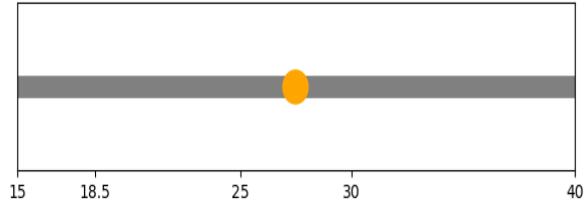


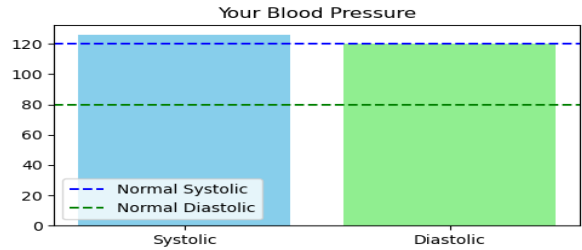
Field	Value
Age	85.0
Gender	Female
Height	182.0
Weight	91.0
Ap hi	126.0
Ap lo	120.0
Cholesterol	3.0
Gluc	2.0
Smoke	No

BMI: 27.5 (Overweight)



AI Explanation

Unable to generate explanation: You exceeded your current quota



Medical Advice

- High cholesterol detected; increase soluble fiber (oats, legumes) & eat less trans fats.
- Glucose above normal; cut down on sugary drinks and snacks.
- Overweight: Aim for 5-10% body weight loss to improve heart health.

Lifestyle Tips

- Keep up your regular exercise routine!
- Annual cardiovascular screenings are recommended after age 50.