

# FREA INFOGRAPHICS

- September 07, 2023



# FREA SOAPS



01

Wash and  
cleanse your  
face

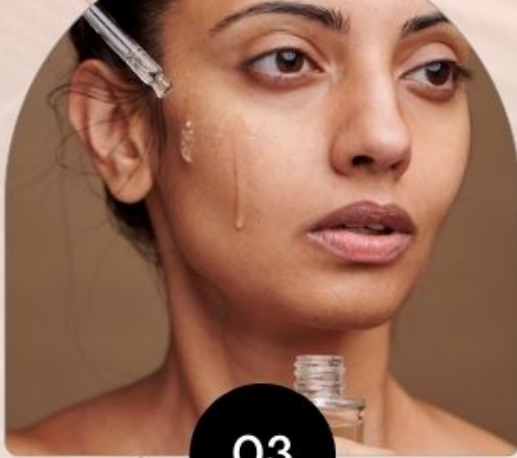
*A mild soap +  
warm water*

Do not scrub  
while washing  
your face

*Too much scrubbing  
(or exfoliation) will  
cause irritation  
Once a week will do*



02



03

## Use retinol

*That suits your skin type*

*Highly recommended for those who are over 30*

## Pick the right antioxidants

*Day antioxidants*

*Night antioxidants*



04

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