

# The Virtual Evolution of 2D Soft Robots

by

Naudé Thomas Conradie



*Thesis presented in partial fulfilment of the requirements for  
the degree of Master of Engineering (Mechatronic) in the  
Faculty of Engineering at Stellenbosch University*

Supervisor: Dr. M. P. Venter

November 2020

# Declaration

By submitting this thesis electronically, I declare that the entirety of the work contained therein is my own, original work, that I am the sole author thereof (save to the extent explicitly otherwise stated), that reproduction and publication thereof by Stellenbosch University will not infringe any third party rights and that I have not previously in its entirety or in part submitted it for obtaining any qualification.

Date: ..... 2020/11/30 .....

Copyright © 2020 Stellenbosch University  
All rights reserved.

# Abstract

## **The Virtual Evolution of 2D Soft Robots**

N. T. Conradie

*Department of Mechanical and Mechatronic Engineering,  
University of Stellenbosch,  
Private Bag X1, Matieland 7602, South Africa.*

Thesis: MEng (Mech)

November 2020

# Abstract

## Die Virtuele Evolusie van 2D Sagte Robotte

*(“The Virtual Evolution of 2D Soft Robots”)*

N. T. Conradie

*Departement Meganiese en Megatroniese Ingenieurswese,  
Universiteit van Stellenbosch,  
Privaatsak X1, Matieland 7602, Suid Afrika.*

Thesis: MIng (Meg)

November 2020

# Acknowledgements

I would like to express my sincere gratitude to the following people and organisations:

# Dedications

*I would like to dedicate this thesis to*

# Contents

<b>Declaration</b>	<b>i</b>
<b>Abstract</b>	<b>ii</b>
<b>Abstract</b>	<b>iii</b>
<b>Acknowledgements</b>	<b>iv</b>
<b>Dedications</b>	<b>v</b>
<b>Contents</b>	<b>vi</b>
<b>List of Figures</b>	<b>vii</b>
<b>List of Tables</b>	<b>viii</b>
<b>Nomenclature</b>	<b>ix</b>
<b>1 Introduction</b>	<b>1</b>
1.1 Background . . . . .	1
<b>2 Literature Review</b>	<b>2</b>
2.1 Soft Robotics . . . . .	2
2.2 Soft Robot Modeling . . . . .	4
2.3 Evolved Virtual Bodies . . . . .	4
<b>Appendices</b>	<b>9</b>
<b>A Test</b>	<b>10</b>
<b>Bibliography</b>	<b>11</b>

# List of Figures



# List of Tables

# Nomenclature

## Constants

$$g = 9.81 \text{ m/s}^2$$

## Variables

$Re_D$	Reynolds number (diameter) . . . . .	[ ]
$x$	Coordinate . . . . .	[ m ]
$\ddot{x}$	Acceleration . . . . .	[ m/s <sup>2</sup> ]
$\theta$	Rotation angle . . . . .	[ rad ]
$\tau$	Moment . . . . .	[ N·m ]

## Vectors and Tensors

$$\vec{v} \quad \text{Physical vector, see equation ...}$$

## Subscripts

$a$	Adiabatic
$a$	Coordinate

# Chapter 1

## Introduction

### 1.1 Background

# Chapter 2

## Literature Review

### 2.1 Soft Robotics

The field of soft robotics is relatively new and developmental. Soft robots inherently differ from traditional robots. They are constructed from compliant and pliable materials. Soft robots generally have fixed joints and locomotive actuators between joints, as opposed to traditional robots which usually have locomotive actuated joints connected by rigid sections. [1]

Soft robots offer many advantages over traditional robots. They provide a safer working environment around humans and with fragile materials, as they are much lighter, more pliable and move slower and with less force than traditional robots. They require lower tolerances for manufacture due to their inherent less precise nature. They are much more lightweight compared to traditional robots. [1]

#### 2.1.1 Actuators

Actuators are components that cause controlled motion, generally used in robotics and machinery [2]. There are currently a few major types of soft robotic actuators in use [3].

##### 2.1.1.1 Actuator Types

Shape Memory Alloys (SMA) are metallic alloys capable of being formed into a specific shape while above an inherent transformation temperature, as well as being formed into another shape below the transformation temperature. When the material is then heated or cooled above or below the transformation temperature, it reforms into those respective shapes. This property exists due to the transition between the martensite phase of the material below the transformation temperature, and the austenite phase above the transformation temperature. SMA actuators are heated by applying a current directly to the material. SMA actuators are small, lightweight, silent, and have a high force-

to-weight ratio. When shaped straight, they can exert high forces, but only achieve small displacements relative to their length. When coiled, they can extend more, but exert smaller forces. [4]

insert illustrative figure

Shape Memory Polymers (SMP) are similar to SMAs, consisting of smart polymers with the same shape memory properties, instead of metallic alloys. The initial shape is determined during the manufacturing process. The transformed shape is obtained by cooling the SMP and shaping it as desired. SMPs use electricity or light as a heat source for transformation [5]. They have a high deformation capacity and shape recovery. They are lighter, cheaper and easier to produce than SMAs. They are limited in size due to their low recovery stresses [6; 5].

Dielectric/Electrically-Actuated Polymers (DEAP) consist of layers of polymers interspersed with conductive material. When the conductive material receives an electrical input, a chemical reaction occurs that causes a change in volume across the layers. This causes the layers to bend in a predetermined direction. DEAPs are lightweight, silent and use little energy. They are biocompatible and functional in water. They are well-suited to mimicking real muscles. Their reactions under high voltages are not fully understood yet and accurately modelling them is highly complicated. [7]

Electro-Magnetic Actuators (EMA) make use of magnetic microparticles within a polymer matrix. The particles are manipulated to cause motion by an external magnetic field from an electromagnet. This allows for a wide range of motion by varying the orientation and magnitude of the electromagnetic field. EMAs are small, require low voltages and are efficient. They have quick response times and high dynamic ranges. They are still an emerging technology in the early stages of development. [8]

Fluid Elastomeric Actuators (FEA) use soft polymeric structures with internal geometry designed for specific types of motion when driven by fluid pressure. Fluid pressure may be obtained from pressurized containers or chemical reactions. They are simple to design, manufacture and control, and are lightweight and usually inexpensive. They are scalable to different sizes and resistant to many types of damage. [9; 10]

### 2.1.1.2 Actuator Shapes

discuss linear extension and resulting motion and application

discuss torsional extension and resulting motion and application

Multiple types of soft robotic actuators implement linear extension. This allows for an increase in reach and activation of levers or switches. Torsional extension is a variant of linear extension. Torsionally extending actuators twist as they extend, resulting in an angular difference between the ends of the actuator. [1]

insert diagrams

FEAs can be built to curl while contracting and straighten out while expanding, similar to natural muscles. This has a range of applications, especially when multiple of these FEAs are used in conjunction with one another. One application is as a gripper, where a number of these FEAs are arranged similarly to a hand or tentacles all curling inward. Grippers are well-suited to picking up and manipulating soft and/or irregularly shaped objects. [1]

insert diagrams

discuss bimodal operation

## 2.2 Soft Robot Modeling

### 2.2.1 Modeling Approaches

discuss FEM, voxels, tetrahedral meshes and Gaussian distribution

### 2.2.2 Modeling Software

discuss software options

## 2.3 Evolved Virtual Bodies

Optimization of discretely represented mathematical model problems, such as virtual bodies, is an active area of research.

### 2.3.1 Generative Design

define generative design

A generative encoding is a type of encoding that specifies the construction of a phenotype. A genotype is a programmed representation of a potential individual or problem solution. A phenotype is a set of characteristics of an individual resulting from the composite of its genotypes [11]. It may scale well because of its inherent self-similar and hierarchical structure. [12]

Data base amplification is the generation of seemingly complex objects from very concise descriptions [13].

#### 2.3.1.1 Evolutionary Algorithms

Evolutionary algorithms, also known as genetic algorithms, are a robust approach to solving optimization problems. They derive their name from their similarity to the evolution of biological organisms. They typically start with a randomly generated population of solutions to a given problem. Each individual solution's suitability is checked. The more suitable solutions are used

to generate a new population, by "breeding" existing members of the population, and introducing some random variations. The new population is checked again, and this process is repeated for some number of generations [14]. Evolutionary algorithms are versatile. They can be applied to the optimization of functions and the evolution of complex behaviours and bodily morphologies. They have been specifically applied to the evolution of robotic bodies for many years [11; 15].

Evolutionary algorithms require a measure of the population's performance. Within the context of evolving simulated physical bodies, a realistic physically simulated goal is usually set. Examples include traversing the greatest distance within a set amount of time, jumping or climbing over an obstacle, or drawing another object closer to it. Fitness measures may also be implemented as survival criteria in testing, such as energy requirements, size, and complexity of the respective bodies. [11; 15]

Evolutionary algorithms typically use direct encodings of solutions. They may struggle to successfully design highly complex systems using direct encodings. [12]

### 2.3.1.2 Lindenmayer Systems (L-systems)

#### discuss L-systems

L-systems were originally conceived as a mathematical theory of plant development. They are used in theoretical biology to describe and simulate natural growth processes. They did not originally include enough detail to completely model higher-level plants. They focused on plant topology and not geometry. [16; 13]

The main component of L-systems is rewriting. Rewriting is used to define complex objects by successively replacing parts (letters) of an initial, simple object (word) according to a set of rules (grammar). Grammars are applied in parallel and simultaneously replace all letters in a given word [13]. This makes L-systems suitable for describing and generating fractal structures. Words generated by L-systems can be used as genotypes for virtual bodies [16].

Growth functions describe the number of letters in a word in terms of its derivation length. Growth functions of DOL-systems are independent of the order of the letters in a word and its derived words. [13]

There are many variations of L-systems. Deterministic and context-free L-systems (DOL-systems) use edge rewriting to replace polygon edges with figures and node rewriting to operate on polygon vertices. Stochastic L-systems implement randomization to obtain variation in productions. A context-sensitive L-system's productions' expression may depend on its predecessors' context. [13]

Partial L-systems use the notation of non-deterministic context-free L-systems (OL-systems) to define the different possible structures of a given type

that can develop. They capture the main traits that characterise a structural type and provide a formal basis for their classification. [13]

Original L-systems are discrete in time and space. Model states are known only at specific time intervals and only a finite number exist. Parametric L-systems allow for infinite model states due to the assignments of continuous attributes to model components. Parametric L-systems are not limited by all values being reduced to integer multiples of a unit segment. [13]

Map L-systems allow for the formation of cycles in a production. Maps are finite sets of regions. Regions are surrounded by boundaries consisting of finite, circular sequences of edges meeting at vertices. Each edge has one or two vertices associated with it (only one if the edge forms a loop). Edges cannot cross without forming a vertex. There are no vertices not associated with an edge. Every edge is part of the boundary of a region. The set of all edges is connected. [13]

Some simulations of the branching patterns often achieved by L-systems consider the interactions among the growing features, structures and environment. This makes models more realistic and introduces some complexity. [13]

L-system schemata are control mechanisms that resolve non-determinism. The topology of individual productions and temporal aspects of their development are described at this level. Complete L-systems add the geometric aspects. [13]

### 2.3.1.3 Compositional Pattern Producing Networks (CPPN)

discuss CPPNs

### 2.3.1.4 Emergent Properties

Emergent properties occur when not all components of a given property satisfy that property. An emergent property is not satisfied by the constituent components of a system, but is satisfied by the overall system. If the required condition for a specific property to exist can be determined, it is possible to construct a system satisfying that property from components that do not satisfy that property. If the target property of a system and the property of a component is known, it can be determined if the other component can have a property that will result in the system satisfying the target property. If that property exists, it can be found. [17]

Reactive systems consist of interconnected sub-components that are a part of structural links defining communication methods. These systems may exhibit emergent properties that are unpredictable even when complete knowledge of the systems is accessible. This implies the systems are complex in such a manner that they cannot be simplified to rules based on inferences from their properties. Knowledge of the rules of interactions between the sub-components is also necessary. [18]



Emergent properties are sometimes encountered with generative design. Emergent properties may be complex behaviours that are difficult to predict [18] and challenging to understand initially, that arise from the combination of the simple elements and rules used to construct the generative design algorithms. For example, virtually evolved bodies may end up being complexly constructed in such a way that the methods of completing their objectives are not initially obvious [19]. These emergent properties are desirable, as one advantage of generative design processes is that they may arrive at original and unique designs that may be extremely difficult for a human to arrive at [11].

### 2.3.2 Previous Work

#### discuss previous attempts

In 1994, Karl Sims introduced the concept of evolving three dimensional virtual bodies with the aid of evolutionary algorithms. Four simulations with different fitness evaluation functions were run. The four functions were swimming as far as possible within a limited time period, moving across a flat surface as far as possible within a limited time period, jumping as high as possible from a stationary position, and following a light source. The bodies were simply modelled. Nodes describe the rigid parts of the body, the joints between parts and their parent parts, and the set of connections they have to other nodes. Rigid parts have specific dimension. Joints have different types and limits of motion. Node connections describe a part's relationship to its parent. The bodies are described as a set of nodes. These bodies are evolved in three dimensions according to their performance against one of the simulation fitness functions using evolutionary algorithms for a number of generations. The best-performing models were inspected at the end [11]. Further tests were done where two bodies were evolved in the same environment. The bodies had to compete with each other to keep a cube as close to themselves and as far away from the other body as possible. This study investigated the effect of competition between organisms on evolution and optimisation [15].

In 2012, Rieffel et al applied evolutionary algorithms to soft bodies. They used NVidia's PhysX engine to model soft tetrahedral meshes. The physics engine allows for the manipulation of a material's stiffness and damping coefficient. Three properties of the bodies were used to control the evolution. The properties were the body shape, body motion, and material properties. Three different simulations were run. For each one, one of the three properties were fixed, while the other two were allowed to evolve. The mesh resolution was also manipulated. Higher resolutions allowed for smoother surfaces at the cost of computing power. The final bodies are 3D printable, but lack a simple actuation mechanism. [20]

Also in 2012, Hiller and Lipson modelled soft amorphous bodies using the Gaussian mixtures representation. Gaussian points are listed in a 3D workspace. Densities and falloff ranges are associated with the points. This re-

sults in smooth, free-form shapes. Material properties are stored in the points and distributed accordingly between points. The Gaussian mixtures representation is a computationally efficient method of storing and representing complex smooth shapes. Shapes were evolved using evolutionary algorithms. The Gaussian points' coordinates, densities, falloff ranges and material indices were used as parameters of interest during evolution.[21]

In 2013, Cheney et al used voxels to model soft bodies in VoxCAD. VoxCAD is free voxel-modelling software. Soft bodies were evolved using CPPN-NEAT. CPPN morphologies were found to appear natural and produce interesting and varying results. Three materials were used for the construction of the soft bodies. The three materials differed in hardness, being compliant, partially compliant and stiff. Compliant and partially compliant voxels acted as the actuators. Soft bodies were tasked either with traversing along a linear path or squeezing through a tight space. Simulations were run multiple times with different penalty functions. Penalty functions included costs for actuated voxels, voxel connections and the total number of voxels. It was found that with differing penalty functions, different bodies evolved and performed better. Final bodies are 3D printable. They are actuated by placing them within a pressure chamber where the pressure is sinusoidally varied. This limits their practical application. [22; 23]

# Appendices

# Appendix A

## Test

# Bibliography

- [1] Whitesides, G.M.: Soft Robotics. *Angewandte Chemie - International Edition*, vol. 57, no. 16, pp. 4258–4273, 2018. ISSN 15213773.
- [2] Sekhar, P. and Uwizye, V.: Review of sensor and actuator mechanisms for bioMEMS. *MEMS for Biomedical Applications*, pp. 46–77, jan 2012.  
Available at: <https://www.sciencedirect.com/science/article/pii/B978085709129150002X>
- [3] Boyraz, P., Runge, G. and Raatz, A.: An Overview of Novel Actuators for Soft Robotics. *Actuators*, vol. 7, no. 3, p. 48, 2018. ISSN 2076-0825.
- [4] Villoslada, A., Flores, A., Copaci, D., Blanco, D. and Moreno, L.: High-displacement flexible Shape Memory Alloy actuator for soft wearable robots. *Robotics and Autonomous Systems*, vol. 73, no. October 2017, pp. 91–101, 2015. ISSN 09218890.
- [5] Behl, M. and Lendlein, A.: Shape-memory polymers. *Materials Today*, vol. 10, no. 4, pp. 20–28, 2007. ISSN 13697021.  
Available at: [http://dx.doi.org/10.1016/S1369-7021\(07\)70047-0](http://dx.doi.org/10.1016/S1369-7021(07)70047-0)
- [6] Rodriguez, J.N., Zhu, C., Duoss, E.B., Wilson, T.S., Spadaccini, C.M. and Lewicki, J.P.: Shape-morphing composites with designed micro-architectures. *Scientific Reports*, vol. 6, no. June, pp. 1–10, 2016. ISSN 20452322.  
Available at: [www.nature.com/scientificreports/http://dx.doi.org/10.1038/srep27933](http://www.nature.com/scientificreports/http://dx.doi.org/10.1038/srep27933)
- [7] Mutlu, R., Alici, G., Xiang, X. and Li, W.: Electro-mechanical modelling and identification of electroactive polymer actuators as smart robotic manipulators. *Mechatronics*, vol. 24, no. 3, pp. 241–251, 2014. ISSN 09574158.
- [8] Do, T.N., Phan, H., Nguyen, T.-Q.Q. and Visell, Y.: Miniature Soft Electromagnetic Actuators for Robotic Applications. *Advanced Functional Materials*, vol. 28, no. 18, p. 1870116, 2018. ISSN 16163028.
- [9] Shepherd, R.F., Ilievski, F., Choi, W., Morin, S.A., Stokes, A.A., Mazzeo, A.D., Chen, X., Wang, M. and Whitesides, G.M.: Multigait soft robot. *Proceedings of the National Academy of Sciences of the United States of America*, vol. 108, no. 51, pp. 20400–20403, 2011. ISSN 00278424.

- [10] Onal, C.D., Chen, X., Whitesides, G.M. and Rus, D.: Soft mobile robots with on-board chemical pressure generation. *Springer Tracts in Advanced Robotics*, vol. 100, pp. 525–540, 2017. ISSN 1610742X.
- [11] Sims, K.: Evolving virtual creatures. *ACM*, pp. 15–22, 1994.  
Available at: <http://www.karlsims.com/papers/siggraph94.pdf>
- [12] Hornby, G.S. and Pollack, J.B.: The advantages of generative grammatical encodings for physical design. *Proceedings of the IEEE Conference on Evolutionary Computation, ICEC*, vol. 1, no. December, pp. 600–607, 2001.
- [13] Prusinkiewicz, P., Lindenmayer, A., Hanan, J.S., Fracchia, F.D., Fowler, D., de Boer, M.J.M. and Mercer, L.: *The algorithmic beauty of plants*. 1. 2004.
- [14] Groenwold, A.A., Stander, N. and Snyman, J.A.: A regional genetic algorithm for the discrete optimal design of truss structures. *International Journal for Numerical Methods in Engineering*, vol. 44, no. 6, pp. 749–766, 1999. ISSN 00295981.
- [15] Sims, K.: Evolving 3D Morphology and Behavior by Competition. *Artificial Life*, vol. 1, no. 4, pp. 353–372, 1994. ISSN 1064-5462.
- [16] Kolodziej, J.: Modeling hierarchical genetic strategy as a Lindenmayer system. *Proceedings. International Conference on Parallel Computing in Electrical Engineering*, pp. 409–414, 2002.  
Available at: <http://ieeexplore.ieee.org/document/1115312/>
- [17] Zakinthinos, A. and Lee, E.S.: Composing secure systems that have emergent properties. *Proceedings of the Computer Security Foundations Workshop*, pp. 117–122, 1998. ISSN 10636900.
- [18] Aiguier, M., Gall, P.L. and Mabrouki, M.: Emergent properties in reactive systems. *Neonatal, Paediatric and Child Health Nursing*, , no. January 2008, pp. 273–280, 2008. ISSN 14416638.
- [19] Damper, R.I.: Emergence and levels of abstraction. *International Journal of Systems Science*, vol. 31, no. 7, pp. 811–818, 2000. ISSN 14645319.
- [20] Rieffel, J., Knox, D., Smith, S. and Trimmer, B.: Growing and Evolving Soft Robots. *Artificial Life*, vol. 20, no. 1, pp. 143–162, 2013. ISSN 1064-5462.
- [21] Hiller, J. and Lipson, H.: Automatic design and manufacture of soft robots. *IEEE Transactions on Robotics*, vol. 28, no. 2, pp. 457–466, 2012. ISSN 15523098.
- [22] Cheney, N., MacCurdy, R., Clune, J. and Lipson, H.: Unshackling evolution: Evolving soft robots with multiple materials and a powerful generative encoding. *GECCO 2013 - Proceedings of the 2013 Genetic and Evolutionary Computation Conference*, pp. 167–174, 2013.
- [23] Cheney, N., Bongard, J. and Lipson, H.: Evolving Soft Robots in Tight Spaces. pp. 935–942, 2015.