



# Ruby app - Get track on Diet

## Introduction

- write an app that simulate how to calculate the calories on the body and put back on track suggesting some weekly menu ideas to help to reach the goal.
- use txt\_files to store the week menu. (non-vegan and vegan menu)
- use input to store de information from the user.
- one user at the time can use the app.

information

Data Structure

Classes

manual testing - Ruby app

Weight loss Menu

Pseudocode

wireframe