



Blood Works

Location:

Kenyatta National Hospital

Contact:

Phone: 123-456-7890

Email: info@blooddonationstation.com

Donation Details:

Name: Rachel Waweru

Age: 24

Blood Type: A+

Donation units: 2

Donation type: Platelets

Donation Date: 23-08-2023 12-26-14

Wait for 56 days before donating again

Important Information:

Over the next 48 hrs:

Drink plenty of fluids to replenish the volume lost during donation.

Avoid lifting heavy weights with the donation arm or participating in strenuous physical activities or sports after donation to prevent bruising of the venepuncture site and dizziness.

If you have any inquiry use the contact information at the top of this document.