

# Nam Anh Tran

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## EXPERIENCE

### Personal Support Practice | Full Time

Melbourne, Australia

#### Emotional Support Specialist

Since I was Born – Current

- Good at staying calm during emotional moments (learned from you)
- Patient listener, even when the story takes time (I love listening to you)
- Offers reassurance without judgement (duh)
- Care deeply, sometime too deeply (hehe)

### Winning You Back | Freelancer

Melbourne, Australia

#### Full-Stack Effort Developer (Unofficial, Very Serious)

Nov 25 – Current

- Build and design thoughtful experiences to make you smile and feel appreciated
- Worked independently, but always with you in mind <3
- Applied consistency, honesty, and effort as core “technology”
- Debugged past mistakes and worked on better emotional logic and responses
- Iterated continuously based on reflection, emotions and lesson learned

### Home Kitchen | Internship

Melbourne, Australia

#### Junior Meal Preparation Analyst (From My Sister)

Oct 25 – Feb 26

- Reverse-engineered favourite dishes through trial, error and taste test
- Optimised recipe for warmth, comfort and happiness
- Applied consistency and care in meal preparation (with you in mind)
- Learned that food is a language on its own :>

## EDUCATION

### University of Melbourne

Melbourne, Australia

#### Master of Understanding & Commitment

Mar 2026 – Current

- Major: Learning How to Love Properly

### Monash University

Melbourne, Australia

#### Bachelor of Effort & Growth

Mar 2023 – Dec 2025

- Major: Showing Up, Trying Again, and Doing Better

## SKILLS

### Core Strengths:

- Listening carefully remembering small details
- Being emotionally available and present
- Patience, even when things are not easy
- Loyal and sincerity (no doubt)
- Consistency instead of mixed signals

### Practical Skills:

- Clear and honest communication, understand what “bare minimum” is
- Aologising properly and taking responsibility
- Supporting goals and ambitions
- Turning care into actions, without being asked (of course)
- Making time and showing up
- Walked on the street side when with you, and carried stuff for you without asking (duh)

### Soft Skills (But Actually Important):

- Emotional awareness
- Kindness
- Respect
- Growth mindset
- Empathy
- Reliability (I can kill spiders)

### Love Languages and Languages:

- Occasionally overthinking, spoken fluently
- Physical Touch, Words of Affirmation, Receiving Gifts, Acts of Service, Quality Time ([5 in 1 Shampoo](#))
- English and Vietnamese
- Cantonese if you were to be mine :>