

Miriam's alarm goes off - it is time to go to her grandson's soccer game.



Miriam drives to her grandson's game. She does not notice when WApp (Water App) gives her a notification that she needs to drink water.



Miriam arrives at the soccer game. She is not feeling too great, but does not notice.



Miriam's grandson does very well at the soccer game. However, Miriam is starting to feel a little light-headed, which her daughter notices.



Miriam's daughter checks her WApp and sees that Miriam has not logged any water-drinking today. She tells Miriam she should drink water.



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Miriam drinks some water and begins to feel much better. She makes sure to log the amount of water she drank on her WApp.