Heart Failure

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CONTENTS OF THIS PRESENTATION

1 Intruduction

3

Data cleaning

Data structure

4

Data analysis



Overview Heart failure

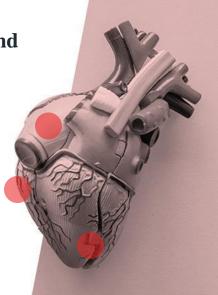
Heart failure is when the heart is unable to pump blood around the body properly.

Causes of heart failure

- coronary heart disease (high cholesterol)
- high blood pressure
- congenital heart disease
- Sometimes anaemia or drinking too much alcohol.

The main symptoms of heart failure are:

- Chest pain (angina)
- breathlessness after activity or at rest
- feeling tired most of the time and finding exercise exhausting
- swollen ankles and legs



Data structure

Rows: **999**

Columns: 12 columns such as:

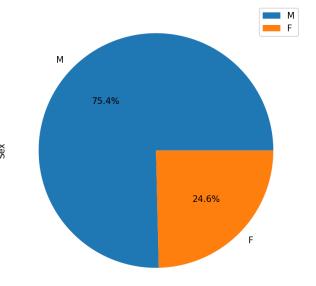
• **Age**: mean of 54 y

• **Sex**: Male

Chest Pain Type: ASY (Asymptomatic)

• **Resting BP**: mean of 132 /90

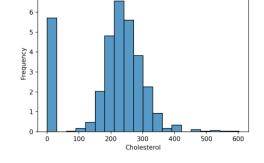
• **Cholesterol**: Mean?



	Age	Sex	ChestPain Type	RestingBP	Cholesterol	FastingBS	RestingECG	MaxHR	ExerciseAngina	Oldpeak	ST_Slope I
294	32	М	TA	95	0	1	Normal	127	N	0.7	Up
875	58	F	NAP	120	340	0	Normal	172	N	0.0	Up
954	90	F	ASY	120	220	0	Normal	170	N	0.0	Up
362	56	M	NAP	155	0	0	ST	99	N	0.0	Flat

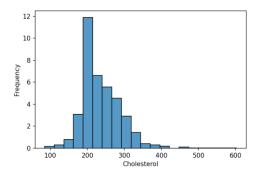
DATA CLEANING

	Age	Sex	ChestPain Type	RestingBP	Cholesterol	FastingBS	RestingECG	MaxHR
294	32	М	TA	95	0	1	Normal	127
875	58	F	NAP	120	340	0	Normal	172
954	90	F	ASY	120	220	0	Normal	170
362	56	М	NAP	155	0	0	ST	99



What is the subsense for the value that contains zero?

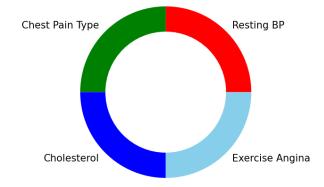
- Mode? WRONG, because it is used for categorical values
- Median? WRONG, because it is used for skewed distribution
- Mean? Correct, because it is used for normal distribution



Data Analysis

In the analysis we will take four factors:

- Chest pain type
- Resting BP
- Exercise angina
- Cholesterol



- ❖ The most patients with chest pain were facing ASA, Asymptomatic with number of 405.
- \bullet The patients with hypertension (>140/90) and heart failure were 492.
- ❖ The patients who have exercise angina were 337.
- ❖ The patients who have high cholesterol and above were 529.

THE RESULT

This is a chart showing high cholesterol is the most common cause of the heart failure:



Conclusion

- Heart failure is a serious long term condition that will usually continue to get slowly worse over time
- It severely limit the activities you are able to do and is often eventually fatal.
- It is very important to change your lifestyle to healthy diet to avoid the cholesterol which is the main cause leading to heart failure.
- In the future, we aspire to minimize the occurrence of heart failure by prediction of the causes earlier.