

NEAT ON THE ROCKS



My BAC

My BAC

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Must contain:
name, method, garnish, glass, description, specs, macros,
image







X

Nutrition
My BAC
Dilution
Cocktails
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Elevate Your Cocktail Experience: Where Science Meets Mixology

Welcome to Neat on the Rocks, your passport to a new realm of cocktail enjoyment that blends health-conscious choices with irresistible flavors. For bartenders and cocktail aficionados who value both taste and well-being, we present an innovative platform that transforms the way you drink.



Crafting Cocktails, Redefining Enjoyment

At Neat on the Rocks, we're not just raising the bar – we're crafting it. Explore a host of features tailored to enhance your mixology journey:

- **BAC Insights:** Stay informed about your alcohol consumption using our advanced Blood Alcohol Content (BAC) tracker. Immerse yourself in the art of responsible drinking.
- **Nutrition in Every Sip:** Maintain your nutritional balance while enjoying your favorite libations. Our macronutrient tracking empowers you to make informed choices.
- **Perfect Mix, Every Time:** Unleash your inner mixologist with confidence. Our Perfect Cocktail Calculator ensures harmonious blends that tantalize your taste buds.
- **Library of Distinctive Cocktails:** From timeless classics to contemporary creations, explore a diverse collection of cocktails designed to inspire and delight.
- **Sourced for Excellence:** Elevate your creations with premium bar ingredients sourced for their exceptional quality. Your cocktails deserve nothing but the best.

Toast to a New Beginning

Embrace the art of mixology that harmonizes flavor, science, and well-being. Join Neat on the Rocks in celebrating the finer things in life.

Make a Difference Today

At Neat on the Rocks, we're dedicated to promoting responsible enjoyment and elevating the standards of mixology. If you share our vision, we invite you to be part of the journey. Your support will enable us to keep providing valuable resources and insights to cocktail enthusiasts around the world. Together, let's cultivate a culture of informed and mindful drinking that embraces both pleasure and well-being. Your contribution, no matter the size, fuels our mission. Join us in shaping the future of mixology. Click below to make a meaningful donation:



Old-Fashioned



Indulge in the distinguished charm of an Old Fashioned cocktail. Crafted with the utmost reverence for tradition, this timeless concoction marries the deep notes of whiskey with the delicate sweetness of muddled sugar. Aromatic bitters add a touch of complexity, while a citrus twist imparts a subtle brightness. Served over a single large ice cube, the Old Fashioned beckons with sophistication. Garnished with an orange twist or a maraschino cherry, it stands as an ode to the classic art of mixology.

Ingredients:

- 2 ounces of Bourbon
- 0.5 ounces of Simple
- 2 dashes of bitters

Instructions:

1. Fill the mixing glass with ice cubes.
2. Pour in the cocktail ingredients.
3. Use a strainer to pour into a glass.
4. Add garnishes like citrus twists or olives.

Cocktail Facts

Serving Size 1 drink

Calories 200

Ethanol 35g

Total Fat 0 g

Total Carbohydrate 14 g

Total Sugars 8 g

Includes 7 g Added Sugars

Protein 1 g



Nutrition Calculator

Ingredient List

name	ounces
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[Clear Drink](#)[Add Drink](#)

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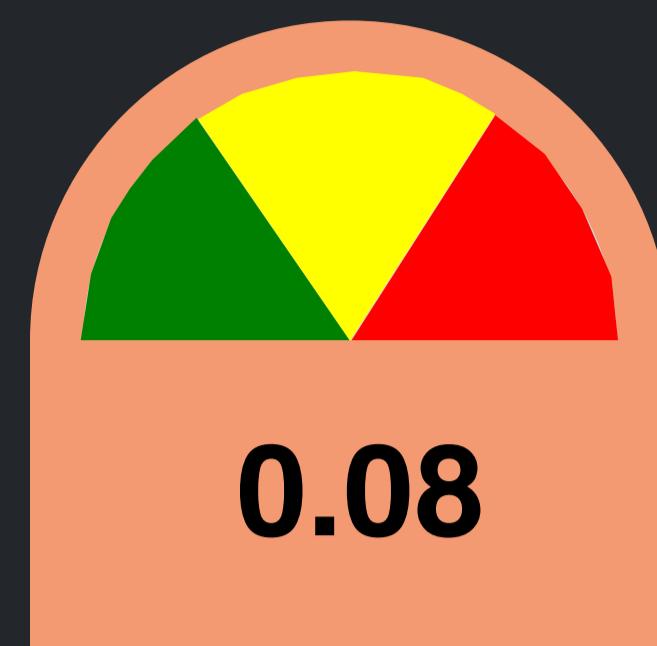
Total Sugars 8 g

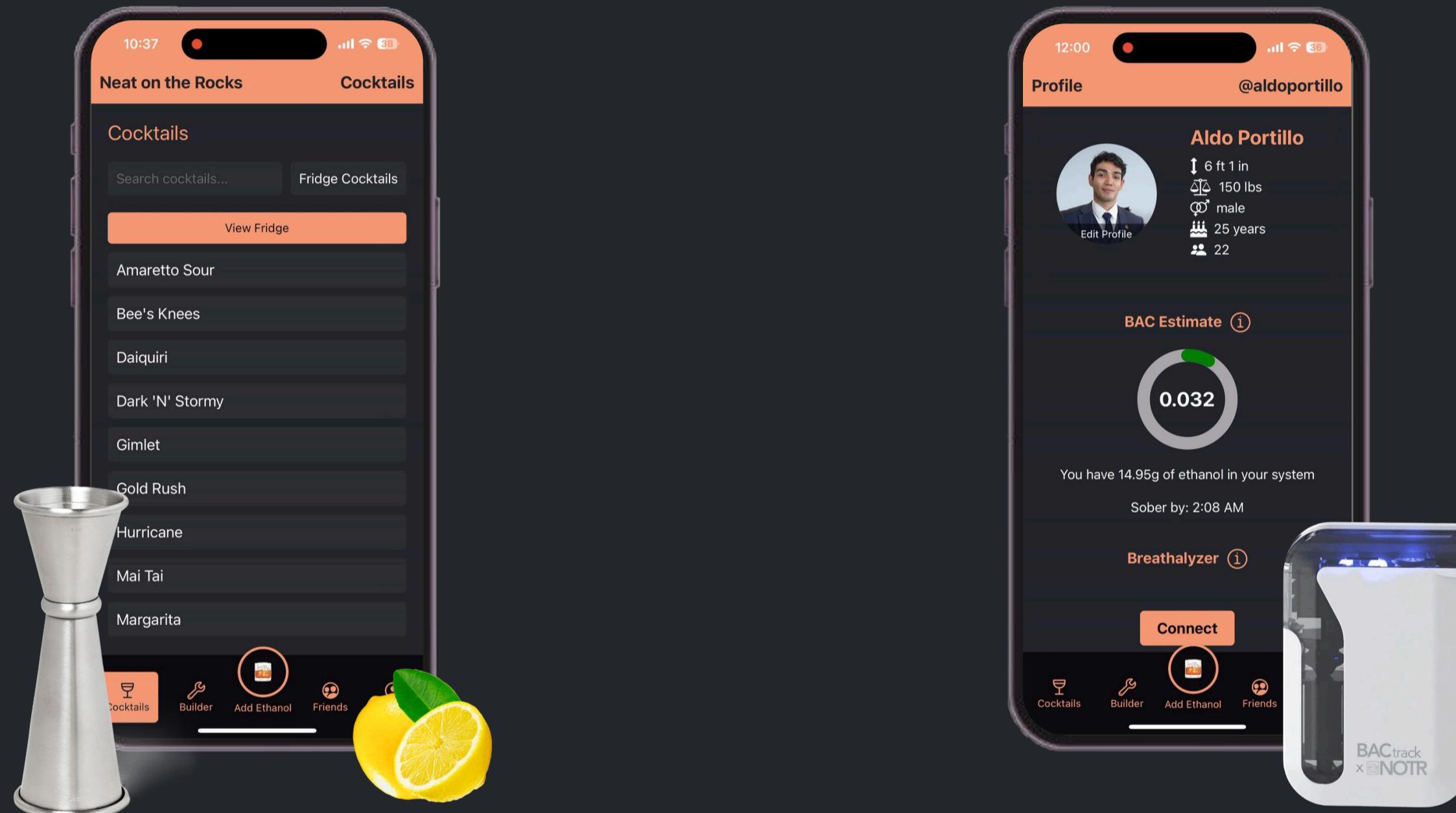
Includes 7 g Added Sugars

Protein 1 g



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Neat on the Rocks

Sip Smart. Stay Connected

Track your drinks, connect with friends,
and make informed choices with
Neat on the Rocks.



Neat on the Rocks has completely changed how I approach social drinking. The app's ability to track my ethanol levels in real-time has helped me stay in control, even during long nights out with friends. It's a game-changer for anyone who wants to drink responsibly without missing out on the fun

John D., 29, Software Engineer

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