

**Long Tones in F** ♩ = 80

*mf*

12

23 **Long Tones in B $\flat$**  ♩ = 80

*mf*

34

45 **Flexibility 1** ♩ = 100

*mf*

50

55

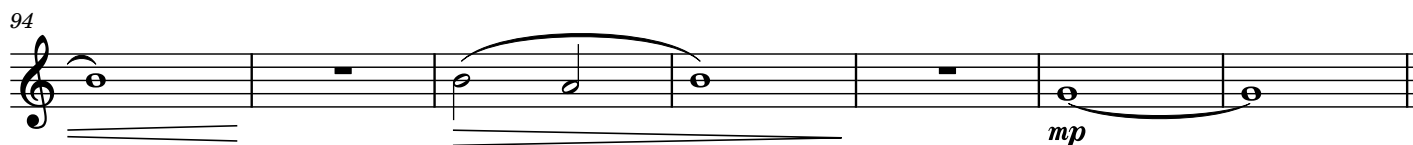
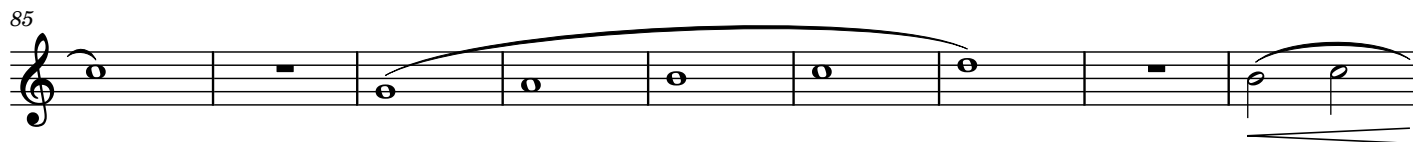
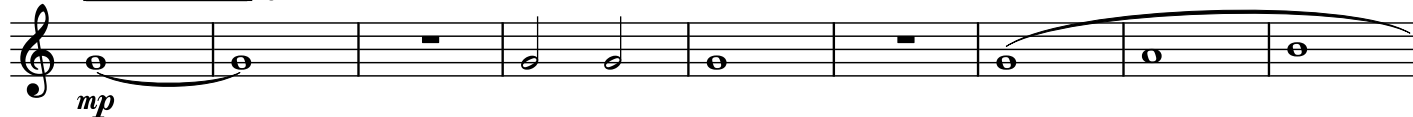
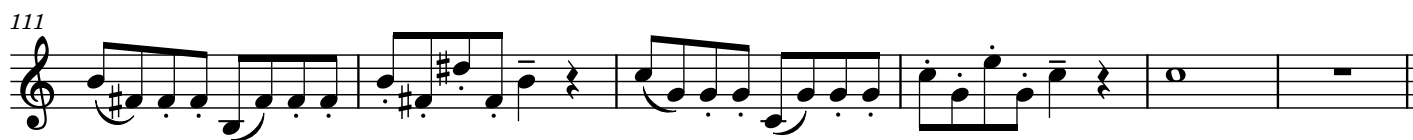
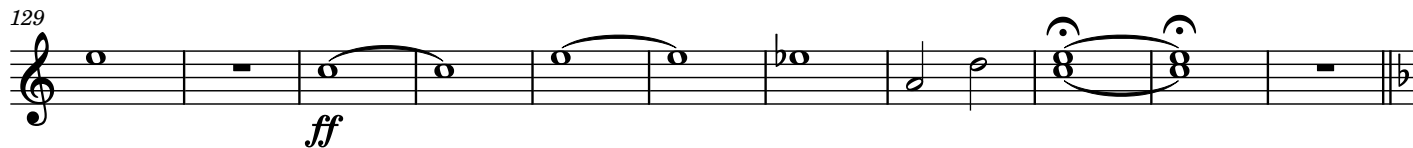
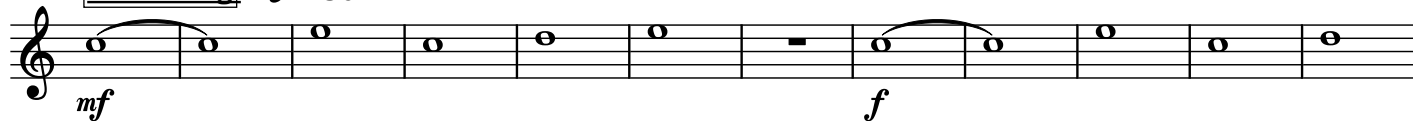
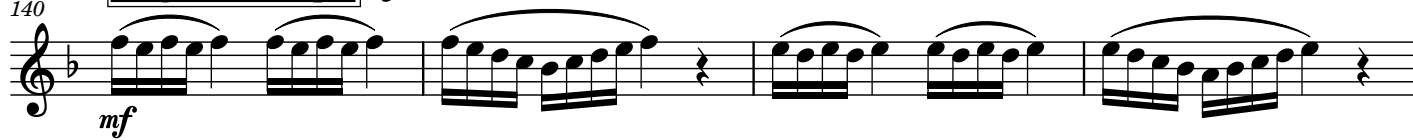
60 **Flexibility 2** ♩ = 100

*mf*

65

70

2

76 **Calm Tones** ♩ = 80101 **Articulation** ♩ = 130117 **Bb Tuning** ♩ = 80140 **Finger Technique** ♩ = 132

148

*f* *ff*

This musical score is written on a single staff with a treble clef and a key signature of one flat (B-flat). It consists of four measures. The first measure begins with a dynamic marking of *f* (forte) and contains a half note on the G line (G4). The second measure contains a half note on the A line (A4). The third measure contains a half note on the B line (B4), which is the final note of a phrase indicated by a slur starting from the first measure. The fourth measure contains a whole rest. A crescendo hairpin is positioned below the staff, starting under the first measure and ending under the third measure, with a dynamic marking of *ff* (fortissimo) at its conclusion. The staff ends with a double bar line.