

Adep Sainaveen

Work Ready Skills Job Simulation

Certificate of Completion
September 4th, 2023

Over the period of August 2023 to September 2023, Adep Sainaveen has completed practical tasks in:

How to reframe your inner talk to build your resilience
Using Covey's Circles of Concern to build resilience
and protect wellbeing
How to create a memorable first impression virtually
Making the most of the virtual opportunities
How to network virtually

Making the most of your virtual internship opportunity



**Josh Mackenzie |
Daniel Purchas**
Founder, DBL |
Director,
GradConnection



Tom Brunskill
CEO, Co-Founder of
Forage