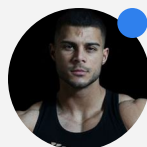


# ← Body Mass Index (BMI)



5.11  
Height

78 kg  
Weight

20 yrs  
Age



Calculate

## Result

**NORMAL**



23.1

Make sure calorie intake is in accordance with daily calorie needs & consume healthy food

I understand



Home



Workouts



Diet Plans



Stats