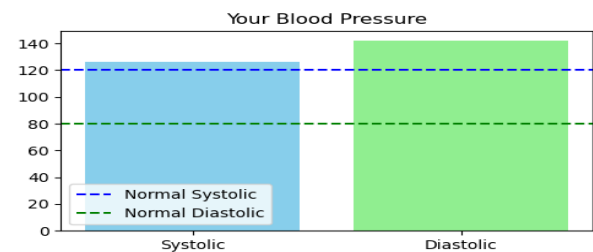
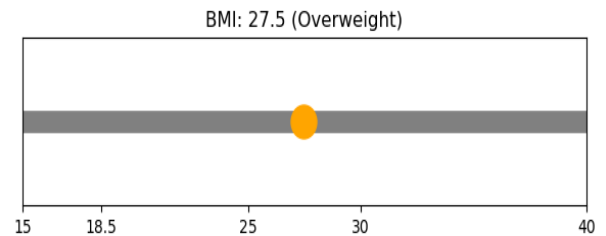




## VOXHEART – Heart Disease Report

Field	Value
Age	85.0
Gender	Male
Height	182.0
Weight	91.0
Ap hi	126.0
Ap lo	142.0
Cholesterol	2.0
Gluc	1.0
Smoke	No
Alco	Yes
Active	Yes
Prediction	1



### Medical Advice

- Your cholesterol is mildly elevated; reduce saturated fats & fried foods.
- Overweight: Aim for 5-10% body weight loss to improve heart health.

### Lifestyle Tips

- Good job staying smoke-free!
- Limit alcohol: no more than 1 drink/day (women) or 2/day (men).
- Keep up your regular exercise routine!
- Annual cardiovascular screenings are recommended after age 50.