

# Logistic Regression: Theory, Loss Functions, and Optimization

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## Abstract

This report provides a comprehensive overview of logistic regression, a fundamental algorithm used for binary classification tasks in machine learning. Core components covered include the mathematical formulation, the sigmoid activation function, the cross-entropy loss function, and parameter estimation via gradient descent. Illustrative figures are included to enhance understanding.

## 1 Introduction

Logistic regression is a widely used classification algorithm that models the probability of a binary outcome as a function of input features using the logistic function [1]. Unlike linear regression, which predicts continuous values, logistic regression outputs probabilities bounded between 0 and 1, suitable for classification tasks such as spam detection, medical diagnosis, and many others.

## 2 Mathematical Model

Given an input vector  $\mathbf{x} = (x_1, x_2, \dots, x_n)$ , logistic regression models the probability of a positive class ( $y = 1$ ) as:

$$P(y = 1 \mid \mathbf{x}) = \sigma(z) = \frac{1}{1 + e^{-z}}$$

where

$$z = \mathbf{w}^\top \mathbf{x} + b$$

with  $\mathbf{w}$  as the weights,  $b$  as the bias term, and  $\sigma(\cdot)$  the sigmoid function [2].

$$\text{Sigmoid Function } \sigma(z) = \frac{1}{1+e^{-z}}$$

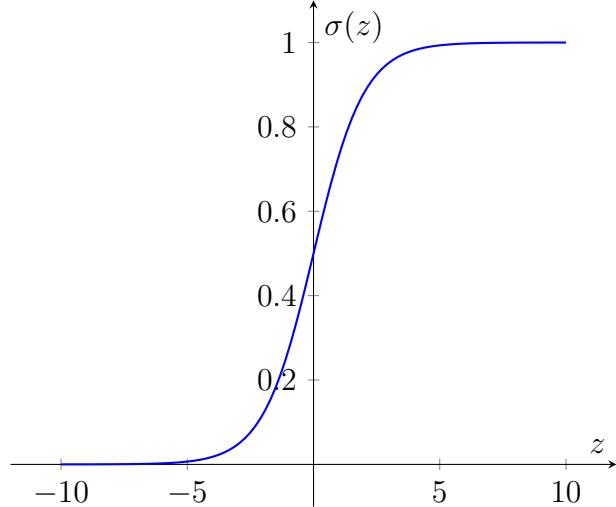


Figure 1: The sigmoid function maps any real-valued number into the interval  $(0,1)$ , enabling probability interpretation.

### 3 Cross-Entropy Loss Function

To quantify the difference between predicted probabilities and true class labels, logistic regression uses the cross-entropy (log loss) function:

$$L = -\frac{1}{m} \sum_{i=1}^m [y^{(i)} \log \hat{y}^{(i)} + (1 - y^{(i)}) \log(1 - \hat{y}^{(i)})]$$

where  $m$  is the number of samples,  $y^{(i)} \in \{0, 1\}$  is the true label, and  $\hat{y}^{(i)} = \sigma(z^{(i)})$  is the predicted probability [?].

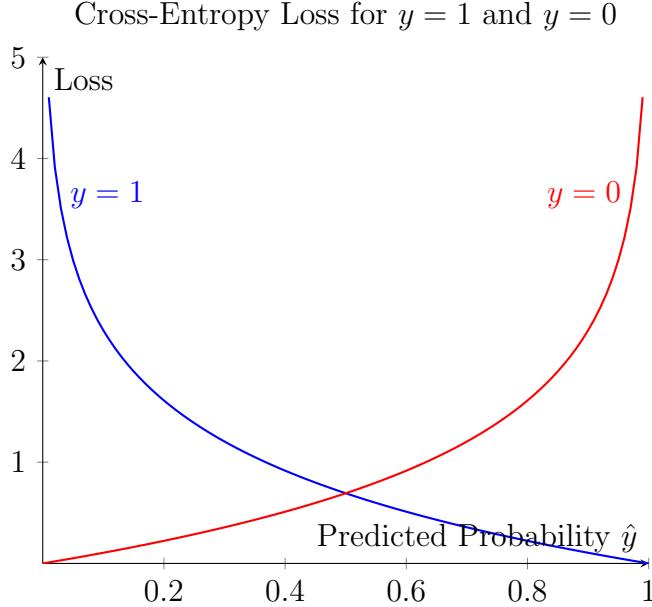


Figure 2: Cross-entropy loss curves illustrating penalty as predicted probability diverges from true label for positive (blue) and negative (red) classes.

## 4 Gradient Descent Optimization

To find optimal parameters  $\mathbf{w}$  and  $b$  minimizing the cross-entropy loss, gradient descent is widely used. The update rules for parameters at iteration  $t$  are:

$$w_j^{t+1} = w_j^t - \alpha \frac{\partial L}{\partial w_j}, \quad b^{t+1} = b^t - \alpha \frac{\partial L}{\partial b}$$

where  $\alpha$  is the learning rate, and gradients are computed as

$$\frac{\partial L}{\partial w_j} = \frac{1}{m} \sum_{i=1}^m (\hat{y}^{(i)} - y^{(i)}) x_j^{(i)}, \quad \frac{\partial L}{\partial b} = \frac{1}{m} \sum_{i=1}^m (\hat{y}^{(i)} - y^{(i)})$$

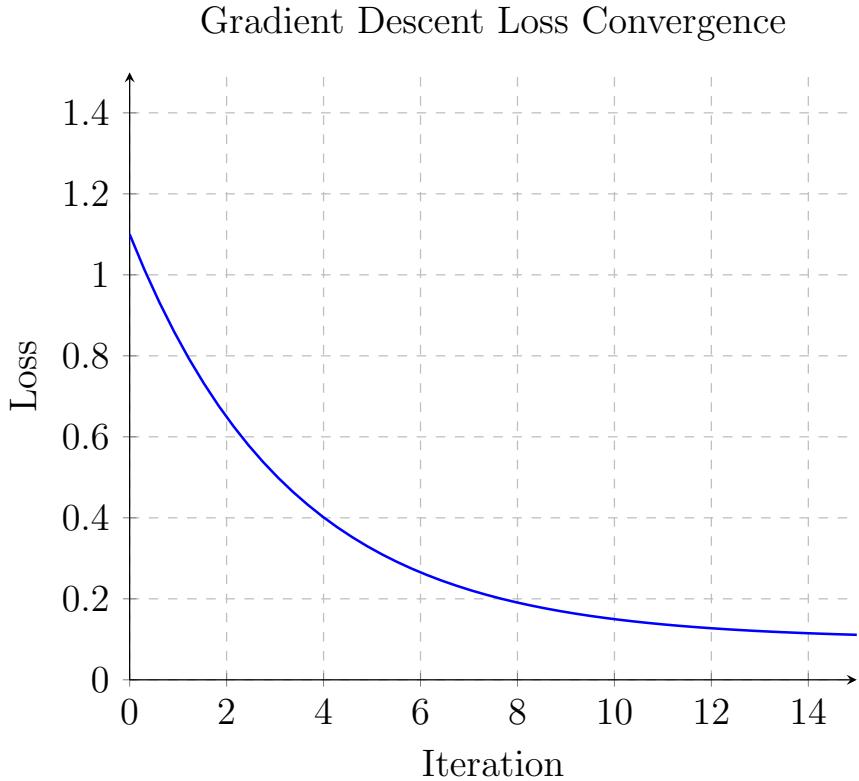


Figure 3: An example curve of loss decreasing over iterations of gradient descent optimization.

## 5 Conclusion

Logistic regression forms a cornerstone of binary classification tasks in machine learning with its probabilistic model and interpretable parameters. The sigmoid function enables probability output, the cross-entropy loss measures prediction error effectively, and gradient descent provides a practical optimization technique. Understanding these components is essential for applying logistic regression confidently.

## References

- [1] Logistic Regression. *Wikipedia*. [https://en.wikipedia.org/wiki/Logistic\\_regression](https://en.wikipedia.org/wiki/Logistic_regression)
- [2] Andrew Ng, Machine Learning, Coursera Lecture Notes.