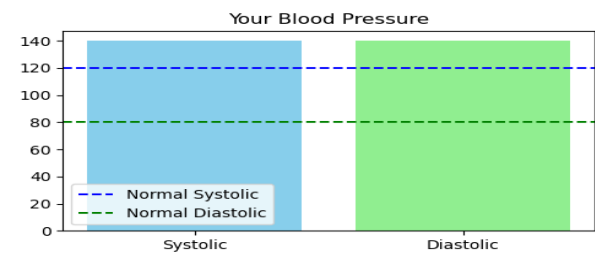
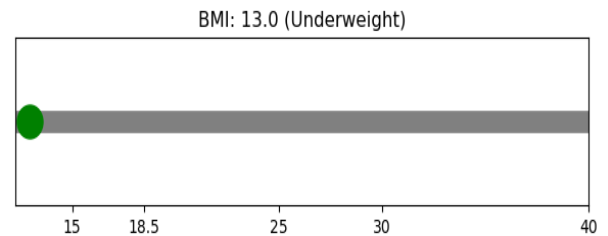




VOXHEART – Heart Disease Report

Field	Value
Age	34.0
Gender	Male
Height	180.0
Weight	42.0
Ap hi	140.0
Ap lo	140.0
Cholesterol	2.0
Gluc	2.0
Smoke	Yes
Alco	No
Active	No
Prediction	1



Medical Advice:

- Your cholesterol is mildly elevated; reduce saturated fats & fried foods.
- Glucose above normal; cut down on sugary drinks and snacks.
- Underweight: Focus on nutrient-dense meals to support healthy weight gain.

Lifestyle Tips:

- Smoking increases heart risk; seek a quitting program or support group.
- Abstaining from alcohol benefits your heart.
- Try 30 min brisk walking at least 5 days a week.