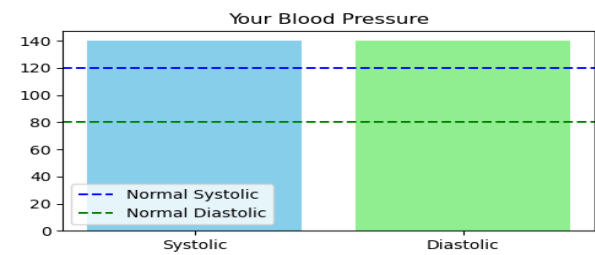
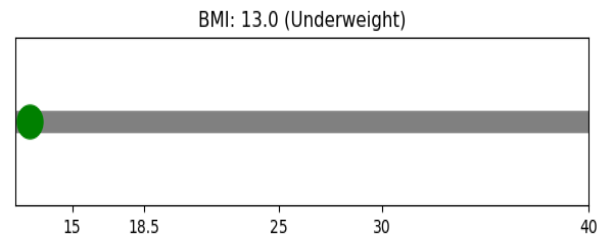




VOXHEART – Heart Disease Report

| Field | Value |
|-------------|-------|
| Age | 34.0 |
| Gender | Male |
| Height | 180.0 |
| Weight | 42.0 |
| Ap hi | 140.0 |
| Ap lo | 140.0 |
| Cholesterol | 2.0 |
| Gluc | 2.0 |
| Smoke | Yes |
| Alco | No |
| Active | No |
| Prediction | 1 |



Medical Advice:

- Your cholesterol is mildly elevated; reduce saturated fats & fried foods.
- Glucose above normal; cut down on sugary drinks and snacks.
- Underweight: Focus on nutrient-dense meals to support healthy weight gain.

Lifestyle Tips:

- Smoking increases heart risk; seek a quitting program or support group.
- Abstaining from alcohol benefits your heart.
- Try 30 min brisk walking at least 5 days a week.