Sample	e_1 - hh_1	e_1 -lh ₁	e_2 -hh $_2$	e_2 -lh ₂	e_3 -hh $_3$
SCQWs	(N)1.5328 $(E)1.5297$	(N)1.5380 $(E)1.5341$	(N)1.5394	(N)1.5499	(N)1.5948
ACQWs-1	(N)1.5265 (E)1.5273	(N)1.5296 $(E)1.5314$	(N)1.5368	(N)1.5460	(N)1.5837
ACQWs-2	(N)1.5181 (E)1.5190	(N)1.5206 (E)1.5210	(N)1.5330	(N)1.5394	(N)1.5460