

Dates & Times

```
LocalDateTime.now(); //2023-05-14T19:56:29.738748  
ZonedDateTime.now(); //2023-05-14T19:56:46.627004+02:00[Europe/Zurich]
```

ZonedDateTime

```
2021-10-25T09:13:07.769-05:00[America/New_York]
```

```
2023-12-16T14:30:00.000-05:00[America/New_York]
```

GMT vs UTC

- GMT - Greenwich Mean Time
- UTC - Coordinated Universal Time

Duration

```
jshell> java.time.Duration.ofSeconds(758768437)  
$54 ==> PT210769H37S
```

toString

PT24H : starts with **PT**

I can't use Duration with LocalDate!

```
var date = LocalDate.of(2023, 1, 21);  
var days = Duration.ofDays(1);  
// Unsupported unit: Seconds  
//I can NOT use Duration with LocalDate  
//Exception in thread "main" java.time.temporal.UnsupportedTemporalUnitException: Unsupported unit: Seconds  
System.out.println(date.plus(days));
```

Period

[Usage Of Period](#)

static vs instance

- `Period.of()`: static method (does not chain);
- `Period.plus()`: instance, does chain

```
Period oneDay = Period.ofDays(1);  
//this is an instance method, so this I can chain  
Period p2 = oneDay.plusDays(2);  
//example of chaining  
p2 = oneDay.plusYears(2).plusMonths(3).plusDays(5);  
System.out.println(p2); //P2Y3M6D
```

`Period.of()` does not chain:

```
//Only the last method is considered!  
Period period = Period.ofYears(1).ofMonths(2).ofDays(1);  
System.out.println(period); //P1D
```

The `Period` class does not have methods such as `getSeconds()`, `getMinutes()`, `getHours()`.

toString

P1D : starts with **P** example:

P2Y3M6D

Instant

The `Instant` class represents a specific moment in time in the GMT time zone.

[Instant](#)

Format

YYYY-MM-DDTHH:mm:ss.SSSZ

Example:

2024-03-01T14:02:30.123Z

Creation

Only `ZonedDateTime` has the `toInstant()` method.

```
//from ZonedDateTime  
Instant instantZRH = zdtZurich.toInstant();  
//with now()  
Instant now = Instant.now(); //2024-01-18T11:02:16.628552400Z
```

parse

```
Instant instant = Instant.parse("2024-03-01T14:02:30.00Z");  
System.out.println(instant); //2024-03-01T14:02:30Z
```

plus

While an `Instant` represents a specific moment in time using GMT, Java only allows adding or removing units of `DAYS` or smaller.

```
Instant now = Instant.now();  
Instant then = now.plus(1, ChronoUnit.DAYS); //      //2024-01-08T07:4  
  
//adding a year - throws an exception  
//Exception in thread "main" java.time.temporal.UnsupportedTemporal  
Instant inOneYear = now.plus(1, ChronoUnit.YEARS);
```

ChronoUnit

between

```
ZonedDateTime zdt1 = ZonedDateTime.of(date, time, zone);  
ZonedDateTime zdt2 = zdt1.plus(1, ChronoUnit.HOURS);  
long between = ChronoUnit.HOURS.between(zdt1, zdt2);
```

[ChronoUnit](#)