

Long Tones in F ♩ = 80

mf

12

23 **Long Tones in Bb** ♩ = 80

mf

34

Flexibility 1 ♩ = 100

mf

45

50

55

Flexibility 2 ♩ = 100

mf

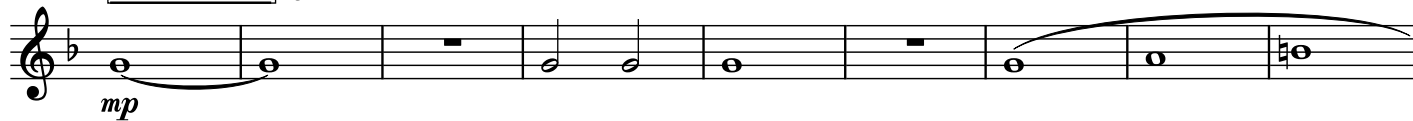
60

65

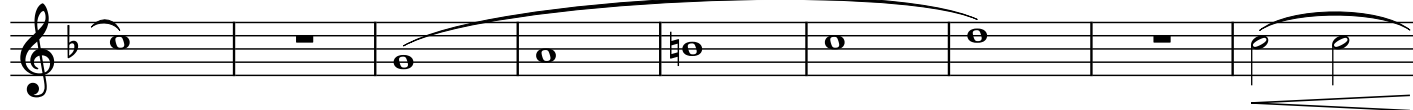
70

2

75

Calm Tones ♩ = 80

84



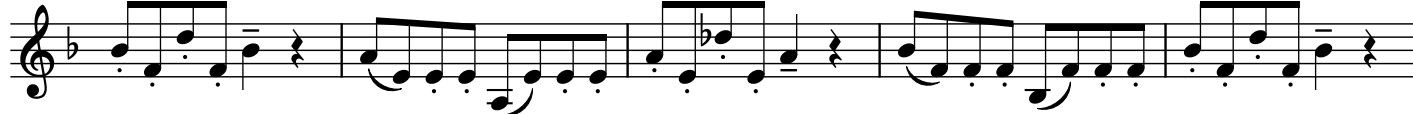
93



100

Articulation ♩ = 130

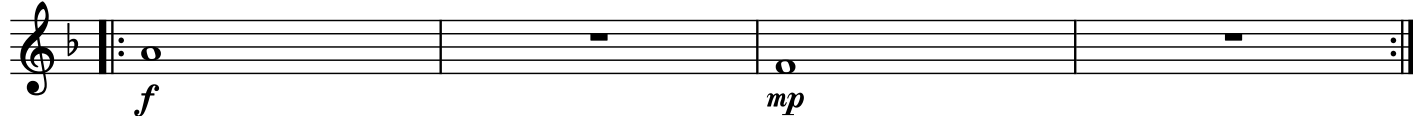
105



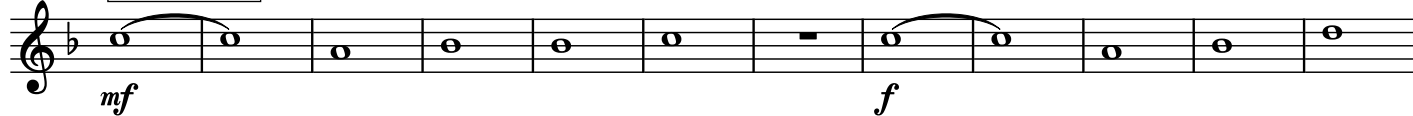
110



116

Attacks and Releases ♩ = 144

120

Bb Tuning ♩ = 80

132

