```html
<!DOCTYPE html>
<html lang="en">
<head>
    <meta charset="UTF-8">
    <meta name="viewport" content="width=device-width, initial-scale=1.0">
    <title>Japan</title>
</head>
<body>
    <h1>Personal Profile < /h1>
<p>Hello, I'm Julius Miguel, an IT student with a passion for exploring the
digital realm.
                When I'm not immersed in the world of coding and technology, you
can find me embracing an active lifestyle.
                Cycling, volleyball, swimming, and badminton are my go-to
sports,
                providing the perfect balance to my tech-centric pursuits.
                Beyond sports, I find joy in expressing myself through dance,
                and I'm not one to shy away from the kitchen cooking up a storm
is one of my favorite ways to unwind.
                Let's chat tech, share sports stories, or exchange cooking tips!
  </p>

</body>
</html>
```