

Patient Name: Sarah Johnson Age: 34 years Sex: Female

Diagnosis: Acute bacterial sinusitis

Duration of Symptoms: 5 days

Presenting Symptoms:

- Nasal congestion
- Thick yellow nasal discharge
- Facial pain and pressure
- Headache
- Reduced sense of smell

Allergies: No known allergies

Current Medications: Ibuprofen 400mg as needed for pain relief

Past Medical History: No significant past medical history

Treatment Plan:

Amoxicillin-Clavulanate 875mg/125mg

- Take twice daily with food
- Continue for 10 days

Saline nasal rinses

- Use twice daily

Follow up in 7-10 days if symptoms do not improve or worsen. Return immediately if severe headache, vision changes, or high fever develops.

Sincerely,

Dr. Amrita Kaur Talwar

Consultant Dermatologist

M.B.B.S, M.D., D.D (U.K)

Medical License Number: MMC: 2012/10/2891

402 - 407 Doctor Centre, 135, August Kranti Marg, Mumbai - 400036

402clinic@gmail.com | +912223632524

2025-12-27