

# Mental Health Journal Report

**Date: 2025-04-11**

- anjum is idiot (Emotion: Okay)
- anjum is idiot (Emotion: Okay)
- i am super happy... this code is running idk howw (Emotion: Happy)

**Date: 2025-04-12**

- today is very fine day (Emotion: Neutral)
- today is a good day (Emotion: Happy)
- today is a good day (Emotion: Happy)
- today is a good day (Emotion: Happy)
- i am feeling extremely happy (Emotion: Happy)
- i am happy (Emotion: Happy)
- feeling like attempting suicide (Emotion: Okay)
- feeling like attempting suicide,, badlife (Emotion: Mixed)
- feeling like attempting suicide, badlife (Emotion: Mixed)
- feeling sad (Emotion: Sad)
- today is very fine day (Emotion: Okay)
- today is fine day (Emotion: Mixed)
- suicidal thoughts i wanna die (Emotion: Neutral)
- i want to attempt suicide.. bad life (Emotion: Okay)

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