

Suchrit Kaur
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Career Objective: To secure a responsible job in the HR department of a reputed company and manage their human resources with the aid of scientific psychological knowledge.

Summary:

Dynamic and receptive individual currently pursuing an Integrated Masters in HR and Organizational Psychology from CHRIST, Bangalore, Karnataka (Year of Completion 2021).

Educational Qualifications:

| Education | School / University | Year of Passing | Percentage |
|------------------------|--|-----------------|------------|
| B.A. (Hons) Psychology | University of Delhi | 2019 | 75% |
| Intermediate | Mount Carmel School, Dwarka (Board: CBSE) | 2016 | 87.8% |
| High School | Mount Carmel School, Dwarka (Board: CBSE) | 2014 | 95% |

Volunteer Work Experience & Internships:

Student Volunteer

Centre for Academic and Professional Support (CAPS)

Part of the CAPS Assessment Wing (2019) which aims at undertaking psychometric testing on various topics like personality, aptitude etc. Part of 2 CAW outreach programs - college adjustment and self-care.

**Content Writer and Assistant Team Manager
Mental Health Foundation (India)**

Assisted in writing the newsletter of India's First Mental Health Festival (10th October, 2017)
Wrote articles on the theme of mental health for the organization's social media expansion; assisted in conducting interviews for the recruitment; reviewed and edited articles submitted by members of the content team & assisted in developing content for workshops held at public schools.

HR Intern

Daikin Airconditioning India Pvt. Ltd.

Worked on Campus engagement strategies, wrote the job description for a Daikin Campus Ambassador and assisted with tasks such as developing ideas for Rewards and Recognition of the company, maintaining database for and pitching in the 'Daikin industrial training program' to colleges.
Attended employee sensitivity training on sexual harassment and Microsoft power point training at the company.

Psychology Intern

Saksham Child and Adolescence Clinic

Observed psychological evaluation of children with various disorders like autism, mental retardation etc.
Observed administration and did evaluation of psychometric tests i.e. Childhood Autism Rating Scale (CARS), Bhatia's Battery of Performance Intelligence Test etc.

Achievements:

- Campus Diaries Mental Health Mission: The initiative aimed at combating the stigma around mental health with the use of slam poetry. Attended various sessions and workshops where mental health was discussed at length.
- Obtained Cambridge English Certificate in Advanced English Grade B- Council of Europe Level C1.

- Completed MOOC Course on Managing Social and Human Capital, offered by Wharton School at the University of Pennsylvania.
- Completed French Certificate course from University of Delhi.

Skills acquired: Writing- Creative and Academic, Psychometric Testing, Research, .

I hereby declare that the information furnished above is true, correct and complete to the best of my knowledge.

Suchrit Kaur