Huotte 1

Alexis Creative Coding 1 9/6/24

## Learning Styles

It has taken me a long time to accept my learning style. I am a visual, auditory, verbal, and kinesthetic learning styles. I believe that kids should be thoroughly tested to assess how they learn, and what kind of teaching they need. It is hard when there aren't many options provided to students to grow.

I enjoyed the video that we needed to watch for this section. It opened my eyes to appreciate my gifts of needing to be a hands-on learner, rather than being ashamed of how I need to learn. I struggle with my ADHD diagnosis as well as my narcolepsy diagnosis. These can prove challenging in learning because I have a hard time staying focused, and with this I also fall asleep, which can prove rather challenging.

With there being so many different learning styles it proves difficult to not experience yourself dipping into all the different styles of learning. In the video we watched about "growth mindset," I really enjoyed the topic on failure versus, "not yet." It puts it into a completely different light. Instead of the feeling of failure and chasing for that A grade, I will be looking at it as I need to work a bit harder in some areas until I am ready for the next step.