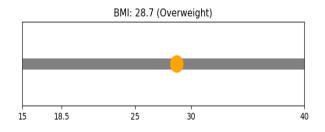
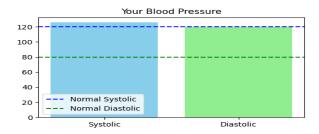


## **VOXHEART – Heart Disease Report**

Field	Value
Age	85.0
Gender	Male
Height	182.0
Weight	95.0
Ap hi	126.0
Ap Io	120.0
Cholesterol	2.0
Gluc	2.0
Smoke	Yes
Alco	Yes
Active	No
Prediction	1





## **Medical Advice:**

## **Lifestyle Tips:**

- Glucose above normal; cut down on sugary drinks and snacks. Limit alcohol: no more than 1 drink/day (women) or 2/day (men).
- Overweight: Aim for 5■10% body weight loss to improve hear fregil®0 min brisk walking at least 5 days a week.
  - Annual cardiovascular screenings are recommended after age 50.