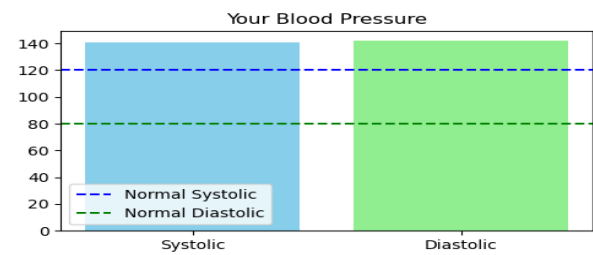
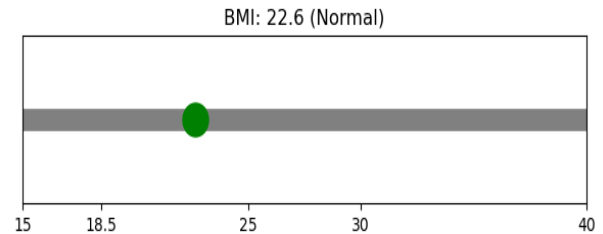




## VOXHEART – Heart Disease Report

Field	Value
Age	85.0
Gender	Male
Height	182.0
Weight	75.0
Ap hi	141.0
Ap lo	142.0
Cholesterol	2.0
Gluc	1.0
Smoke	Yes
Alco	No
Active	Yes
Prediction	1



### Medical Advice

- Your cholesterol is mildly elevated; reduce saturated fats & fried foods.
- BMI in healthy range: Maintain diet & exercise habits.

### Lifestyle Tips

- Smoking increases heart risk; seek a quitting program or support group.
- Abstaining from alcohol benefits your heart.
- Keep up your regular exercise routine!
- Annual cardiovascular screenings are recommended after age 50.