



**SRI KRISHNA COLLEGE OF ENGINEERING AND TECHNOLOGY**

An Autonomous Institution | Approved by AICTE | Affiliated to Anna University | Accredited by NAAC with A++ Grade  
Kuniamuthur, Coimbatore – 641008

Phone : (0422)-2678001 (7 Lines) | Email : [info@skcet.ac.in](mailto:info@skcet.ac.in) | Website : [www.skcet.ac.in](http://www.skcet.ac.in)

## **Health Coach Application System**

*Submitted by*

**Mohammed Nishar M ( 727723EUCI029 )**

*In partial fulfilment for the award of the degree*

*of*

**MASTER OF TECHNOLOGY**

**IN**

**M.TECH COMPUTER SCIENCE AND ENGINEERING**

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## **SUSTAINABLE DEVELOPMENT GOALS**

The Sustainable Development Goals are a collection of 17 global goals designed to blue print to achieve a better and more sustainable future for all. The SDGs, set in 2015 by the United Nations General Assembly and intended to be achieved by the year 2030, In 2015, 195 nations agreed as a blue print that they can change the world for the better. The project is based on one of the 17 goals.

Questions	Answer Samples
Which SDGs does the project directly address?	SDG 3: Good Health & Peacefull Life
What strategies or actions are being implemented to achieve these goals?	Personalized Wellness Programs, Mental Health Support, Encouraging Consistent Practice
How is progress measured and reported in relation to the SDGs?	User Health Metrics, Engagement Analytics, User Feedback
How were these goals identified as relevant to the project's objectives?	These goals align with the app's focus on promoting well-being, and community engagement, supporting user health and knowledge.
Are there any partnerships or collaborations in place to enhance this impact?	We are trying to merge this with big tech companies to make good future.



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### **BONAFIDE CERTIFICATE**

Certified that this project report titled **Health Coach Application System** is the Bonafide work of **Mohammed Nishar M (727723euci029)** who carried out the project work under my supervision.

#### **SIGNATURE**

Dr. JAYASUDHA SUBBURAJ

#### **HEAD OF THE DEPARTMENT**

Professor

M.Tech Computer Science and  
Engineering

Sri Krishna College of Engineering and  
Technology

Kuniamuthur, Coimbatore–641008.

#### **SIGNATURE**

MS. DHANYA GIRISH

#### **SUPERVISOR**

Assistant Professor

M.Tech Computer Science and  
Engineering

Sri Krishna College of Engineering and  
Technology

Kuniamuthur, Coimbatore–641008.

Submitted for the Project viva-voce examination held on\_\_\_\_\_

**INTERNAL EXAMINER**