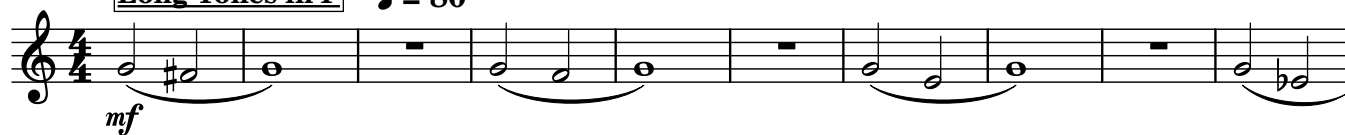


**Long Tones in F** ♩ = 80

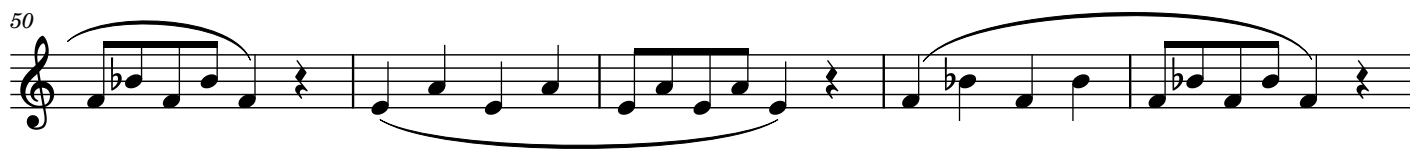
11

**Long Tones in B $\flat$**  ♩ = 80

35

**Flexibility 1** ♩ = 100

50



55

**Flexibility 2** ♩ = 100

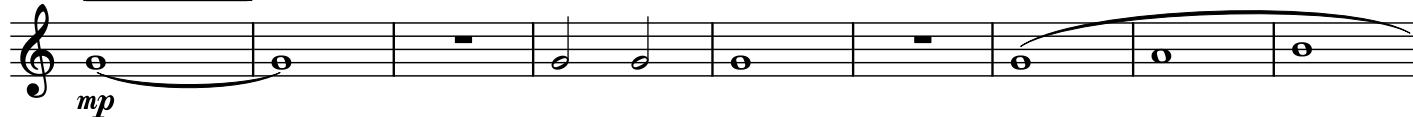
65



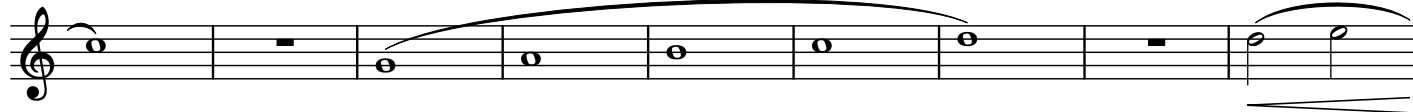
70



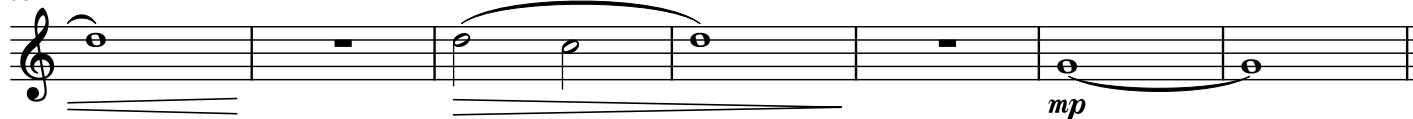
2

75 **Calm Tones** ♩ = 80

84



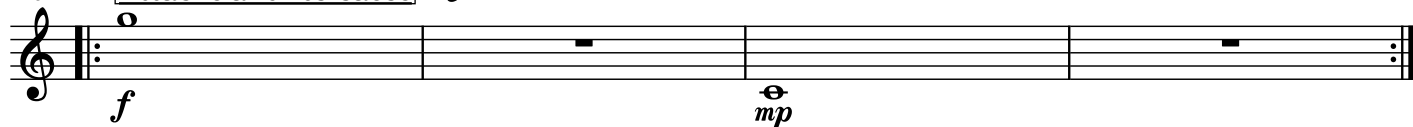
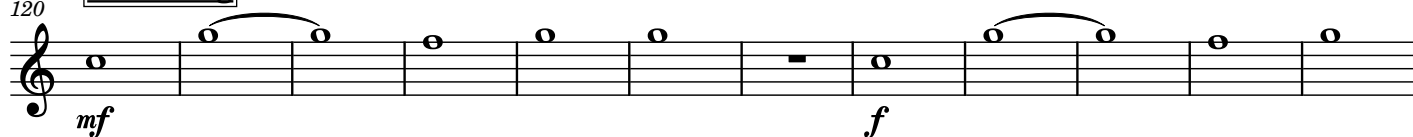
93

100 **Articulation** ♩ = 130

105



110

116 **Attacks and Releases** ♩ = 144120 **Bb Tuning** ♩ = 80

132

