

A Summary of Our Experiences at Marrakech and New Life

Maggie Li and Nancy Lu

Outline

1. Overview of the internship at New Life
2. General Comparison in Mental Health: HK Vs. US
3. Overview of the internship at Marrakech Inc.
4. New Life (HK) Vs. Marrakech (US)

About Maggie



Maggie is coming to be a final year student in CUHK in September. She is majoring in Public Health and has a great interest in mental health either.

She likes watching plays and having fun with friends. She also enjoys being a educational volunteer in leisure time to share what she knows with others.

About Nancy



Nancy is going to be a second-year at Yale University in the USA this fall. She plans on majoring in biology and would like to enter medical school after her undergraduate education.

In her free time, she likes to run, play the piano, hang out with friends (like Maggie), and volunteer at the Yale-New Haven Hospital.

Overview of Internship at New Life

Site Visits

— Social Enterprise



Site Visits



Site Visits

— Sheltered workshops



Site Visits

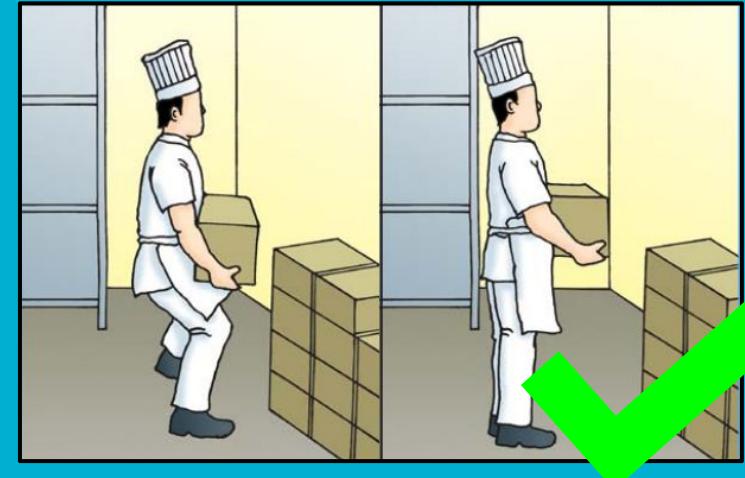


Site Visits

- Halfway House
- Long Stay Care Home
- Integrated Community Centre for Mental Wellness (ICCMW)
 - Day Programs: Cooking Class & Hearing Voice Group
- Support Employment Service Centre
 - WRAP
- Recovery College (MINDSET College)
- Family Support Service

Group activity

- Medical terminology and basic facts presentation
- Taught patients how to measure their blood pressure using a blood pressure cuff and what different measurements mean



Group activity: Circle Painting

- Circle painting is a collaborative form of painting where people are encouraged to add to each other's creations
 - Direction ex: "Shift 2 seats to the left and draw a circle inside somebody else's creation."
- Brings the value of inclusiveness, collaboration, and imagination



Maggie's favorite visit

- Sheltered workshops
- Hand on experience to try the duties
- Seems an easy job, but it is not
 - Counting, proper control of your hand
- Service users: friendliness



Maggie's favorite visit



Nancy's favorite visit

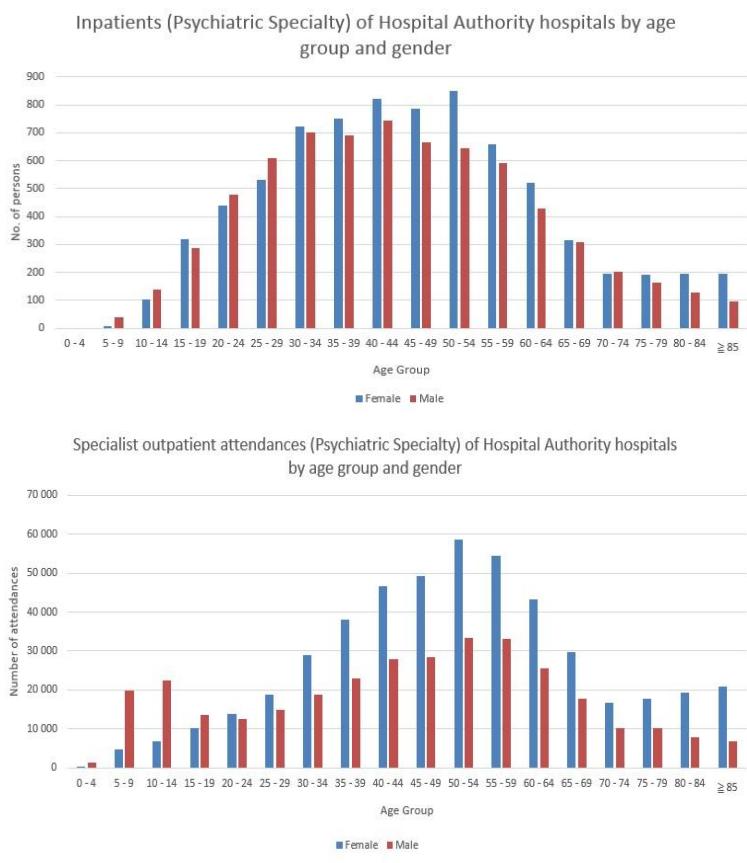
- Recovery/MINDSET College - New Life offers more than 20 courses on various life skills that clients would like to improve
 - “Treat clients as *students*, not as people with a diagnosis”
 - Free of charge
 - Model of self-sufficiency for the clients



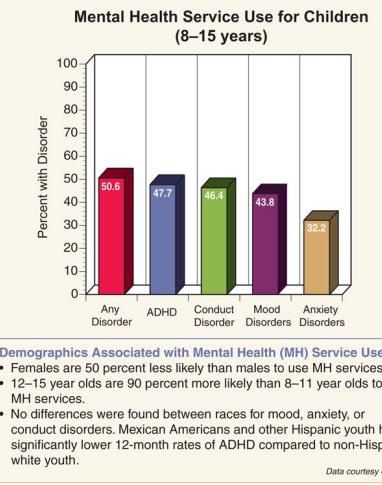
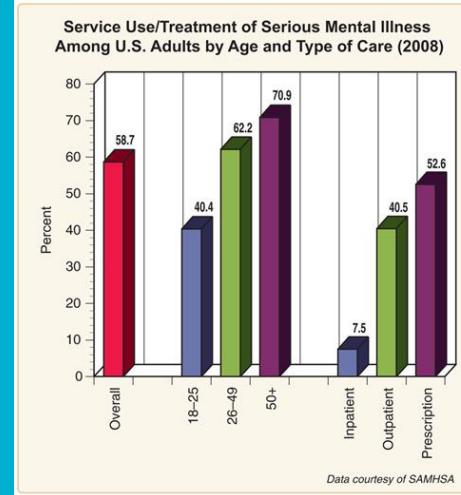
Join Courses

General Comparison in Mental Health: HK Vs. US

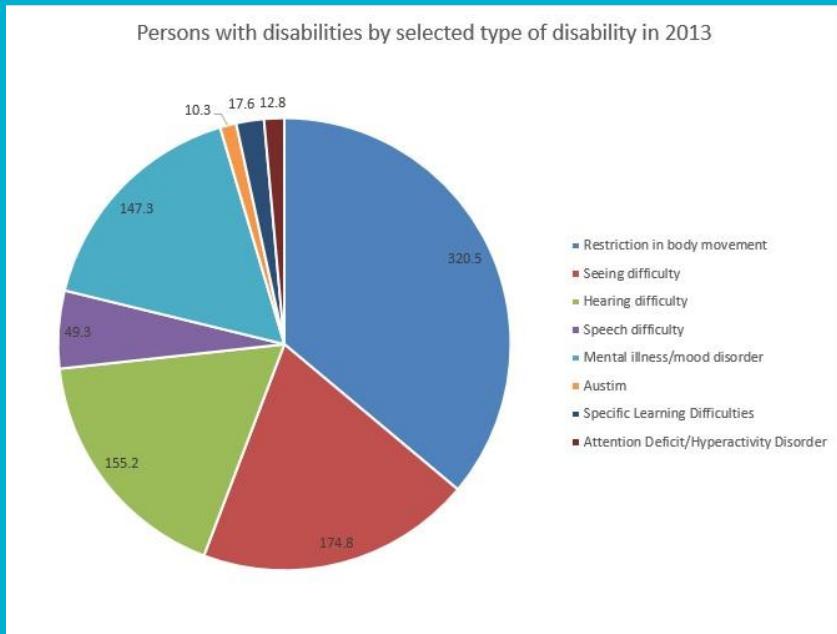
Hong Kong



Connecticut, US



Hong Kong



Connecticut, US



	Hong Kong (1)	Connecticut, US
No. of Inpatient Discharge and Death in hospital by mental and behavior problem (2)	34,088 [1.70% of total]	Not available
Average length of stay in main psychiatric hospitals	CPH: 108.5 SLH: 436.0	~ 6 months
No. of Specialist Outpatient Attendances (Clinical) in Psychiatry	796,123 (3) [Rank 2]	Not available
Total no. of hospital beds for Psychiatry provided	3,607	8,610

(1) Data in 2014/2015 by Hospital Authority is listed

(2) It includes the diseases listed in ICD10 from F10-F99

(3) It includes the setting of public hospitals and public clinics only

	Hong Kong (1)	Connecticut, US
No. of places for Psychiatric Day Hospital	889	*no exact counterpart
No. of Psychiatric Day Hospital overall attendances	219,163	*no exact counterpart
No. of Registered Psychiatrist	357 (2)	> 1500
Ratio to population	1:48,407	Approx 1: 15,000

(1) Data in 2014/2015 by Hospital Authority is listed.

(2) Data from website of Hong Kong College of Psychiatrists in Jan, 2016.

Community Setting

- Hong Kong:
 - NO Governmental organization provide rehabilitation services
 - Subvented agencies
 - Residential Service
 - Day Training or Vocational Rehabilitation
 - Community Support Service
- US
 - **Several** state-level governmental organization provide rehabilitation services
 - Subvented agencies (Marrakech)
 - Residential Service
 - Some day Training programs
 - Emphasis on vocational rehabilitation

Overview of the internship at Marrakech Inc.

Marrakech History

Embracing Human Potential

Founded in 1971

"Looking at the world through the sunset in your eyes.

Sweeping cobwebs from the edges of my mind,

Had to get away to see what we could find.

Hope the days that lie ahead Bring us back to where they've led.

Listen not to what's been said to you.

Don't you know we're riding on the Marrakesh Express?"

Internship at Marrakech

- Vocational Rehabilitation
(Employment and Training Services)
 - Interview Prep
 - Filling out job applications
- Community Service Provider
 - Personnel visit homes
 - More convenient for clients vs less efficiency (meet fewer people/day)



New Life (HK) Vs. Marrakech (US)

New Life versus Marrakech System

1 | No integrated SES system

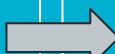
Marrakech does not have its own businesses.



Therefore, its main goal is to get people to the open employment market directly.

2 | Focus on job coaching

(Marrakech) During the OE phase, clients are paired with a “job coach” who helps with various tasks and writes a report.



(New Life) Emphasis on training occurs in sheltered workshops.

3 | Dealing with Drug Abuse and Homelessness

(Marrakech) Has a department devoted to drug abuse and homelessness, which is often tied to mental illness

(New Life/Hong Kong) The systems seem to be separated.

(Marrakech) Taking Initiative Center



System similarities

1

Equivalent of
sheltered
workshop

- Group Homes
 - Counting hangers for company
 - Goal was not OE

2

Realization that
work is happiness

- “There is joy in work” ~Henry Ford

Models of Mental Health (HK vs US)

US Model/Advanced Training Model



New Life's model



Thank you very much!

Any questions?

