# **Nathan Mock**

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### **Objective**

To contribute strength 1, strength 2 and strength 3 to the Title position with Name of Company.

#### **Education**

Oregon State University - Cascades, Bend, OR

Bachelor of Science in **Kinesiology**Anticipated Graduation: June 2021

Southern Oregon University, Ashland, OR

Completed # General Education Credits, GPA: 3.? September 2017-June 2018

Bend High School, Bend, OR

High School Diploma, GPA: 3.7 Graduation: June 2017

Scholarships/Awards

**Churchill Scholarship,** Southern Oregon University **AmeriCorps Education Award,** AmeriCorps

September 2017-June 2018

July 2017-September 2017

### **Work Experience**

## Mt. Bachelor Fitness, Fitness Equipment Tech, Bend, OR

August 2018-Present

- Instruct customers on machine operations and functionality
- Deliver, pick-up, assemble and repair athletic equipment
- Maintain and organize fitness center and shop
- Work as a team to lift and transport heavy equipment
- Multi-task to build equipment as quickly and efficiently as possible
- Photograph equipment and post online to increase sales

## Tumalo Lodge, Grounds Crew, Tumalo, OR

June-August 2018

- Completed 9 hours of labor per day to fall trees across 20 acres
- Communicated with team members to safely lift heavy fallen trees into wood chipper

## Central Oregon Youth Conservation Corps (COYCC), Crew Member, Bend, OR

July-September 2017

- Performed manual labor 9 hours per day to stack slash piles, trim trees and brush, and pour asphalt
- Worked efficiently with crew members to accomplish tasks
- Communicated clearly with crew members to ensure safety

### **Athletics and Leadership**

| Track and Field Team, Member, Southern Oregon University, Ashland, OR | September 2017-June 2018 |
|---|--------------------------|
| Varsity Wrestling, Captain (2016-2017), Bend High School              | September 2013-June 2017 |
| Placed 6 <sup>th</sup> for District, 2017                             |                          |
| Varsity Track and Field, Captain (2016-2017), Bend High School        | September 2013-June 2017 |
| Varsity Football, Team Member, Bend High School                       | September 2013-June 2017 |
| <ul> <li>Competed in playoffs, 2016</li> </ul>                        |                          |

## **Volunteer Experience**

### Bend Park and Recreation, Volunteer, Bend, OR

July-September 2017

Maintained baseball diamonds

### Bend Fire Department, Volunteer, Redmond, OR

September 2017

Communicated with the public to encourage people to join the Fire Department