

Data Structure

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Aa atributtes	:≡ actions
<u>gender and age</u>	get the user's information and display and use gems
<u>goals</u>	ask from user's
<u>lose weight or get fit?</u>	ask from user's
<u>calculate calories on body.</u>	use math to calculate (method definition).
<u>weekly diet program</u>	use txt_file to store the info.
<u>quit program</u>	use methods definition and gems