## Demographic Behavioral Data Plots

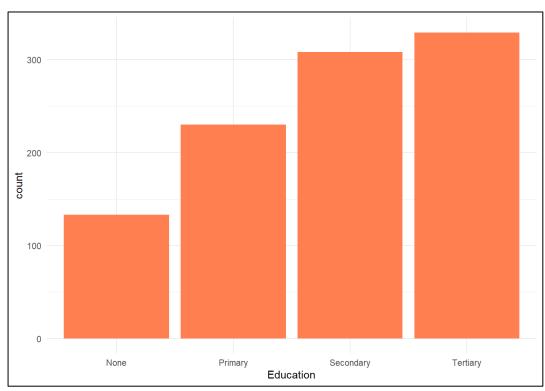


Figure 1: Bar Plot of Levels in Education

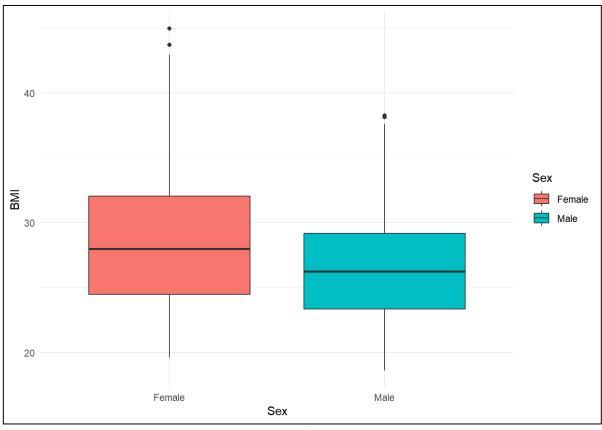


Figure 2: Boxplot of BMI and Sex

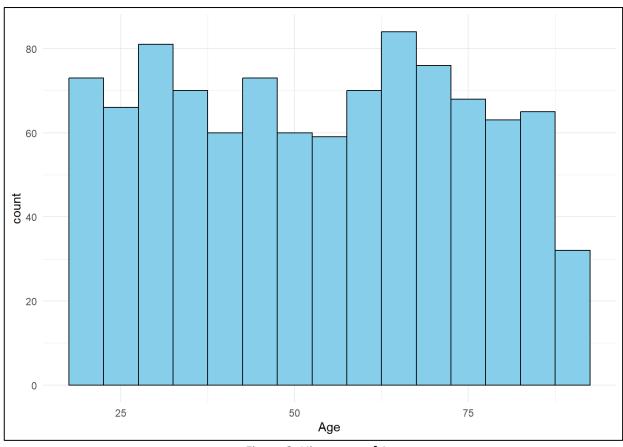


Figure 3. Histogram of Age

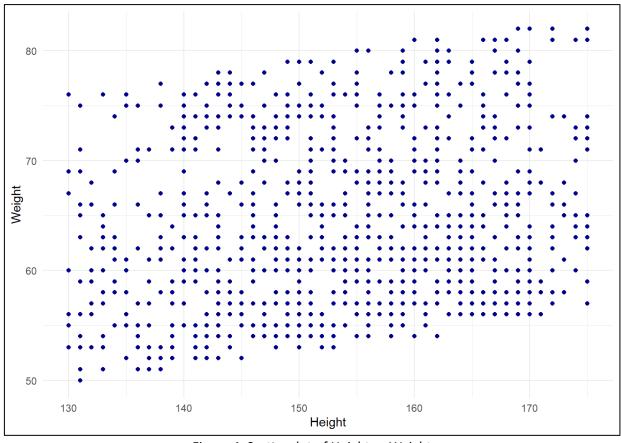


Figure 4. Scatterplot of Height vs Weight

## Nutritional Dietary Data Plots

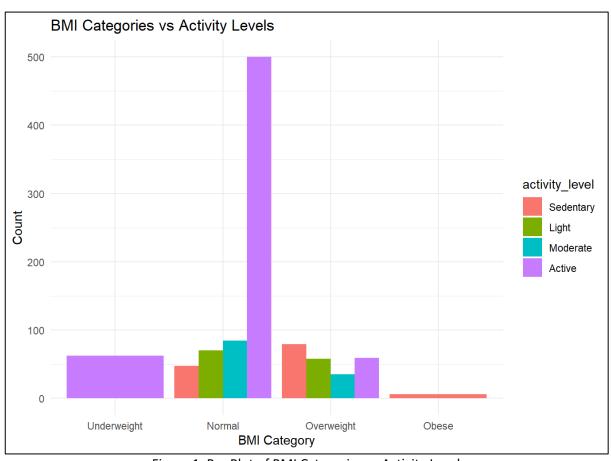


Figure 1. Bar Plot of BMI Categories vs Activity Levels

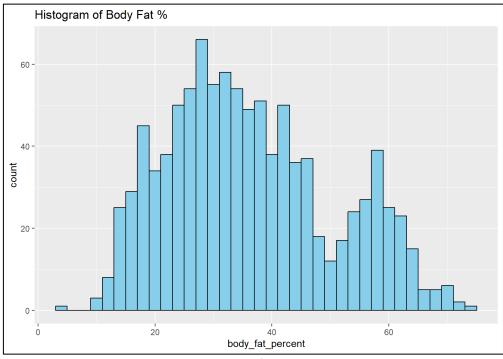


Figure 2. Histogram of Body Composition

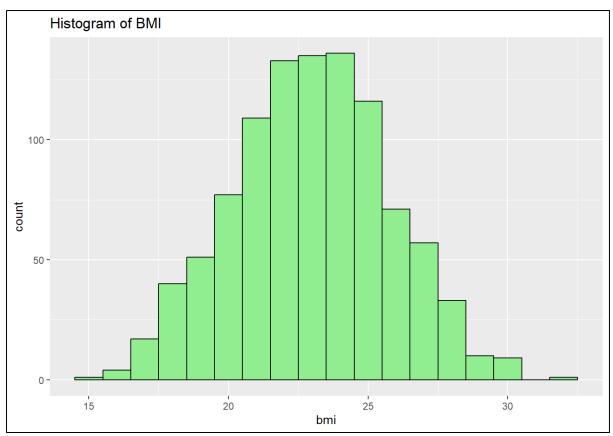


Figure 3. Histogram of BMI

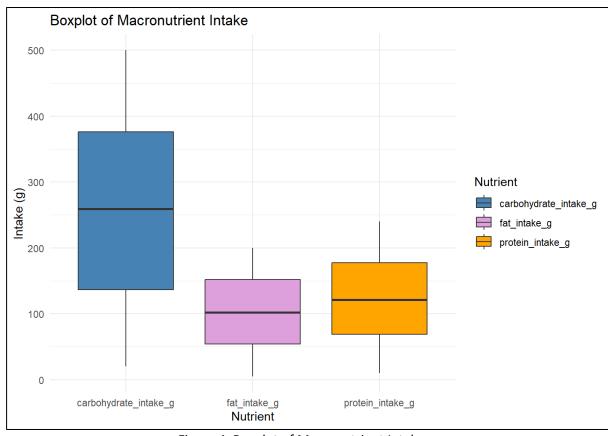
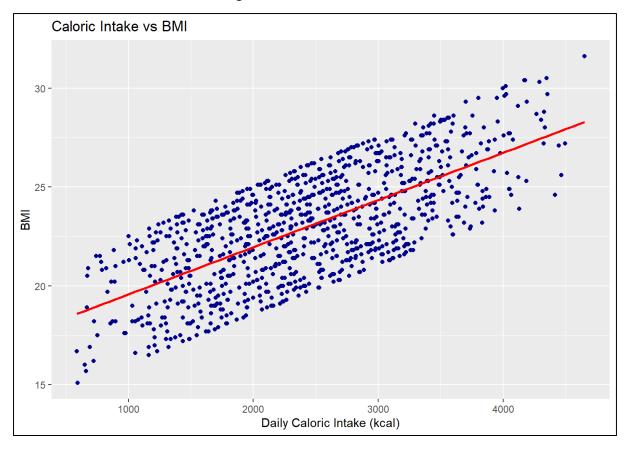


Figure 4. Boxplot of Macronutrient Intake

Figure 5. Caloric Intake vs BMI



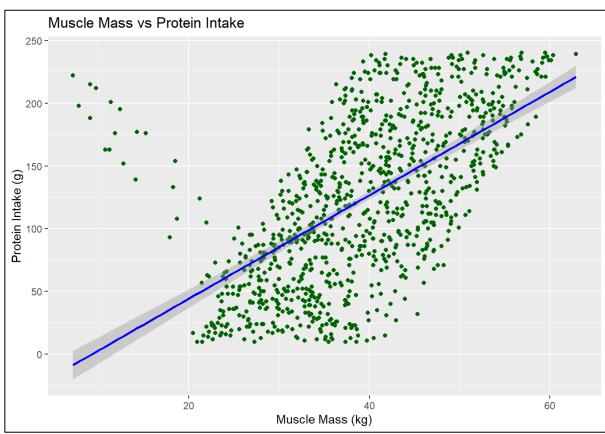


Figure 6. Muscle Mass vs Protein Intake

## Dataset Even

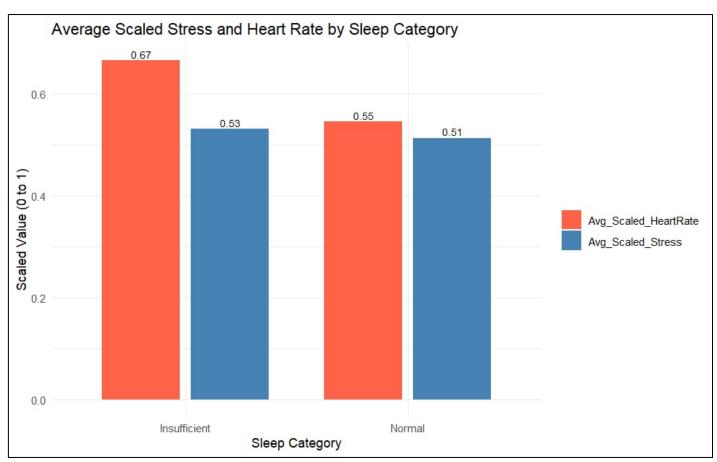


Figure 1. Average Scaled Stress and Heart Rate by Sleep Category

## Time Series Monitoring Data Plots

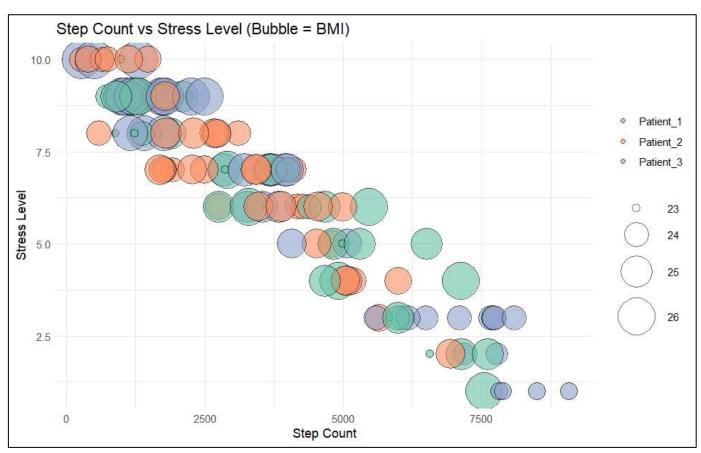


Figure 1. Step Count vs Stress Level