

ARTIFICIAL INTELLIGENCE AND DATA SCIENCE

N-FitClub

23ITR201 & FUNDAMENTALS OF WEB DESIGN

MINI PROJECT REPORT

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ABSTRACT:

This HTML code constitutes the structure of a website dedicated to showcasing a collection of Gym and a club. Here's a brief abstract outlining its key components:

Title: N-FitClub Website

Description:

Welcome to N-FitClub, where fitness meets passion. At N-FitClub, we believe that exercise is a way of life rather than a routine. Step into our universe and discover a gym unlike any other, where your journey to a healthier, stronger self starts.

Key Features:

1. **State-of-the-Art Equipment:** N-FitClub boasts a comprehensive selection of cutting-edge gym equipment designed to cater to all fitness levels and goals. From cardio machines with interactive displays to advanced strength training equipment, our facilities are equipped to help you achieve your fitness aspirations.
2. **Personalized Training Programs:** We understand that everyone's fitness journey is unique. That's why we offer personalized training programs tailored to your individual needs, preferences, and goals. Our experienced trainers will work closely with you to develop a customized workout plan that maximizes results and keeps you motivated.
3. **Dynamic Group Fitness Classes:** Experience the energy and camaraderie of our dynamic group fitness classes led by certified instructors. Whether you're into high-intensity interval training (HIIT), yoga, or dance-based workouts, our diverse range of classes offers something for everyone. Join a supportive community of like-minded individuals and elevate your fitness game together.
4. **Nutritional Guidance:** We believe that nutrition plays a crucial role in achieving optimal health and fitness. That's why we provide expert nutritional guidance to complement your workouts and help you make informed choices about your diet. Whether you're looking to lose weight, build muscle, or improve overall wellness, our nutritionists are here to support you every step of the way.

1. INTRODUCTION

1.1. Objective

1. Provide comprehensive fitness solutions tailored to individual needs and goals.
2. Offer personalized training programs to maximize results and motivation.
3. Ensure access to state-of-the-art gym equipment and facilities.
4. Deliver dynamic group fitness classes to cater to diverse interests and fitness levels.
5. Provide expert nutritional guidance to support holistic wellness and optimize performance.
6. Foster a supportive and inclusive community that encourages accountability and motivation.
7. Promote a culture of continuous learning and personal development among members and staff.
8. Create opportunities for social interaction and networking within the fitness community.
9. Strive for excellence in customer service to enhance the overall member experience.
10. Partner with local health professionals and organizations to provide comprehensive wellness resources.
11. Embrace innovation and technology to enhance fitness programs and member engagement.
12. Measure and track member progress to ensure continuous improvement and satisfaction.
13. Implement safety protocols and procedures to ensure a clean and hygienic environment for all members.
14. Support members in overcoming barriers to exercise, such as time constraints or lack of motivation, through tailored solutions and encouragement.
15. Offer flexible membership options to accommodate varying schedules and preferences.
16. Engage with the local community through outreach programs, events, and partnerships to promote health and wellness initiatives.

2. REQUIREMENTS SPECIFICATION

2.1. Requirements

1. **Equipment and Facility:** Ensure access to a wide range of high-quality gym equipment suitable for cardio, strength training, and functional fitness exercises. The facility should have sufficient space to accommodate various workout zones, including cardio areas, weightlifting sections, and group fitness studios. Adequate ventilation and climate control should be maintained for a comfortable workout environment.
2. **Staffing:** Certified trainers and fitness instructors with expertise in various disciplines, including personal training, group fitness instruction, and nutrition counseling, should be available. There should be sufficient staffing levels to provide personalized attention and assistance to members during peak hours.
3. **Safety and Hygiene:** Implement strict hygiene protocols and cleaning procedures to ensure a clean and sanitary workout environment. First aid kits and emergency response protocols should be available in case of injuries or medical emergencies.
4. **Membership Policies:** Clearly define membership options, fees, and benefits. Offer flexible membership plans to accommodate varying needs and preferences of members.
5. **Training Programs:** Develop personalized training programs tailored to individual fitness goals, preferences, and limitations. Regularly assess and adjust training programs to track progress and optimize results.
6. **Group Fitness Classes:** Provide a diverse range of group fitness classes catering to different interests and fitness levels. Employ qualified instructors capable of leading engaging and effective group workouts.
7. **Nutritional Support:** Offer access to nutritional counseling services and resources to support members' dietary goals and overall wellness. Collaborate with nutritionists or dietitians to develop nutrition plans and educational materials.
8. **Community Engagement:** Foster a supportive and inclusive fitness community through social events, challenges, and networking opportunities. Actively participate in community outreach programs and partnerships to promote health and wellness initiatives.

3. DETAILED DESIGN

<HTML> IS CREATING FOR DOCUMENT IN BROWSER

<HEAD> IS USED TO ENTER TITLE TAG AND USAGE OF INTERNAL CSS

<STYLE> IS USED TO ENTER A INTERNAL CSS INSIDE THE HEAD

<BODY> WHICH CONTAINS ALL ELEMENTS AND TAGS

<P> THIS IS PARAGRAPH TAG USED TO TYPE AN PARAGRAPH

<DIV > DIV TAG IS USED TO SEPARATE ITEMS IN GRID

CLASS=” USED TO COMBINE TAGS IN HTML FOR TOTAL CSS EXCUTION

<FORM> USED TO CREATE THE REMARKS AND RATING FORM

<FIELDSET> IS USED TO CONTAIN THE FORM IN GOOD MANER

<INPUT> IS USED TO INPUT THE CONTENT

<I FRAME > IS USED TO SHOW SOME SPACIAL CONTENT IN PARTICULAR AREA

CSS- USED FOR DECORATION AND OTHERS

<FIELDSET> USED TO SET A FORM IN TO A PARTICULAR BOX OR AREA AND OTHERS

REQUIRED ATTRIBUTE - FOR SHOW A MESSAGE WITHOUT FILLING A FORM ERROR

4. PROJECT IMPLEMENTATION

MAIN FILE CODE :

HTML FILE :

```
<body>
<!-- HEADER -->
<header class="header">
  <div class="container">
    <nav class="header-nav" aria-label="navigation">
      <div class="logo-content">
        
        <div class="logo">N-fitClub</div>
      </div>
      
      <ul>
        <li>
          <a href="#aboutus">About</a>
        </li>
        <li>
          <a href="#memberships">Memberships</a>
        </li>
        <li>
          <a href="#ourteam">Our Team</a>
        </li>
        <li>
          <a href="#contact">Join Us</a>
        </li>
      </ul>
    </nav>
  </div>
</header>
```

```

<main>
  <!-- MAIN SECTION -->
  <section class="section-hero" id="section-hero">
    <div class="container hero-box">
      <div class="hero-image-content">
        <h1 class="heading">Unlock Your Best Self at VFitClub. Embrace Wellness,
Transform Your Life</h1>
        <p class="description">Experience the Ultimate Fitness Journey with Functional
Training, Plyometric Boxes, Aerobics Classes, TRX, and More</p>
        <div class="hero-box-buttons"><button>Discover Classes</button><button>See Our
Offerings</button></div>
      </div>
    </div>
  </section>
  <section class="section-aboutus" id="aboutus">
    <div class="container aboutus">
      <div class="section-aboutus-info" data-aos="fade-down">
        <h2>About N-FitClub</h2>
        <p>
          At N-FitClub(NAVEEN-FitClub), we're not just a fitness center; we're a community
dedicated to transforming lives through health and wellness. Founded with a passion for
helping individuals
            achieve their fitness goals, our mission is to empower, inspire, and support you on
your journey to a healthier, happier life.
          </p>
          <h2>Our Vision</h2>
          <p>
            Our vision is to be your trusted partner in achieving optimal well-being. We believe
that a strong and healthy body is the foundation for a successful, fulfilling life.
            Whether you're new to fitness or a seasoned athlete, we're here to guide you on your
path to success.
          </p>
        </div>
      <div class="section-aboutus-images">
        <figure class="about-box__image">

```



```
    
```

```
    
```

```
    
```

```
  </figure>
```

```
</div>
```

```
</div>
```

```
</section>
```

```
<section class="section-ourteam" id="ourteam">
```

```
  <div class="container ourteam" data-aos="fade-down">
```

```
    <h2 class="title">Our Team</h2>
```

```
    <div class="team-members">
```

```
      <div class="team-member">
```

```
        
```

```
        <div class="team-memmber-info">
```

```
          <div class="member-name">Joe Bloggs</div>
```

```
          <div class="member-desg">Weight Lifting Coach</div>
```

```
          <div class="member-desc">Specializes in sculpting strength and muscle with
precision</div>
```

```
        </div>
```

```
      </div>
```

```
      <div class="team-member">
```

```
        
```

```
        <div class="team-memmber-info">
```

```
          <div class="member-name">Charlie Watson</div>
```

```
          <div class="member-desg">MMA Coach</div>
```

```
          <div class="member-desc">Hones combat skills and self-defense with
expertise</div>
```

```
        </div>
```

```

    </div>
    <div class="team-member">
      
      <div class="team-memmber-info">
        <div class="member-name">Rachel Danielle</div>
        <div class="member-desg">Yoga Instructor</div>
        <div class="member-desc">Guides you to inner peace and flexibility through
mindful yoga practice</div>
      </div>
    </div>
    <div class="team-member">
      
      <div class="team-memmber-info">
        <div class="member-name">Taylor Melé</div>
        <div class="member-desg">Personal Trainer</div>
        <div class="member-desc">Your path to achieving fitness goals, one personalized
session at a time</div>
      </div>
    </div>
  </div>
</section>
<section class="section-memberships" id="memberships">
  <div class="container memberships">
    <h2 class="title">Memberships</h2>
    <div class="classes">
      <div class="class" data-aos="flip-left">
        <h2 class="class-name">3 Months</h2>
        <div class="class-price">4000/MON INR</div>
        <hr />
        <div class="class-name">
          <ul>
            <li>5 Classes</li>
            <li>5 In Personal Training Sessions</li>
            <li>Full Gym & Facilities Access</li>

```

```

        <li>Gym Tour & Training Instruction</li>
    </ul>
</div>
<a>Get Started</a>
</div>
<div class="class" data-aos="flip-up">
    <h2 class="class-name">6 Months</h2>
    <div class="class-price">7500/MON INR</div>
    <hr />
    <div class="class-name">
        <ul>
            <li>10 Classes</li>
            <li>10 In Personal Training Sessions</li>
            <li>Full Gym & Facilities Access</li>
            <li>Boxing Ring, Free Events</li>
            <li>Gym Tour & Training Instruction</li>
        </ul>
    </div>
    <a>Get Started</a>
</div>
<div class="class" data-aos="flip-right">
    <h2 class="class-name">1 Whole Year</h2>
    <div class="class-price">10000/MON INR</div>
    <hr />
    <div class="class-name">
        <ul>
            <li>10 Classes</li>
            <li>15 In Personal Training Sessions</li>
            <li>Full Gym & Facilities Access</li>
            <li>Boxing Ring, Free Events</li>
            <li>Gym Tour & Training Instruction</li>
        </ul>
    </div>
    <a>Get Started</a>
</div>
</div>
</div>

```

```

</section>
<section class="section-reviews" id="reviews">
  <div class="container reviews">
    <h2 class="title">Customer Reviews</h2>
    <div class="review">
      <div class="review-info">
        <div class="review-image" data-aos="image-rotateIn"></div>
        <div class="review-details" data-aos="fade-down">
          <div>Samantha R</div>
          <div>
            I can't say enough good things about N-FitClub. The trainers are exceptional, and
the community is so welcoming. I've made incredible progress in my fitness journey
            here
          </div>
        </div>
      </div>
      <div class="review-info">
        <div class="review-image" data-aos="image-rotateIn"></div>
        <div class="review-details" data-aos="fade-down">
          <div>Vinay U</div>
          <div>Charlie, the MMA coach, is a true expert. He pushes you to your limits while
ensuring safety. I've learned so much and gained newfound confidence</div>
        </div>
      </div>
      <div class="review-info">
        <div class="review-image" data-aos="image-rotateIn"></div>
        <div class="review-details" data-aos="fade-down">
          <div>Michael S</div>
          <div>
            N-FitClub is not just a gym; it's a lifestyle. The facility is top-notch, and the trainers
are top-level. I've never felt more motivated and supported in my fitness

```

```

        journey
    </div>
</div>
</div>
</div>
</div>
</section>
<section class="section-contact" id="contact">
    <div class="container contact">
        <div class="contactus">
            <form>
                <h2 class="title">GET IN TOUCH</h2>
                <div class="class-input"><input type="text" placeholder="Name" /></div>
                <div class="class-input"><input type="email" placeholder="Email" /></div>

                <div class="class-input"><input type="number" placeholder="Number" /></div>
                <div class="class-input"><textarea placeholder="Message"></textarea></div>
                <button>SEND</button>
            </form>
        </div>
        <div class="map">
            <iframe
src="https://www.google.com/maps/embed?pb=!1m18!1m12!1m3!1d6208.882633670527!
2d-
77.03822868422614!3d38.914011108427125!2m3!1f0!2f0!3f0!3m2!1i1024!2i768!4f13.1!
3m3!1m2!1s0x89b7b7e5bf2241b3%3A0xeee16e72747760aa!2sU%20Street%2FAfrican-
Amer%20Civil%20War%20Memorial%2FCardozo!5e0!3m2!1sen!2sin!4v1699174834310!
5m2!1sen!2sin" allowfullscreen="" loading="lazy" style="border: 0" referrerpolicy="no-
referrer-when-downgrade"></iframe>
            </div>
        </div>
    </section>
</main>
<footer class="section-footer" id="footer">
    <div class="footer-box container">
        <div class="contact-details">
            <h2>N-FitClub</h2>

```

```
<div class="contact-company-address">
  Trichy Main Road,<br />
  Thuraiyur, Trichy<br />Tamilnadu, india.
```

```
</div>
```

```
<div class="contact-social-links">
```

```
     
```

```
</div>
```

```
</div>
```

```
<nav class="footer-nav" aria-label="navigation">
```

```
<h3>Quick Links</h3>
```

```
<ul>
```

```
<li>
```

```
<a href="#aboutus">About</a>
```

```
</li>
```

```
<li>
```

```
<a href="#memberships">Memberships</a>
```

```
</li>
```

```
<li>
```

```
<a href="#ourteam">Our Team</a>
```

```
</li>
```

```
<li>
```

```
<a href="#contact">Contact </a>
```

```
</li>
```

```
<li>
```

```
<a href="#reviews">Reviews</a>
```

```
</li>
```

```
</ul>
```

```
</nav>
```

```
<div class="newsletter">
```

```
<h3>News Letter</h3>
```

```

        <input type="email" placeholder="email@domain.com" /><button>&#10003;</button>
    </div>
</div>
<hr />
<div class="container copyrights">
    <div>Copyright © by Naveen</div>
    <a href="https://github.com/uvinay5/responsive-gym-web/" target="_blank"></a>
</div>
</footer>
<script src="./index.js"></script>
<script src="https://cdn.rawgit.com/michalsnik/aos/2.1.1/dist/aos.js"></script>
<script>
    AOS.init({
        offset: 120,
        delay: 50,
        duration: 400,
        once: true,
    });
</script>
</body>

```

CSS CODE :

```

    @charset "UTF-8";
@import
url("https://fonts.googleapis.com/css2?family=Inter:wght@100;200;400;500;900&family=
Poppins&display=swap");
:root {
    --color-yellow: #f4ce14;
    --color-yellow-dark: hsl(56, 100%, 33%);
    --color-yellow-light: hsl(55, 67%, 78%);
    --color-black: hsl(0, 0%, 13%);
    --color-black-light: hsl(0, 0%, 18%);
    --color-black-light-text: hsl(0, 0%, 27%);
    --two-col-layout: 2;

```

```
--four-col-layout: 4;
--three-col-layout: 3;
--total-stack-size: 10;
}

@media only screen and (max-width: 56.25em) {
  :root {
    --two-col-layout: 1;
    --four-col-layout: 1;
    --three-col-layout: 1;
  }
}
@media only screen and (max-width: 59em) {
  :root {
    --two-col-layout: 1;
    --four-col-layout: 1;
    --three-col-layout: 1;
  }
}
*,
*::before,
*::after {
  margin: 0;
  padding: 0;
  box-sizing: inherit;
}

html {
  box-sizing: border-box;
  font-size: 62.5%;
  scroll-behavior: smooth;
}

h1 {
  font-size: 3.5rem;
}
```



```
a {
  text-decoration: none;
  color: inherit;
}

hr {
  border: 0;
  margin: 0;
  width: 100%;
  height: 2px;
  background: rgb(96, 96, 96);
  margin-bottom: 10px;
}

body {
  font-family: "Poppins", sans-serif;
  font-weight: 400;
  font-size: 1.6rem;
  line-height: 1.9;
  color: #ffffff;
}

body .container {
  max-width: 1440px;
  padding: 0 1.4rem;
  margin: 0 auto;
}

body button {
  padding: 8px 10px;
  font-style: italic;
  text-transform: uppercase;
  background-color: var(--color-yellow);
  border: 2px solid var(--color-yellow);
  font-weight: 600;
  border-radius: 5px;
  margin-bottom: 5px;
  cursor: pointer;
  -webkit-backdrop-filter: blur(5px);
```

```

    backdrop-filter: blur(5px);
    transition: all 0.2s;
  }
body button:hover {
  background-color: transparent;
  color: #fff;
}
body section:nth-child(odd) {
  background-color: var(--color-black);
}
body section:nth-child(even) {
  background-color: var(--color-black-light);
}
body .header {
  position: absolute;
  top: 0;
  z-index: 10;
  width: 100%;
  background-image: linear-gradient(rgb(0, 0, 0), rgba(0, 0, 0, 0));
}
body .header .header-nav {
  display: flex;
  padding: 10px 0px;
  justify-content: space-between;
  align-items: center;
}
body .header .header-nav .nav-hamburger {
  display: none;
}
@media only screen and (max-width: 50em) {
  body .header .header-nav .nav-hamburger {
    display: block;
  }
}
body .header .header-nav .logo-content {
  display: flex;
  align-items: center;

```

```
    gap: 5px;
  }
body .header .header-nav .logo {
  font-size: 3rem;
  font-weight: 600;
  letter-spacing: 3px;
}
@media only screen and (max-width: 50em) {
  body .header .header-nav .logo {
    font-size: 2.5rem;
  }
}
body .header .header-nav .nav-icon {
  transition: all 0.5s;
}
@media only screen and (max-width: 50em) {
  body .header .header-nav .nav-icon {
    height: 40px;
    width: 40px;
  }
}
body .header .header-nav: hover > .nav-icon {
  transform: rotate(180deg);
}
body .header ul {
  display: flex;
  gap: 15px;
  list-style: none;
  text-transform: uppercase;
}
@media only screen and (max-width: 50em) {
  body .header ul {
    display: none;
  }
}
body .header ul li {
  position: relative;
```

```
padding: 5px;
overflow: hidden;
font-size: 1.8rem;
font-style: italic;
font-weight: 600;
letter-spacing: 1.2px;
cursor: pointer;
}
body .header ul li:hover {
  color: var(--color-yellow);
}
body .header ul li a:after {
  background-color: var(--color-yellow);
  content: "";
  position: absolute;
  width: 90%;
  left: -100%;
  height: 3px;
  border-radius: 30px;
  bottom: 0px;
  transition: all 0.5s;
}
body .header ul li a:hover:after {
  left: 5%;
}
body .header ul li:last-child {
  background-color: var(--color-yellow);
  border: 2px solid var(--color-yellow);
  border-radius: 5px;
  transition: all 0.2s;
  color: #000;
  cursor: pointer;
  padding: 3px 10px;
}
body .header ul li:last-child:hover {
  background-color: inherit;
  color: #fff;
```

```

}
body .header ul li:last-child a:after {
  content: none;
}
body .section-hero {
  height: max(100vh, 60rem);
  display: flex;
  align-items: center;
  justify-content: center;
  background-image: url("https://vfitclub.netlify.app/image/hero-background.webp");
  -webkit-backdrop-filter: blur(10px);
  backdrop-filter: blur(10px);
  background-size: cover;
}
body .section-hero .hero-box {
  height: 100%;
  width: 100%;
  display: flex;
  align-items: center;
  justify-content: flex-start;
  background-image: url("https://vfitclub.netlify.app/image/hero-image.png");
  background-repeat: no-repeat;
  background-position: bottom;
  background-size: contain;
}
@media only screen and (max-width: 50em) {
  body .section-hero .hero-box {
    background-size: 175%;
  }
}
body .section-hero .hero-box .hero-image-content {
  display: flex;
  flex-direction: column;
  justify-content: flex-start;
  align-items: start;
  gap: 15px;
}

```

```

body .section-hero .hero-box h1 {
  text-transform: uppercase;
  font-size: clamp(2.5rem, 3vw, 3rem);
  text-shadow: 2px 5px 5px rgba(0, 0, 0, 0.7), 0px -4px 12px rgba(0, 0, 0, 0.5);
  animation: moveInLeft 0.5s ease-out;
}
body .section-hero .hero-box p {
  font-size: 1.8rem;
  text-shadow: 2px 7px 5px rgba(0, 0, 0, 0.4), 0px -4px 10px rgba(0, 0, 0, 0.5);
  animation: moveInRight 0.5s ease-out;
}
body .section-hero .hero-box .hero-box-buttons {
  display: flex;
  gap: 10px;
}
body .section-hero .hero-box .hero-box-buttons button {
  font-size: 1.6rem;
}
body .section-hero .hero-section-mouseClick {
  position: absolute;
  animation: onclick 0.1s;
  z-index: -1;
  box-shadow: rgba(195, 184, 34, 0.15) 0px 0px 30px 30px;
}
body .section-aboutus {
  padding-top: clamp(4rem, 10vw, 10rem);
}
body .section-aboutus .aboutus {
  overflow: hidden;
  padding: 3rem 3rem;
  display: grid;
  grid-template-columns: repeat(
    var(--two-col-layout),
    minmax(min-content, 1fr)
  );
  grid-row-gap: 0rem;
  grid-column-gap: 5rem;
}

```

```

justify-content: center;
text-align: justify;
}
body .section-aboutus .aboutus .section-aboutus-images {
  align-items: baseline;
  justify-content: baseline;
}
body .section-aboutus .aboutus .section-aboutus-images figure {
  display: grid;
  grid-template-rows: 150px 150px 150px;
}
@media only screen and (max-width: 50em) {
  body .section-aboutus .aboutus .section-aboutus-images figure {
    grid-template-rows: 190px 190px 190px;
    grid-row-gap: 3rem;
  }
}
body .section-aboutus .aboutus .section-aboutus-images figure img {
  position: relative;
  top: calc(var(--i) * -55px);
  left: calc(var(--i) * 90px);
  outline: 5px solid #fff;
  transition: all 0.3s;
  cursor: pointer;
}
@media only screen and (max-width: 50em) {
  body .section-aboutus .aboutus .section-aboutus-images figure img {
    top: 0px;
    left: 0px;
  }
}
body .section-aboutus .aboutus .section-aboutus-images figure img:hover {
  z-index: calc(var(--total-stack-size) - var(--i));
  transform: scale(1.1);
}
@media only screen and (max-width: 50em) {
  body .section-aboutus .aboutus .section-aboutus-images figure img:hover {

```

```

    transform: none;
  }
}
body .section-aboutus .aboutus .section-aboutus-info {
  display: flex;
  flex-direction: column;
}
body .section-aboutus .aboutus .section-aboutus-info h2 {
  margin-bottom: 1rem;
  text-transform: uppercase;
}
body .section-aboutus .aboutus .section-aboutus-info p {
  margin-bottom: 2rem;
}
body .section-ourteam {
  padding: clamp(4rem, 10vw, 12rem) 0;
}
body .section-ourteam .ourteam {
  padding: 2rem 3rem;
}
body .section-ourteam .ourteam .title {
  text-align: center;
  text-transform: uppercase;
  margin-bottom: 40px;
}
body .section-ourteam .ourteam .team-members {
  display: grid;
  grid-template-columns: repeat(
    var(--four-col-layout),
    minmax(min-content, 1fr)
  );
  grid-column-gap: 5rem;
  grid-row-gap: 5rem;
  justify-content: stretch;
  margin-top: 10px;
}
body .section-ourteam .ourteam .team-members .team-member {

```



```

    cursor: pointer;
    height: 300px;
    position: relative;
    overflow: hidden;
}
body .section-ourteam .ourteam .team-members .team-member img {
    width: 100%;
    height: 100%;
    -o-object-fit: cover;
    object-fit: cover;
    position: absolute;
}
body
.section-ourteam
.ourteam
.team-members
.team-member
.team-memmber-info
.member-name {
padding: 1rem 0.8rem;
background-color: var(--color-yellow);
font-size: 1.5rem;
position: absolute;
padding-right: 40px;
bottom: 0px;
left: 0px;
z-index: 4;
-webkit-clip-path: polygon(0 0, 100% 0, 70% 100%, 0% 100%);
clip-path: polygon(0 0, 100% 0, 70% 100%, 0% 100%);
color: #000;
font-weight: 600;
}
body
.section-ourteam
.ourteam
.team-members
.team-member

```

```

.team-memmber-info
.member-desg {
font-style: italic;
position: absolute;
padding: 1rem 0.8rem;
font-size: 1.5rem;
background-color: var(--color-black-light-text);
width: 100%;
bottom: 0px;
text-align: end;
z-index: 3;
right: 0px;
}
body .section-ourteam .ourteam .team-members .team-member:hover .member-desc {
position: absolute;
z-index: 2;
left: 0%;
top: 0px;
}
body .section-ourteam .ourteam .team-members .team-member .member-desc {
width: 100%;
height: 100%;
position: absolute;
z-index: 2;
left: 100%;
-webkit-backdrop-filter: blur(8px);
backdrop-filter: blur(8px);
background-color: rgba(20, 20, 20, 0.58);
display: flex;
align-items: center;
padding: 3rem;
font-size: 1.8rem;
top: 0px;
transition: all 0.5s ease;
}
body .section-memberships {
padding: clamp(4rem, 10vw, 8rem) 0;

```

```

}
body .section-memberships .memberships {
  padding: 3rem 3rem;
  position: relative;
}
body .section-memberships .memberships .title {
  text-align: center;
  text-transform: uppercase;
  margin-bottom: 40px;
}
body .section-memberships .memberships .classes {
  display: grid;
  grid-template-columns: repeat(
    var(--three-col-layout),
    minmax(min-content, 1fr)
  );
  grid-column-gap: 10rem;
  grid-row-gap: 5rem;
  justify-content: space-around;
  margin-top: 20px;
  margin: 20px 70px;
}
@media only screen and (max-width: 50em) {
  body .section-memberships .memberships .classes {
    margin: 0px;
  }
}
body .section-memberships .memberships .classes .class {
  cursor: pointer;
  background-color: #414141;
  z-index: 10;
  box-shadow: rgba(0, 0, 0, 0.16) 0px 10px 36px 0px,
    rgba(0, 0, 0, 0.06) 0px 0px 0px 1px;
  display: flex;
  align-items: center;
  flex-direction: column;
  justify-content: space-between;

```

```

    transition: all 0.5s;
  }
body .section-memberships .memberships .classes .class .class-name {
  padding: 1.5rem;
  margin-top: 10px;
  text-transform: uppercase;
}
body .section-memberships .memberships .classes .class .class-price {
  font-size: 1.8rem;
  margin-bottom: 20px;
}
body .section-memberships .memberships .classes .class ul {
  padding: 2rem;
  list-style: none;
}
body .section-memberships .memberships .classes .class ul li {
  margin: 15px 0px;
}
body .section-memberships .memberships .classes .class a {
  width: 100%;
  padding: 15px;
  color: #000;
  font-weight: 600;
  text-align: center;
  font-size: 1.8rem;
  background-color: var(--color-yellow);
}
body .section-memberships .memberships .classes .class a:hover {
  background-color: var(--color-yellow-dark);
}
body .section-memberships .memberships .classes .class:hover {
  transform: scale(1.05);
  box-shadow: rgba(0, 0, 0, 0.29) 0px 10px 36px 0px,
    rgba(0, 0, 0, 0.218) 0px 0px 0px 1px;
}
body .section-reviews {
  padding: clamp(4rem, 10vw, 8rem) 0;
}

```

```
}
body .section-reviews .reviews {
  padding: 2rem 3rem;
  position: relative;
}
body .section-reviews .reviews .title {
  text-align: center;
  text-transform: uppercase;
  margin-bottom: 40px;
}
body .section-reviews .reviews .review {
  display: grid;
  grid-template-columns: repeat(
    var(--three-col-layout),
    minmax(min-content, 1fr)
  );
  grid-column-gap: 10rem;
  grid-row-gap: 5rem;
  justify-content: space-around;
  margin: 20px 0px;
}
body .section-reviews .reviews .review .review-info {
  display: flex;
  flex-direction: column;
  justify-content: center;
  align-items: center;
}
body .section-reviews .reviews .review .review-info .review-image {
  width: 145px;
  height: 145px;
  justify-content: center;
  position: relative;
  border-radius: 100%;
  overflow: hidden;
  display: flex;
  align-items: center;
  cursor: pointer;
}
```

```

}
body .section-reviews .reviews .review .review-info .review-image img {
  transform: rotate(-90deg);
  border-radius: 100%;
  z-index: 15;
  border: 2px solid var(--color-black);
}
body .section-reviews .reviews .review .review-info .review-image:before {
  content: "";
  width: 100%;
  height: 50%;
  z-index: 11;
  position: absolute;
  background-color: hsl(55, 100%, 49%);
  transition: 0.3s;
  bottom: 0px;
}
body .section-reviews .reviews .review .review-info .review-image:after {
  content: "";
  width: 100%;
  height: 100%;
  position: absolute;
  border-radius: 100%;
  background-image: linear-gradient(
    90deg,
    hsl(0, 0%, 13%),
    hsla(48, 100%, 35%, 0.174),
    hsl(55, 100%, 49%) 100%
  );
}
body .section-reviews .reviews .review .review-info .review-image:hover:before {
  width: 100%;
  height: 100%;
}
body .section-reviews .reviews .review .review-info .review-details {
  display: flex;
  flex-direction: column;

```

```

    align-items: center;
  }
body
  .section-reviews
  .reviews
  .review
  .review-info
  .review-details
  div:first-child {
    font-size: 1.8rem;
    padding: 1rem;
  }
body
  .section-reviews
  .reviews
  .review
  .review-info
  .review-details
  div:last-child {
    text-align: justify;
    position: relative;
    font-style: italic;
  }
body
  .section-reviews
  .reviews
  .review
  .review-info
  .review-details
  div:last-child:before {
    top: -20px;
    left: -25px;
    position: absolute;
    content: " ";
    font-size: 5rem;
  }
body .section-contact {

```

```

    position: relative;
}
body .section-contact .contact {
    overflow: hidden;
    display: grid;
    grid-template-columns: repeat(
        var(--two-col-layout),
        minmax(min-content, 1fr)
    );
    grid-column-gap: 1rem;
    grid-row-gap: 1rem;
    justify-content: space-around;
}
body .section-contact .contact .contactus {
    display: flex;
    justify-content: stretch;
    align-items: center;
    padding: 2rem 1rem;
}
body .section-contact .contact .contactus form {
    width: 100%;
}
body .section-contact .contact .contactus form input::-webkit-outer-spin-button,
body
    .section-contact
    .contact
    .contactus
    form
    input::-webkit-inner-spin-button {
    -webkit-appearance: none;
    margin: 0;
}
body .section-contact .contact .contactus form input,
body .section-contact .contact .contactus form textarea {
    margin: 0;
    color: #fff;
    font-size: 1.8rem;
}

```



```

padding: 10px 5px;
width: 100%;
background-color: transparent;
border: 0px;
outline: none;
position: relative;
}
body .section-contact .contact .contactus form textarea {
  min-height: 50px;
}
body .section-contact .contact .contactus form .class-input {
  position: relative;
  margin: 20px 0px;
  overflow: hidden;
  border-bottom: 1px solid #6a6a6a;
  cursor: text;
}
body .section-contact .contact .contactus form .class-input:after {
  content: "";
  position: absolute;
  width: 100%;
  height: 0%;
  border-bottom: 2px solid yellow;
  left: 0px;
  bottom: 0px;
  transform: translateX(-100%);
  transition: all 0.5s;
}
body .section-contact .contact .contactus form .class-input:hover:after {
  transform: translateX(0%);
}
body .section-contact .contact .contactus form button {
  padding: 10px 30px;
  font-size: 1.5rem;
}
body .section-contact .contact .contactus form button:hover {
  background-color: var(--color-yellow);
}

```

```
    color: #464646;
  }
body .section-contact .contact .map {
  width: 100%;
  height: 450px;
}
body .section-contact .contact .map iframe {
  width: 100%;
  height: 100%;
}
body .section-footer {
  padding: clamp(4rem, 10vw, 8rem) 0;
  background-color: #161616;
}
body .section-footer .footer-box {
  margin: auto;
  display: grid;
  grid-template-columns: repeat(
    var(--three-col-layout),
    minmax(min-content, 1fr)
  );
  grid-column-gap: 10rem;
  grid-row-gap: 5rem;
  justify-content: space-around;
  padding: 30px 30px;
}
body .section-footer .footer-box .contact-details .contact-company-address {
  font-size: 1.8rem;
  margin: 10px 0px;
}
body .section-footer .footer-box .contact-social-links {
  cursor: pointer;
  display: flex;
  width: 100%;
  gap: 4rem;
}
body .section-footer .footer-box .footer-nav h3 {
```

```

    margin: 10px 0px;
}
body .section-footer .footer-box .footer-nav li {
    font-size: 1.7rem;
    list-style: none;
}
body .section-footer .footer-box .newsletter h3 {
    margin: 10px 0px;
}
body .section-footer .footer-box .newsletter input {
    padding: 8px 10px;
    width: 60%;
    background-color: #414141;
    margin-right: 10px;
    border: none;
    border-radius: 5px;
    color: #fff;
    font-size: 1.7rem;
    outline: none;
}
body .section-footer .footer-box .newsletter button {
    font-weight: 900;
    padding: 8px 20px;
}
body .section-footer .copyrights {
    cursor: pointer;
    display: flex;
    justify-content: center;
    align-items: center;
    flex-direction: column;
}
body .section-footer .copyrights div {
    font-size: 1.8rem;
    margin: 20px;
}

[data-aos="image-rotateIn"] {

```

```

transform: rotate(360deg) scale(0.5);
transition-property: transform, opacity;
}
[data-aos="image-rotateIn"].aos-animate {
  transform: rotate(90deg) scale(1);
}

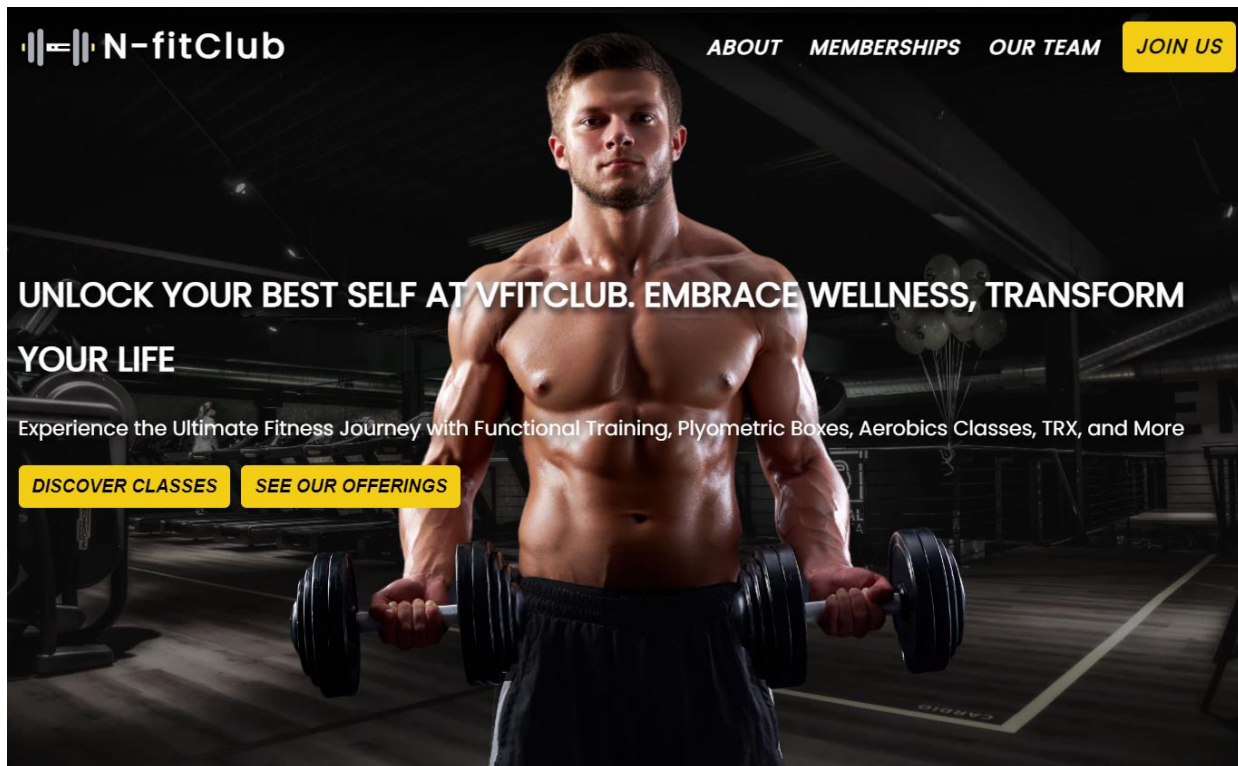
@keyframes onclick {
  0% {
    opacity: 0;
    transform: scale(0);
  }
  100% {
    opacity: 1;
    transform: scale(1);
  }
}

@keyframes moveInLeft {
  0% {
    opacity: 0;
    transform: translateX(-100px);
  }
  100% {
    opacity: 1;
    transform: translate(0);
  }
}

@keyframes moveInRight {
  0% {
    opacity: 0;
    transform: translateX(100px);
  }
  100% {
    opacity: 1;
    transform: translate(0);
  }
}
/*# sourceMappingURL=main.css.map */

```

5. CONCLUSION

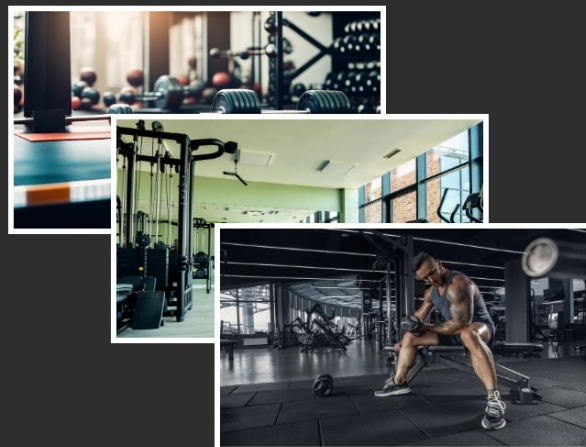


ABOUT N-FITCLUB

At N-FitClub(NAVEEN-FitClub), we're not just a fitness center; we're a community dedicated to transforming lives through health and wellness. Founded with a passion for helping individuals achieve their fitness goals, our mission is to empower, inspire, and support you on your journey to a healthier, happier life.


OUR VISION

Our vision is to be your trusted partner in achieving optimal well-being. We believe that a strong and healthy body is the foundation for a successful, fulfilling life. Whether you're new to fitness or a seasoned athlete, we're here to guide you on your path to success.




OUR TEAM :


OUR TEAM




Joe Bloggs
Weight Lifting Coach



Charlie Watson
Judo Coach



Rachel Danielle
Yoga Instructor



Taylor Melé
Personal Trainer

MEMBERSHIP :

MEMBERSHIPS

3 MONTHS

4000/MON INR

- 5 CLASSES
- 5 IN PERSONAL TRAINING SESSIONS
- FULL GYM & FACILITIES ACCESS
- GYM TOUR & TRAINING INSTRUCTION

Get Started

6 MONTHS

7500/MON INR

- 10 CLASSES
- 10 IN PERSONAL TRAINING SESSIONS
- FULL GYM & FACILITIES ACCESS
- BOXING RING, FREE EVENTS
- GYM TOUR & TRAINING INSTRUCTION

Get Started

1 WHOLE YEAR

10000/MON INR

- 10 CLASSES
- 15 IN PERSONAL TRAINING SESSIONS
- FULL GYM & FACILITIES ACCESS
- BOXING RING, FREE EVENTS
- GYM TOUR & TRAINING INSTRUCTION

Get Started

CUSTOMER REVIEWS



Samantha R

“ I can't say enough good things about N-FitClub. The trainers are exceptional, and the community is so welcoming. I've made incredible progress in my fitness journey here



Vinay U

“ Charlie, the MMA coach, is a true expert. He pushes you to your limits while ensuring safety. I've learned so much and gained newfound confidence



Michael S

“ N-FitClub is not just a gym; it's a lifestyle. The facility is top-notch, and the trainers are top-level. I've never felt more motivated and supported in my fitness journey

GET IN TOUCH

Name

Email

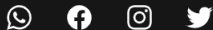
Number

Message

SEND

N-FitClub

Trichy Main Road,
Thuraiyur, Trichy
Tamilnadu, India.



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email@domain.com



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