



Anti-H. Pylori IgG, IgM, & IgA

**Product Codes: 1425-300 IgG
1525-300 IgM & 1625-300IgA**

Intended Use: The Quantitative Determination of Anti-H. Pylori Specific Antibodies of the IgG, IgA or IgM type in Human Serum or Plasma by Microplate Enzyme Immunoassay

SUMMARY AND EXPLANATION OF THE TEST

Helicobacter Pylori has been shown to be the unidentified curved bacillus that was observed by Warren¹ and Marshall² in close contact with gastric epithelium in biopsy studies of patients suffering from chronic gastritis. Although the source of *H. Pylori* infection is not known, the evidence is quite convincing that the bacillus can cause acute gastritis and may lead to chronic gastritis^{3,4}. Sethi et al⁵ has reported that *H. Pylori* was present in ninety-one (91) percent of patients with chronic superficial gastritis. Marshall⁶ determined that *H. Pylori* was present in ninety (90) percent of duodenal ulcer and seventy (70) percent of gastric ulcer patients.

The use of serological testing to ascertain the immunologically produced antibody caused by *H. Pylori* infection has been suggested as the method of choice to screen large populations. Measurements of the antibodies to *H. Pylori* have been done by hemagglutination, serum complement fixation and bacterial agglutination. These tests do not have the sensitivity of enzyme immunoassay and are limited by subjective interpretation. This procedure, with the enhanced sensitivity of EIA, permits easy detectability of antibodies to *H. Pylori*. In addition, the results are quantitated by a spectrophotometer, which eliminates subjective interpretation.

Monobind's microplate enzyme immunoassay methodology provides the technician with optimum sensitivity while requiring few technical manipulations. In this method, serum reference, diluted patient specimen, or control is first added to a microplate well. Biotinylated *H. Pylori* is added, and then the reactants are mixed. A reaction result between the autoantibodies to *H. Pylori* and the biotinylated *H. Pylori* to form an immune complex, which is deposited to the surface of streptavidin coated wells through the high affinity reaction of biotin and streptavidin.

After the completion of the required incubation period, aspiration or decantation separates the reactants that are not attached to the wells. An enzyme anti-human IgG, M or A conjugate is then added to permit quantitation of reaction through interacting with human IgG, M or A of the immune complex. After washing, the enzyme activity is determined by reaction with substrate to produce color.

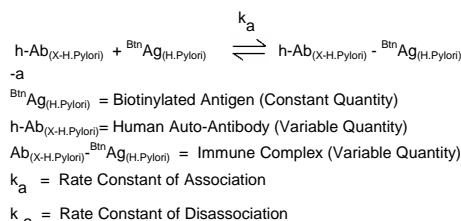
The employment of several serum references of known antibody activity permits construction of a graph of enzyme and antibody activities. From comparison to the dose response curve, an unknown specimen's enzyme activity can be correlated with autoimmune antibody level.

PRINCIPLE

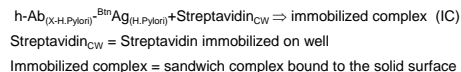
A Sequential ELISA Method (TYPE 1):

The reagents required for the sequential ELISA assay include immobilized antigen, circulating autoantibody and enzyme-linked species-specific antibody. In this procedure, the immobilization takes place during the assay at the surface of a microplate well through the interaction of streptavidin coated on the well and exogenous added biotinylated *H. Pylori* antigen.

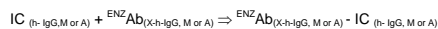
Upon mixing biotinylated antigen, and a serum containing the antibody, reaction results between the antigen and the antibody to form an immune-complex. The interaction is illustrated by the following equation:



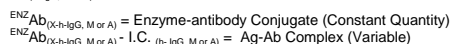
Simultaneously, the complex is deposited to the well through the high affinity reaction of streptavidin and biotinylated antigen. This interaction is illustrated below:



After the incubation time, the well is washed to separate the unbound components by aspiration and/or decantation. The enzyme linked species-specific antibody (anti-h-IgG, M or A) is then added to the microwells. This conjugates binds to the immune complex that formed.



$\text{IC}_{(h\text{-IgG, M or A})}$ = Immobilized Immune complex (Variable Quantity)



The anti-h-IgG, IgM or IgA enzyme conjugate that binds to the immune complex in a second incubation is separated from unreacted material by a wash step. The enzyme activity in this fraction is directly proportional to the antibody concentration in the specimen. By utilizing several different serum references of known antibody activity, a reference curve can be generated from which the antibody activity of an unknown can be ascertained

REAGENTS

Materials provided:

- Anti-H.Pylori Calibrators -- 1ml/vial - Icons A-E**
Five (5) vials of references for Anti-H.Pylori at levels of 0(A), 10(B), 25(C), 50(D), and 100(E) U/ml* of the IgG, IgM or IgA type. Store at 2-8°C. A preservative has been added. *Manufacturers' Reference Value
- H.Pylori Biotin Reagent -- 13ml/vial - Icon ▽**
One (1) vial of biotinylated inactivated *H. Pylori* (IgG, IgM or IgA) in a buffering matrix. A preservative has been added. Store at 2-8°C.
- H. Pylori Enzyme Reagent -- 13ml/vial - Icon ⊕**
One (1) vial of anti-human IgG, IgM or IgA-horseradish peroxidases (HRP) conjugate in a buffering matrix. A preservative has been added. Store at 2-8°C.
- Streptavidin Coated Plate -- 96 wells - Icon ↓**
One 96-well microplate coated with streptavidin and packaged in an aluminum bag with a drying agent. Store at 2-8°C.

- Serum Diluent - - 20ml**
One (1) vial of serum diluent containing buffer salts and a dye. Store at 2-8°C.
- Wash Solution -- 20ml - Icon ♀**
One (1) vial containing a surfactant in buffered saline. A preservative has been added. Store at 2-30°C
- Substrate A -- 7ml/vial - Icon S^A**
One (1) bottle containing tetramethylbenzidine (TMB) in buffer. Store at 2-8°C.
- Substrate B -- 7ml/vial - Icon S^B**
One (1) bottle containing hydrogen peroxide (H₂O₂) in buffer. Store at 2-8°C.
- Stop Solution -- 8ml/vial - Icon ⬡**
One (1) bottle containing a strong acid (1N HCl). Store at 2-30°C.
- Product Instructions**

Note 1: Do not use reagents beyond the kit expiration date.

Note 2: Opened reagents are stable for sixty (60) days when stored at 2-8°C.

Note 3: Above reagents are for a single 96-well microplate.

Required But Not Provided:

- Pipette capable of delivering 10, 25 & 50µl volumes with a precision of better than 1.5%.
- Dispenser(s) for repetitive deliveries of 0.100ml and 0.300ml volumes with a precision of better than 1.5%.
- Microplate washers or a squeeze bottle (optional).
- Microplate Reader with 450nm and 620nm wavelength absorbance capability.
- Absorbent Paper for blotting the microplate wells.
- Plastic wrap or microplate cover for incubation steps.
- Vacuum aspirator (optional) for wash steps.
- Timer.
- Quality control materials.

PRECAUTIONS

For In Vitro Diagnostic Use

Not for Internal or External Use in Humans or Animals

All products that contain human serum have been found to be non-reactive for Hepatitis B Surface Antigen, HIV 1&2 and HCV Antibodies by FDA licensed reagents. Since no known test can offer complete assurance that infectious agents are absent, all human serum products should be handled as potentially hazardous and capable of transmitting disease. Good laboratory procedures for handling blood products can be found in the Center for Disease Control / National Institute of Health, "Biosafety in Microbiological and Biomedical Laboratories," 2nd Edition, 1988, HHS Publication No. (CDC) 88-8395.

SPECIMEN COLLECTION AND PREPARATION

The specimens shall be blood; serum or plasma in type and the usual precautions in the collection of venipuncture samples should be observed. For accurate comparison to established normal values, a fasting morning serum sample should be obtained. The blood should be collected in a plain redtop venipuncture tube without additives or anti-coagulants (for serum) or evacuated tube(s) containing EDTA or heparin.. Allow the blood to clot for serum samples. Centrifuge the specimen to separate the serum or plasma from the cells.

Samples may be refrigerated at 2-8°C for a maximum period of five (5) days. If the specimen(s) cannot be assayed within this time, the sample(s) may be stored at temperatures of -20°C for up to 30 days. Avoid repetitive freezing and thawing. When assayed in duplicate, 0.100ml (IgM & IgA) or 0.050ml (IgG) of the diluted specimen is required.

REAGENT PREPARATION

- Serum Diluent**
Dilute the serum diluent to 200ml in a suitable container with distilled or deionized water. Store at 2-8°C.

- Wash Buffer**
Dilute contents of wash solution to 1000 ml with distilled or deionized water in a suitable storage container. Store at room temperature 20-27°C for up to 60 days.
- Working Substrate Solution**
Pour the contents of the amber vial labeled Solution 'A' into the clear vial labeled Solution 'B'. Place the yellow cap on the clear vial for easy identification. Mix and label accordingly. Store at 2 - 8°C.
Note: Do not use the working substrate if it looks blue.
- Patient Sample Dilution (1/100)**
Dispense 0.010ml (10µl) of each patient specimen into 1ml of serum diluent. Cover and vortex or mix thoroughly by inversion. Store at 2-8°C for up to forty-eight (48) hours

TEST PROCEDURE

Before proceeding with the assay, bring all reagents, serum references and controls to room temperature (20-27°C).

- Format the microplates' wells for each serum reference, control and patient specimen to be assayed in duplicate. **Replace any unused microwell strips back into the aluminum bag, seal and store at 2-8°C.**
- Pipette 0.025 ml (25µl) of the appropriate serum reference, control or diluted patient specimen into the assigned well for IgG determination. **For IgM or IgA, pipette 0.050ml (50µl) of the appropriate serum reference, control or diluted patient specimen into the assigned well.**
- Add 0.100 ml (100µl) of *H. Pylori* Biotin Reagent Solution.
- Swirl the microplate gently for 20-30 seconds to mix and cover.
- Incubate 60 minutes at room temperature.
- Discard the contents of the microplate by decantation or aspiration. If decanting, blot the plate dry with absorbent paper.
- Add 300µl of wash buffer (see Reagent Preparation Section), decant (blot) or aspirate. Repeat two (2) additional times for a total of three (3) washes. **An automatic or manual plate washer can be used. Follow the manufacturer's instruction for proper usage. If a squeeze bottle is employed, fill each well by depressing the container (avoiding air bubbles) to dispense the wash. Decant the wash and repeat two (2) additional times.**
- Add 0.100 ml (100µl) of *H. Pylori* Enzyme Reagent to all wells. **Always add reagents in the same order to minimize reaction time differences between wells.**
DO NOT SHAKE THE PLATE AFTER ENZYME ADDITION
- Cover and incubate for thirty (30) minutes at room temperature.
- Repeat steps (6 & 7) as explained above.
- Add 0.100 ml (100µl) of Working Substrate Solution to all wells (see Reagent Preparation Section). **Always add reagents in the same order to minimize reaction time differences between wells.**
DO NOT SHAKE THE PLATE AFTER SUBSTRATE ADDITION
- Incubate at room temperature for fifteen (15) minutes.
- Add 0.050ml (50µl) of stop solution to each well and swirl the microplate gently for 15-20 seconds to mix. **Always add reagents in the same order to minimize reaction time differences between wells.**
- Read the absorbance in each well at 450nm (using a reference wavelength of 620-630nm to minimize well imperfections) in a microplate reader. **The results should be read within thirty (30) minutes of adding the stop solution.**

Note: For re-assaying specimens with concentrations greater than 100 U/ml, dilute the sample an additional 1:5 or 1:10 using the original diluted material in the serum diluent. Multiply by the dilution factor to obtain the concentration of the specimen.

CALCULATION OF RESULTS

A reference curve is used to ascertain the concentration of anti-*H. Pylori* in unknown specimens.

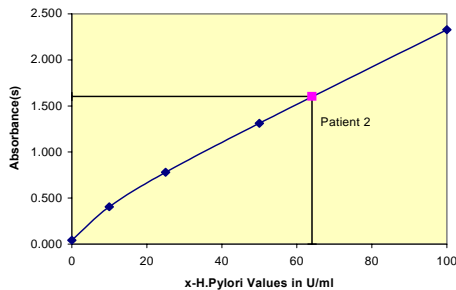
- Record the absorbance obtained from the printout of the microplate reader as outlined in Example 1.
- Plot the absorbance for each duplicate serum reference versus the corresponding anti-*H. Pylori* activity in U/ml on linear graph paper (do not average the duplicates of the serum references before plotting).
- Draw the best-fit curve through the plotted points.
- To determine the level of anti-*H. Pylori* activity for an unknown, locate the average absorbance of the duplicates for each unknown on the vertical axis of the graph, find the intersecting point on the curve, and read the concentration (in U/ml) from the horizontal axis of the graph (the duplicates of the unknown may be averaged as indicated). In the following example, the average absorbance 1.603 (intersects the dose response curve) at 64.0 U/ml anti-*H. Pylori* concentration (See Figure 1). *

EXAMPLE 1 (Typical results for IgG, M or A)

Sample I.D.	Well Number	Abs (A)	Mean Abs (B)	Value (U/ml)
Cal A	A1	0.042	0.044	0
	B1	0.046		
Cal B	C1	0.424	0.406	10
	D1	0.388		
Cal C	E1	0.810	0.791	25
	F1	0.772		
Cal D	G1	1.351	1.312	50
	H1	1.273		
Cal E	A2	2.377	2.328	100
	B2	2.279		
Patient 1	C2	0.163	0.172	5.2
	D2	0.182		
Patient 2	A3	1.534	1.603	64.0
	B3	1.671		

*The data presented in Example 1 and Figure 1 is for illustration only and **should not** be used in lieu of a standard curve prepared with each assay.

Figure 1



Q.C. PARAMETERS

Maximum Absorbance (100 U/ml calibrator) = > 1.3

QUALITY CONTROL

Each laboratory should assay controls at levels in the normal, borderline and elevated range for monitoring assay performance. These controls should be treated as unknowns and values determined in every test procedure performed. Quality control charts should be maintained to follow the performance of the supplied reagents. Pertinent statistical methods should be employed to ascertain trends. The individual laboratory should set acceptable assay performance limits. In addition, maximum absorbance should be consistent with past experience. Significant deviation from established performance can indicate unnoticed change in experimental conditions or degradation of kit reagents. Fresh reagents should be used to determine the reason for the variations.

LIMITATIONS OF PROCEDURE

LIMITATIONS OF PROCEDURE

A. Assay Performance

- It is important that the time of reaction in each well is held constant for reproducible results. Pipetting of samples should not extend beyond ten (10) minutes to avoid assay drift. If more than one (1) plate is used, it is recommended to repeat the dose response curve.
 - Addition of the substrate solution initiates a kinetic reaction, which is terminated by the addition of the stop solution. Therefore, the addition of the substrate and the stopping solution should be performed in the same sequence to eliminate any time deviation during reaction.
 - Plate readers measure vertically. Do not touch the bottom of the wells.
 - Failure to remove adhering solution adequately in the aspiration or decantation wash step(s) may result in poor replication and spurious results.
 - Very high concentration of anti-*H. Pylori* in patient specimens can contaminate samples immediately following these extreme levels. Bad duplicates are indicative of cross contamination. Repeat any sample, which follows any patient specimen with over 3.0 units of absorbance.
 - Samples, which are contaminated microbiologically, should not be used.
- B. Interpretation

- If computer controlled data reduction is used to interpret the results of the test, it is imperative that the predicted values for the calibrators fall within 10% of the assigned concentrations.
- The clinical significance of the result should be used in evaluating the possible presence of gastrointestinal disease. However, clinical inferences should not be solely based on this test but rather as an adjunct to the clinical manifestations of the patient and other relevant tests such as Histology, Urease and Culture. A positive result does not indicate gastrointestinal disease and does not distinguish between the colonization and infection of *H. Pylori*. Similarly, a negative result does not eliminate the absence of *H. Pylori* infection but rather a very low titer of antibody that may be related to the early stages of colonization.

EXPECTED RANGES OF VALUES

A study of apparently healthy population (n=118) and patients suffering from gastric abnormalities (n=154) was undertaken to determine expected values for the Anti-*H. Pylori* AccuBind™ ELISA test system. Based on the data following cut-off points were established.

The presence of IgG and IgA antibodies to *H. Pylori* is confirmed when the serum level exceeds 20 U/ml.

The presence of IgM antibodies to *H. Pylori* is confirmed when the serum level exceeds 40 U/ml.

It is important to keep in mind that establishment of a range of values which can be expected to be found by a given method for a population of "normal"-persons is dependent upon a multiplicity of factors: the specificity of the method, the population tested and the precision of the method in the hands of the analyst. For these reasons each laboratory should depend upon the range of expected values established by the manufacturer only until an in-house range can be determined by the analysts using the method with a population indigenous to the area in which the laboratory is located.

PERFORMANCE CHARACTERISTICS

A. Precision Anti-*H. pylori* - IgG

The within and between assay precision of the Anti-*H. Pylori* (IgG) AccuBind™ ELISA Test System were determined by analyses on two different levels of pool control sera. The number, mean value, standard deviation (σ) and coefficient of variation for each of these control sera are presented in Table 2 & Table 3.

TABLE 2 Within Assay Precision (Values in U/ml)				
Sample	N	X	σ	C.V.
Negative	20	5.5	0.31	5.6%
Positive	20	43.2	1.85	4.3%

TABLE 3* Between Assay Precision (Values in U/ml)				
Sample	N	X	σ	C.V.
Negative	10	5.8	0.40	6.9%
Positive	10	42.1	2.10	5.0%

*As measured in ten experiments in duplicate.

B. Precision Anti-*H. Pylori* - IgM

The within and between assay precision of the Anti-*H. Pylori* (IgM) AccuBind™ ELISA Test System were determined by analyses on two different levels of pool control sera. The number, mean value, standard deviation and coefficient of variation for each of these control sera are presented in Table 4 and Table 5.

TABLE 4 Within Assay Precision (Values in U/ml)				
Sample	N	X	σ	C.V.
Negative	20	3.1	0.23	7.4%
Positive	20	39.8	1.65	4.1%

TABLE 5* Between Assay Precision (Values in U/ml)				
Sample	N	X	σ	C.V.
Negative	10	3.8	0.34	8.9%
Positive	10	37.1	2.80	7.5%

*As measured in ten experiments in duplicate.

C. Precision Anti-*H. Pylori* - IgA

The within and between assay precision of the Anti-*H. Pylori* (IgA) AccuBind™ ELISA Test System were determined by analyses on two different levels of pool control sera. The number, mean value, standard deviation and coefficient of variation for each of these control sera are presented in Table 6 and Table 7.

TABLE 6 Within Assay Precision (Values in U/ml)				
Sample	N	X	σ	C.V.
Negative	20	2.8	0.22	8.5%
Positive	20	25.5	1.35	5.3%

TABLE 7* Between Assay Precision (Values in U/ml)				
Sample	N	X	σ	C.V.
Negative	10	2.5	0.20	8.0%
Positive	10	25.1	1.90	7.6%

*As measured in ten experiments in duplicate.

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Cat #: 1525-300 (IgM)
Cat #: 1625-300 (IgA)

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Instruments & Applications

Monobind's immunoassay products are designed to work in both manual and automated lab environments. AccuBind™ and AccuLite™ are compatible with any open-ended instrumentation, including chemistry analyzers, microplate readers and microplate washers. There may or may not be an application developed for your particular instrument, please visit the instrument section of our website, or contact techsupport@monobind.com

Monobind offers several instruments, including the Impulse 2 Luminometer CLIA Plate Reader designed hand-in-hand with our products and capable of 2-point calibration. Visit our website for more information.