

Enhancing Contextual Compatibility of Textual Steganography Systems Based on Large Language Models

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ABSTRACT

This study presents a systematic literature review on linguistic steganography, with a particular focus on the transformative impact of Large Language Models (LLMs). We focus on the evolution of linguistic steganography within the Large Language Model (LLM) era. Our findings highlight that LLM-based approaches significantly enhance imperceptibility, embedding capacity, and naturalness in cover text generation, addressing long-standing challenges. The review underscores the shift towards more sophisticated, context-aware, and robust steganographic systems, paving the way for future research in secure and imperceptible covert communication. This study highlights the critical role of context and domain knowledge in advancing linguistic steganography, particularly in generative text steganography, where the goal is to achieve both perceptual and statistical imperceptibility. We observe how understanding the communicative context and leveraging domain-specific correlations between texts are crucial for overcoming limitations such as low embedding capacity and cognitive imperceptibility, ultimately leading to more secure and effective covert communication.

KEYWORDS

Systematic Literature Review, Linguistic Steganography, Large Language Models, LLMs, Natural Language Processing, NLP, Software Engineering

1 INTRODUCTION

This review explores how large language models (LLMs) are transforming linguistic steganography, the practice of hiding messages in text. We focus on the unique challenges and advances in using LLMs for secure, imperceptible, and high-capacity covert communication.

1.1 Overview of Information Security and Concealment Systems

Information security systems include **encryption**, **privacy**, and **concealment** (steganography).

1.1.1 Encryption Systems and Privacy Systems. These protect content but reveal that secret communication is happening, which can attract attention.

1.1.2 Concealment Systems (Steganography). Steganography hides the existence of information by embedding it in ordinary carriers (e.g., text, images). Text is a challenging carrier due to its low redundancy and strict semantics.

1.2 Introduction to Steganography

Steganography is often explained by the “Prisoners’ Problem,” where Alice and Bob must communicate secretly under surveillance. The goal is to embed messages so they are undetectable to an observer.

Steganography methods include **carrier selection**, **carrier modification**, and **carrier generation**.

- **Carrier modification:** Hide information in existing text with minimal changes.
- **Carrier generation:** Generate new text that encodes information, allowing higher capacity but requiring naturalness.

1.3 The Significance of Linguistic Steganography

Linguistic steganography enables covert communication, especially where encryption is suspicious. Text is a robust, ubiquitous carrier but presents challenges in balancing imperceptibility and capacity. Advances in deep learning and LLMs improve text quality and security, while related fields like watermarking focus on tracing content origin.

1.4 Scope of the Review

This review covers LLM-based linguistic steganography, focusing on methods, evaluation, challenges, and future directions.

2 STEGANOGRAPHY AND LARGE LANGUAGE MODELS

Large Language Models (LLMs) have emerged as a significant development in the field of natural language processing, profoundly impacting text generation and related applications like steganography and watermarking. Here’s a breakdown of their emergence and impact:

2.1 Capabilities and Approximating Natural Communication

LLMs are **generative models** that can **approximate complex distributions like text-based communication**. They represent the best-known technique for this task. These models operate by taking context and parameters to output an explicit probability distribution over the next token (e.g., a character or a word). The next token is typically sampled randomly from this distribution, and the process repeats to generate output of a desired length. Training LLMs involves processing vast amounts of data to set parameters and structure, enabling their output distributions to approximate true distributions in the training data. The **quality of content generated by generative models is impressive** and continues

to improve. This has led to LLMs blurring the boundary of high-quality text generation between humans and machines. LLMs are increasingly used to generate data for specific tasks, such as tabular data, relational triples, sentence pairs, and instruction data, often achieving satisfactory generation quality in zero-shot learning for specific subject categories. They have also shown capabilities in mimicking language styles and semantics, and their generalization ability allows them to comprehend the semantics of context.

2.2 Role in Generative Linguistic Steganography

LLMs are considered **favorable for generative text steganography** due to their ability to generate high-quality text. Researchers propose using generative models as steganographic samplers to embed messages into realistic communication distributions, such as text. This is a departure from prior steganographic work and is motivated by the public availability of high-quality models and significant efficiency gains. LLMs like **GPT-2**, **LLaMA**, and **Baichuan2** are commonly used as basic generative models for steganography. Existing methods often use a language model and steganographic mapping, where secret messages are embedded by establishing a mapping between binary bits and the sampling probability of words within the training vocabulary. However, traditional "white-box" methods require sharing the exact language model and training vocabulary, which limits fluency, logic, and diversity compared to natural texts generated by LLMs. They also inevitably change the sampling probability distribution, posing security risks. New approaches, like **LLM-Stega**, explore **black-box generative text steganography using the user interfaces (UIs) of LLMs**, overcoming the need to access internal sampling distributions. This method constructs a keyword set and uses an encrypted steganographic mapping for embedding, proposing an optimization mechanism based on reject sampling for accurate extraction and rich semantics [14]. Another framework, **Co-Stega**, leverages LLMs to address the low capacity challenge in social media by increasing the text space for hiding messages (through context retrieval) and **raising the generated text's entropy via specific prompts** to increase embedding capacity. This approach also aims to maintain text quality, fluency, and relevance [7]. The concept of **zero-shot linguistic steganography** with LLMs utilizes in-context learning, where samples of covertext are used as context to generate more intelligible stegotext using a question-answer (QA) paradigm [8]. LLMs are also used in approaches like **ALiSa**, which directly conceals token-level secret messages in seemingly natural steganographic text generated by off-the-shelf BERT models equipped with Gibbs sampling [16]. The increasing popularity of deep generative models has made it feasible for provably secure steganography to be applied in real-world scenarios, as they fulfill requirements for perfect samplers and explicit data distributions [3, 5, 10].

2.3 LLM-Based Steganography Models

2.3.1 Evaluation Metrics.

Imperceptibility Metrics. Perceptual: PPL, Distinct-n, MAUVE, human evaluation. Statistical: KLD, JSD, anti-steganalysis accuracy, semantic similarity.

Embedding Capacity Metrics. Bits per token/word, embedding rate.

2.4 Challenges and Limitations in Steganography with LLMs

2.4.1 Perceptual vs. Statistical Imperceptibility (Psic Effect). Improving perceptual quality can reduce statistical security, and vice versa.

2.4.2 Low Embedding Capacity. Short texts and strict semantics limit how much information can be hidden.

2.4.3 Lack of Semantic Control and Contextual Consistency. Ensuring generated text matches intended meaning/context is difficult.

2.4.4 Challenges with LLMs in Steganography. LLMs may introduce unpredictability, bias, or leak information.

2.4.5 Segmentation Ambiguity. Tokenization can cause ambiguity in how information is embedded or extracted.

A primary challenge in steganography, particularly when utilizing Large Language Models (LLMs), revolves around the **distinction between white-box and black-box access**. Most current advanced generative text steganographic methods operate under a "white-box" paradigm, meaning they require direct access to the LLM's internal components, such as its training vocabulary and the sampling probabilities of words. This presents a significant limitation because many state-of-the-art LLMs are proprietary and are accessed by users primarily through black-box APIs or user interfaces [14]. Consequently, these white-box methods are often impractical for real-world deployment with popular commercial LLMs. Furthermore, methods that rely on modifying the sampling probability distribution to embed secret messages inherently introduce security risks because they alter the original distribution, making the steganographic text statistically distinguishable from normal text [3, 5, 14, 15].

Another significant hurdle is **ensuring both the quality and imperceptibility of the generated text**, encompassing perceptual, statistical, and cognitive imperceptibility. While advancements in deep neural networks have improved text fluency and embedding capacity, older models or certain embedding strategies can still produce texts that lack naturalness, logical coherence, or diversity compared to human-written content. Linguistic steganography methods often struggle to control the semantics and contextual characteristics of the generated text, leading to a decline in its "cognitive-imperceptibility" [1, 15]. This can make concealed messages easier for human or machine supervisors to detect. Although models like NMT-Stega and Hi-Stega aim to maintain semantic and contextual consistency by leveraging source texts or social media contexts, this remains a complex challenge [1, 13].

Channel entropy requirements and variability also pose a considerable challenge. Traditional universal steganographic schemes often demand that the communication channel maintains a minimum level of entropy, which is rarely consistent in real-world communication, especially in natural language. Moments of low or zero entropy can cause existing steganographic protocols to fail or necessitate the generation of extraordinarily long steganographic texts, making covert communication impractical. While schemes like Meteor attempt to adapt by fluidly changing the encoding rate

proportional to instantaneous entropy, overcoming this variability without increasing detectability is difficult. The "Psic Effect" (Perceptual-Statistical Imperceptibility Conflict Effect) highlights this dilemma, where optimizing for perceived quality might compromise statistical imperceptibility and vice-versa.

Furthermore, **segmentation ambiguity** introduced by subword-based language models, commonly used in high-performing Transformer architectures, presents a critical issue for provably secure linguistic steganography. When a sender detokenizes generated subword sequences into a continuous text (e.g., "any" + "thing" becoming "anything") before transmission, the receiver might re-tokenize it differently (e.g., as a single "anything" token), leading to decoding errors and affecting subsequent probability distributions. Existing disambiguation solutions typically involve modifying the token candidate pool or probability distributions, which renders them incompatible with the strict requirements of provably secure steganography that demand unchanged distributions [10]. While SyncPool attempts to address this without altering the distribution, it may still lead to a reduction in the embedding rate due to information loss [10].

Additional limitations include: * **Computational Overhead:** LLMs, while powerful, incur a higher computational cost (3-5 times more than prior methods), which could impact real-time communication scenarios [8]. * **Data Integrity and Reversibility:** Some linguistic steganography methods are not reversible, meaning the original cover text cannot be perfectly recovered after message extraction, which is undesirable for sensitive applications [11, 18]. Text data is generally less prone to lossy compression issues than other media, but incompleteness of the steganographic text can still damage the embedded bitstream [8]. * **Ethical Concerns:** The use of pre-trained LLMs may inadvertently introduce ethical issues such as political biases, gender discrimination, or the generation of insulting content [8]. * **Provable Security and Rigor:** Despite decades of research into provably secure steganography, practical systems have been hampered by strict requirements like perfect samplers and explicit data distributions [3, 5]. Many works from the NLP community, while generating convincing text, often lack rigorous security analyses and fail to meet formal cryptographic definitions, making them vulnerable to detection [5].

Despite their capabilities, generative models are still **far from perfect** in imitating real communication. A significant challenge for practical steganography is the difficulty of finding samplers for non-trivial distributions like the English language, which continues to evolve. When using approximate samplers, there's a risk that an adversary can detect a steganographic message by distinguishing between the real channel and the approximation [5]. LLMs are known to make mistakes, including "hallucinations," which can lead to errors and erratic embedding during text generation, especially for long stego sequences. One critical issue is **segmentation ambiguity** in neural linguistic steganography. LLMs often use **subword tokenization**, meaning a single text can correspond to multiple token representations. If the sender and receiver have different understandings of segmentation, it can lead to incorrect message extraction and affect subsequent generation steps. Current provably secure methods have largely overlooked this. SyncPool is a proposed method to address this by grouping tokens with prefix relationships in the candidate pool without altering the original

probability distribution. The **computational overhead of LLMs is higher** compared to prior methods (approximately 3x to 5x), potentially limiting real-time communication. The effectiveness of LLM-based steganography can be limited by the **entropy of the cover text** in social media contexts, as short, context-dependent replies have lower entropy, thus limiting hiding capacity [7].

3 LITERATURE REVIEW METHODOLOGY

3.1 Research questions

Here are the research questions addressed in this SLR:

- What is the state of published literature on steganographic techniques that leverage large language models (LLMs)?
- In which applications are steganographic techniques with LLMs being explored?
- What metrics and evaluation methods are used to assess the performance of steganographic techniques in LLMs, focusing on factors like capacity, security, and contextual compatibility?
- How are external knowledge sources (semantic resources) integrated into steganographic techniques with LLMs to enhance capacity or contextual relevance?
- What are the limitations and trade-offs associated with current steganographic techniques using LLMs, particularly concerning security, capacity, and contextual compatibility?
- What are the potential future research directions in steganography with LLMs, considering emerging trends and identified gaps in the literature?

3.2 Search query string

We used the following search query string for our initial literature search:

(steganography or watermark or "Information Hiding")
and ("Large Language Model" or LLM or BERT or LAMA or GPT)

3.3 Study selection and quality assessment

We established the following inclusion and exclusion criteria for study selection:

3.3.1 Inclusion Criteria.

- **Full Text Access:** Studies for which the full text is available.
- **Language:** Publications written in English.
- **Peer-reviewed:** Articles published in peer-reviewed journals, conferences, or workshops.
- **Publication Date:** Studies published from 2018 onwards, to focus on recent advancements in LLMs.
- **Relevance:** Studies directly addressing steganography, watermarking, or information hiding techniques that utilize or are significantly impacted by Large Language Models (LLMs), BERT, LAMA, or GPT architectures.
- **Research Type:** Empirical studies, surveys, reviews, and theoretical contributions.

3.3.2 Exclusion Criteria.

- **Duplicated Studies:** Multiple publications reporting the same study will be excluded, with the most complete or recent version retained.

- **Incomplete or Abstract-only:** Studies for which only an abstract is available or the full text is incomplete.
- **Irrelevant Studies:** Publications not directly related to steganography with LLMs.
- **Non-English Publications:** Studies not published in English.
- **Non-peer-reviewed Sources:** Preprints, dissertations, theses, books, and book chapters (unless they are extended versions of peer-reviewed conference papers).

3.4 Bibliometric analysis

Briefly note if snowballing was used for additional sources.

4 CONDUCTING THE SEARCH

This section details the systematic process followed to identify and select relevant literature for this review. The search strategy was designed to ensure comprehensive coverage of the topic while adhering to predefined inclusion and exclusion criteria.

4.1 Initial Candidate Papers

Our initial automated search across selected digital libraries yielded a total of 1043 candidate papers. The distribution of these papers by source was as follows: ACM Digital Library (346), IEEE Digital Library (61), Science@Direct (209), Scopus (151), and Springer Link (276). This stage focused on broad keyword matching to capture all potentially relevant studies.

4.2 Duplicate Removal

Following the initial search, a rigorous process of duplicate removal was undertaken. After removing duplicates, 989 papers remained. This involved both automated tools and manual verification to ensure that each unique paper was considered only once, thereby streamlining the subsequent screening stages.

4.3 Multi-stage Filtering

The identified papers underwent a multi-stage filtering process based on their titles, abstracts, and full texts. After title and abstract filtering, 58 papers remained. Of these, 18 were accepted with PDFs available, and 14 are pending PDF acquisition. This systematic approach, guided by our predefined inclusion and exclusion criteria, progressively narrowed down the selection to the most pertinent studies.

4.4 Snowballing

To complement the automated search and ensure no critical papers were missed, a snowballing technique was applied. This involved examining the reference lists of included studies and identifying papers that met our selection criteria, further enriching our dataset.

4.5 Research Questions

Our systematic literature review is guided by the following research questions:

- (1) What is the state of published literature on steganographic techniques that leverage large language models (LLMs)?
- (2) In which applications are steganographic techniques with LLMs being explored?
- (3) What metrics and evaluation methods are used to assess the performance of steganographic techniques in LLMs, focusing on factors like capacity, security, and contextual compatibility?
- (4) How are external knowledge sources (semantic resources) integrated into steganographic techniques with LLMs to enhance capacity or contextual relevance?
- (5) What are the limitations and trade-offs associated with current steganographic techniques using LLMs, particularly concerning security, capacity, and contextual compatibility?
- (6) What are the potential future research directions in steganography with LLMs, considering emerging trends and identified gaps in the literature?

5 DATA EXTRACTION AND CLASSIFICATION

This section outlines the methodology employed for extracting and classifying data from the selected primary studies. A structured approach was adopted to ensure consistency and accuracy in data collection, facilitating a comprehensive analysis of the literature.

5.1 Data Extraction Form (DEF) Content

A Data Extraction Form (DEF) was developed to systematically collect relevant information from each primary study. The DEF was designed to capture key details necessary to answer the research questions, including:

- **Bibliometric Information:** Author(s), publication year, type of publication (e.g., journal, conference proceeding), and publication venue.
- **Targeted RE Task(s):** The specific Requirements Engineering tasks addressed by the study.
- **Proposed Solution:** Details of the approach, including the syntactic and semantic information used to represent requirements.
- **Evaluation Details:** Information regarding the evaluation dataset, metrics used, and the reported results.
- **Limitations and Constraints:** Any identified limitations or constraints of the proposed approach.

5.2 Data Classification

Following data extraction, studies were classified based on predefined categories derived from our research questions. This classification aimed to group similar studies and identify trends, patterns, and gaps in the existing literature, providing a structured overview of the research landscape.

6 DATA SYNTHESIS

This section describes the process of synthesizing the extracted and classified data to answer the research questions. The synthesis involved aggregating findings, identifying common themes, and analyzing patterns across the primary studies.

6.1 Presentation of Results

The results of the data synthesis are presented in a structured manner, often utilizing tables, figures, and descriptive statistics to

summarize key findings. This includes an overview of publication trends, distribution of studies across different categories, and the prevalence of various approaches and techniques.

6.2 Discussion in Relation to Research Questions

Each research question is addressed individually, with a detailed discussion of the synthesized data. This involves interpreting the findings, highlighting significant observations, and drawing conclusions based on the evidence gathered from the primary studies. The discussion also identifies areas where further research is needed and potential future directions.

7 RESULTS

8 LLM-BASED STEGANOGRAPHY APPROACHES

This section summarizes the main findings from the systematic literature review, focusing on the characteristics and performance of various LLM-based linguistic steganography and watermarking models.

8.1 LLM-Based Steganography Models

Our review identified several key LLM-based steganography models, each with unique approaches, strengths, and performance metrics. These models are discussed in terms of their underlying techniques, embedding capacities, and imperceptibility metrics, providing a comprehensive overview of the current landscape.

9 CONTEXT AWARENESS

Linguistic steganography has evolved from early methods to advanced deep learning models and Large Language Models (LLMs). This progression focuses on improving imperceptibility, embedding capacity, and maintaining naturalness and semantic coherence in cover text.

9.1 Context life cycle

9.2 Context-awareness in Steganography

Here's an overview of this evolution:

- **Early and Format-Based Approaches** Early steganography modified existing carriers, like using whitespace or linguistic idiosyncrasies (e.g., synonym substitution). These methods, often rule-based and context-neglecting, resulted in unnatural text and limited capacity (typically <1 BPT), making them easily detectable.
- **Transition to Carrier Generation and Early Text Generation Models** A significant shift involved "carrier generation based steganography," where the carrier text is generated to hide information, allowing greater freedom and higher embedding rates without altering original carrier statistics.
 - **Syntax Rules and Statistical Methods:** Early text generation for steganography, using syntax rules or statistical models like Markov models, produced easily recognizable texts, failing imperceptibility and security.

Table 1: Summary of Results from Reviewed Papers

Paper	Result
VAE-Stega: linguistic steganography based on variational auto-encoder [15]	PPL: 28.879, Δ MP: 0.242, KLD: 3.302, JSD: 10.411, Acc: 0.600, R: 0.616
General framework for reversible data hiding in texts based on masked language modeling [18]	BPW=0.5335 F1=0.9402 PPL=134.2199
Co-stega: Collaborative linguistic steganography for the low capacity challenge in social media [7]	SR1: 60.87%, SR2: 98.55%, Gen. Capacity: 44.91 bits, Entropy: 49.21 bits, BPW: 2.31, PPL: 16.75, Sim-CSE: 0.69
Joint linguistic steganography with BERT masked language model and graph attention network [2]	PPL=13.917 KLD=2.904 SIM=0.812 ER=0.365 (BN=2) Best Acc=0.575 (BERT classifier) FLOPs=1.834G
Discop: Provably secure steganography in practice based on "distribution copies" [3]	p=1.00 Total Time (seconds)=362.63 Ave Time ↓ (seconds/bit)=6.29E-03 Ave KLD ↓ (bits/token)=0 Max KLD ↓ (bits/token)=0 Capacity (bits/token)=5.76 Entropy (bits/token)=6.08 Utilization ↑=0.95 Text Generation (FCN): 50.10%. Text Generation (R-BiLSTM-C): 50.45%. Text Generation (BiLSTM-Dense): 49.95%
Generative text steganography with large language model [14]	Length: 13.333 (words). BPW: 5.93 bpw PPL: 165.76. Semantic Similarity (SS): 0.5881 LS-CNN Acc: 51.55%. BiLSTM-Dense Acc: 49.20%. Bert-FT Acc: 50.00%. KLD (Log, lower is better): 2.02 .
Meteor: Cryptographically secure steganography for realistic distributions [5]	GPT-2: 3.09 bits/token
Zero-shot generative linguistic steganography [8]	PPL: 8.81. JSDfull: 17.90 ($\times 10^{-2}$). JSDhalf: 16.86 ($\times 10^{-2}$). JSDzero: 13.40 ($\times 10^{-2}$) TS-BiRNN: 80.29%. R-BiLSTM-C: 84.34%. BERT-C: 89.61%
Provably secure disambiguating neural linguistic steganography [10]	Total Error: 0%, Ave KLD: 0, Max KLD: 0, Ave PPL: 3.19 (EN), 7.49 (ZH), Capacity: 1.03–3.05 bits/token, Utilization: 0.66–0.74, Ave Time: 4 μ s/bit
A principled approach to natural language watermarking [4]	Bit acc: 0.994 (K=None), 1.000 (DAE), 0.978 (Adaptive+K=S); Meteor Drop: 0.057; SBERT ↑: 1.227; Ownership Rate: 1.0 (no attack), 0.978 (adaptive+K=S)
Context-aware linguistic steganography model based on neural machine translation [1]	BLEU: 30.5, PPL: 22.5, ER: 0.29, KL: 0.02, SIM: 0.86, Stego detection 16%
DeepTextMark: a deep learning-driven text watermarking approach for identifying large language model generated text [9]	100% accuracy (multi-synonym, 10-sentence), mSMS: 0.9892, TPR: 0.83, FNR: 0.17, Detection: 0.00188s, Insertion: 0.27931s
Hi-stega: A hierarchical linguistic steganography framework combining retrieval and generation [13]	ppl: 109.60, MAUVE: 0.2051, ER2: 10.42, Δ (cosine): 0.0088, Δ (simcse): 0.0191
Linguistic steganography: From symbolic space to semantic space	Classifier Accuracy: 0.9880; Loop Count: 1.0160; PPL: 13.9565; Anti-

Table 2: Models and Datasets Used in Reviewed Papers

Paper	Llm	Dataset
VAE-Stega: linguistic steganography based on variational auto-encoder [15]	BERTBASE (BERT-LSTM) (LSTM-LSTM) model was trained from scratch	Twitter (2.6M sentences) IMDB (1.2M sentences) preprocessed
General framework for reversible data hiding in texts based on masked language modeling [18]	BERTBase	BookCorpus
Co-stega: Collaborative linguistic steganography for the low capacity challenge in social media [7]	Llama-2-7B-chat, GPT-2 (fine-tuned), Llama-2-13B	Tweet dataset (for GPT-2 fine-tuning), Twitter (real-time testing)
Joint linguistic steganography with BERT masked language model and graph attention network [2]	LSTM + attention for temporal context. GAT for spatial token relationships. BERT MLM for deep semantic context in substitution.	OPUS
Discop: Provably secure steganography in practice based on "distribution copies" [3]	GPT-2	IMDB
Generative text steganography with large language model [14]	Any	[Not specified]
Meteor: Cryptographically secure steganography for realistic distributions [5]	GPT-2	Hutter Prize, HTTP GET requests
Zero-shot generative linguistic steganography [8]	LLaMA2-Chat-7B (as the stegotext generator / QA model). GPT-2 (for NLS baseline and JSD evaluation)	IMDB, Twitter
Provably secure disambiguating neural linguistic steganography [10]	LLaMA2-7b (English), Baichuan2-7b (Chinese)	IMDb dataset (100 texts/sample, 3 English sentences + Chinese translations)
A principled approach to natural language watermarking [4]	Transformer-based encoder/decoder; BERT for distillation	Web Transformer 2
Context-aware linguistic steganography model based on neural machine translation [1]	BERT (encoder), LSTM (decoder)	WMT18 News Commentary (train/test), Yang et al. bits, Doc2Vec, 5,000 stego pairs (8:1:1 split)
DeepTextMark: a deep learning-driven text watermarking approach for identifying large language model generated text [9]	Model-independent; tested with OPT-2.7B	Dolly ChatGPT (train/validate), C4 (test), robustness & sentence-level test sets
Hi-stega: A hierarchical linguistic steganography framework combining retrieval and generation [13]	GPT-2	Yahoo! News (titles, bodies, comments); 2,400 titles used
Linguistic steganography: From symbolic space to semantic space [17]	CTRL (generation), BERT (semantic classifier)	5,000 CTRL-generated texts per semanteme (n = 2–16); 1,000 user-generated texts for anti-steganalysis
Natural language steganography by chatgpt [12]	[Not specified]	Custom word sets for specific topics (e.g., 16×10-word sets for music reviews)
Natural language watermarking via paraphraser-based lexical substitution [11]	Transformer (Paraphraser), BART (BARTScore), BERT (BLEURT, comparisons)	ParaBank2, LS07, CoInCo, Novels, WikiText-2, IMDB, NgNews
Rewriting-Stego: generating natural and controllable steganographic text with pre-trained language model [6]	BART (bart-base2)	Movie, News, Tweet
ALiSa: Acrostic linguistic steganography based on BERT and Gibbs sampling [16]	BERT (Google's BERTBase, Uncased)	BookCorpus (10,000 natural texts for evaluation)

- **Challenges of Early Generation:** The Psic Effect (perceptual-imperceptibility vs. statistical-imperceptibility conflict) was a key challenge. Generated text, though natural-looking, often had detectable statistical properties. Models also

lacked semantic control, crucial for covert communication.

Table 3: Context-Related Fields in Reviewed Papers

Paper	Context Aware	Categ Context	Representation Context	Context Usage In Method Detail Text
VAE-Stega: linguistic steganography based on variational auto-encoder [15]	non-explicit	pre-text	text	[Not specified]
General framework for reversible data hiding in texts based on masked language modeling [18]	non-explicit	pre-text	text	[Not specified]
Co-stega: Collaborative linguistic steganography for the low capacity challenge in social media [7]	explicit	Social Media	text	Context is used for embedding and generation: the retrieval module embeds part of the message by selecting posts matching the query, and the generation module encodes the rest in replies conditioned on that context to balance capacity and relevance.
Joint linguistic steganography with BERT masked language model and graph attention network [2]	explicit	pre-text	text	[Not specified]
Discop: Provably secure steganography in practice based on "distribution copies" [3]	non-explicit	tuning + pretext	text	[Not specified]
Generative text steganography with large language model [14]	explicit	[Not specified]	[Not specified]	[Not specified]
Meteor: Cryptographically secure steganography for realistic distributions [5]	non-explicit	tuning + pretext	text	[Not specified]
Zero-shot generative linguistic steganography [8]	explicit	zero-shot + prompt	text	[Not specified]
Provably secure disambiguating neural linguistic steganography [10]	non-explicit	pretext	text	pre-text
A principled approach to natural language watermarking [4]	Yes; semantic-level embedding; synonym substitution using BERT	Yes; watermark message assigned categorical label (e.g., 4-bit \rightarrow 1-of-16)	Yes; semantic embeddings via transformer encoder and BERT; SBERT distance as metric	[Not specified]
Context-aware linguistic steganography model based on neural machine translation [1]	Yes	[Not specified]	GCF (global context), LMR (language model reference), Multi-head attention	[Not specified]
DeepTextMark: a deep learning-driven text watermarking approach for identifying large language model generated text [9]	NO	[Not specified]	[Not specified]	[Not specified]
Hi-stega: A hierarchical linguistic steganography framework combining retrieval and generation [13]	explicit	Social Media	Text	The method retrieves a context data carrier from a social corpus, using it as input to the language model. This context embeds some secret content naturally, while a Prompt Learning Module ensures template-based, semantically coherent steganography.

Table 4: Categories, Main Strengths, and Weaknesses of Reviewed Papers

Paper	Type	Main Strengths	Main Weaknesses
VAE-Stega: linguistic steganography based on variational auto-encoder [15]	Steganography	statistical fidelity	Not AutoRegressive
General framework for reversible data hiding in texts based on masked language modeling [18]	Steganography	[Not specified]	[Not specified]
Co-stega: Collaborative linguistic steganography for the low capacity challenge in social media [7]	Steganography	High capacity, fluency, semantic relevance, EES boosts entropy, ϵ -security satisfied	Context limits capacity, retrieval vulnerable to mismatch, small models limit query handling
Joint linguistic steganography with BERT masked language model and graph attention network [2]	Steganography	[Not specified]	[Not specified]
Discop: Provably secure steganography in practice based on "distribution copies" [3]	Steganography	[Not specified]	[Not specified]
Generative text steganography with large language model [14]	Steganography	[Not specified]	[Not specified]
Meteor: Cryptographically secure steganography for realistic distributions [5]	Steganography	[Not specified]	[Not specified]
Zero-shot generative linguistic steganography [8]	Steganography	[Not specified]	[Not specified]
Provably secure disambiguating neural linguistic steganography [10]	Steganography	Zero decoding error, provable security, perceptual imperceptibility, multilingual support, transferable design	Reduced entropy utilization due to token prefix loss in detokenization/retokenization
A principled approach to natural language watermarking [4]	Watermarking	[Not specified]	[Not specified]
Context-aware linguistic steganography model based on neural machine translation [1]	Steganography	Context control, Semantic match	Old models lacked context, low capacity (waiting), probabilistic cliffs, possible meaning mismatch
DeepTextMark: a deep learning-driven text watermarking approach for identifying large language model generated text [9]	Watermarking	Blindness, robustness, imperceptibility, high accuracy, automatic, model-independent, compact, fast, sentence-level	Training data dependence, needs pre-watermarking, limited on short/diverse texts, insertion overhead, rewrite circumvention
Hi-stega: A hierarchical linguistic steganography framework combining retrieval and generation [13]	Steganography	High payload, semantic coherence, high text quality, strong resistance to steganalysis	Slightly reduced diversity, limited retrieval scope
Linguistic steganography: From symbolic space to semantic space [17]	Steganography	Symbol-free, efficient, imperceptible, accurate extraction, complements symbolic steganography	Classifier struggles with large n, higher loop count, semanteme text quality varies, orthogonality issues
Natural language steganography by chatgpt [12]	Steganography	Effective LLM-based stego text, natural concealment, scalable, supports prompt iteration	NL complexity, duplication, hallucinations, errors in long texts, statistical artifacts
Natural language watermarking via paraphraser-based lexical substitution [11]	Watermarking	High meaning preservation, strong performance vs. BERT-based NLW, no annotated data needed, robust decoding, high text recoverability	Limited reversibility, hard for short texts, beam decoding limits substitution, lower capacity in some cases
Rewriting-Stego: generating natural and controllable steganographic text with pre-trained language model [6]	Steganography	High capacity, naturalness, reduced vigilance, denoising, real-world efficiency	Similarity drops with high BPTS, may underperform in detection accuracy vs edit-based
ALiSa: Acrostic linguistic steganography based on BERT and Gibbs sampling [16]	Steganography	Simple	Poor Quality, low cap

Table 5: Approach/Pipeline Method Used in Reviewed Papers

Paper	Pipeline Method Used
VAE-Stega: linguistic steganography based on variational auto-encoder [15]	Input text \rightarrow Encoder (LSTM/BERT) \rightarrow latent vector $z \sim N(0,1)$ $z \rightarrow$ Decoder (LSTM) \rightarrow conditional distribution \rightarrow top-m Candidate Pool Candidate Pool + secret bits \rightarrow Coding (Huffman/Arithmetic) \rightarrow word output Repeat \rightarrow sentence with hidden bits Shared z + Decoder \rightarrow conditional distribution \rightarrow CP reconstruction Observed word + CP \rightarrow decode bits
General framework for reversible data hiding in texts based on masked language modeling [18]	Initialized text (secret words fixed, others masked) \rightarrow Masked LM \rightarrow conditional distribution over masked slots \rightarrow secret bits guide word selection \rightarrow Marked Text Marked Text = original words + data-encoded generated words \rightarrow Receiver (with key) \rightarrow decode secret bits + recover original text
Co-stega: Collaborative linguistic steganography for the low capacity challenge in social media [7]	Message \rightarrow split into query bits + remaining bits Query bits \rightarrow Search engine \rightarrow retrieve matching posts Remaining bits + retrieved context \rightarrow LLM (with entropy prompts) \rightarrow generate reply \rightarrow Reply embeds remaining bits
Joint linguistic steganography with BERT masked language model and graph attention network [2]	pre-text \rightarrow LSTM \rightarrow Temporal context (H_{time}) \rightarrow self-attention $\rightarrow H_{time}'$ Temporal context (H_{time}) + sliding-window graph \rightarrow GAT \rightarrow Spatial context (H_{space}) GAT + H_{time}' + H_{space} \rightarrow fusion \rightarrow next-token distribution
Discop: Provably secure steganography in practice based on "distribution copies" [3]	sampling using the distribution copy
Generative text steganography with large language model [14]	Keyword Prompt \rightarrow LLM \rightarrow 4 keyword subsets: - Subject, Predicate, Object (16 words each) - Emotion (3 words: negative, neutral, positive) \rightarrow Evaluation Prompt \rightarrow LLM optimizes sampling probabilities
Meteor: Cryptographically secure steganography for realistic distributions [5]	Next-word distribution \rightarrow partitioned into intervals \rightarrow random r selects word \rightarrow shared r prefix \rightarrow message bits $\rightarrow r$ XOR PRG mask \rightarrow secure transmission \rightarrow Receiver unmask r \rightarrow decodes bits \rightarrow Bit rate \propto entropy of next word
Zero-shot generative linguistic steganography [8]	Secret text \rightarrow Huffman + Edge Flipping \rightarrow binary bitstream \rightarrow LM generates candidates (filtered by threshold τ) \rightarrow Embedding Module selects word matching bitstream prefix + Annealing Selection (temperature control) + Repeat Penalty (discourages repetition) \rightarrow Word output per step \rightarrow encoded sentence
Provably secure disambiguating neural linguistic steganography [10]	Context \rightarrow token distribution prediction \rightarrow ambiguous token pooling \rightarrow CSPRNG + message bits select tokens from pools \rightarrow detokenize \rightarrow coherent stegotext
A principled approach to natural language watermarking [4]	Original Text (S), Watermark bits (m), Side info (K) \rightarrow Encoder (Transformer) \rightarrow paraphrase under distortion constraints \rightarrow Watermarked Text (X) Attacker (omniscient) \rightarrow corrupts X \rightarrow Corrupted Text (Y) Decoder (Transformer + linear) + K \rightarrow estimate watermark (m) Train via rate-distortion game maximizing mutual info, minimizing distortion, with adversarial robustness
Context-aware linguistic steganography model based on neural machine translation [1]	Context (C), Secret Message (m), Shared Key (K) \rightarrow Language Model (Transformer) \rightarrow next-token distribution (P_c, V) SyncPool Ambiguity Pool Grouping \rightarrow ambiguous tokens grouped (V_{amb}), preserving original distribution Embed message via ENCODE + CSPRNGsteg \rightarrow select Ambiguity Pool If ambiguous \rightarrow CSPRNGsync \rightarrow synchronous token selection Detokenize \rightarrow Stegotext (S) \rightarrow transmit Receiver DECODE + retokenization + CSPRNGsteg + CSPRNGsync \rightarrow extract message bits, preserving provable security
DeepTextMark: a deep learning-driven text watermarking approach for identifying large language model generated text [9]	Input text \rightarrow Identify candidate words (exclude stopwords/punctuation) Candidates \rightarrow Word2Vec \rightarrow top-n semantically similar words Secret bits + candidates \rightarrow Guided substitution \rightarrow sentence proposals Proposals \rightarrow USE \rightarrow select highest similarity \rightarrow Marked Text Marked Text = original + synonym substitutions (watermarked) Marked Text \rightarrow BERT-based classifier \rightarrow detect watermark (blind detection)
Hi-stega: A hierarchical linguistic steganography framework combining retrieval and generation [13]	Secret message $m \rightarrow$ split into data info + control info Data info \rightarrow retrieve carrier c from corpus $C \rightarrow$ maximize $m \cap c$ Control info = (keywords $k = m \cap c$, positions $i = m \cap c$) \rightarrow format \rightarrow bitstream b Bitstream b + keywords k + carrier $c \rightarrow$ Prompt Learning + Keyword Guidance \rightarrow generate stegotext s s embeds keywords k + hidden bitstream $b \rightarrow$ high semantic coherence ($\Delta\cos, \Delta\text{simcse}$) \rightarrow cognitive imperceptibility Only c or $s \neq$ full $m \rightarrow$ layer separation \rightarrow security \uparrow , anti-steganalysis \uparrow Embedding rate (ER2) $\uparrow \rightarrow$ high payload per word with low perplexity
Linguistic steganography: From symbolic space to semantic space [17]	Secret message \rightarrow Semantic mapping \rightarrow semanteme α (discrete space, $\log(n)$ -bit) $\alpha \rightarrow$ CTRL (Transformer) \rightarrow stegotext x (conditional distribution $p\theta(x \alpha)$) Stegotext $x \rightarrow$ BERT classifier \rightarrow extracted semanteme $\alpha' \alpha' \neq \alpha \rightarrow$ Rejection sampling \rightarrow repeat generation until $\alpha' = \alpha$ Final stegotext \rightarrow Bob decodes \rightarrow secret message m'
	Key: Generator: Topic-specific word sets, \rightarrow labeled subsets ($\alpha \in \{A, B\}$), \rightarrow

- **The Era of Custom Artificial Neural Network (ANN) Models** Advancements in ANNs and NLP led to sophisticated models for automatic steganographic text generation. These neural networks learned language models, encoding secret information by manipulating word probability distributions during generation.

10 DISCUSSION

Discuss implications and interpretation of the results.

11 CONCLUSION

Summarize the main findings and takeaways of the study.

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