

Nutritional Awareness Through Assistive Technology - Interview 1

All information which is collected during the research will be kept strictly confidential and will not be publicly shared. Participants should note that data collected

from this project may be retained and published in an anonymized form. By agreeing to participate in this project, you are consenting to the retention and publication of data.

You

are being invited to take part in a research study. You are being invited to answer the following questions, it is important for you to read carefully the following questions before you answer.

You

have the right to withdraw at any time from this research study interview

*** Required**

Demographic

1. Age *

Mark only one oval.

☐ 18-24

☐ 25-39

☐ 40-59

☐ 60+

2. Highest Level of Study *

Mark only one oval.

☐ Secondary School (MQF 3)

☐ Post Secondary School (MQF 4)

☐ Diploma (MQF 5)

☐ Degree (MQF 6)

☐ Masters (MQF 7)

☐ PHD (MQF 8)

Technological Literacy

3. Are you capable of downloading an application from the respective app store of your device? *

Mark only one oval.

☐ Yes

☐ No

4. Favourite type of Device to use *

Check all that apply.

☐ PC / Computer

☐ Laptop

☐ Phone

☐ Tablet

5. Application Access Preference *

Mark only one oval.

☐ Download Application

☐ Access through the Web

☐ Other: _____

6. General Application Fluency *

Mark only one oval.

Low

☐ 1

☐ 2

☐ 3

☐ 4

☐ 5

☐ 6

☐ 7

☐ 8

☐ 9

☐ 10

High

7. Do you use any application to track Dietary Intake? *

Mark only one oval.

☐ Yes Skip to question 8

☐ No Skip to question 10

Skip to question 10

Applications

8. Do you use any applications to track Dietary Intake? *

Check all that apply.

- ☐ MyFitnessPal
- ☐ MyPlate Calorie Counter
- ☐ PlateJoy
- ☐ Lifesum: Healthy Eating
- ☐ Ate Food Journal
- ☐ MyNet Diary Calorie Counter
- ☐ Spokin
- ☐ YAZIO
- ☐ Other: _____

9. What do you find useful about that application? *

Health

10. Do you have any Dietary Limits? *

Mark only one oval.

- ☐ Yes
- ☐ No

11. Do you partake in any Physical Activity? *

Mark only one oval.

- ☐ Yes
- ☐ No

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