### PROGRAM OF STUDY

## Nutrition and Dietetics AS-T Degree

# Merritt College

TOP Code: 1306.00 Program Control Number:

The Associate in Science in Nutrition and Dietetics for Transfer (AS-T) degree is intended to meet the lower division requirements for Nutrition and Dietetics majors (or majors that have been deemed similar in the CSU system). The AS-T degree prepares students to function in a variety of nutrition, public health and clinical settings and is for students who seek to transfer to a California State University institution or to prepare for a career in nutrition and dietetics by meeting the requirements to work in a variety of health and wellness settings. Successful completion of the program with a minimum G.P.A. of 2.0 affords students specific guarantees for transfer to the CSU system such as admission to a CSU with junior status, priority admission to their local CSU campus and to a program or major in Nutrition and Dietetics or similar major. Students interested in the Associate in Science in Nutrition and Dietetics for Transfer degree should consult with the Nutrition Department Chair and a counselor. All Associate Degrees for Transfer (ADT) require the completion and certification of the California State University General Education Pattern (CSU-GE) or the Intersegmental General Education Transfer Curriculum (IGETC) pattern, as well as the specific ADT major degree requirements. Associate Degrees for Transfer do not require any additional college specific General Education requirements. As required by Senate Bill (SB) 1440 (Padilla) and California Education Code (CEC) section 66746(a), Associate Degrees for Transfer require: (1) Completion of 60 semester units or 90 quarter units that are eligible for transfer to the California State University. (2) The Intersegmental General Education Transfer Curriculum (IGETC) or the California State University General Education - Breadth Requirements. (3) A minimum of 18 semester units or 27 quarter units in a major or area of emphasis, as determined by the community college district. (4) Obtainment of a minimum grade point average of 2.0. (5) A grade of "C" or better in all courses required for the major or area of emphasis. In addition, CEC section 66746 subdivision (b) prohibits a community college district from imposing any additional course requirements, in addition to these requirements, for a student to be eligible for the associate degree for transfer, and subdivision (e) prohibits allowing remedial non-collegiate level coursework to be counted toward the units required for the associate degree for transfer (AA-T or AS-T). Title 5 section 55002(b) describes such courses as nondegree-applicable credit courses.

## Career Opportunities in

Those completing the AS-T degree will be able to transfer to CSU campuses that prepare them for advanced study in a variety of graduate programs, as well as a variety of careers such as community nutrition specialist, teaching nutrition education, working as nutrition assistant in a hospital setting, or becoming a Dietetic Technician, Registered through the Academy of Nutrition and Dietetics. With a baccalaureate degree in Nutrition and Dietetics or similar baccalaureate degree, students are eligible to apply for a dietetic internship through the Academy of Nutrition and Dietetics to become a Registered Dietitian.

#### **Required Courses:**

| BIOL 003   | Microbiology                       | 5 |
|------------|------------------------------------|---|
| CHEM 001A  | General Chemistry                  | 5 |
| NUTR 010   | Nutrition                          | 4 |
| NUTR 031   | Food-Production Systems            | 3 |
| PSYCH 001A | Introduction to General Psychology | 3 |

| Select Two from the Followin | Units                      |   |
|------------------------------|----------------------------|---|
| BIOL 002                     | Human Anatomy              | 5 |
|                              | or                         |   |
| BIOL 004                     | Human Physiology           | 5 |
|                              | and                        |   |
| CHEM 012A *                  | Organic Chemistry          | 5 |
| MATH 013                     | Introduction to Statistics | 4 |

**Total Units for the Major:** Units

| Units that may be double-counted:                            | Units   |
|--|---------|
|  | 10 - 15 |
|  |         |
| General Education (CSU-GE or IGETC):                         | Units   |
|  | 37 - 39 |
|  |         |
| Electives (transferable courses):                            | Units   |
|  | 3 - 7   |
|  |         |
| Total Units  | 60      |
| *CHEM 012A requires CHEM 001A and CHEM 001B as prerequisites |         |
|  | PID 857 |