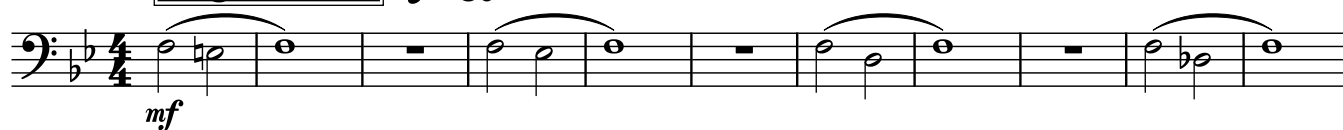
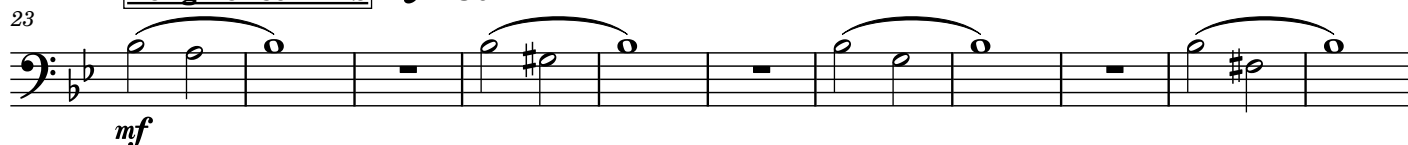


**Long Tones in F** ♩ = 80

12

**Long Tones in Bb** ♩ = 80

34

**Flexibility 1** ♩ = 100

50



55

**Flexibility 2** ♩ = 100

65

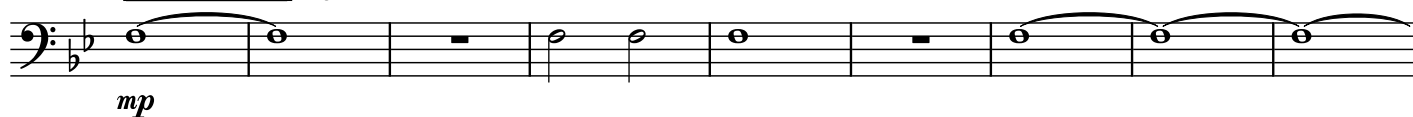


70

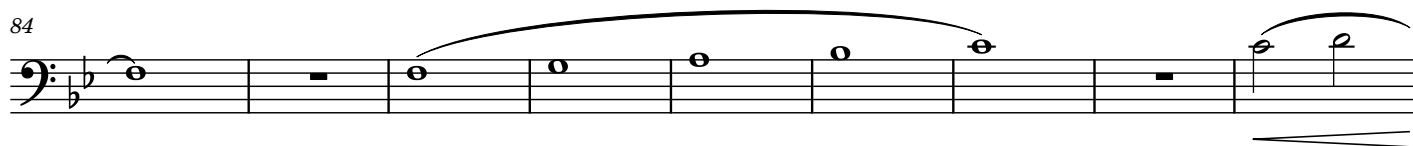


2

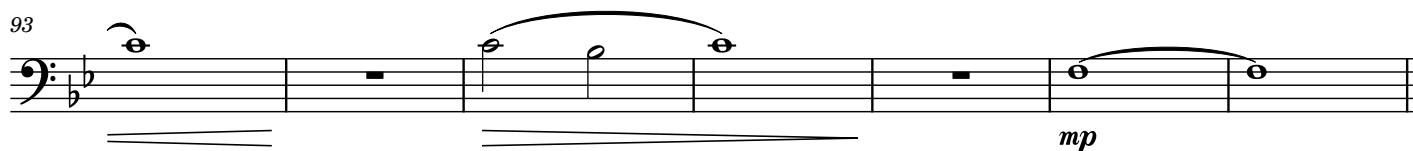
75

**Calm Tones** ♩ = 80

84



93



100

**Articulation** ♩ = 130

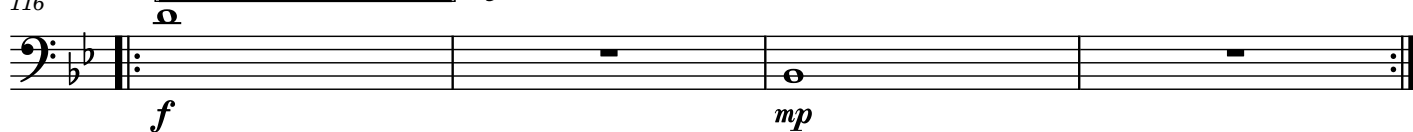
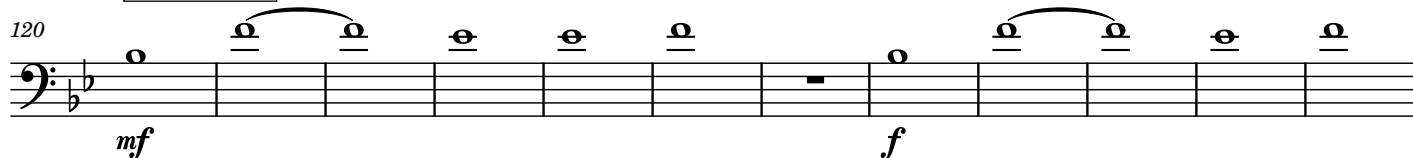
105



110



116

**Attacks and Releases** ♩ = 144**Bb Tuning** ♩ = 80

132

