Project Title

Body Shape – Gym & Fitness Landing Site

Description

Body Shape is a modern, responsive landing page for a gym / fitness brand that inspires visitors to take control of their health and wellness. The site bridges visual appeal with clear information flow to highlight fitness programs, subscription plans, expert trainers, and the unique value proposition of the gym.

Key Features & Highlights

1. **Nav bar**

   - One side is the logo of this website

   - Some navbar option (home, service, about, contact) temporary Disable.

2. **Hero / Intro Section**

   - Big, bold headline: *"Transform Your Body"*

   - Subheading / tagline that emphasizes fitness & wellness

   - Call-to-action buttons: *Get Started*, *Watch Reviews (*Disabled*)*

3. **Programs / Services Section**

   - Six distinct fitness categories:
     Weight Loss, Classic Yoga, Cycling, Bodybuilding, Musculation, Fitness Running

   - Each card includes an icon, title, and a short descriptive paragraph

   - Clean grid layout, ensuring responsiveness across devices with the horizontal and the Vertical line also divided those plans.

4. **Subscription / Pricing Plans**

   - Display of monthly plans (₹1200, ₹1000, ₹1500)

   - Plan details (duration, features like streaming)

   - "Recommended" badge to highlight a preferred plan

   - Call-to-action button: *Select Plan*

5. **Trainers / Team Section**

   - Showcase of trainer images / profiles

   - Helps build trust and personal connection

6. **Benefits / Why Choose Us**

   - A list of gym advantages: expert trainers, good facilities, consultations, etc.

   - Helps visitors quickly see what sets this gym apart

7. **Footer / Additional Info**

   - Navigation links: Company, Program, Plan, Method, etc.

   ○ Contact, FAQ, and other relevant links

   ○ Copyright notice

Technologies & Tools Used

- **HTML5 & CSS**

- **Tailwind CSS**

- **Image assets / icons** (from font awesome.com)

- **Github**

- **Pixso (** Alternative of figma **)**

Challenges & Learnings

- **Responsive grid layout**: Arranging six cards in a way that works well on mobile, tablet, and desktop required careful planning of breakpoints and spacing. And the horizontal and Vertical line are so stressful so I need help of chatgpt. Also this design is new to me

- **Highlight badge positioning**: The "Recommended" badge had to overlay correctly on one plan card without breaking layout.

- **Color code** : To find actual color code form design because the color code in pixso is rgba and I need the hexa code

- **Visual balance & readability**: Ensuring that text is legible over backgrounds, maintaining contrast, and balancing whitespace.