

CURRICULUM VITAE

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Nanchang, Jiangxi, China, 330022

EDUCATION**Jiangxi Normal University**, Nanchang, Jiangxi 9/2022-6/2025 (Expected)

M.Ed. in Psychology

Advisor: [Fulei Geng, Ph.D.](#)**Jiangxi Normal University**, Nanchang, Jiangxi 9/2018-6/2022

B.S. in Psychology

GRANTS**Graduate Innovation Foundation, Jiangxi Province** 2023

YC2023-S278 | Role: Princippal Investigator

The cross-sectional and longitudinal relationships between irritability, posttraumatic stress disorder, and depressin among trauma-exposed individuals: A cross-lagged panel network analysis

Amount Awarded: \$700

SCHOLARSHIPS, HONORS, AND AWARDS**International Student Travel Stipend**, APA Convention, APA Division 56 2024**National Scholarship of Postgraduates**, Ministry of Education of China 2023/2024**First Prize Scholarship of Outstanding Postgraduates**, Jiangxi Province Government 2023/2024**Outstanding Undergraduate Thesis**, Jiangxi Normal University 2022**Outstanding Undergraduates**, Jiangxi Normal University 2022**National Encouragement Scholarship of Undergraduates**, Ministry of Education of China 2020**First Prize Scholarship of Outstanding Undergraduates**, Jiangxi Normal University 2019/2021/2022**Second Prize Scholarship of Outstanding Undergraduates**, Jiangxi Normal University 2020**PUBLICATIONS****First Author**

1. **Zhan, N.**, Li, F., Fung, H. W., Zhang, K., Wang, J., & Geng, F. (2024). A symptom-level perspective on irritability, PTSD, and depression in children and adults. *Journal of Affective Disorders*, 367, 606-616. <https://10.1016/j.jad.2024.08.213>
2. **Zhan, N.**, Gao, C., Cao, Y., Li, F., & Geng, F. (2024). Factor structure, measurement invariance, and psychometric properties of the Posttraumatic Cognitions Inventory (PTCI) and its brief version (PTCI-9) in Chinese adolescents and adults. *Psychological Assessment*, 36(4), 291-302. <https://doi.org/10.1037/pas0001309>
3. **Zhan, N.**, Zhang, L., Gong, M., & Geng, F. (2024). Clinical correlates of irritability, anger, hostility, and aggression in posttraumatic stress disorder. *Psychological Trauma: Theory, Research, Practice, and Policy*, 16(6), 1055-1062. <https://doi.org/10.1037/tra0001498>

4. **Zhan, N.**, Zhang, Y., Xie, D., & Geng, F. (2022). The associations of parental COVID-19 related worries, lifestyles, and insomnia with child insomnia during the COVID-19 outbreak. *Journal of Sleep Research*, 31(5), e13590. <https://doi.org/10.1111/jsr.13590>
5. **Zhan, N.**, Xie, D., Zou, J., Wang, J., & Geng, F. (2021). The validity and reliability of benevolent childhood experiences scale in Chinese community adults. *European Journal of Psychotraumatology*, 12(1), 1945747. <https://doi.org/10.1080/20008198.2021.1945747>

Co-Author

6. Yuan, D., **Zhan, N.**, Wang, J., Geng, F., & Zhang, L. (2024). Prevalence and correlates for adult attention deficit hyperactivity disorder and its subtypes in a Chinese community-based sample. *Current Psychology*, 1-9. <https://doi.org/10.1007/s12144-024-06599-w>
7. Yuan, D., Li, Q., **Zhan, N.**, Zhang, L., Wang, J., Liu, M., & Geng, F. (2023). Longitudinal associations of menstrual characteristics with mental health problems among Chinese girls. *European Child & Adolescent Psychiatry*, 33(8), 2547-2556. <https://doi.org/10.1007/s00787-023-02345-y>
8. Fung, H. W., Geng, F., Yuan, D., **Zhan, N.**, & Lee, V. W. P. (2023). Childhood experiences and dissociation among high school students in China: Theoretical reexamination and clinical implications. *International Journal of Social Psychiatry*, 69(8), 1949-1957. <https://doi.org/10.1177/00207640231181528>
9. Geng, F., Liang, Y., **Zhan, N.**, & Wang, J. (2022). Prevalence, clinical features, and psychological characteristics of dissociative subtype of posttraumatic stress disorder in Chinese prisoners. *Journal of Trauma & Dissociation*, 24(1), 63-78. <https://doi.org/10.1080/15299732.2022.2079797>
10. Zhang, Y., **Zhan, N.**, Long, M., Xie, D., & Geng, F. (2022). Associations of childhood neglect, difficulties in emotion regulation, and psychological distresses to COVID-19 pandemic: An inter-generational analysis. *Child Abuse & Neglect*, 129, 105674. <https://doi.org/10.1016/j.chiabu.2022.105674>
11. Geng, F., Lu, H., Zhang, Y., **Zhan, N.**, Zhang, L., & Liu, M. (2022). Dissociative depression and its related clinical and psychological characteristics among Chinese prisoners: A latent class analysis. *Current Psychology*, 42(15070–15079). <https://doi.org/10.1007/s12144-022-02751-6>
12. Zhang, Y., **Zhan, N.**, Zou, J., Xie, D., Liu, M., & Geng, F. (2022). The transmission of psychological distress and lifestyles from parents to children during COVID-19. *Journal of Affective Disorders*, 303, 74-81. <https://doi.org/10.1016/j.jad.2022.02.007>
13. Zhang, Y., Li, Q., Hu, W., **Zhan, N.**, Zou, J., Wang, J., & Geng, F. (2022). The relationships between screen time and mental health problems among Chinese adults. *Journal of Psychiatric Research*, 146, 279-285. <https://doi.org/10.1016/j.jpsychires.2021.11.017>
14. Geng, F., Tu, L., **Zhan, N.**, Zhang, Y., & Wang, J. (2021). Associations of substance abuse histories and gambling addiction history with post-traumatic stress symptoms and depressive symptoms among Chinese prisoners. *European Journal of Psychotraumatology*, 12(1), 1906022. <https://doi.org/10.1080/20008198.2021.1906022>
15. Geng, F., Zou, J., Liang, Y., **Zhan, N.**, Li, S., & Wang, J. (2021). Associations of positive and adverse childhood experiences and adulthood insomnia in a community sample of Chinese adults. *Sleep Medicine*, 80, 46-51. <https://doi.org/10.1016/j.sleep.2021.01.022>

PROFESSIONAL SKILLS

Languages	Mandarin (native), English (TOEFL = 100)
Software	SPSS, R, Mplus, E-prime, AcqKnowledge (SCR Analysis), Adobe Photoshop, Adobe Illustrator, GraphPad Prism
Experimental Skills	EDA & EMG collection and analysis (MP160 BIOPAC system; AcqKnowledge; Xeye Human Startle system), Shock system (Digitimer DS7A Stimulator), Basic behavioral experiments and psychometric analysis, Advanced statistical methods (e.g., SEM, network analysis)

VOLUNTEER EXPERIENCE

Summer Social Practice, Yangguang Middle School, Nanchang, Jiangxi Summer 2019/Summer 2020
Psychology Teacher Volunteer

Autism Children's Center, Xingyu Rehabilitation Training Center, Nanchang, Jiangxi 9/2018-6/2019
Student Volunteer

PROFESSIONAL EXPERIENCE

Abstract Reviewer

The 40th Annual Meeting of the International Society for Traumatic Stress Studies conference 3/2024

Professional Affiliations

International Society of Traumatic Stress Studies	2023-2026
American Psychological Association	2023-2025
Chinese Psychological Society	2023-2024

OTHER WORK EXPERIENCES

Psychology Teacher Intern, Nanchang No.3 Middle School, Nanchang, Jiangxi	9/2021-12/2021
Psychology Teacher Practicum, Maqiu Senior High School, Nanchang, Jiangxi	3/2021
New media operation center for college students, School of Psychology	9/2018-6/2021