Pseudocode

program.rb

- 1. welcome message
- 2. ask name from users and store the information
- 3. ask user "what is your goal" and give a 2 suggestion (get fit or lose weight)
- 4. define this information as a number and he/she can choose as a number (1. get fit or 2 . lose weight)
- 5. use the information to redirect user.
- 6. classified the information as instances variable (use info later)
- 7. use the information on loop.

goal.rb

- use the user_info to achieve the goal (get fit or lose weight).
- 2. puts type user information, weight and store info
- 3. use case statement or if statement
- 4. if user just choose to input "get fit", print tips

calculate_calories.rb

- 1. calculate accordingly with the user information the calories
- 2. and input user "score" using colorize or gems

score_position.rb

- 1. after the "score position" users can choose for menu suggestion
- 2. ask user which menu would like to choose (non-vegan or vegan) and print

Pseudocode 1

- 3. gets input and create a if statement and boolean statement on that process
- 4. if user wants to use menu suggestion if (yes, please!) print the files

5. if (no, thank you!) quit program

Pseudocode 2