

Email

Password



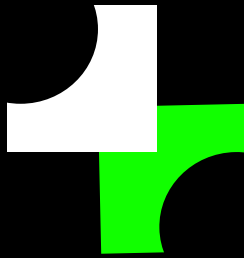
[Forget password](#)

Login

Don't have an account ? [Sign up](#)



or






Enter your email


Phone

  | +1

Password

Retype Password

Next

12:21



Forgot Password

Please enter your email to reset
the password

Your Email

Reset Password

12:21



Forgot Password

Please enter your email to reset
the password

Your Email

abcd.efgh@northeastern.edu

Reset Password

12:21



Check your email

Enter 5 digit code sent to
abcd.efgh@northeastern.edu

Verify

Haven't got the email yet? [Resend email](#)

12:21



Check your email

Enter 5 digit code sent to
abcd.efgh@northeastern.edu

8

5

4

2

1

Verify



Forgot Password

Please enter your email to reset
the password

Enter your new password

Retype your new password

Update Password



Forgot Password

Please enter your email to reset
the password

Enter your new password

Retype your new password

Update Password



Hey there!

We are happy that you have taken next step to
lead healthy lifestyle !

Enter your Name



Do you have a referral code?



Next



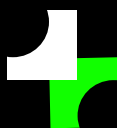
Where do you live?

This helps us give a personalised experience
based on environments factors

Enter your location



Next



Allow “ AgeWell” to use your location

AgeWell needs your location to the following:

- Analyze local environmental health factors
- Assess region-specific health risks and disease prevalence

Allow Once

Allow while Using App

Don't Allow



Next



Tell us your cultural heritage?

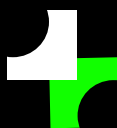
We would like to know your ethnicity for best food suggestions

Enter your Ethnicity

South Asian (Indian)



Next



What's your sex assigned at birth?

We need your sex assigned at birth to provide biologically appropriate health recommendations and risk assessments.



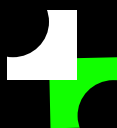
Male



Female



Next



Enter the biometrics

Date of Birth

MM/DD/YYYY

Height

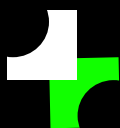
Inch ▼

Weight

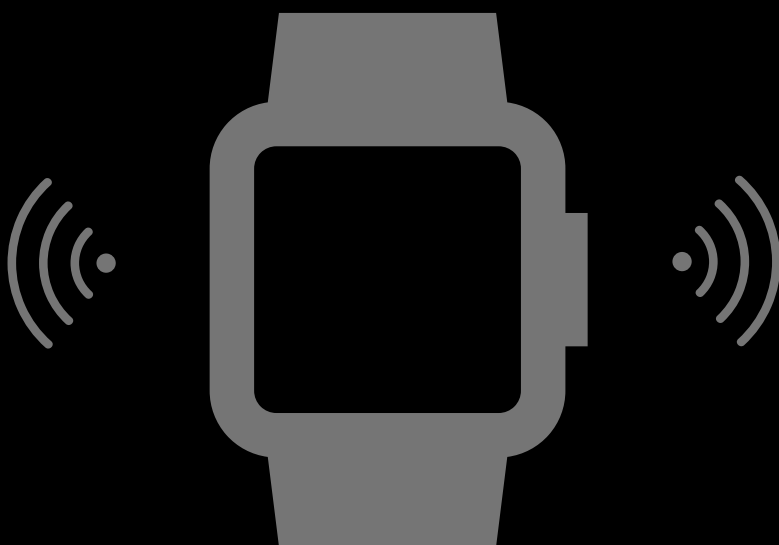
Lbs ▼



Next



Connect your wearables



Next

[Skip for now](#)



Good morning, John

📍 Boston, MA

Know your vitals and enviroment



81 BPM



81 AQI



8hr 21min



Good



4315 steps



Good



1320 kcal



Mild

Today's lifestyle goal



Kickstart your day with breathing exercise

8 AM

[View your full plan](#)

Today's food plan



Drink detox water

8 AM

[View your full plan](#)

Yesterday's AI summary

I see that you're at **mild** risk for **asthma**. Your asthma is mainly affected by environmental triggers and reduced lung function, with some concern around medication consistency. [Read more](#)





Today's lifestyle goal



Today's food plan



Cardiovascular health



Respiratory health



Mental health



Know your vitals



Electronic Health Records



Epigenetic health BETA



12:21



Hey, how are you feeling today?

I feel good and fresh today, Have a busy schedule ahead

I'm glad to hear you're feeling good and fresh today! Having that positive energy will definitely help with your busy schedule ahead. I can see that you are done with breathing exercise. Are you facing any difficulties with the food plan

Chat with AI



12:21



John

john@northeastern.edu

Profile

Notifications

Subscriptions

Devices

App Settings

Sign Out

