

# TUMB Warm-Ups (2024)

Ben Novak

**Long Tones in F** ♩ = 80

*mf*

12

23 **Long Tones in Bb** ♩ = 80

*mf*

34

**Flexibility 1** ♩ = 100

45 *mf*

50

55

**Flexibility 2** ♩ = 100

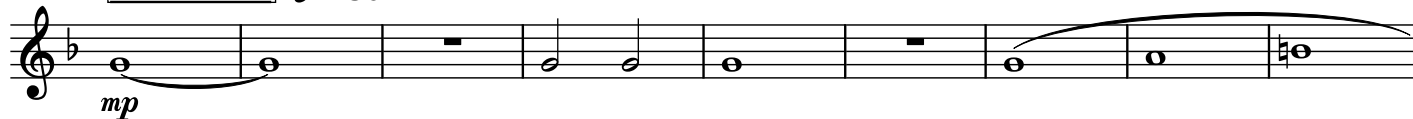
60 *mf*

65

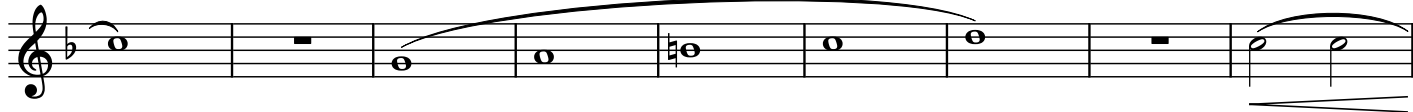
70

2

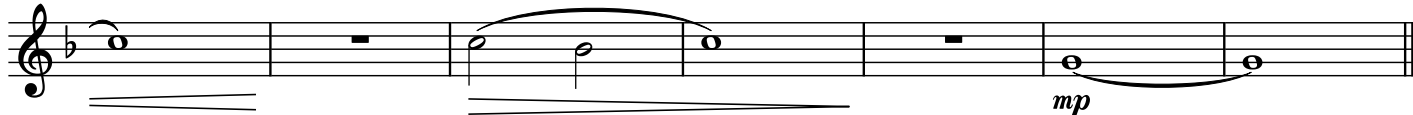
75

**Calm Tones** ♩ = 80

84



93



100

**Articulation** ♩ = 130

105



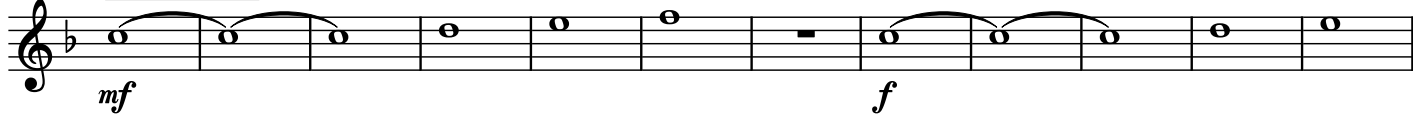
110



116

**Attacks and Releases** ♩ = 144

120

**Bb Tuning** ♩ = 80

132

