

FRESHTA NAZARI

PROSPECTIVE SCIENCE STUDENT

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ABOUT

Afghan student with a strong cross-disciplinary curiosity, drawn to both scientific inquiry and the creative insight found in literature and art. I enjoy exploring human behavior through books and podcasts, and I bring a disciplined, reflective approach to learning, writing, and athletics.

EXPERIENCE

Volunteer English Instructor

September – November 2024

- Instructed English language to 15 Afghan women, focusing on improving speaking, writing, and confidence in communication at Youth Voice Network.
- Strengthened leadership, patience, and cross-cultural communication skills.

April – July, 2025

- Conducted English-speaking and communication classes for a group of 30 Afghan women, aiming to build their confidence and fluency at FEFA Academy.
- Designed interactive lessons that encouraged dialogue, collaboration, and practical language use in everyday contexts.
- Helped participants improve pronunciation, articulation, and presentation skills through structured speaking activities.

Leadership Experience

July, 2022 – August, 2025

- Participated in Model United Nations (MUN) programs and received the best speaker award. Served as delegate of Japan in a recognized session.
- Achieved Bronze in Economics and Business at Owlypia Virtual Afghanistan round.
- Complete an internship at Nobel Leadership and project management skills.

PROJECTS

Independent Project | Blue Hours

- Created and hosted an English-language podcast promoting women's empowerment and resilience.
- Addressed social challenges, shared storytelling, and encouraged Afghan women to pursue education and personal growth.

EDUCATION

Etihad High School

- Graduated: Dec, 2021

English Test

- TOEFL iBT: 107/120

SKILLS

August, 2025 – Present

- Leadership & Communication: Public speaking, team leadership, mentoring, lesson planning, cross-cultural communication, interpersonal skills
- Digital & Technical: Graphic design, Microsoft Office (Word, PowerPoint, Excel)
- Business & Management: strategic thinking, problem-solving
- Languages: English – Fluent, Dari – Native, Spanish – Beginner