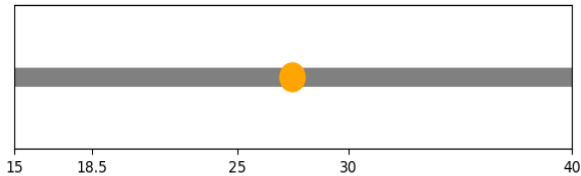




## VOXHEART – Heart Disease Report

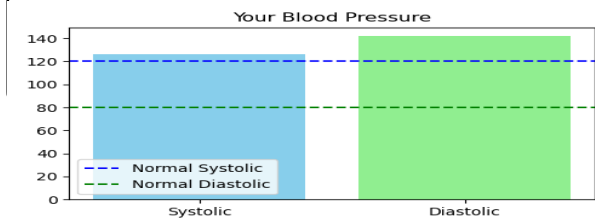
Field	Value
Age	85.0
Gender	Female
Height	182.0
Weight	91.0
Ap hi	126.0
Ap lo	142.0
Cholesterol	1.0
Gluc	3.0
Smoke	No
Alco	No

BMI: 27.5 (Overweight)



### AI Explanation

Unable to generate explanation: You exceeded your current quota.



### Medical Advice

- High glucose levels; monitor for pre-diabetes and consult your physician.
- Overweight: Aim for 5-10% body weight loss to improve heart health.
- Staying smoke-free!
- Abstaining from alcohol benefits your heart.
- Try 30 min brisk walking at least 5 days a week.
- Annual cardiovascular screenings are recommended after age 50.

### Lifestyle Tips