

RESILIENT: Weekly Health Report

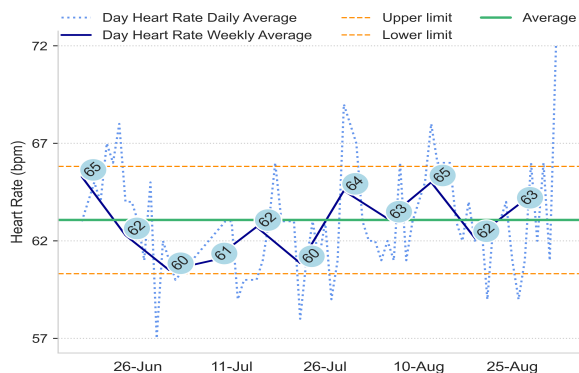
Study ID: 007p

Date: 17 Jun - 15 Sep

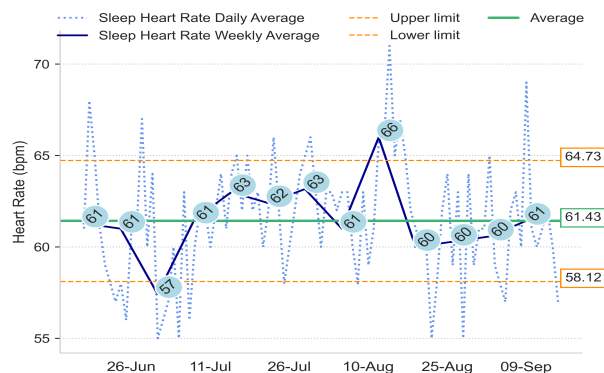
Overview	Day Heart Rate [bpm]	Sleep Heart Rate [bpm]	Sleep Respiration Rate	Steps	Weight [kg]	Sleep Duration [hours]	Sleep Apnoea Index [AHI]
Current Week Average	N/A	62	12	N/A	N/A	3	45 Severe
Average since 17 Jun	63	61	12	391	82	4	49 Severe

A value highlighted in orange indicates a change of 1 SD from the average of the previous 3 months. * indicates a value that would be flagged by the NEWS2
 A value highlighted in red indicates a change of 2 or more SD from the average of the previous 3 months.

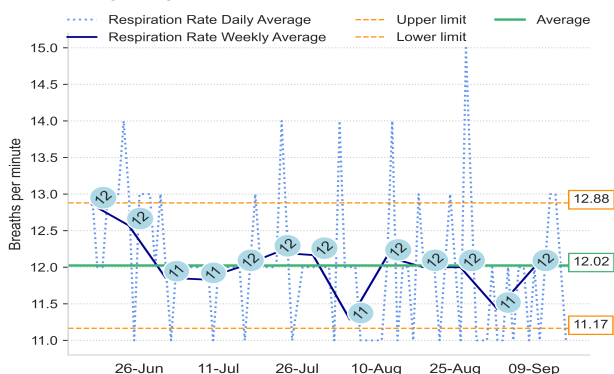
Day Heart Rate



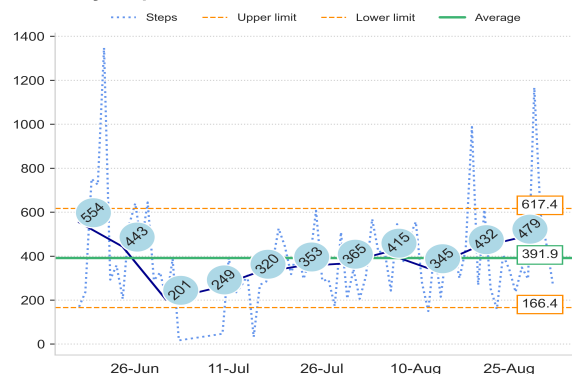
Sleep Heart Rate



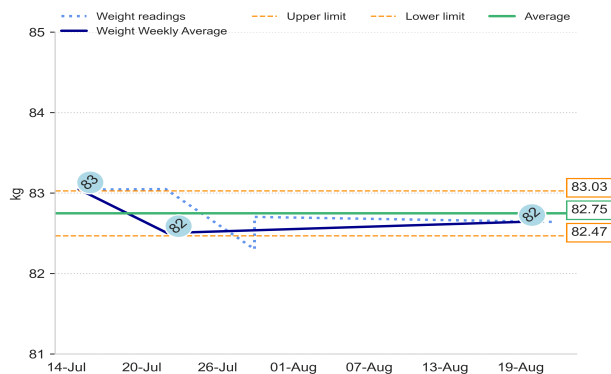
Sleep Respiration Rate



Daily Step Count



Weight



Sleep Summary

