

**Patient Name: Sarah Johnson   Age: 34 years   Sex: Female**

**Diagnosis: Acute bacterial sinusitis**

Duration of Symptoms: 5 days

**Presenting Symptoms:**

- Nasal congestion
- Thick yellow nasal discharge
- Facial pain and pressure
- Headache
- Reduced sense of smell

Allergies: No known allergies

Current Medications: Ibuprofen 400mg as needed for pain relief

Past Medical History: No significant past medical history

**Treatment Plan:**

Amoxicillin-Clavulanate 875mg/125mg

- Take twice daily with food
- Continue for 10 days

Saline nasal rinses

- Use twice daily

Follow up in 7-10 days if symptoms do not improve or worsen. Return immediately if severe headache, vision changes, or high fever develops.

Sincerely,

**Dr. Amrita Kaur Talwar**

Consultant Dermatologist

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2025-12-27