



Cybersecurity Posture Checklist

Part of our mission is protecting American businesses from cyber threats. We created this **Cybersecurity Posture Checklist** so you can verify whether you have the foundational cybersecurity solutions today's companies require.

Evaluate your cyber readiness in just 10 minutes.

- ☐ We employ regularly updated antivirus software.
- ☐ Individual end users do not have admin rights to their computers.
- ☐ We automatically lock computers after users are idle for five minutes.
- ☐ We implement password hygiene best practices and require regular password changes.
- ☐ We provide team members with reoccurring cybersecurity training and test with simulated phishing campaigns.
- ☐ We use multifactor authentication (MFA) to secure our data (e.g., cloud-based applications).
- ☐ We have a documented process for deactivating the accounts of terminated employees.
- ☐ We regularly patch and update all computers on our networks on schedule.
- ☐ We maintain backups of our data off-premises (i.e., outside the office).
- ☐ We use a business-grade firewall at all locations.
- ☐ We have a cybersecurity insurance policy in place.

If you need help checking all the boxes, contact Teal. We would be happy to assist you in developing a plan that will mitigate risks and help you thrive.

We appreciate you taking the time to evaluate your organization. Working together, we can protect the future of successful organizations from cyberattacks – like yours.