

L02-Biases

Personal and Professional Development

Dorin Stanciu

25 November, 2020

Definition/Overview

Biases: Cognitive biases are systematic patterns of deviation from norm and/or rationality in judgment. (“List of cognitive biases,” 2020)

Notes

While it is very comprehensive, the list of biases presented in Appendix is *exhaustive*, *i.e.* there are other biases not included in this list. This is the effect of the underlying analysis that defines what a bias is. More specifically, depending on the type, depth, and level of analysis, different biases may emerge.

I recommend consulting the list in English and consult a dictionary, if needed, as there are many terms and descriptions that do not have a faithful representation in the Romanian language.

The following is a brief selection of biases that are either commonly met or present a specific interest. However, different biases are important for different people. It is recommended, therefore, that you consult this list and expand your analysis and understanding of these biases, according to your personality.

Selection

...1	Name	Description
2	Agent detection	The inclination to presume the purposeful intervention of a sentient or intelligent agent.

3	Ambiguity effect	The tendency to avoid options for which the probability of a favorable outcome is unknown.
4	Anchoring or focalism	The tendency to rely too heavily, or "anchor", on one trait or piece of information when making decisions (usually the first piece of information acquired on that subject).
5	Anthropocentric thinking	The tendency to use human analogies as a basis for reasoning about other, less familiar, biological phenomena.
6	Anthropomorphism or personification	The tendency to characterize animals, objects, and abstract concepts as possessing human-like traits, emotions, and intentions. The opposite bias, of not attributing feelings or thoughts to another person, is dehumanised perception, a type of objectification.
11	Backfire effect	The reaction to disconfirming evidence by strengthening one's previous beliefs. Note: the existence of this bias as a widespread phenomenon has been disputed in empirical studies
13	Belief bias	An effect where someone's evaluation of the logical strength of an argument is biased by the believability of the conclusion.
14	Berkson's paradox	The tendency to misinterpret statistical experiments involving conditional probabilities.
17	Confirmation bias	The tendency to search for, interpret, focus on and remember information in a way that confirms one's preconceptions.
31	Dunning-Kruger effect	The tendency for unskilled individuals to overestimate their own ability and the tendency for experts to underestimate their own ability.
34	End-of-history illusion	The age-independent belief that one will change less in the future than one has in the past.
35	Endowment effect	The tendency for people to demand much more to give up an object than they would be willing to pay to acquire it.
37	Experimenter's expectation bias	The tendency for experimenters to believe, certify, and publish data that agree with their expectations for the outcome of an experiment, and to disbelieve, discard, or downgrade the corresponding weightings for data that appear to conflict with those expectations.
40	Framing effect	Drawing different conclusions from the same information, depending on how that information is presented.
43	Gambler's fallacy	The tendency to think that future probabilities are altered by past events, when in reality they are unchanged. The fallacy arises from an erroneous conceptualization of the law of large numbers. For example, "I've flipped heads with this coin five times consecutively, so the chance of tails coming out on the sixth flip is much greater than heads."

44	Gender bias	A widely held set of implicit biases that discriminate against a gender. For example, the assumption that women are less suited to jobs requiring high intellectual ability. Or the assumption that people or animals are male in the absence of any indicators of gender.
46	Hindsight bias	Sometimes called the "I-knew-it-all-along" effect, the tendency to see past events as being predictable at the time those events happened.
47	Hot-hand fallacy	The "hot-hand fallacy" (also known as the "hot hand phenomenon" or "hot hand") is the belief that a person who has experienced success with a random event has a greater chance of further success in additional attempts.
49	IKEA effect	The tendency for people to place a disproportionately high value on objects that they partially assembled themselves, such as furniture from IKEA, regardless of the quality of the end product.
68	Non-adaptive choice switching	After experiencing a bad outcome with a decision problem, the tendency to avoid the choice previously made when faced with the same decision problem again, even though the choice was optimal. Also known as "once bitten, twice shy" or "hot stove effect".
69	Normalcy bias	The refusal to plan for, or react to, a disaster which has never happened before.
76	Pareidolia	A vague and random stimulus (often an image or sound) is perceived as significant, e.g., seeing images of animals or faces in clouds, the man in the moon, and hearing non-existent hidden messages on records played in reverse.

Agent detection, *i.e.*, *The inclination to presume the purposeful intervention of a sentient or intelligent agent.:*

- the Universe, Nature, Life, are common examples of “intelligent agency”/“intelligent design”

Ambiguity effect, *i.e.*, *The tendency to avoid options for which the probability of a favorable outcome is unknown.:*

- related to the behavior of “not taking chances” / “avoiding roads we haven’t traveled before”

Anchoring or focalism, *i.e.*, *The tendency to rely too heavily, or “anchor”, on one trait or piece of information when making decisions (usually the first piece of information acquired on that subject).:*

- the Universe, Nature, Life, are common examples of “intelligent agency”/“intelligent design”

Appendix

Note: some of the biases listed in the tables below are more researched than others. Follow the links on the source page for more details.

Cognitive biases

	Name	Type	Description
2	Agent detection	False priors	The inclination to presume the purposeful intervention of a sentient or intelligent agent.
3	Ambiguity effect	Prospect theory	The tendency to avoid options for which the probability of a favorable outcome is unknown.
4	Anchoring or focalism	Anchoring bias	The tendency to rely too heavily, or "anchor", on one trait or piece of information when making decisions (usually the first piece of information acquired on that subject).
5	Anthropocentric thinking	Availability bias	The tendency to use human analogies as a basis for reasoning about other, less familiar, biological phenomena.
6	Anthropomorphism or personification	Availability bias	The tendency to characterize animals, objects, and abstract concepts as possessing human-like traits, emotions, and intentions. The opposite bias, of not attributing feelings or thoughts to another person, is dehumanised perception, a type of objectification.
7	Attentional bias	Availability bias	The tendency of perception to be affected by recurring thoughts.
8	Attribute substitution	NA	Occurs when a judgment has to be made (of a target attribute) that is computationally complex, and instead a more easily calculated heuristic attribute is substituted. This substitution is thought of as taking place in the automatic intuitive judgment system, rather than the more self-aware reflective system.

9	Automation bias	False priors	The tendency to depend excessively on automated systems which can lead to erroneous automated information overriding correct decisions.
10	Availability heuristic	Availability bias	The tendency to overestimate the likelihood of events with greater "availability" in memory, which can be influenced by how recent the memories are or how unusual or emotionally charged they may be.
11	Backfire effect	Confirmation bias	The reaction to disconfirming evidence by strengthening one's previous beliefs. Note: the existence of this bias as a widespread phenomenon has been disputed in empirical studies
12	Base rate fallacy or Base rate neglect	Extension neglect	The tendency to ignore general information and focus on information only pertaining to the specific case, even when the general information is more important.
13	Belief bias	Truthiness	An effect where someone's evaluation of the logical strength of an argument is biased by the believability of the conclusion.
14	Berkson's paradox	Logical fallacy	The tendency to misinterpret statistical experiments involving conditional probabilities.
15	Clustering illusion	Apophenia	The tendency to overestimate the importance of small runs, streaks, or clusters in large samples of random data (that is, seeing phantom patterns).
16	Compassion fade	Extension neglect	The predisposition to behave more compassionately towards a small number of identifiable victims than to a large number of anonymous ones.
17	Confirmation bias	Confirmation bias	The tendency to search for, interpret, focus on and remember information in a way that confirms one's preconceptions.
18	Congruence bias	Confirmation bias	The tendency to test hypotheses exclusively through direct testing, instead of testing possible alternative hypotheses.

19	Conjunction fallacy	Extension neglect	The tendency to assume that specific conditions are more probable than a more general version of those same conditions. For example, subjects in one experiment perceived the probability of a woman being both a bank teller and a feminist as more likely than the probability of her being a bank teller.
20	Conservatism bias(belief revision)	Anchoring bias	The tendency to revise one's belief insufficiently when presented with new evidence.
21	Continued influence effect	Confirmation bias	The tendency to believe previously learned misinformation even after it has been corrected. Misinformation can still influence inferences one generates after a correction has occurred. cf. Backfire effect
22	Contrast effect	Framing effect	The enhancement or reduction of a certain stimulus' perception when compared with a recently observed, contrasting object.
23	Curse of knowledge	NA	When better-informed people find it extremely difficult to think about problems from the perspective of lesser-informed people.
24	Declinism	NA	The predisposition to view the past favorably (rosy retrospection) and future negatively.
25	Decoy effect	Framing effect	Preferences for either option A or B change in favor of option B when option C is presented, which is completely dominated by option B (inferior in all respects) and partially dominated by option A.
26	Default effect	Framing effect	When given a choice between several options, the tendency to favor the default one.
27	Denomination effect	Framing effect	The tendency to spend more money when it is denominated in small amounts (e.g., coins) rather than large amounts (e.g., bills).
28	Disposition effect	Prospect theory	The tendency to sell an asset that has accumulated in value and resist selling an asset that has declined in value.

29	Distinction bias	Framing effect	The tendency to view two options as more dissimilar when evaluating them simultaneously than when evaluating them separately.
30	Dread aversion	Prospect theory	Just as losses yield double the emotional impact of gains, dread yields double the emotional impact of savouring.
31	Dunning&“Kruger effect	NA	The tendency for unskilled individuals to overestimate their own ability and the tendency for experts to underestimate their own ability.
32	Duration neglect	Extension neglect	The neglect of the duration of an episode in determining its value.
33	Empathy gap	NA	The tendency to underestimate the influence or strength of feelings, in either oneself or others.
34	End-of-history illusion	NA	The age-independent belief that one will change less in the future than one has in the past.
35	Endowment effect	Prospect theory	The tendency for people to demand much more to give up an object than they would be willing to pay to acquire it.
36	Exaggerated expectation	NA	The tendency to expect or predict more extreme outcomes than those outcomes that actually happen.
37	Experimenter’s expectation bias	Confirmation bias	The tendency for experimenters to believe, certify, and publish data that agree with their expectations for the outcome of an experiment, and to disbelieve, discard, or downgrade the corresponding weightings for data that appear to conflict with those expectations.

38	Forer effect or Barnum effect	Egocentric bias	The observation that individuals will give high accuracy ratings to descriptions of their personality that supposedly are tailored specifically for them, but are in fact vague and general enough to apply to a wide range of people. This effect can provide a partial explanation for the widespread acceptance of some beliefs and practices, such as astrology, fortune telling, graphology, and some types of personality tests.
39	Form function attribution bias	NA	In human-robot interaction, the tendency of people to make systematic errors when interacting with a robot. People may base their expectations and perceptions of a robot on its appearance (form) and attribute functions which do not necessarily mirror the true functions of the robot.
40	Framing effect	Framing effect	Drawing different conclusions from the same information, depending on how that information is presented.
41	Frequency illusion or Baader-Meinhof phenomenon	Availability bias	The frequency illusion is that once something has been noticed then every instance of that thing is noticed, leading to the belief it has a high frequency of occurrence (a form of selection bias). The Baader-Meinhof phenomenon is the illusion where something that has recently come to one's attention suddenly seems to appear with improbable frequency shortly afterwards. It was named after an incidence of frequency illusion in which the Baader-Meinhof Group was mentioned.
42	Functional fixedness	Anchoring bias	Limits a person to using an object only in the way it is traditionally used.

43	Gambler's fallacy	Logical fallacy	The tendency to think that future probabilities are altered by past events, when in reality they are unchanged. The fallacy arises from an erroneous conceptualization of the law of large numbers. For example, "I've flipped heads with this coin five times consecutively, so the chance of tails coming out on the sixth flip is much greater than heads."
44	Gender bias	False priors	A widely held set of implicit biases that discriminate against a gender. For example, the assumption that women are less suited to jobs requiring high intellectual ability. Or the assumption that people or animals are male in the absence of any indicators of gender.
45	Hardâ€“easy effect	NA	The tendency to overestimate one's ability to accomplish hard tasks, and underestimate one's ability to accomplish easy tasks
46	Hindsight bias	NA	Sometimes called the "I-knew-it-all-along" effect, the tendency to see past events as being predictable at the time those events happened.
47	Hot-hand fallacy	Logical fallacy	The "hot-hand fallacy" (also known as the "hot hand phenomenon" or "hot hand") is the belief that a person who has experienced success with a random event has a greater chance of further success in additional attempts.

48	Hyperbolic discounting	Extension neglect	Discounting is the tendency for people to have a stronger preference for more immediate payoffs relative to later payoffs. Hyperbolic discounting leads to choices that are inconsistent over time – people make choices today that their future selves would prefer not to have made, despite using the same reasoning. Also known as current moment bias, present-bias, and related to Dynamic inconsistency. A good example of this: a study showed that when making food choices for the coming week, 74% of participants chose fruit, whereas when the food choice was for the current day, 70% chose chocolate.
49	IKEA effect	NA	The tendency for people to place a disproportionately high value on objects that they partially assembled themselves, such as furniture from IKEA, regardless of the quality of the end product.
50	Illicit transference	Logical fallacy	Occurs when a term in the distributive (referring to every member of a class) and collective (referring to the class itself as a whole) sense are treated as equivalent. The two variants of this fallacy are the fallacy of composition and the fallacy of division.
51	Illusion of control	Egocentric bias	The tendency to overestimate one's degree of influence over other external events.
52	Illusion of validity	Egocentric bias	Overestimating the accuracy of one's judgments, especially when available information is consistent or inter-correlated.
53	Illusory correlation	Apophenia	Inaccurately perceiving a relationship between two unrelated events.
54	Illusory truth effect	Truthiness	A tendency to believe that a statement is true if it is easier to process, or if it has been stated multiple times, regardless of its actual veracity. These are specific cases of truthiness.

55	Impact bias	NA	The tendency to overestimate the length or the intensity of the impact of future feeling states.
56	Implicit association	Availability bias	The speed with which people can match words depends on how closely they are associated.
57	Information bias	NA	The tendency to seek information even when it cannot affect action.
58	Insensitivity to sample size	Extension neglect	The tendency to under-expect variation in small samples.
59	Interoceptive bias	NA	The tendency for sensory input about the body itself to affect one's judgement about external, unrelated circumstances. (As for example, in parole judges who are more lenient when fed and rested.)
60	Irrational escalation or Escalation of commitment	Logical fallacy	The phenomenon where people justify increased investment in a decision, based on the cumulative prior investment, despite new evidence suggesting that the decision was probably wrong. Also known as the sunk cost fallacy.
61	Law of the instrument	Anchoring bias	An over-reliance on a familiar tool or methods, ignoring or under-valuing alternative approaches. "If all you have is a hammer, everything looks like a nail."
62	Less-is-better effect	Extension neglect	The tendency to prefer a smaller set to a larger set judged separately, but not jointly.
63	Loss aversion	Prospect theory	The perceived disutility of giving up an object is greater than the utility associated with acquiring it. (see also Sunk cost effects and endowment effect).
64	Mere exposure effect	Familiarity principle	The tendency to express undue liking for things merely because of familiarity with them.
65	Money illusion	NA	The tendency to concentrate on the nominal value (face value) of money rather than its value in terms of purchasing power.

66	Moral credential effect	NA	Occurs when someone who does something good gives themselves permission to be less good in the future.
67	Neglect of probability	Extension neglect	The tendency to completely disregard probability when making a decision under uncertainty.
68	Non-adaptive choice switching	NA	After experiencing a bad outcome with a decision problem, the tendency to avoid the choice previously made when faced with the same decision problem again, even though the choice was optimal. Also known as "once bitten, twice shy" or "hot stove effect".
69	Normalcy bias	Cognitive dissonance	The refusal to plan for, or react to, a disaster which has never happened before.
70	Observer-expectancy effect	Confirmation bias	When a researcher expects a given result and therefore unconsciously manipulates an experiment or misinterprets data in order to find it (see also subject-expectancy effect).
71	Omission bias	NA	The tendency to judge harmful actions (commissions) as worse, or less moral, than equally harmful inactions (omissions).
72	Optimism bias	NA	The tendency to be over-optimistic, underestimating greatly the probability of undesirable outcomes and overestimating favorable and pleasing outcomes (see also wishful thinking, valence effect, positive outcome bias).
73	Ostrich effect	NA	Ignoring an obvious (negative) situation.
74	Outcome bias	NA	The tendency to judge a decision by its eventual outcome instead of based on the quality of the decision at the time it was made.
75	Overconfidence effect	Egocentric bias	Excessive confidence in one's own answers to questions. For example, for certain types of questions, answers that people rate as "99% certain" turn out to be wrong 40% of the time.

76	Pareidolia	Apophenia	A vague and random stimulus (often an image or sound) is perceived as significant, e.g., seeing images of animals or faces in clouds, the man in the moon, and hearing non-existent hidden messages on records played in reverse.
77	Pessimism bias	NA	The tendency for some people, especially those suffering from depression, to overestimate the likelihood of negative things happening to them.
78	Plan continuation bias	Logical fallacy	Failure to recognize that the original plan of action is no longer appropriate for a changing situation or for a situation that is different than anticipated.
79	Planning fallacy	Egocentric bias	The tendency to underestimate one's own task-completion times.
80	Present bias	NA	The tendency of people to give stronger weight to payoffs that are closer to the present time when considering trade-offs between two future moments.
81	Plant blindness	NA	The tendency to ignore plants in their environment and a failure to recognize and appreciate the utility of plants to life on earth.
82	Probability matching	NA	Sub-optimal matching of the probability of choices with the probability of reward in a stochastic context.
83	Pro-innovation bias	NA	The tendency to have an excessive optimism towards an invention or innovation's usefulness throughout society, while often failing to identify its limitations and weaknesses.
84	Projection bias	NA	The tendency to overestimate how much our future selves share one's current preferences, thoughts and values, thus leading to sub-optimal choices.
85	Proportionality Bias	NA	Our innate tendency to assume that big events have big causes, may also explain our tendency to accept conspiracy theories.

86	Pseudocertainty effect	Prospect theory	The tendency to make risk-averse choices if the expected outcome is positive, but make risk-seeking choices to avoid negative outcomes.
87	Recency illusion	NA	The illusion that a phenomenon one has noticed only recently is itself recent. Often used to refer to linguistic phenomena; the illusion that a word or language usage that one has noticed only recently is an innovation when it is, in fact, long-established (see also frequency illusion).
88	Systematic Bias	NA	Judgement that arises when targets of differentiating judgement become subject to effects of regression that are not equivalent.
89	Restraint bias	Egocentric bias	The tendency to overestimate one's ability to show restraint in the face of temptation.
90	Rhyme as reason effect	Truthiness	Rhyming statements are perceived as more truthful. A famous example being used in the O.J Simpson trial with the defense's use of the phrase "If the gloves don't fit, then you must acquit."
91	Risk compensation / Peltzman effect	NA	The tendency to take greater risks when perceived safety increases.
92	Salience bias	Availability bias	The tendency to focus on items that are more prominent or emotionally striking and ignore those that are unremarkable, even though this difference is often irrelevant by objective standards.
93	Scope neglect or scope insensitivity	Extension neglect	The tendency to be insensitive to the size of a problem when evaluating it. For example, being willing to pay as much to save 2,000 children or 20,000 children
94	Selection bias	Availability bias	The tendency to notice something more when something causes us to be more aware of it, such as when we buy a car, we tend to notice similar cars more often than we did before. They are not suddenly more common – we just are noticing them more. Also called the Observational Selection Bias.

95	Selective perception	Confirmation bias	The tendency for expectations to affect perception.
96	Semmelweis reflex	Confirmation bias	The tendency to reject new evidence that contradicts a paradigm.
97	Status quo bias	Prospect theory	The tendency to like things to stay relatively the same (see also loss aversion, endowment effect, and system justification).
98	Stereotyping	False priors	Expecting a member of a group to have certain characteristics without having actual information about that individual.
99	Subadditivity effect	Logical fallacy	The tendency to judge the probability of the whole to be less than the probabilities of the parts.
100	Subjective validation	Truthiness	Perception that something is true if a subject's belief demands it to be true. Also assigns perceived connections between coincidences.
101	Surrogation	NA	Losing sight of the strategic construct that a measure is intended to represent, and subsequently acting as though the measure is the construct of interest.
102	Survivorship bias	Availability bias	Concentrating on the people or things that "survived" some process and inadvertently overlooking those that didn't because of their lack of visibility.
103	System justification	Prospect theory	The tendency to defend and bolster the status quo. Existing social, economic, and political arrangements tend to be preferred, and alternatives disparaged, sometimes even at the expense of individual and collective self-interest. (See also status quo bias.)
104	Time-saving bias	Logical fallacy	Underestimations of the time that could be saved (or lost) when increasing (or decreasing) from a relatively low speed and overestimations of the time that could be saved (or lost) when increasing (or decreasing) from a relatively high speed.

105	Parkinson's law of triviality	NA	The tendency to give disproportionate weight to trivial issues. Also known as bikeshedding, this bias explains why an organization may avoid specialized or complex subjects, such as the design of a nuclear reactor, and instead focus on something easy to grasp or rewarding to the average participant, such as the design of an adjacent bike shed.
106	Unconscious bias	NA	Also known as implicit biases, are the underlying attitudes and stereotypes that people unconsciously attribute to another person or group of people that affect how they understand and engage with them. Many researchers suggest that unconscious bias occurs automatically as the brain makes quick judgments based on past experiences and background.
107	Unit bias	NA	The standard suggested amount of consumption (e.g., food serving size) is perceived to be appropriate, and a person would consume it all even if it is too much for this particular person.
108	Weber's Fechner law	NA	Difficulty in comparing small differences in large quantities.
109	Well travelled road effect	Availability bias	Underestimation of the duration taken to traverse oft-travelled routes and overestimation of the duration taken to traverse less familiar routes.
110	Women are wonderful effect	NA	A tendency to associate more positive attributes with women than with men.
111	Zero-risk bias	Extension neglect	Preference for reducing a small risk to zero over a greater reduction in a larger risk.
112	Zero-sum bias	Logical fallacy	A bias whereby a situation is incorrectly perceived to be like a zero-sum game (i.e., one person gains at the expense of another).

Social Biases

	Name	Type	Description
2	Actor-observer bias	Attribution bias	The tendency for explanations of other individuals' behaviors to overemphasize the influence of their personality and underemphasize the influence of their situation (see also Fundamental attribution error), and for explanations of one's own behaviors to do the opposite (that is, to overemphasize the influence of our situation and underemphasize the influence of our own personality).
3	Authority bias	Association fallacy	The tendency to attribute greater accuracy to the opinion of an authority figure (unrelated to its content) and be more influenced by that opinion.
4	Availability cascade	Conformity bias	A self-reinforcing process in which a collective belief gains more and more plausibility through its increasing repetition in public discourse (or "repeat something long enough and it will become true").
5	Bandwagon effect	Conformity bias	The tendency to do (or believe) things because many other people do (or believe) the same. Related to groupthink and herd behavior.
6	Ben Franklin effect	Cognitive dissonance	A person who has performed a favor for someone is more likely to do another favor for that person than they would be if they had received a favor from that person.
7	Bias blind spot	Egocentric bias	The tendency to see oneself as less biased than other people, or to be able to identify more cognitive biases in others than in oneself.
8	Cheerleader effect	Association fallacy	The tendency for people to appear more attractive in a group than in isolation.
9	Courtesy bias	Conformity bias	The tendency to give an opinion that is more socially correct than one's true opinion, so as to avoid offending anyone.

10	Defensive attribution hypothesis	Egocentric bias	Attributing more blame to a harm-doer as the outcome becomes more severe or as personal or situational similarity to the victim increases.
11	Egocentric bias	Egocentric bias	Occurs when people claim more responsibility for themselves for the results of a joint action than an outside observer would credit them with.
12	Extrinsic incentives bias	Attribution bias	An exception to the fundamental attribution error, when people view others as having (situational) extrinsic motivations and (dispositional) intrinsic motivations for oneself
13	False consensus effect	Egocentric bias	The tendency for people to overestimate the degree to which others agree with them.
14	False uniqueness bias	Egocentric bias	The tendency of people to see their projects and themselves as more singular than they actually are.
15	Fundamental attribution error	Attribution bias	The tendency for people to over-emphasize personality-based explanations for behaviors observed in others while under-emphasizing the role and power of situational influences on the same behavior (see also actor-observer bias, group attribution error, positivity effect, and negativity effect).
16	Group attribution error	NA	The biased belief that the characteristics of an individual group member are reflective of the group as a whole or the tendency to assume that group decision outcomes reflect the preferences of group members, even when information is available that clearly suggests otherwise.

17	Groupthink	Conformity bias	The psychological phenomenon that occurs within a group of people in which the desire for harmony or conformity in the group results in an irrational or dysfunctional decision-making outcome. Group members try to minimize conflict and reach a consensus decision without critical evaluation of alternative viewpoints by actively suppressing dissenting viewpoints, and by isolating themselves from outside influences.
18	Halo effect	Association fallacy	The tendency for a person's positive or negative traits to "spill over" from one personality area to another in others' perceptions of them (see also physical attractiveness stereotype).
19	Hostile attribution bias	Attribution bias	The "hostile attribution bias" is the tendency to interpret others' behaviors as having hostile intent, even when the behavior is ambiguous or benign.
20	Illusion of asymmetric insight	Egocentric bias	People perceive their knowledge of their peers to surpass their peers' knowledge of them.
21	Illusion of transparency	Egocentric bias	The tendency for people to overestimate the degree to which their personal mental state is known by others, and to overestimate how well they understand others' personal mental states.
22	Illusory superiority	Egocentric bias	Overestimating one's desirable qualities, and underestimating undesirable qualities, relative to other people. (Also known as "Lake Wobegon effect", "better-than-average effect", or "superiority bias".)
23	Ingroup bias	Ingroup bias	The tendency for people to give preferential treatment to others they perceive to be members of their own groups.
24	Intentionality bias	Attribution bias	Tendency to judge human action to be intentional rather than accidental.

25	Just-world hypothesis	Attribution bias	The tendency for people to want to believe that the world is fundamentally just, causing them to rationalize an otherwise inexplicable injustice as deserved by the victim(s).
26	Moral luck	Attribution bias	The tendency for people to ascribe greater or lesser moral standing based on the outcome of an event.
27	Naïve cynicism	Egocentric bias	Expecting more egocentric bias in others than in oneself.
28	Naïve realism	Egocentric bias	The belief that we see reality as it really is “ objectively and without bias; that the facts are plain for all to see; that rational people will agree with us; and that those who don’t are either uninformed, lazy, irrational, or biased.
29	Not invented here	Ingroup bias	Aversion to contact with or use of products, research, standards, or knowledge developed outside a group. Related to IKEA effect.
30	Outgroup homogeneity bias	Ingroup bias	Individuals see members of their own group as being relatively more varied than members of other groups.
31	Puritanical bias	Attribution bias	Refers to the tendency to attribute cause of an undesirable outcome or wrongdoing by an individual to a moral deficiency or lack of self-control rather than taking into account the impact of broader societal determinants .
32	Pygmalion effect	NA	The phenomenon whereby others’ expectations of a target person affect the target person’s performance.
33	Reactance	NA	The urge to do the opposite of what someone wants you to do out of a need to resist a perceived attempt to constrain your freedom of choice (see also Reverse psychology).
34	Reactive devaluation	NA	Devaluing proposals only because they purportedly originated with an adversary.

35	Self-serving bias	Attribution bias	The tendency to claim more responsibility for successes than failures. It may also manifest itself as a tendency for people to evaluate ambiguous information in a way beneficial to their interests (see also group-serving bias).
36	Sexual overperception bias / Sexual underperception bias	False priors	The tendency to over-/underestimate sexual interest of another person in oneself.
37	Social comparison bias	NA	The tendency, when making decisions, to favour potential candidates who don't compete with one's own particular strengths.
38	Social desirability bias	Conformity bias	The tendency to over-report socially desirable characteristics or behaviours in oneself and under-report socially undesirable characteristics or behaviours. See also: Â§Â Courtesy bias.
39	Shared information bias	NA	Known as the tendency for group members to spend more time and energy discussing information that all members are already familiar with (i.e., shared information), and less time and energy discussing information that only some members are aware of (i.e., unshared information).
40	Trait ascription bias	Egocentric bias	The tendency for people to view themselves as relatively variable in terms of personality, behavior, and mood while viewing others as much more predictable.
41	Third-person effect	Egocentric bias	A hypothesized tendency to believe that mass communicated media messages have a greater effect on others than on themselves. As of 2020, the third-person effect has yet to be reliably demonstrated in a scientific context.
42	Ultimate attribution error	Attribution bias	Similar to the fundamental attribution error, in this error a person is likely to make an internal attribution to an entire group instead of the individuals within the group.
43	Worse-than-average effect	NA	A tendency to believe ourselves to be worse than others at tasks which are difficult.

Memory biases

	Name	Description
2	Bizarreness effect	Bizarre material is better remembered than common material.
3	Choice-supportive bias	The tendency to remember one's choices as better than they actually were.
4	Conservatism or Regressive bias	Tendency to remember high values and high likelihoods/probabilities/frequencies as lower than they actually were and low ones as higher than they actually were. Based on the evidence, memories are not extreme enough.
5	Consistency bias	Incorrectly remembering one's past attitudes and behaviour as resembling present attitudes and behaviour.
6	Context effect	That cognition and memory are dependent on context, such that out-of-context memories are more difficult to retrieve than in-context memories (e.g., recall time and accuracy for a work-related memory will be lower at home, and vice versa).
7	Cross-race effect	The tendency for people of one race to have difficulty identifying members of a race other than their own.
8	Cryptomnesia	A form of misattribution where a memory is mistaken for imagination, because there is no subjective experience of it being a memory.
9	Egocentric bias	Recalling the past in a self-serving manner, e.g., remembering one's exam grades as being better than they were, or remembering a caught fish as bigger than it really was.
10	Fading affect bias	A bias in which the emotion associated with unpleasant memories fades more quickly than the emotion associated with positive events.
11	False memory	A form of misattribution where imagination is mistaken for a memory.
12	Generation effect (Self-generation effect)	That self-generated information is remembered best. For instance, people are better able to recall memories of statements that they have generated than similar statements generated by others.
13	Google effect	The tendency to forget information that can be found readily online by using Internet search engines.
14	Humor effect	That humorous items are more easily remembered than non-humorous ones, which might be explained by the distinctiveness of humor, the increased cognitive processing time to understand the humor, or the emotional arousal caused by the humor.

15	Lag effect	The phenomenon whereby learning is greater when studying is spread out over time, as opposed to studying the same amount of time in a single session. See also spacing effect.
16	Leveling and sharpening	Memory distortions introduced by the loss of details in a recollection over time, often concurrent with sharpening or selective recollection of certain details that take on exaggerated significance in relation to the details or aspects of the experience lost through leveling. Both biases may be reinforced over time, and by repeated recollection or re-telling of a memory.
17	Levels-of-processing effect	That different methods of encoding information into memory have different levels of effectiveness.
18	List-length effect	A smaller percentage of items are remembered in a longer list, but as the length of the list increases, the absolute number of items remembered increases as well. For example, consider a list of 30 items ("L30") and a list of 100 items ("L100"). An individual may remember 15 items from L30, or 50%, whereas the individual may remember 40 items from L100, or 40%. Although the percent of L30 items remembered (50%) is greater than the percent of L100 (40%), more L100 items (40) are remembered than L30 items (15).
19	Misinformation effect	Memory becoming less accurate because of interference from post-event information.
20	Modality effect	That memory recall is higher for the last items of a list when the list items were received via speech than when they were received through writing.
21	Mood-congruent memory bias	The improved recall of information congruent with one's current mood.
22	Negativity bias or Negativity effect	Psychological phenomenon by which humans have a greater recall of unpleasant memories compared with positive memories. (see also actor-observer bias, group attribution error, positivity effect, and negativity effect).
23	Next-in-line effect	When taking turns speaking in a group using a predetermined order (e.g. going clockwise around a room, taking numbers, etc.) people tend to have diminished recall for the words of the person who spoke immediately before them.
24	Part-list cueing effect	That being shown some items from a list and later retrieving one item causes it to become harder to retrieve the other items.
25	Peak-end rule	That people seem to perceive not the sum of an experience but the average of how it was at its peak (e.g., pleasant or unpleasant) and how it ended.

26	Picture superiority effect	The notion that concepts that are learned by viewing pictures are more easily and frequently recalled than are concepts that are learned by viewing their written word form counterparts.
27	Positivity effect (Socioemotional selectivity theory)	That older adults favor positive over negative information in their memories.
28	Serial position effect	That items near the end of a sequence are the easiest to recall, followed by the items at the beginning of a sequence; items in the middle are the least likely to be remembered.
29	Processing difficulty effect	That information that takes longer to read and is thought about more (processed with more difficulty) is more easily remembered.
30	Reminiscence bump	The recalling of more personal events from adolescence and early adulthood than personal events from other lifetime periods.
31	Self-relevance effect	That memories relating to the self are better recalled than similar information relating to others.
32	Source confusion	Confusing episodic memories with other information, creating distorted memories.
33	Spacing effect	That information is better recalled if exposure to it is repeated over a long span of time rather than a short one.
34	Spotlight effect	The tendency to overestimate the amount that other people notice your appearance or behavior.
35	Stereotypical bias	Memory distorted towards stereotypes (e.g., racial or gender).
36	Suffix effect	Diminishment of the recency effect because a sound item is appended to the list that the subject is not required to recall.
37	Suggestibility	A form of misattribution where ideas suggested by a questioner are mistaken for memory.
38	Tachypsychia	When time perceived by the individual either lengthens, making events appear to slow down, or contracts.
39	Telescoping effect	The tendency to displace recent events backwards in time and remote events forward in time, so that recent events appear more remote, and remote events, more recent.
40	Testing effect	The fact that you more easily remember information you have read by rewriting it instead of rereading it.
41	Tip of the tongue phenomenon	When a subject is able to recall parts of an item, or related information, but is frustratingly unable to recall the whole item. This is thought to be an instance of "blocking" where multiple similar memories are being recalled and interfere with each other.

42	Travis Syndrome	Overestimating the significance of the present. It is related to chronological snobbery with possibly an appeal to novelty logical fallacy being part of the bias.
43	Verbatim effect	That the "gist" of what someone has said is better remembered than the verbatim wording. This is because memories are representations, not exact copies.
44	von Restorff effect	That an item that sticks out is more likely to be remembered than other items.
45	Zeigarnik effect	That uncompleted or interrupted tasks are remembered better than completed ones.

Web Resources

- Wikipedia (“List of cognitive biases,” 2020)

References

List of cognitive biases. (2020). *Wikipedia*.