

Classes

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Aa variables	::: actions	::: process
<u>gender and age</u>	class and function	block and method case expression using Gem variable scope
<u>goals</u>	if statement	if-elsif-else expression
<u>lose weight or get fit</u>	if statement	if-elsif-else expression
<u>calculate calories on body.</u>	class and function	block and method variable scope
<u>input users info</u>	case statement	block and method variable scope
<u>input and output math</u>	class and function	block and method variable scope
<u>weekly suggestion</u>	txt_file	block and method loop variable scope
<u>quit program</u>		
<u>Untitled</u>	class and function	block and method using Gem