Just want to get this off my chest

Is there a law that prohibited me from expressing my feelings. Well there are some unspoken rules that I seem to not know. Because everything seems to offend people. I understand that she feels frustrated that I didn’t help her prepare dinner. Does she have any sympathy? Or I am just a whiny bitch that has been protected from the outside world too long and unable to cope with it. It must be the latter.

Now I’m having stress because there seems to be no one willing to listen to my ramblings. Well, I could hire someone with professional knowledge to help me but I don’t have the money. :((. So for this time, I need to do something productive and something else rather than either video games, reddit or just go around the Internet like a drunk man.

Well, that solves a lot temporarily

I need to talk to my GF about what happened and I should read something to find the way out of this situation. Or even spend a little bit to put out a detailed plan so I could not waste my time doing nothing but useless activities.

So that’s for today, I guess