Dear diary,

I almost forgot about writing for you today. I must be lazy again, right? Well that’s right. Throughout the day, I could have used my time a little bit better. For example, when I wake up at 7:30, instead of doing what needs to be done first like doing the dishes and putting the dirty clothes in the washing machine, I turned up the TV and watched YouTube instead. Or what I’m doing right now, browsing other websites.

From the examples I listed above, I can safely conclude that I have a short-attention span. That means that I can be easily distracted from something else that is usually more attractive like playing games or doing something mindlessly.

My solution is still take a deep breath, plan on doing something for about 25 minutes and rest for 5 minutes.

There are lots of tasks but I don’t know how to categorize them properly. So listened to my girlfriend’s suggestion, I did research about the Eisenhower matrix and I found out that it is actually really useful. I will definitely implement this solution to my time management skill for daily routine.

Next, I need to have my own fixed timetable so I won’t slack off like last week anymore. That will definitely be on top of my to-do list.

I also need to plan out for tomorrow, so this is my to list first

* Make a fixed timetable
* Read 30 minutes of books (how to be more confident, how to become a better boyfriend,etc..)
* Make a summary of chapter 6,7 Marketing(14/2)
* Computer Science Lab(15/2) + Assignment(16/2)
* Shopping at Real Canadian Superstore
* Prepare for English Test(29/2)
* Prepare for MDT\*Math (6/3)
* Do exercise for 45 minutes