ZSE-ZLC							ZSE-ZOA				
Destination	Doute commen	<u> </u>	Handoff				KRNO	BAARB	AOB 300		
KMSO	Route segment		AOB 17k				Filed E of J189				
KIVISO	MLP.MSO MQG.MSO		AUB 17K					AOB 330 RNAV pref ALT			
I/CDI	PUW.MSO COE.MSO MLP.FCA COE.FCA		A O.D. 471/				South ops	RNAV pref ALT MBLEC.BDEGA RBG/RBL PYE.GOLDN		OLDN	
KGPI			AOB 17K				SFO	MBLEC.BDEGA		,	OLDN
KBKE	IMB.BKE PDT.BKE		AOB 12K				SFO prop			ENI.PYE	
	ALW.BKE MQG						OAK	SPAMY.WINSR RBG/RBL.REBAS.OAK			
KSLC	BOI.BYI SKEE3						SJC	CHIBLI.BRIXX		RBG.RBL GOLDI	N I
	BOI.BYI BEARR	4					SJC prop	ENI.PYE			
ZLC-KSEA							SJC	LLC CHIBLI MD	OWS	FMG or ILA	
KSEA	MLP.GLASR						SMF	LKV.TUDOR		LKV.TUDOR	
	PDT.CHINS (from KSLC)						RNO	HARTT.HARTT J5.FMG/J92.FMG		IG	
KGEG	MLP.HILIE		AOB FL280				North ops	I	ı		I
KPDX	HHOOD						SFO	MBELC.STLER		RBG/RBL STINS	
ZSE-ZVR		Route segment		Cross	Alt		ZOA-ZSE				
CYVR	Dep area	26 L/R					SEA	BTG.LMT.HAW	KZ	RBG/OED/BTG.	OLM
	W KBLI	TOU.CASDY or		EMLOX	AOB FL220		SEA	LKV/BTG/LMT		FMG/LMT/BTG	.OLM
		HQM.SHARK		URMIX	12/250 jets 10k	props		KREIG.HAWKZ			
		8 L/R		FOCHE	15K		PDX	MACHU.TIMBR	IS .	RBG/OED.OCIT	Y
		TOU.FOUCHE d	or	VIGNA	17K		PDX	PORTL.TIMBRS		LMT.OCITY	
		WAPTO.RAGIT		RAGIT	15K		ZSE-ZAN	Altitudes FL320)-380		
		General		island/YY	8K		KSEA/PANC	BANGR ARRIE F	OCHE PRY	CE BKA LAIRE JO	H WITT
				IMPOR	4K		KSEA/PAJN	BANGR PANGL	KEVNA LV	D STVNS	
		8 L/R					KSEA/PAFA	BNGR ARRIE YJQ DOOZI SSR J502 ORT RDFLG HRDN		LG HRDNG	
	E KBLI	METOW.GRIZZ		EGRET	12/250 jets 10k	12/250 jets 10K props KPDX/PAFA BTG then as above at ARRIE		RIE			
		26 L/R					KPDX/PANC	TOU PRYCE BK	A LAIRE JO	H WITT	
		PAE.GRIZZ					KPDX/PAJN	BTG PANGL KE	VNA LVD S	TVNS	
		General					ZAN-ZSE	Altitudes FL330)-390		
		PAE.PAE		EGRET	12/250 jets 10k	C props	PANC/KSEA	NOEND NOEND	LAIRE BK	A DUGGS YYJ MA	ARNR
ZVR-ZSE					South		PANC/KPDX	NOEND NOEND LAIRE BKA PRYCE TOU BUWZO KRATR			
	CYVR	YYJ or YVR.JAWBN		JAWBN	12/250 KSEA jets		PAFA/KSEA	RDFLG RDFLG J502 SSR BOCCA YYJ MARNR			
	or W KBLI				11/250 KBLI jets		PAFA/KPDX	RDFLG RDFLG J502 SSR BOCCA TOU BUWZO KRATR			
					10/250 props		PAJN/KSEA	SSR BKA DUGG			
					North		PAJN/KPDX	SSR BKA PRYCE			
					16/270 KSEA je	ts					
					11/250 KBLI jet						
					10/250 props	-					
					South						
	East of KBLI	JAKSN.GLASR		JAKSN	12/250 KSEA je	l ts					
	LUSC OF ROLL	JANSIN. GLASK		J. 11(J) 4	11/250 KBLI jet						
					10/250 RBLI Jet	<u> </u>					
			1		North						
						<u> </u>					
			1		16/270 KSEA je						
					11/250 KBFI jet	5					
					10/250 props						