For any elementary process $G \in \mathcal{Y}$, we define indefinite Ito integral of G as

$$I_G(t) := \int_0^t G \, dB(s) = \sum_{j=0}^{m-1} G_j \big(B(t_{j+1} \wedge t) - B(t_j \wedge t) \big), \quad 0 \le t \le T.$$

Theorem 3.2. $I_G(t)$ is a martingale.

Proof. Let $0 \le s \le t \le T$ be given. Assume that s and t are in different sub-interval of the partition Π .. i.e., there exist partition points t_l and t_k with $t_l < t_k$ such that $s \in [t_l, t_{l+1})$ and $t \in [t_k, t_{k+1})$. Then, we have

$$I_{G}(t) = \underbrace{\sum_{j=0}^{l-1} G_{j}(B(t_{j+1}) - B(t_{j}))}_{:=\mathcal{A}} + \underbrace{\underbrace{\int_{j=l+1}^{l-1} G_{j}(B(t_{j+1}) - B(t_{j}))}_{:=\mathcal{D}}}_{:=\mathcal{D}} + \underbrace{\underbrace{\int_{j=l+1}^{l-1} G_{j}(B(t_{j+1}) - B(t_{j}))}_{:=\mathcal{D}}}_{:=\mathcal{D}}$$

$$I_G(s) = \sum_{j=0}^{l-1} G_j(B(t_{j+1}) - B(t_j)) + G_l(B(s) - B(t_l)).$$

We must show that $\mathbb{E}[I_G(t)|\mathcal{F}_s] = I_G(s)$ a.s. Observe that \mathcal{A} is \mathcal{F}_s -measurable and hence $\mathbb{E}[\mathcal{A}|\mathcal{F}_s] = \mathcal{A}$. Since $B(\cdot)$ is martingale and G_l is \mathcal{F}_s -measurable, we have

$$\mathbb{E}\big[\mathcal{B}|\mathcal{F}_s\big] = G_l\mathbb{E}\big[(B(t_{l+1}) - B(t_l))|\mathcal{F}_s\big] = G_l\big(\mathbb{E}\big[B(t_{l+1})|\mathcal{F}_s\big] - B(t_l)\big) = G_l(B(s) - B(t_l)).$$

By using tower property of conditional expectation and the fact that $t_j \geq t_{l+1} > s$, we get

$$\mathbb{E}\left[\mathcal{C}|\mathcal{F}_{s}\right] = \sum_{j=l+1}^{k-1} \mathbb{E}\left[G_{j}(B(t_{j+1}) - B(t_{j}))|\mathcal{F}_{s}\right]$$

$$= \sum_{j=l+1}^{k-1} \mathbb{E}\left[\left(\mathbb{E}\left[G_{j}(B(t_{j+1}) - B(t_{j}))|\mathcal{F}_{t_{j}}\right]\right)|\mathcal{F}_{s}\right]$$

$$= \sum_{j=l+1}^{k-1} \mathbb{E}\left[\left(G_{j}\mathbb{E}\left[\left(B(t_{j+1}) - B(t_{j})\right)|\mathcal{F}_{t_{j}}\right]\right)|\mathcal{F}_{s}\right]$$

$$= \sum_{j=l+1}^{k-1} \mathbb{E}\left[G_{j}\mathbb{E}\left[B(t_{j+1}) - B(t_{j})\right]\right]|\mathcal{F}_{s}\right] = 0.$$

Similar argument reveals that $\mathbb{E}[\mathcal{D}|\mathcal{F}_s] = 0$. Combining all these, we have

$$\mathbb{E}[I_G(t)|\mathcal{F}_s] = \mathbb{E}[\mathcal{A}|\mathcal{F}_s] + \mathbb{E}[\mathcal{B}|\mathcal{F}_s] + \mathbb{E}[\mathcal{C}|\mathcal{F}_s] + \mathbb{E}[\mathcal{D}|\mathcal{F}_s]$$

$$= \sum_{j=0}^{l-1} G_j(B(t_{j+1}) - B(t_j)) + G_l(B(s) - B(t_l)) + 0 + 0 = I_G(s) \quad \text{a.s.}$$

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Since $I_G(t)$ is a martingale and $I_G(0) = 0$, we have $\mathbb{E}[I_G(t)] = 0$ for all $0 \le t \le T$. Moreover, by using Ito-isometry, one can easily see that

$$\operatorname{Var}(I_G(t)) = \mathbb{E}\left[I_G^2(t)\right] = \mathbb{E}\left[\int_0^t G^2(r) dr\right].$$

Next we turn to. the quadratic variation of the Ito-integral $I_G(t)$.

Theorem 3.3. The quadratic variation of $I_G(\cdot)$ up to time t is given by

$$[I_G, I_G](t) = \int_0^t G^2(u) du.$$

Proof. Suppose $t_k \leq t < t_{k+1}$ where $\{t_k\}_{k=0}^m$ is a partition points of [0,T] such that $G = G_k$ on $[t_k, t_{k+1})$. We first compute the quadratic variation on one of the sub-interval $[t_j, t_{j+1}]$. Let $\Pi_j = \{t_j = s_0 < s_1 < s_2 < \ldots < s_{\bar{m}} = t_{j+1}\}$ is a partition of $[t_j, t_{j+1}]$. Then

$$\sum_{i=0}^{\bar{m}-1} |I_G(s_{i+1}) - I_G(s_i)|^2 = \sum_{i=0}^{\bar{m}-1} G_j^2 (B(s_{i+1}) - B(s_i))^2 = G_j^2 \sum_{i=0}^{\bar{m}-1} (B(s_{i+1}) - B(s_i))^2$$

$$\to G_j^2(t_{j+1}) - t_j) = \int_{t_i}^{t_{j+1}} G^2(u) \, du$$

as $\bar{m} \to \infty$. Analogously, the quadratic variation accumulated by the Ito integral between times t_k and t is $\int_{t_k}^t G^2(u) du$. Adding up all these pieces, we obtain

$$[I_G, I_G](t) = \int_0^t G^2(u) du.$$

3.2. Ito integral for general integrands. We now use Ito isometry to extend the definition of Ito integral from elementary functions to functions in \mathcal{Y} . We will do this several steps.

Step 1: Let $g \in \mathcal{Y}$ be and a.s. bounded and continuous process. Then there exist elementary functions $g_n \in \mathcal{Y}$ such that $\mathbb{E}\left[\int_0^T (g-g_n)^2 dt\right] \to 0$ as $n \to \infty$. Indeed, by fixing a partition $\Pi_n = \{t_j^n\}$ of [0,T] such that $\Delta_n = \max\{(t_{j+1}^n - t_j^n)\}$ tends to zero as $n \to \infty$, we define

$$g_n(t) = g(t_j^n), \quad t_j^n \le t < t_{j+1}^n.$$

Since a.s., $t \mapsto g(t, \omega)$ is continuous, $g_n(t) \to g(t)$ a.s. Since g is bounded a.s., by bounded convergence theorem, we get $\mathbb{E}\left[\int_0^T (g-g_n)^2 dt\right] \to 0$ as $n \to \infty$.

Step 2: Let $g \in \mathcal{Y}$ be bounded a.s. Then there exists a sequence of a.s. bounded continuous process $g_n \in \mathcal{Y}$ such that $\mathbb{E}\left[\int_0^T (g-g_n)^2\right] \to 0$ as $n \to \infty$. To show this, we define

$$g_n(t) := n \int_{t-\frac{1}{n}}^t g(r) dr.$$

Since g is a.s. bounded, g_n also a.s. bounded. Moreover, for any $t, s \in [0, T]$, we have $|g_n(t) - g_n(s)| \le 2n|t - s|M$, where M > 0 such that $|g| \le M$ a.s. Since $g \in \mathcal{Y}$, $g_n \in \mathcal{Y}$.

Furthermore, $g_n(t) \to g(t)$ a.s. Hence, by bounded convergence theorem, we conclude that $\mathbb{E}\left[\int_0^T (g-g_n)^2 dt\right] \to 0$ as $n \to \infty$.

Step 3: For any $g \in \mathcal{Y}$, there exist a sequence of a.s. bounded process $g_n \in \mathcal{Y}$ such that $\mathbb{E}\left[\int_0^T (g-g_n)^2 dt\right] \to 0$ as $n \to \infty$. Indeed, by defining

$$g_n(t) = \begin{cases} -n, & g(t) < -n \\ g(t), & -n \le g(t) \le n \\ n, & g(t) > n \end{cases}$$

we see that $g_n \in \mathcal{Y}$ and a.s. bounded. Moreover, $g_n \to g$ a.e. (t, ω) . Observe that, since $|g_n(t)| \leq |g(t)|$,

$$\int_0^T (g_n - g)^2 dt \le 2 \int_0^T g_n^2 dt + 2 \int_0^T g^2 dt = 4 \int_0^T g^2 dt.$$

Since $\mathbb{E}\left[\int_0^T g^2(s) ds\right] < +\infty$, by dominated convergence theorem, we conclude that $\mathbb{E}\left[\int_0^T (g-g_n)^2 dt\right] \to 0$ as $n \to \infty$.

In view of **Steps** 1-3, we arrive at the following lemma.

Lemma 3.4 (Approximation by step processes). For any $g \in \mathcal{Y}$, there exists a sequence of a.s bounded elementary processes $g_n \in \mathcal{Y}$ such that

$$\mathbb{E}\Big[\int_0^T (g-g_n)^2 dt\Big] \to 0 \quad as \ n \to \infty.$$

Thanks to Ito-isometry, we see that

$$\mathbb{E}\left[\left(\int_0^T (g_n - g_m) dB(t)\right)^2\right] = \mathbb{E}\left[\int_0^T (g_n - g_m)^2 dt\right]$$

$$\leq 2\mathbb{E}\left[\int_0^T (g - g_n)^2 dt\right] + 2\mathbb{E}\left[\int_0^T (g - g_m)^2 dt\right] \to 0 \quad \text{as } n, m \to \infty.$$

Hence $\{\int_0^T g_n dB(t)\}_n$ is a Cauchy sequence in $L^2(\Omega)$. Hence $\lim_{n\to\infty}\int_0^T g_n dB(t)$ exists.

Definition 3.3 (The Ito integral). For any $g \in \mathcal{Y}$, the Ito integral of g is defined by

$$\int_0^t g \, dB(t) := \lim_{n \to \infty} \int_0^T g_n \, dB(t) \quad \text{(limit in } L^2(\Omega)\text{)}$$

where $\{g_n\}$ is a sequence of elementary functions such that

$$\mathbb{E}\Big[\int_0^T (g-g_n)^2 dt\Big] \to 0 \quad \text{as } n \to \infty.$$

In view of Definition 3.3, Lemma 3.1 and Theorem 3.2, we arrive at the following:

Theorem 3.5. For any $g \in \mathcal{Y}$,

$$\mathbb{E}\left[\left(\int_{0}^{T} g \, dB(t)\right)^{2}\right] = \mathbb{E}\left[\int_{0}^{T} g^{2}(t) \, dt\right] \quad (\text{ Ito-isometry})$$

Moreover, the process $I_g(t) := \int_0^t g(s) dB(s)$, $0 \le t \le T$ is a martingale.

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In view of Ito-isometry and the identity $2ab=(a+b)^2-a^2-b^2$, we see that for $f,g\in\mathcal{Y}$

$$\mathbb{E}\Big[\int_{0}^{T} f \, dB(t) \int_{0}^{T} g \, dB(t)\Big]
= \frac{1}{2} \mathbb{E}\Big[\Big(\int_{0}^{T} (f+g) \, dB(t)\Big)^{2} - \Big(\int_{0}^{T} f \, dB(t)\Big)^{2} - \Big(\int_{0}^{T} g \, dB(t)\Big)^{2}\Big]
= \frac{1}{2} \mathbb{E}\Big[\int_{0}^{T} (f+g)^{2} \, dt - \int_{0}^{T} f^{2} \, dt - \int_{0}^{T} g^{2} \, dt\Big] = \mathbb{E}\Big[\int_{0}^{T} f g \, dt\Big].$$

Example 3.1. Prove directly from the definition of Ito integrals that

$$\int_0^t s dB(s) = tB(t) - \int_0^t B(s) \, ds.$$

Solution: Let $\Pi_n := \{0 = s_0^n < s_1^n < \dots < s_{m_n}^n = t\}$ be a partition of [0, t]. Observe that $s_{j+1}^n B(s_{j+1}^n) - s_j^n B(s_j^n) - s_j^n \left(B(s_{j+1}^n) - B(s_j^n)\right) = B(s_{j+1}^n)(s_{j+1}^n - s_j^n)$

$$\implies \sum_{j=0}^{m_n-1} s_{j+1}^n B(s_{j+1}^n) - s_j^n B(s_j^n) - \sum_{j=0}^{m_n-1} s_j^n \left(B(s_{j+1}^n) - B(s_j^n) \right) = \sum_{j=0}^{m_n-1} B(s_{j+1}^n) (s_{j+1}^n - s_j^n)$$

$$\implies tB(t) - \sum_{j=0}^{m_n - 1} s_j^n \left(B(s_{j+1}^n) - B(s_j^n) \right) = \sum_{j=0}^{m_n - 1} B(s_{j+1}^n) (s_{j+1}^n - s_j^n)$$

Taking limit as $n \to \infty$, we get

$$tB(t) - \int_0^t s \, dB(s) = \int_0^t B(s) \, ds$$
.