



Myoglobin Product Code: 3225-300

Intended Use: The Quantitative Determination of Circulating Myoglobin concentrations in Human Serum, Plasma or Urine by a Microplate Immunoassay

SUMMARY AND EXPLANATION OF THE TEST

Myoglobin is an enzyme, found primarily in cardiac and skeletal muscle. It is an oxygen binding protein and exists as a monomeric form of hemoglobin. Being a monomer of hemoglobin – which is a tetramer - Myoglobin has one fourth the molecular weight (18 kD) of hemoglobin. Since Myoglobin, like FABP (*fatty acid binding protein*) is a low molecular mass cytoplasmic protein present not only in heart but also in the skeletal muscle it is difficult to use it as a plasma marker for muscle cell viability to discriminate between heart or skeletal muscle injury. The Myoglobin content of human heart, however, is lower than that of skeletal muscle.

Serial measurement of biochemical markers is now accepted universally as an important determinant in ruling in or ruling out acute myocardial infarction. Myoglobin is one of the most important myocardial markers used in ruling out acute myocardial infarction (AMI) within 2h of admission because of chest pains. AMI disrupts cardiac cell membranes, releasing intracellular cardiac proteins into the vascular system. Some of the proteins including myoglobin, creatine kinase-MB (CK-MB), lactate dehydrogenase type-1 (LD1) and cardiac troponin subunits I and T (TnI & TnT) have proven useful in diagnosing AMI. The optimal clinical utility of each marker depends on specific protein characteristics. Myoglobin, being the smallest of these markers, diffuses rapidly throughout the vascular system and provides the earliest indication of AMI. Myoglobin levels rise between 0.5 – 2.0 hours after the onset of chest pains and peak within 5-12 hours. The kidneys rapidly eliminate myoglobin from the system, restoring normal circulating concentrations within 16-36 hours. Since the protein rapidly clears from the system, myoglobin concentrations can reliably indicate reinfarction. Also, Myoglobin measurements can preclude AMI. According to the Heart Emergency Room (ER) Program model two consecutive low measurements, the first upon admission of the patient and the second two hours later, negatively predict AMI in nearly 100% of the cases. Myoglobin participates in aerobic metabolism in cardiac and skeletal muscle cells thus showing high concentrations in muscle traumas. Renal failures and other kidney problems exhibit high levels of myoglobin levels as well. Most complications are accompanied by distinct clinical symptoms that make the differential diagnosis possible. Serial testing for myoglobin and CK-MB isoenzyme mass on presentation and 3, 6 and 9 h later in patients with symptoms suggestive of acute ischemic coronary syndrome presenting with a non-diagnostic or equivalent electrocardiogram has been shown to be more effective than continuous serial electrocardiograms, echocardiography, and graded exercise

testing. (*Monobind has an excellent Elisa test system – Cat# 2925-300 – for the determination of circulating levels of CK-MB in human serum or plasma*).

In this method, Myoglobin calibrator, patient specimen or control is first added to a streptavidin coated well. Biotinylated monoclonal and enzyme labeled antibodies (directed against distinct and different epitopes of Myoglobin are added and the reactants mixed. Reaction between the various Myoglobin antibodies and native Myoglobin forms a sandwich complex that binds with the streptavidin coated to the well.

After the completion of the required incubation period, the enzyme-myoglobin antibody bound conjugate is separated from the unbound enzyme-myoglobin conjugate by aspiration or decantation. The activity of the enzyme present on the surface of the well is quantitated by reaction with a suitable substrate to produce color.

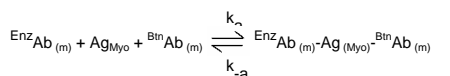
The employment of several serum references of known (Myoglobin) levels permits the construction of a dose response curve of activity and concentration. From comparison to the dose response curve, an unknown specimen's activity can be correlated with Myoglobin concentration.

PRINCIPLE

Immunoassay (TYPE 3):

The essential reagents required for an immunoassay include high affinity and specificity antibodies (enzyme conjugated and immobilized), with different and distinct epitope recognition, **in excess**, and native antigen. In this procedure, the immobilization takes place during the assay at the surface of a microplate well through the interaction of streptavidin coated on the well and exogenously added biotinylated monoclonal anti-myoglobin antibody.

Upon mixing biotin labeled monoclonal antibody, the enzyme-labeled antibody and a serum containing the native antigen reaction results between the native antigen and the antibodies, without competition or steric hindrance, to form a soluble sandwich complex. The interaction is illustrated by the following equation:



$\text{B}^{\text{Ab}}_{(m)}$ = Biotinylated Monoclonal Antibody (Excess Quantity)

Ag_{Myo} = Native Antigen (Variable Quantity)

$\text{Enz}^{\text{Ab}}_{(m)}$ = Enzyme labeled MoAb (Excess Quantity)

$\text{Enz}^{\text{Ab}}_{(m)}\text{-Ag}_{\text{Myo}}\text{-B}^{\text{Ab}}_{(m)}$ = Antigen-Antibodies complex

k_a = Rate Constant of Association

k_a = Rate Constant of Dissociation

Simultaneously, the complex is deposited to the well through the high affinity reaction of streptavidin and biotinylated antibody. This interaction is illustrated below:



$\text{Strept}_{\text{CW}}$ = Streptavidin immobilized on well
Immobilized complex = sandwich complex bound to the solid surface

After sufficient time for reaction, the antibody-bound fraction is separated from unbound antigen by decantation or aspiration. The enzyme activity in the antibody-bound fraction is directly proportional to the native antigen concentration. By utilizing several different serum references of known antigen values, a dose response curve can be generated from which the antigen concentration of an unknown can be ascertained.

PRECAUTIONS

**For In Vitro Diagnostic Use
Not for Internal or External Use in Humans or Animals**

All products that contain human serum have been found to be non-reactive for Hepatitis B Surface antigen, HIV 1&2 and HCV antibodies by FDA licensed reagents. Since no known test can offer complete assurance that infectious agents are absent, all human serum products should be handled as potentially hazardous and capable of transmitting disease. Good laboratory procedures for handling blood products can be found in the Center for Disease Control / National Institute of Health, "Biosafety in Microbiology and Biomedical Laboratories," 2nd Edition, 1988, HHS.

SPECIMEN COLLECTION AND PREPARATION

The specimens shall be blood serum in type and the usual precautions in the collection of venipuncture samples should be observed. The blood should be collected in a plain redtop venipuncture tube without additives or gel barrier. Allow the blood to clot. Centrifuge the specimen to separate the serum from the cells.

Samples may be refrigerated at 2-8°C for a maximum period of five (5) days. If the specimen(s) cannot be assayed within this time, the sample(s) may be stored at temperatures of -20°C for up to 30 days. Avoid repetitive freezing and thawing. When assayed in duplicate, 0.050 ml of the specimen is required

REAGENTS AND MATERIALS PROVIDED:

A. Myoglobin Calibrators – 2.0 ml/vial (Dried) Icons A – F

Six (6) vials of references for Myoglobin antigen at levels of 0(A), 10(B), 25(C), 50(D), 150(E), and 400(F) ng/ml.

Reconstitute each vial with 2.0ml of distilled or deionized water. The reconstituted calibrators are stable for 30 days at 2-8°C. In order to store for a longer period of time aliquot the reconstituted calibrators in cryo vials and store at -10°C. **DO NOT FREEZE THAW MORE THAN ONCE.** A preservative has been added.

Note: The calibrators, human serum based, were calibrated using gravimetric protein weight from a >99% purified preparation as seen with PAGE.

B. Myoglobin Enzyme Reagent—13 ml/vial - Icon E

One (1) vial containing enzyme labeled affinity purified antibody and biotin labeled monoclonal mouse anti-myoglobin IgG in buffer, dye, and preservative. Store at 2-8°C.

C. Streptavidin Plate- 96 wells – Icon

One 96-well microplate coated with streptavidin and packaged in an aluminum bag with a drying agent. Store at 2-8°C.

D. Wash Solution – 20 ml - Icon

One (1) vial containing a surfactant in buffered saline. A preservative has been added. Store at 2-30°C.

E. Substrate A --7.0ml/vial – Icon S^A

One (1) bottle containing tetramethylbenzidine (TMB) in buffer. Store at 2-8°C.

F. Substrate B -- 7.0ml/vial – Icon S^B

One (1) bottle containing hydrogen peroxide (H₂O₂) in buffer. Store at 2-8°C.

G. Stop Solution -- 8.0ml/vial - Icon

One (1) bottle containing a strong acid (1N HCl). Store at 2-30°C.

H. Product Instructions.

Required But Not Provided:

- Pipette(s) capable of delivering 25µl and 100µl volumes with a precision of better than 1.5%.
- Dispenser(s) for repetitive deliveries of 0.100ml and 0.300ml volumes with a precision of better than 1.5% (optional).
- Microplate washer or a squeeze bottle (optional).
- Microplate Reader with 450nm and 620nm wavelength absorbance capability.
- Absorbent Paper for blotting the microplate wells.
- Plastic wrap or microplate cover for incubation steps.
- Vacuum aspirator (optional) for wash steps.
- Timer.
- Storage container for storage of wash buffer.
- Distilled or deionized water.
- Quality Control Materials.

REAGENT PREPARATION:

1. Wash Buffer

Dilute contents of wash solution to 1000ml with distilled or deionized water in a suitable storage container. Store at room temperature 20-27°C for up to 60 days.

2. Working Substrate Solution

Pour the contents of the amber vial labeled Solution 'A' into the clear vial labeled Solution 'B'. Place the yellow cap on the clear vial for easy identification. Mix and label accordingly. Store at 2 - 8°C.

Note: Do not use the working substrate if it looks blue.

TEST PROCEDURE

Before proceeding with the assay, bring all reagents, serum references and controls to room temperature (20 - 27° C).

- Format the microplates' wells for calibrator, control and patient specimen to be assayed in duplicate. **Replace any unused microwell strips back into the aluminum bag, seal and store at 2-8°C.**

- Pipette 0.025 ml (25µl) of the appropriate calibrators, controls and samples into the assigned wells.

- Add 0.100 ml (100µl) of the Myoglobin Enzyme Reagent to each well. **It is very important to dispense all reagents close to the bottom of the microwell.**

Note: Use a multichannel pipet to quickly dispense the Enzyme Reagent to avoid drift if the dispensing is to take more than a few minutes.

- Swirl the microplate gently for 20-30 seconds to mix. Cover with a plastic wrap.
- Incubate for 15 minutes at room temperature.
- Discard the contents of the microplate by decantation or aspiration. If decanting, tap and blot the plate dry with absorbent paper.

- Add 300µl of wash buffer (see Reagent Preparation Section), decant (tap and blot) or aspirate. Repeat two (2) additional times for a total of three (3) washes. **An automatic or manual plate washer can be used. Follow the manufacturer's instruction for proper usage. If a squeeze bottle is used, fill each well to the top by squeezing the container. Avoiding air bubbles. Decant the wash and repeat two (2) additional times.**

- Add 0.100 ml (100µl) of working substrate solution to all wells (see Reagent Preparation Section).

DO NOT SHAKE THE PLATE AFTER SUBSTRATE ADDITION

- Incubate at room temperature for fifteen (15) minutes.
- Add 0.050ml (50µl) of stop solution to each well and mix gently for 15-20 seconds. Read the absorbance in each well at 450nm (using a reference wavelength of 620-630nm to minimize well imperfections) in a microplate reader. **The results should be read within thirty (30) minutes of adding the stop solution.**

NOTE: Always add reagents in the same order to minimize reaction time differences between wells.

CALCULATION OF RESULTS

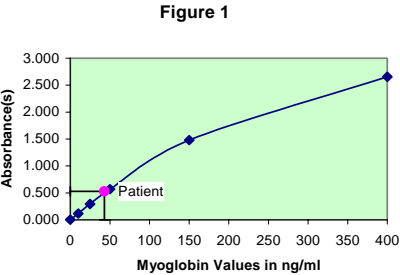
A dose response curve is used to ascertain the concentration of Troponin I in unknown specimens.

- 1. Record the absorbance obtained from the printout of the microplate reader as outlined in Example 1
- 2. Plot the absorbance for each duplicate serum reference versus the corresponding myoglobin concentration in ng/ml on linear graph paper (do not average the duplicates of the serum references before plotting).
- 3. Draw the best-fit curve through the plotted points.
- 4. To determine the concentration of myoglobin for an unknown, locate the average absorbance of the duplicates for each unknown on the vertical axis of the graph, find the intersecting point on the curve, and read the concentration (in ng/ml) from the horizontal axis of the graph (the duplicates of the unknown may be averaged as indicated). In the following example, the average absorbance (0.532) intersects the dose response curve at (43ng/ml) myoglobin concentration (See Figure 1).

EXAMPLE 1

Sample I.D.	Well Number	Abs (A)	Mean Abs (B)	Value (ng/ml)
Cal A	A1	0.003	0.004	0
	B1	0.004		
Cal B	C1	0.115	0.118	10
	D1	0.121		
Cal C	E1	0.287	0.293	25
	F1	0.299		
Cal D	G1	0.555	0.571	50
	H1	0.586		
Cal E	A2	1.487	1.479	150
	B2	1.470		
Cal F	C2	2.750	2.656	400
	D2	2.563		
Ctrl 1	E2	0.601	0.594	52.0
	F2	0.586		
Ctrl 2	G2	1.330	1.334	133
	H2	1.338		
Patient 1	A3	0.549	0.532	43.0
	B3	0.515		

*The data presented in Example 1 and Figure 1 is for illustration only and **should not** be used in lieu of a dose response curve prepared with each assay.



Q.C. PARAMETERS

In order for the assay results to be considered valid the following criteria should be met:

- 1. The absorbance (OD) of calibrator 'A' should be ≤ 0.1 .
- 2. The absorbance (OD) of calibrators 'F' should be ≥ 1.3 .
- 3. Four out of six quality control pools should be within the established ranges.

QUALITY CONTROL

Each laboratory should assay controls at levels in the low, normal and elevated range for monitoring assay performance. These controls should be treated as unknowns and values determined in every test procedure performed. Quality control charts should be maintained to follow the performance of the supplied reagents. Pertinent statistical methods should be employed to ascertain trends. Significant deviation from established performance can indicate unnoticed change in experimental conditions or degradation of kit reagents. Fresh r

LIMITATIONS OF PROCEDURE

A. Assay Performance

- 1. It is important that the time of reaction in each well is held constant for reproducible results.
- 2. Pipetting of samples should not extend beyond ten (10) minutes to avoid assay drift.
- 3. If more than one (1) plate is used, it is recommended to repeat the dose response curve.
- 4. Addition of the substrate solution initiates a kinetic reaction, which is terminated by the addition of the stop solution. Therefore, the addition of the substrate and the stopping solution should be added in the same sequence to eliminate any time deviation during reaction.
- 5. Plate readers measure vertically. Do not touch the bottom of the wells.
- 6. Failure to remove adhering solution adequately in the aspiration or decantation wash step(s) may result in poor replication and spurious results.
- 7. Highly lipemic, hemolysed or grossly contaminated specimen(s) should not be used.
- 8. Patient samples with myoglobin concentrations above 400 ng/ml may be diluted with the zero calibrator or myoglobin free pooled human serum or urine and re-assayed. Multiply the value obtained by the dilution factor to obtain the corrected value.
- 9. Use components from the same lot. No intermixing of reagents from different batches.

B. Interpretation

- 1. If computer controlled data reduction is used to interpret the results of the test, it is imperative that the predicted values for the calibrators fall within 10% of the assigned concentrations.
- 2. The reagents for Myoglobin AccuBind™ Elisa procedure have been formulated to eliminate maximal interference; however, potential interaction between rare serum specimens and test reagents can cause erroneous results. Heterophilic antibodies often cause these interactions and have been known to be problems for all kinds of immunoassays. (Boscato LM Stuart MC. Heterophilic antibodies: a problem for all immunoassays' Clin. Chem 1988;34:27-33). For diagnostic purposes the results from this assay should be used in combination with clinical examination, patient's history and, all other clinical findings.

EXPECTED VALUES

Myoglobin values are consistently the same in plasma and serum. However, a serum sample that has been quickly separated from the red cells is preferred. Myoglobin levels are higher in trained athletes or people who are used to a daily regimen of strenuous exercise.

Based on the clinical data gathered by Monobind in concordance with the published literature the following ranges have been assigned. **These ranges should be used as guidelines only:**

Adult (Normal) ≤ 96 ng/ml

It is important to keep in mind that establishment of a range of values which can be expected to be found by a given method for a population of "normal"-persons is dependent upon a multiplicity of factors: the specificity of the method, the population tested and the precision of the method in the hands of the analyst. For these reasons each laboratory should depend upon the range of expected values established by the Manufacturer only until an in-house range can be determined by the analysts using the method with a population indigenous to the area in which the laboratory is located.

PERFORMANCE CHARACTERISTICS

A. Precision

The within and between assay precision of the Myoglobin AccuBind™ Elisa Test System were determined by analyses on three different levels of pool control sera. The number, mean value, standard deviation and coefficient of variation for each of these control sera are presented in Table 2 and Table 3.

TABLE 2 Within Assay Precision (Values in ng/ml)				
SAMPLE	N	X	σ	C.V.
Pool 1	20	7.71	0.82	10.6
Pool 2	20	31.3	1.67	5.3
Pool 3	20	118	3.43	2.9

TABLE 3 Between Assay Precision* (Values in ng/ml)				
SAMPLE	N	X	σ	C.V.
Pool 1	10	8.15	0.79	9.7
Pool 2	10	36.7	1.45	3.9
Pool 3	10	124	5.54	4.5

*As measured in ten experiments in duplicate over ten days.

B. Accuracy

The Myoglobin AccuBind™ Elisa was compared with a predicate radioimmunoassay assay. Biological specimens from population (symptomatic and asymptomatic) were used. (The values ranged from N/D – 118 ng/ml). The total number of such specimens was 202. The data obtained is displayed in Table 4.

TABLE 4 Least Square Regression Analysis			
Method	Mean (x)	Regression Analysis	Correlation Coefficient
This Method (y)	24.37	$y = -1.97 + 1.12(x)$	0.989
Reference (x)	25.34		

Only slight amounts of bias between the Myoglobin AccuBind™ Elisa test system and the reference method are indicated by the closeness of the mean values. The least square regression equation and correlation coefficient indicates excellent method agreement.

C. Sensitivity

The sensitivity (detection limit) was ascertained by determining the variability of the 0 ng/ml serum calibrator and using the 2 σ (95% certainty) statistic to calculate the minimum dose. The assay sensitivity was found to be 1.0 ng/ml.

D. Specificity

The cross-reactivity of the Myoglobin Elisa method to selected substances was evaluated by adding the interfering substance(s) to a serum matrix at the following concentration(s). The antibody system used did not detect any hemoglobin, CK-MB, cTnI or FAPB when tested at very high concentrations.

The presence of lipemia (25 mg/ml); hemoglobin (4.0 mg/ml) and bilirubin (2.5 mg/ml) did not affect the assay precision.

E. High Dose Hook-Effect:

The test will not be affected by Myoglobin concentrations up to 10,000 ng/ml in serum, plasma or urine. However, samples expected to be over 400 ng/ml should be diluted 1:10 and 1:100 in normal pooled human serum and the normal pool assayed along side to obtain a base value. The base value and dilution factor should be taken into account to get the corrected concentration of Myoglobin in the sample.

REFERENCES

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5. Lee TH, Rouan GW, Weisberg MC, et al, "Sensitivity of routine clinical criteria for diagnosing Myocardial infarction within 24 hours of hospitalization", *Ann Intern Med*, **106**, 181-6 (1987).
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Revision: B Date:102506

Cat# 3225-300			
Size		96(A)	192(B)
Reagent (lil)	A)	2ml set	2ml set
	B)	1 (13ml)	2 (13ml)
	C)	1 plate	2 plates
	D)	1 (20ml)	1 (20ml)
	E)	1 (7ml)	2 (7ml)
	F)	1 (7ml)	2 (7ml)
	G)	1 (8ml)	2 (8ml)

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