

# Nathan Mock

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## Objective

To contribute communication, teamwork and efficiency to whichever occupation I can be a part of.

## Education

**Oregon State University – Cascades**, Bend, OR

Bachelor of Science in **Kinesiology**

Anticipated Graduation: June 2021

**Southern Oregon University**, Ashland, OR

Completed 42 General Education Credits, GPA: 3.5

September 2017-June 2018

## Scholarships/Awards

**Churchill Scholarship**, Southern Oregon University

September 2017-June 2018

**AmeriCorps Education Award**, AmeriCorps

July 2017-September 2017

## Work Experience

**Mt. Bachelor Fitness, *Fitness Equipment Tech***, Bend, OR

August 2018-Present

- Instruct customers on machine operations and functionality
- Deliver, pick-up, assemble and repair athletic equipment
- Maintain and organize fitness center and shop
- Work as a team to lift and transport heavy equipment
- Multi-task to build equipment as quickly and efficiently as possible
- Photograph equipment and post online to increase sales

**Tumalo Lodge, *Grounds Crew***, Tumalo, OR

June-August 2018

- Completed 9 hours of labor per day to fall trees across 20 acres
- Communicated with team members to safely lift heavy fallen trees into wood chipper

**Central Oregon Youth Conservation Corps (COYCC), *Crew Member***, Bend, OR

July-September 2017

- Performed manual labor 9 hours per day to stack slash piles, trim trees and brush, and pour asphalt
- Worked efficiently with crew members to accomplish tasks
- Communicated clearly with crew members to ensure safety

## Athletics and Leadership

**Track and Field Team, *Member***, Southern Oregon University, Ashland, OR

September 2017-June 2018

**Varsity Wrestling**, Captain (2016-2017), Bend High School

September 2013-June 2017

- Competed at Regionals, 2016, 2017

**Varsity Track and Field**, Captain (2016-2017), Bend High School

September 2013-June 2017

**Varsity Football**, Team Member, Bend High School

September 2013-June 2017

- Competed in playoffs, 2016

## Volunteer Experience

**Bend Park and Recreation**, Volunteer, Bend, OR

July-September 2017

- Maintained baseball diamonds

**Bend Fire Department**, Volunteer, Redmond, OR

September 2017

- Communicated with the public to encourage people to join the Fire Department