kB

Avg. document size: 104.00 B

Indexes: 1

Documents: 3

Total index size: 36.86 kB

#### 1.2. **Collection Data:**

#### **Admin:**

```
id: ObjectId('62a4bebfdd88514f063effc2')
```

name: "MR"

email: "gym@gmail.com" mobile: "03341234453"

password: "gym"

#### Class:

```
_id: ObjectId('62a4bf6add88514f063effc7')
```

classid: 1

classname: "Zumba"

\_id: ObjectId('62abc024c74a700b7400c88d')

classid: "2"

classname: "Water Aerobics"

\_id: ObjectId('62abc041c74a700b7400c88e')

classid: "3"

classname: "Pilates"

\_id: ObjectId('62abc052c74a700b7400c88f')

classid: "4"

classname: "Yoga"

# **Equipment:**

```
_id: ObjectId('62abc06ac74a700b7400c890')
    egid: "1"
     equipmentname: "Cycle"
     _id: ObjectId('62abc079c74a700b7400c891')
     eqid: "2"
     equipmentname: "Dumbbells"
     _id: ObjectId('62abc0b6c74a700b7400c892')
    eqid: "3"
    equipmentname: "Weighting plates"
    _id: ObjectId('62abc0ddc74a700b7400c893')
    egid: "4"
     equipmentname: "Treadmills"
Fitness:
      _id: ObjectId('62abc3e7c74a700b7400c89b')
      userEmail: "umar@gmail.com"
      fitnessstatus: "None"
      _id: ObjectId('62abc494c74a700b7400c8a1')
      userEmail: "saad@gmail.com"
      fitnessstatus: "Healthy"
Package:
            _id: ObjectId('62a4cf52dd88514f063effd3')
            packageid: 1
            packagename: "6 month: Rs. 8000"
             _id: ObjectId('62abc384c74a700b7400c896')
           packageid: "2"
            packagename: "3 month: Rs. 4500"
```

\_id: ObjectId('62abc3aac74a700b7400c898')

packagename: "1 month: Rs. 2000"

packageid: "3"

#### Plan:

```
_id: ObjectId('62abc561c74a700b7400c8a4')
userEmail: "saad@gmail.com"
planname: "big breakfast, a moderately sized lunch, and a light dinner"
_id: ObjectId('62abc650c74a700b7400c8a5')
userEmail: "muneeb@gmail.com"
planname: "Yogurt, cottage cheese, low-fat milk and cheese."
id: ObjectId('62abc699c74a700b7400c8a6')
userEmail: "umar@gmail.com"
planname: "Bread, cereal, crackers, oatmeal, quinoa, popcorn and rice"
Session:
     _id: ObjectId('62a4cfe2dd88514f063effd8')
     sessionid: 1
     sessionname: "Morning 9AM to 1PM"
     _id: ObjectId('62abbff4c74a700b7400c88b')
     sessionid: "2"
     sessionname: "Evening 5PM-12AM"
Trainer:
   _id: ObjectId('62a4d025dd88514f063effdb')
   trainerEmail: "ahmed@gmail.com"
   trainername: "Ahmed"
   password: "123"
  phoneNum: "03423423333"
   postacode: "5500"
   city: "RWP"
   streetID: "I-8/4,lane 9, street 4"
   houseNum: "12"
   _id: ObjectId('62abc181c74a700b7400c894')
   trainerEmail: "zain@gmail.com"
   trainername: "Zain"
   password: "12345"
   phoneNum: "03456734674"
   city: "Islamabad"
   postacode: "5500"
   streetID: "Park road, lane 10, street 3"
```

# **Trainerpayment:**

```
_id: ObjectId('62abca87c74a700b7400c8ad')
trainerEmail: "ahmed@gmail.com"
paymentStatus: "Done"
paymentDate: "2022-06-07"

_id: ObjectId('62abca93c74a700b7400c8ae')
trainerEmail: "zain@gmail.com"
paymentStatus: "Done"
paymentDate: "2022-06-16"
```

#### **User:**

```
_id: ObjectId('62abc3e7c74a700b7400c899')
userEmail: "umar@gmail.com"

username: "Umar"
password: "12345"
phoneNum: "03457834567"
city: "Isl"
postacode: "3400"
streetID: "G-11/4, lane 2, street 5"
houseNum: "23"
trainername: "Zain"
classname: "Pilates"
packagename: "3 month: Rs. 4500"
sessionname: "Evening 5PM-12AM"
trainerEmail: "Zain@gmail.com"
```

# **Userpayment:**

```
_id: ObjectId('62abc9a6c74a700b7400c8a8')
userEmail: "umar@gmail.com"
paymentStatus: "UnDone"
paymentDate: "2022-06-19"

_id: ObjectId('62abc9b3c74a700b7400c8a9')
userEmail: "saad@gmail.com"
paymentStatus: "Done"
paymentDate: "2022-06-16"
```

#### 1.3. Commands:

1. View all data from user collection:

2. Find <u>umar@gmail.com</u> data from user collection:

```
> db.user.findOne({"userEmail":"umar@gmail.com"})
{
    "_id" : ObjectId("62abc3e7c74a700b7400c899"),
    "userEmail" : "umar@gmail.com",
    "username" : "Umar",
    "password" : "12345",
    "phoneNum" : "03457834567",
    "city" : "Isl",
    "postacode" : "3400",
    "streetID" : "G-11/4, lane 2, street 5",
    "houseNum" : "23",
    "trainername" : "Zain",
    "classname" : "Pilates",
    "packagename" : "3 month: Rs. 4500",
    "sessionname" : "Evening 5PM-12AM",
    "trainerEmail" : "Zain@gmail.com"
}
```

3. Find session whose id is 1:

```
> db.session.findOne({"sessionid":1})
{
        "_id" : ObjectId("62a4cfe2dd88514f063effd8"),
        "sessionid" : 1,
        "sessionname" : "Morning 9AM to 1PM"
}
```

4. Find total objects in trainer collection:

```
> db.trainer.count()
3
>
```

5. Using aggregate to find equipment's whose id greater the 2:

```
> db.equipment.aggregate([{$match: {eqid : {$gt:"2"}}}])
{ "_id" : ObjectId("62abc0b6c74a700b7400c892"), "eqid" : "3", "equipmentname" : "Weighting plates" }
{ "_id" : ObjectId("62abc0ddc74a700b7400c893"), "eqid" : "4", "equipmentname" : "Treadmills" }
>
```

6. Show equipment's data in descending by ids order:

```
> db.equipment.aggregate([{'$sort': {'eqid' :-1 }}])
{ "_id" : ObjectId("62abcOddc74a700b7400c893"), "eqid" : "4", "equipmentname" : "Treadmills" }
{ "_id" : ObjectId("62abcOb6c74a700b7400c892"), "eqid" : "3", "equipmentname" : "Weighting plates" }
{ "_id" : ObjectId("62abcO79c74a700b7400c891"), "eqid" : "2", "equipmentname" : "Dumbbells" }
{ "_id" : ObjectId("62abcO6ac74a700b7400c890"), "eqid" : "1", "equipmentname" : "Cycle" }
```

7. Show trainer in ascending order by their names:

```
> db.trainer.aggregate([{'$sort': {'trainername' :1 }}]).pretty()
{
        "_id" : ObjectId("62a4d025dd88514f063effdb"),
        "trainerEmail" : "ahmed@gmail.com",
        "password" : "123",
        "phoneNum" : "03423423333",
        "postacode" : "5500",
        "city" : "RwP",
        "streetID" : "I-8/4,lane 9, street 4",
        "houseNum" : "12"
}
{
        "_id" : ObjectId("62abc1d7c74a700b7400c895"),
        "trainerEmail" : "sarmad@gmail.com",
        "trainername" : "Sarmad",
        "password" : "12312",
        "phoneNum" : "03458934234",
        "city" : "Shakargarh",
        "postacode" : "45600",
        "streetID" : "Model town, lane 12, street 3",
        "houseNum" : "34"
}
{
        "_id" : ObjectId("62abc181c74a700b7400c894"),
        "trainerEmail" : "zain@gmail.com",
        "trainername" : "Zain",
        "ppassword" : "12345",
        "phoneNum" : "03456734674",
        "city" : "Islamabad",
        "postacode" : "5500",
        "streetID" : "Park road, lane 10, street 3",
        "houseNum" : "6"
}
```

# 8. Find users who pay there fee

```
> db.userpayment.aggregate([{$match: {paymentStatus : {$eq:"Done"}}}]).pretty()
{
        "_id" : ObjectId("62abc9b3c74a700b7400c8a9"),
        "userEmail" : "saad@gmail.com",
        "paymentStatus" : "Done",
        "paymentDate" : "2022-06-16"
}
```

#### 9. Find classes whose id less than 3:

# 10. Find user who do not have any trainer:

```
> db.user.find({trainername: {$eq: "None"}}).pretty()
{
    "_id" : ObjectId("62abd3e8c74a700b7400c8af"),
    "userEmail" : "subhan@gmail.com",
    "username" : "Subhan",
    "password" : "1234",
    "phoneNum" : "03457834675",
    "city" : "RWP",
    "postacode" : "5600",
    "streetID" : "Lane 12, street 3",
    "houseNum" : "2",
    "trainername" : "None",
    "classname" : "Pilates",
    "packagename" : "1 month: Rs. 2000",
    "sessionname" : "Morning 9AM to 1PM",
    "trainerEmail" : "None@gmail.com"
}
```

11. Find trainer Ahmed details using Aggregation:

```
db.trainer.aggregate([{$match: {trainername: 'Ahmed'}}]).pretty()
{
    "_id" : ObjectId("62a4d025dd88514f063effdb"),
    "trainerEmail" : "ahmed@gmail.com",
    "trainername" : "Ahmed",
    "password" : "123",
    "phoneNum" : "03423423333",
    "postacode" : "5500",
    "city" : "RWP",
    "streetID" : "I-8/4,lane 9, street 4",
    "houseNum" : "12"
}
```

12. Find max class id and rename it to max\_class id with object id null:

```
> db.class.aggregate([{$group: {_id:null, max_classid :{$max: "$classid"}}}]).pretty()
{ "_id" : null, "max_classid" : "4" }
```

13. Find min session id and rename it to min\_sessionid with object id null:

```
> db.session.aggregate([{$group: {_id:null, min_sessionid :{$min: "$sessionid"}}}]).pretty()
{ "_id" : null, "min_sessionid" : 1 }
```

14. Show first 2 objects in class collection:

# 15. Find package info whose id is 2:

# 16. Find users who pay the fee:

```
> db.userpayment.aggregate([{$match: {paymentStatus: 'Done'}}]).pretty()
{
        "_id" : ObjectId("62abc9b3c74a700b7400c8a9"),
        "userEmail" : "saad@gmail.com",
        "paymentStatus" : "Done",
        "paymentDate" : "2022-06-16"
}
```

# 17. Show users in ascending order by their names:

#### 11. Conclusion

Gym system provides a good experience to the both the administrator and users. Users can easily get information from web in some clicks only by sitting at home. And it also provide a user friendly interface. It also provide an opportunity to admin of a gym to manage different type of records that are related to users and trainers.

#### 12. References

No references.